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### CAS 260.V50: Addiction Assessment/Documentation/Treatment Planning

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## **CAS 260 Addiction Assessment, Documentation, and Treatment Planning**

3 Credit Hours

**Class days and times:** Mondays and Wednesdays, 9:00 – 10:20 Via Zoom

**Instructor:** Michelle Faith Heald, LCSW, LAC

**Phone:** 406-241-6748 (WhatsApp recommended for calls and for texts from non-iPhone users; iPhone users should be able to text without issue and can call via FaceTime audio.)

**Office Hours:** By appointment

### **Texts:**

- **ASAM Criteria Manual** – available for purchase at the Books store
- **McClam, Trisha, The Helping Process: Assessment to Termination** -available for purchase at the Books store

### **Following available for free, online or via Moodle Platform:**

- **DSM V** – Available through the UM library online; instruction included on Moodle
- **TIP 13** The Role and Current Status of Patient Placement Criteria in the Treatment of Substance Use Disorders
- **TIP 42**
- **TIP 34** – Brief Intervention and Brief Therapies for Substance Abuse
- **TIP 35:** Administration, Center for Substance Abuse Treatment
- **TIP 39:** Substance Abuse Treatment and Family Therapy
- **TIP 41:** Substance Abuse Treatment: Group Therapy
- **Other materials will be posted to Moodle throughout the semester**

### **Class Expectations:**

Engagement in class discussion is expected. It is your responsibility to bring questions and speak into the topics covered.

It is also expected that you will complete assignments on time and speak to me in advance if you have an questions or barriers. It is understood that some individuals will have DSS accommodations and that will change the expected due date at times; please work with me to determine an appropriate timeline in advance.

In the event of illness or other unexpected challenge, please let me know in advance that you will not be able to attend class or turn in an assignment. In this case, you may be asked to demonstrate the work you've completed thus far.

Counseling relies heavily on appropriate, respectful and considerate communication; you will be expected to utilize these skills with your peers and instructor throughout this course as well as with your clients when the time comes.

**Course Description:** This course is a seminar format. It includes both lecture and group discussions in the classroom as well as applied activities, and short quizzes. It is designed to introduce Assessment, Treatment Planning and Documentation, and will meet the State of Montana Licensed Addiction Counselor educational requirements for Assessment, Treatment Planning and Documentation. Advanced training will occur in the CAS295 Field Placement. Students will be exposed to the fundamentals of assessment, basic treatment interventions and planning, and client record documentation. They will become familiar with techniques of assessment and diagnosing Substance Abuse Disorders, using the ASAM Criteria and the DSM 5 Manual and other instruments made available during the semester. Students taking this course will review the aspects of Diagnosis and subsequent treatment interventions. Students will develop a treatment plan for a CASE Study and practice documentation by creating a CASE File for the Case Study. In addition, commonly encountered cultural obstacles to traditional chemical dependency counseling are examined.

**Course Objectives/Educational Outcomes:** Successful completion of course objectives and educational outcomes are evidenced by demonstrated appropriate knowledge, skill and behaviors in class discussions and applied exercises, as well as homework/discussion assignments and a final written portfolio project. In successfully completing this course, students will be able to:

1. Identify characteristics of substance use disorder (SUD) in clients and demonstrate an understanding of severity of same.
2. Define the degree of SUD and propose evidence-based treatment options, including intensive inpatient treatment, intensive outpatient treatment, and aftercare or educational intervention.
3. Understand which therapy / therapies are appropriate for individuals with SUD.
4. Discuss issues sometimes noted as “resistance to treatment” in a manner that demonstrates cultural awareness (verbal and nonverbal behaviors, barriers to treatment, etc.).
5. Understand the process of treatment planning and be able to demonstrate such by developing a treatment plan for a case study.
6. Identify and assume an informed position in addiction counseling regarding selected treatment problems and appropriate interventions that are tailored to the client.
7. Discuss appropriate social intervention strategies that are evidence based and culturally relevant for each group studied.

Topics Covered in this course include:

- Scope of Practice Screening
- Assessment and Assessment Tools
- DSM5 Assessment
- Diagnosis
- Brief Interventions
- Introduction to Motivational Interviewing
- Stages of Change
- Confidentiality Rules and Regulations 42 CFR Part II
- Ethics

- Recovery Oriented Systems of Care
- Evidence-Based Practices
- Assessment & Diagnosis- Intake Summary
- ASAM Patient Placement Criteria
- Level of Care Selection
- Treatment Planning
- Case Notes (Documentation)
- Discharge Planning
- After Care

**ASSESSMENT OF STUDENT LEARNING GOALS & OBJECTIVES:** Your grade in this class is weighted on the following scale:

- Homework/Applied Assignments 40%
- Final Written Project 45%
- Participation/attendance 15%

Final grades are based on the +/- system. Traditional rounding rules apply (i.e. .5 and above are rounded up and less than .5 are not). The breakdown is as follows:

93 – 100% A

90 – 92% A-

87 – 89% B+

83 – 86% B

80 – 82% B-

77 – 79% C+

73 – 76% C

70 – 72% C-

67 – 69% D+

63 – 66% D

60 – 62% D-

<60% F

\*\*\* If an assignment is deleted or added, the total will be adjusted accordingly. \*\*\*

**Applied Assignments:** Throughout the semester students are to complete homework activities from texts/workbooks. These assignments are generally applied and practicing of your skills in the techniques demonstrated in the course. Students will have several written assignments, which will be demonstrating understanding of client records, including an initial intake and diagnosis, continued stay reviews, and discharge summaries. Because this is an advanced course, you will learn to develop a comprehensive short-term treatment plan, and then, students will develop a more comprehensive long-treatment plan focusing on sustaining sobriety/and recovery. Included will be behavioral/ cognitive therapy, motivational interviewing techniques that will-be-practiced with other students.

You will be given a grading rubric for each assignment, stating expectations for various categories that will be assessed.