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Fred Stetson announces 1967-68 indoor swimming season at University pool

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STETSON ANNOUNCES 1967-68 INDOOR SWIMMING SEASON AT UNIVERSITY POOL

MISSOULA---

Head swimming coach Fred Stetson of the University of Montana announced Friday that the University's 1967-68 indoor swimming season will begin at the UM Pool next week.

Coach Stetson said the fall practice season is very important, and that interested persons should report to the pool at 6 p.m. Monday.

"The practice season consists of working with weights and exercise machines, watching movies, learning proper stroke mechanics, and conditioning," Stetson explained.

A program for intermediate swimmers and less experienced competitive swimmers will take place Tuesdays and Thursdays from 5 to 6 p.m. and on Saturdays at 9 a.m.

Public swimming at the pool will run seven days a week from 7 to 9:30 p.m. and on Saturdays and Sundays from 1:30 to 4:30 p.m.

Swimming lessons for seven-year-olds and up, both beginners and advanced beginners, will begin Saturday, Sept. 30 at 10 a.m.

Women's fitness programs will take place Mondays, Wednesdays and Fridays from 1 to 2 p.m., and men's fitness programs will be from 5 to 6 p.m. on the same days.

Age group competitive swimming for grade school through high school will run Mondays, Wednesdays and Fridays from 6 to 7 p.m. and Saturdays from 7:30 to 9 a.m. under the auspices of the Missoula Aquatic and Athletic Club.

This team, coached by Stetson, had a successful summer season, producing five Junior Olympic Regional champions who competed in the National Junior Olympics in Washington, D.C. in August.