CHTH 445.01: Program Planning in Community Health

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COURSE DESCRIPTION:
CTHT 445 is designed to provide students with an overview of the issues, approaches, and techniques health professionals utilize in planning programs to assist communities in improving health status and health disparities and reducing risky behaviors and their determinants. Emphasis will be on developing program planning skills required in Community Health & Health Promotion settings. In addition, the information and activities in this class prepares students for the CHES exam.

INSTRUCTIONAL METHODS:
This course utilizes a variety of instructional methods. Lecture, class discussion, written assignments, group process/projects, population & field research, and an in-class student colloquium/presentation will be the methods utilized.

COURSE OBJECTIVES:
Upon completion of this course, students will be able to:

1. Describe the evolution of program planning.
2. Identify different models for program planning.
3. Explain the importance of an advisory committee in program planning.
4. Define cultural competence & explain how it applies to planning programs.
5. Demonstrate the knowledge and skills to develop a needs assessment.
6. Utilize needs assessment methods.
7. Develop goals/measurable objectives for a specific prevention program.
8. Apply health behavior theory to prevention strategies.
10. Identify evaluation designs and methods and develop an evaluation plan.
11. Apply the conceptual framework of a generalized program planning model to a population-based program plan.
12. Propose a comprehensive program plan in a student colloquium.
**COURSE READINGS:**

*TEXT: Planning, Implementing & Evaluating Health Promotion Programs*
Authors: McKenzie, Neiger & Smeltzer

*TEXT: Needs and Capacity Assessment Strategies for Health Education & Health Promotion*
Authors: Gilmore, GD & Campbell, D.

*ARTICLES:* Additional program planning information & research articles may be assigned in class.

**ACADEMIC MISCONDUCT**
All students must practice academic honesty. Academic misconduct is subject to an academic penalty by the course instructor and or a disciplinary sanction by the University. All students need to be familiar with the Student Conduct Code. The Code is available for review online at: http://www.umt.edu/SA/VPSA/index.cfm/page/1321

**COURSE REQUIREMENTS:**

1. **Attendance** is required. You are allowed two absences from class for the semester. If you have more than two absences, 10 points will be deducted from your total grade per absence. An absence includes coming to class late or leaving early. If you need to be absent from class, it is your responsibility to get updated from your classmates on what you’ve missed including lecture notes, missed assignments, project requirements, etc.

2. **Quizzes** will include information from class lecture, class & project assignments, and assigned readings.

3. **Assignments** will include weekly readings and project assignments. Text readings & program planning articles will be assigned in class weekly.

4. **Students are required** to hand-in assignments in class on designated due dates and take quizzes & exams in class on the designated days. **Students are required** to attend the student colloquiums/presentations and this attendance will be graded on an all or none basis.

5. **A final written group program plan & colloquium/oral presentation** will be required. Project & colloquium requirements will be discussed in class.
GRADING:

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TENTATIVE COURSE CALENDAR:

JANUARY 27
- Introductions
- Overview of course and review of syllabus
- Assignment: Read Planning, Implementing & Evaluating Health Promotion Programs Chapter 1: pages 1-10.

JANUARY 29
- Evolution of Program Planning
- Overview of Health Education/Health Promotion
- Assumptions vs. Perceived & Actual Needs
- Assignment: Begin thinking about a population/culture that interests you. Get creative—there are many cultures/subcultures/subpopulations within a community and population. Type up a demographic and cultural description of the population you are interested in (no more than one page). Please do not focus on any health issues at this point. Due Feb. 5th.

FEBRUARY 3
- Quiz #1—you may use your notes
- Program Planning Models
- Assignment: Read Planning, Implementing & Evaluating Health Promotion Programs Chapter 3: pages 53-56, 60-65

FEBRUARY 5-Demographic and Cultural description of a potential target population due
- Starting the Planning Process and Cultural Competency
- Identify Target Populations
- Assign Groups for Projects
- Assignment: Read Planning, Implementing & Evaluating Health Promotion Programs Chapter 4: pages 72-84; 88-95
**ASSIGNMENT:** Identify one to two potential gatekeepers/cultural brokers for your population to share with your group on **Feb. 12.** Type names, affiliations (what organization do they work for, etc) and contact information to turn in on 2/12.

**FEBRUARY 10**
- **Quiz #2**—You may use your notes
- Needs and Capacity Assessments
- Triangulating Data: Utilizing Primary and Secondary Data Sources
- **ASSIGNMENT:** Read *Planning, Implementing & Evaluating Health Promotion Programs* Chapter 5: pages 99-125.

**FEBRUARY 12**
- Epi/Behavioral/Environmental Assessment
- Time to meet with Group
- **ASSIGNMENT:** decide which gatekeepers to contact and interview and who from group will contact them.

**FEBRUARY 17- PRESIDENTS DAY. NO CLASS**

**FEBRUARY 19**
- Time to meet with group. Update on conversations with gatekeepers.
- Secondary Data Collection
- Program Objective and baseline data
- **ASSIGNMENT:** Read *Needs & Capacity Assessment Strategies* Chapter 3: pages 46-66; Chapter 5: pages 74-86
- **ASSIGNMENT:** Research secondary data sources to identify 1-3 health problems in your target population. Be sure to site sources. Due 2/24

**FEBRUARY 24**
- Primary Data Collection
- Meet with group to share secondary data sources.
- **ASSIGNMENT:** Read *Needs & Capacity Assessment Strategies* Chapter 6: pages 88-96; Chapter 7: pages 98-104

**FEBRUARY 26**
- Primary Data Collection (continued)
- Time to meet with groups to discuss primary data collection for project.

**MARCH 3**
- Help Session Optional
- Use class time to conduct primary data collection from target population (focus groups, interviews, nominal group process, etc.)
- **ASSIGNMENT:** Provide a type written summary of the primary data collection used for your target population. Due March 10.
MARCH 5
• QUIZ #3- you may use your notes
• Assessing predisposing, reinforcing and enabling factors to program strategies

MARCH 10-Individual summaries of primary data collection due.
• Linking predisposing, reinforcing and enabling factors to program strategies
• ASSIGNMENT: Read Planning, Implementing & Evaluating Health Promotion Programs Chapter 6: pages 127-141

MARCH 12
• Mission, Goals and Objectives
• Meet with group and develop your Program Mission as a team
• ASSIGNMENT: Read Planning, Implementing & Evaluating Health Promotion Programs Chapter 7: pages 144-176
• ASSIGNMENT: Write TWO measurable Program Objectives based on the top behavioral and environmental factors. Due March 17.

MARCH 17-Program Objectives Due
• Health Theories and Models
• Meet with Group to decide as a team on what program objectives to use.
• ASSIGNMENT: Read Planning, Implementing & Evaluating Health Promotion Programs Chapter 8: pages 178-205

MARCH 19
• Program Implementation

MARCH 24- NEEDS ASSESSMENT PAPER DUE
• Program Implementation

MARCH 26
• Social Marketing
• ASSIGNMENT: Read Planning, Implementing & Evaluating Health Promotion Programs Chapter 13: pages 291-302
• ASSIGNMENT: Work with your team to develop media messages for your Social Marketing Campaign based on the P, E, R factors influencing your behaviors and environmental factors. Develop other strategies & strategy methods that target your P, E, R factors. A portion of your program strategy score will be based on creativity and innovation so try to stay away from using traditional “educational strategies”... at least pair them up with other types of strategy. Also, research other programs/intervention strategies targeting your health problem to see how you can improve on addressing the issues.

MARCH 31- SPRING BREAK. NO CLASS
APRIL 2- SPRING BREAK. NO CLASS

APRIL 7
- Types of Evaluations
- Meet with Groups to discuss strategies for project
- ASSIGNMENT: Read Planning, Implementing & Evaluating Health Promotion Programs Chapter 14: pages 304-325

APRIL 9
- Evaluating Program Strategies
- ASSIGNMENT: Read Planning, Implementing & Evaluating Health Promotion Programs Chapter 10: pages 231-247

APRIL 14
- QUIZ #4- you may use your notes
- Grant Writing & Fundraising

APRIL 16- TBA
- Meet with group to discuss evaluation plan for project
- ASSIGNMENT: Turn in a written summary of what you accomplished this week as a group and your contribution to the project.

APRIL 21- TBA

APRIL 23- TBA

APRIL 28- PROGRAM STRATEGIES AND EVALUATION PLAN PAPER DUE
- Class time to work on presentations

APRIL 30- CLASS PRESENTATIONS

MAY 5- CLASS PRESENTATIONS

MAY 7- CLASS PRESENTATIONS

MAY 12- Final 5:30-7:30 p.m.
You may use your notes

**Attendance during Colloquium Presentations is required of all students**