10-19-1984

Lady Griz Volleyball Program, October 19-20, 1984

University of Montana (Missoula, Mont. : 1965-1994). Athletics Department

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1984 Glacier Invitational Volleyball Tournament

Friday, October 19
Saturday, October 20

University of Montana

Missoula, Montana
Dahlberg Arena
25¢

FORMAT

POOL PLAY:

Teams	Time	Scores
Calgary vs. Montana	1 p.m., Friday	
Montana Tech vs. Santa Clara	3:30 p.m. Friday	
Calgary vs. Montana Tech	6:00 p.m., Friday	
Montana vs. Santa Clara	8:30 p.m., Friday	
Calgary vs. Santa Clara	10:30 a.m., Saturday	
Montana vs. Montana Tech	1:00 p.m., Saturday	

TEAM RESULTS IN POOL PLAY:

Team	W	L
Calgary		
Montana		
Montana Tech		
Santa Clara		

All matches best of 3 of 5.

International Tie-Breaking System.

(Third Place Team)

Consolation
6:00 p.m., Saturday

(Fourth Place Team)

(First Place Team)

Championship
8:30 p.m., Saturday

(Second Place Team)

University of Calgary

No.	Name	Pos.	Ht.	Yr.	Hometown
1	Reta Lichtenegger	S	5-6	Sr.	Calgary, Alta.
2	Mona Foisie	H	5-10	Fr.	Calgary, Alta.
3	Karen Bergmann	S	5-7	So.	Calgary, Alta.
4	Maureen Gillette	H	5-11	Jr.	Calgary, Alta.
5	Christina Nezic	H	5-11	Fr.	Calgary, Alta.
6	Karen Tourigny	H	5-10	So.	Calgary, Alta.
8	Bonnie McRae	H	5-11	Sr.	Calgary, Alta.
9	Kathleen Davis	H	5-9	So.	Calgary, Alta.
10	Lou Thomson	H	5-7	Sr.	Calgary, Alta.
11	Candice Olson	H	5-11	Jr.	Calgary, Alta.
12	Christa Nicholson	H	5-9	So.	Calgary, Alta.

S—Setter; H—Hitter

Head Coach: Brad Kilb; **Assistant Coach:** Jack Cohen.

University of Montana

No.	Name	Pos.	Ht.	Yr.	Hometown
1	Kelly Price	S	5-3	Fr.	Missoula, Mont.
2	Cheryl Hanson	OH-MH	5-9	Fr.	Spokane, Wash.
3	Nan Kuenzel	MH	5-10	Jr.	Missoula, Mont.
4	Allison Yarnell	OH-MH	5-9½	Fr.	Spokane, Wash.
5	Mary Pederson	S	5-7	Sr.	Medical Lake, Wash.
6	Jodene Kyle	OH-MH	6-1	Jr.	Missoula, Mont.
7	Vicki Opstad	S	5-8	Jr.	San Luis Obispo, Calif.
8	Jan Dempsey	S	5-8	Fr.	Spanaway, Wash.
9	Mary Beth Dungan	OH	5-10	Sr.	Kent, Wash.
10	Cindy Pitzinger	OH	5-8	Fr.	Puyallup, Wash.
11	Debbie Carter	OH	5-8	So.	Missoula, Mont.
12	Tina Holmberg	MH	5-11	Fr.	Seattle, Wash.
13	Laura Slanec	MH	6-2	Jr.	North Riverside, Ill.
14	Mary McManigal	OH	5-9	Fr.	Yakima, Wash.
15	Carol Ziemba	OH	5-8	Sr.	Ashland, Ore.

OH—Outside Hitter; MH—Middle Hitter; S-Setter.
Head Coach: Dick Scott; **Assistant Coach:** Pat Benson.

Montana Tech

No.	Name	Pos.	Ht.	Yr.	Hometown
1	Shelly Davis	MH	5-11	Jr.	Richmond, Minn.
3	Jamie Connell	S	5-4	Sr.	Eagle, Idaho
5	Leslie Kland	MH	5-9	Jr.	San Luis Obispo, Calif.
7	Toni Reed	OH	5-6	Jr.	Casper, Wyo.
9	Robin Roehl	MH	5-9	Sr.	Kalispell, Mont.
11	Cindy Holmes	S	5-6	Fr.	Worland, Wyo.
15	Tracy Davis	OH	5-8	So.	Longview, Wash.
17	Catherine Milligan	S	5-4	Sr.	Santa Paula, Calif.
19	Dawn Dockstader	OH	5-8	So.	Worland, Wyo.
21	Michelle Smith	OH	5-8	Jr.	Redondo Beach, Calif.
27	Kelly Sax	MH	5-11	So.	Missoula, Mont.

S—Setter; OH—Outside Hitter; MH—Middle Hitter.
Head Coach: Linda Schoenstedt; **Assistants:** Jo Buysse, Carey Corum.

University of Santa Clara

No.	Name	Pos.	Ht.	Yr.	Hometown
1	Ann Skelley	S	5-9	Sr.	Torrance, Calif.
2	Sharon Silveri	RSH	5-10	Jr.	Napa, Calif.
3	Siobhan Saunders	OH	5-10	So.	Belmont, Calif.
8	Laura Hollis	OH	5-9½	Jr.	Portland, Ore.
9	Mary Baldner	H	6-0	So.	Santa Barbara, Calif.
10	Linda Hollis	H	5-10	Jr.	Portland, Ore.
13	Lisa Filkowski	OH	5-8	Sr.	Sunnyvale, Calif.
20	Mona Hrapkowicz	H	5-11	So.	Gladstone, Ore.
21	Betsy Roemer	DS	5-8	So.	Daly City, Calif.
22	Julie Regan	MB	6-0	Sr.	Santa Clara, Calif.
23	Margie Roemer	MB	6-0	So.	Daly City, Calif.

S—Setter; OH—Outside Hitter; RSH—Right Side Hitter; MB—Middle Blocker; DS—Defensive Specialist.
Head Coach: Mary Ellen Murchison; **Assistant Coach:** Julie Sandoual.
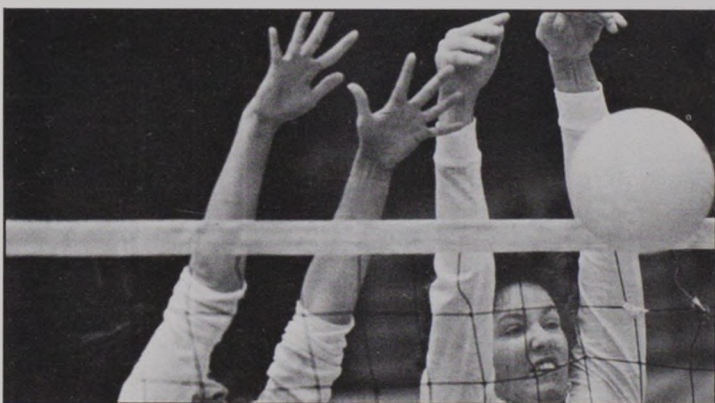
UNDERSTANDING VOLLEYBALL

Spike: An aggressive attack by the hitter, swinging the arm directly over the shoulder and contacting the heel of the hand and aggressively snapping the wrist over the top of the ball. The tipping motion, a soft contact of the ball, is also considered a spike.

Pass: This is normally the first contact after the ball passes the net on an opponent's serve. The object is to get the ball to the setter in order to set one of the hitters. The ideal position is to have a stable platform with the forearms together. The ball should recoil off the platform, hitting both arms simultaneously. A dig is similar in form to a pass, but is usually the return of a spiked ball.
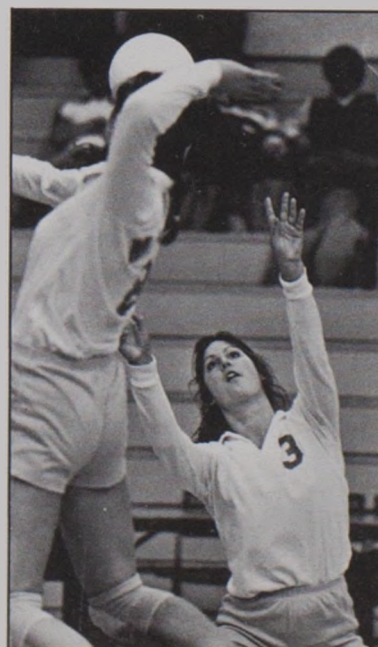
Block: The first line of defense in volleyball. Blocking is an attempt to intercept a spiked ball on the opponent's side of the net. The blocker is allowed to reach as far over the net as possible without touching the net. The block must occur after the spiker has contacted the ball.

Dive: One of the recovery skills. This is basically a gymnastics maneuver to save the body after the ball has been contacted. The players catch themselves with their hands and slide to dissipate the force of the fall. The dive is used in emergency situations when the player can't get the ball up from the normal platform stance.

Serve: The method with which the ball is put into play. The team can only score after it has served the ball so this is a crucial offensive weapon. The most common serve in power volleyball is the knuckleball. The ball moves in an unpredictable path, making it hard to receive and pass to the setter. The ideal motion is to toss the ball high in front of the contacting shoulder and contact the ball with the heel of the hand and recoil off the ball. It is important not to snap the wrist on the serve.

Set: An overhead pass which is put above the net for the spiker to attack. The ball is set simultaneously from the finger pads of both hands. The ball can never rest on the palms and the follow-through is directly towards the area where the ball was set.

Official Hand Signals

POINT OR SIDE OUT 1	**BALL IN BOUNDS OR LINE VIOLATION** 2	**BALL IN** 3	**BALL OUT** 4	**BALL OUT** 5
BALL CONTACTED BY A PLAYER 6	**BALL TOUCHING OBJECT** 7	**OUTSIDE THE ANTENNA** / **SERVING ERROR** 8	**FOUR HITS** 9	**CROSSING CENTER LINE** 10
HELD BALL THROWN BALL LIFTED BALL CARRIED BALL 11	**DOUBLE HIT** 12	**BALL CONTACTED BELOW THE WAIST** 13	**END OF GAME OR MATCH** 14	**TIME OUT** 15
SUBSTITUTION 16	**BALL NOT RELEASED AT TIME OF SERVICE** 17	**DELAY OF SERVICE** 18	**BALL IN THE NET AT TIME OF SERVICE** / **PLAYER TOUCHING NET** 19	**DOUBLE FOUL OR PLAY OVER** 20
BACK LINE BLOCK OR SCREEN 21	**OUT OF POSITION** 22	**OVER THE NET** 23	**BACK LINE SPIKER (ATTACKER)** 24	**WARNING-PENALTY-EXCLUSION DISQUALIFICATION** 25

EXPLANATIONS

(Number refers to corresponding diagram)

1. This signal indicates which team possesses the ball after it has been blown dead.
6. This signal normally occurs when players at the net are blocking the spike attempt. It indicates that the blocker did touch the spike attempt.
8. The ball must clearly pass inside the antennae on the net located directly above the sidelines. If the ball or a portion of the ball crosses the net outside the antennae, a violation occurs.
   A server must be clearly behind the end line before contacting the ball.
9. Unless the first contact is a block attempt, only three hits are allowed on each side of the net. A violation is called on the fourth contact.
10. A player is not allowed to cross the two-inch center line. Stepping on the line is legal.
11. These are all ballhandling violations.
12. The ball can be contacted only once in a single attempt. This call is often made during serve receptions when the ball contacts one arm and then the other arm or another part of the body.
13. The ball cannot legally contact any part of the body below the waist.

17. The ball must clearly be tossed in the air before contact is made on the serve.
18. The server has five seconds to put the ball in play once the official blows the whistle.
21. No player or players from the serving team can obstruct the view of the serve receiving team.
    No back row player can make a blocking attempt at the net.
22. Before the ball is served all players must be in proper position relative to the players directly beside them or directly behind them. This violation is often called when the back row setter releases to the front before the ball is contacted by the server.
23. A player cannot reach over the net to spike a ball. There must clearly be a portion of the ball on the spiker's side of the net before the attempt is legal. This is also true concerning the block attempt. A blocker cannot contact the ball before the spiker has hit the ball on her side of the net.
24. No back row player can jump above the plane of the net in front of the three-meter line and spike, bump or set the ball over the net.
25. This is the same as a technical foul in basketball.

Acknowledgements

The University of Montana Athletic Department would also like to thank the following for their support of this tournament:

Copper Connection

Grizzly Athletic Association

Delta Kappa Gamma