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MEN IN PAJAMAS' AT UM
HAVE FLARE FOR SPORT

By
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MISSOULA---

What's so unusual about seeing a group of men running around the University of Montana campus in garb resembling pajamas?

They have nothing to do with any psychedelic movement. The men are studying the art and philosophy of karate, an oriental form of hand-to-hand combat which originated in Japan. And those "pajamas" are really toboks, or work-out suits used by students during karate practice.

Larry D. Foust, son of Mr. and Mrs. Marvin F. Foust, Laurel, has been the head instructor of the tobok-clad members of the UM Karate Club, which is sponsored by the Missoula Young Men's Christian Association (YMCA). Club members practice the Korean form of karate, young Foust said.

The YMCA-sponsored, University Karate Team is a member of the Big Sky Black Belt Karate Association. Under Foust's direction, the team recently won its third Big Sky karate crown.

Of karate, Foust says, "Karate is not the mere breaking of boards or other feats of strength, but rather it is a philosophy to live by and an art of self-defense. It is called the ultimate in self-defense because the aim of karate is to repel an aggressor by making him incapable of attacking."

"However," Foust continued, "karatekas, as the students practicing the art are called, are easy to get along with. In fact, karate teaches a respect for the fellow man, serenity and humility. Karate is taught as a mental discipline and only those who study it with a correct attitude receive instruction."
"Joe Bullies," as Foust calls them, never could be accepted for karate training.

Young Foust gleaned much of his karate knowledge from Kyung Ho Min of Korea. Min was 18 when the Korean conflict began and he served as a second lieutenant in the Korean Army. He taught karate in Korea and U.S. Min came to Missoula in 1966 and introduced the art to the local area. Foust already had his brown belt when Min arrived and he has studied under Min ever since.

Foust is a member of the elite Counterguerrilla Unit (CGU) of the Army Reserve Officers Training Corps (AROTC) at the University. As part of the CGU's training, Foust has been teaching the AROTC detachment members the fundamentals of empty-handed self-defense, including karate.

Foust will be commissioned a second lieutenant in the Army Reserve on Aug. 17. Robert W. Williams of New York, N.Y., a junior at UM, replaces Foust as karate instructor. Foust is holder of the coveted black belt, the highest colored belt in karate, signifying a high degree of skill in the art. Williams is holder of the brown belt, the next highest rank in karate expertise.

Other members of the UM Karate Team include:

Robert Vincent, Wade VanGilder, Clement Rusk, Donald Erdmann, Jeff Benson, Dennis Merseal and Rayme Vinson, all of Missoula; George A. Kaneshiro and Leslie D. Roth, both of Great Falls; Leslie C. Bramblett, Corvallis; Michael J. Brown, Terry; David C. Andersen, Anaconda; Eric S. Henry, Helena; Mark B. Roath, Shelby; John M. McCabe, Billings; Dale D. Powers, Dundee, Ill.; Melvin J. Wojcik, Chicago, Ill.; Stanley P. Bradshaw, Larkspur, Calif.; John P. Pickett, Copperhill, Tenn.; Michael P. Bosley, Berwyn, Pa., and Jay W. Harper, Farmville, Va.