

University of Montana

ScholarWorks at University of Montana

Lady Griz Volleyball Programs, 1980-1993

Intercollegiate Athletics

1986

Lady Griz Volleyball Program, 1986

University of Montana (Missoula, Mont. : 1965-1994). Athletics Department

Follow this and additional works at: https://scholarworks.umt.edu/ladygrizvolleyball_programs

Let us know how access to this document benefits you.

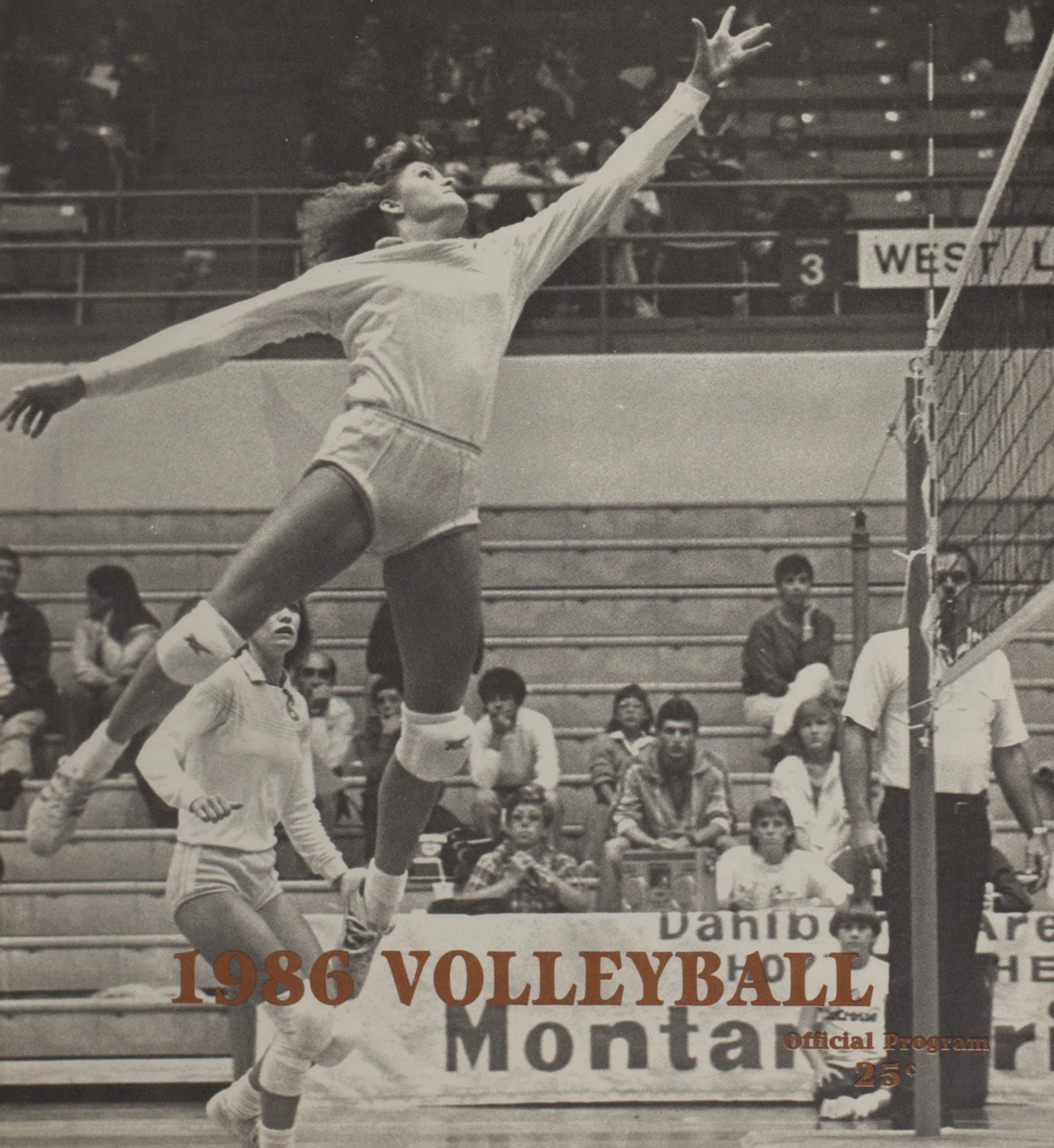
Recommended Citation

University of Montana (Missoula, Mont. : 1965-1994). Athletics Department, "Lady Griz Volleyball Program, 1986" (1986). *Lady Griz Volleyball Programs, 1980-1993*. 12.

https://scholarworks.umt.edu/ladygrizvolleyball_programs/12

This Program is brought to you for free and open access by the Intercollegiate Athletics at ScholarWorks at University of Montana. It has been accepted for inclusion in Lady Griz Volleyball Programs, 1980-1993 by an authorized administrator of ScholarWorks at University of Montana. For more information, please contact scholarworks@mso.umt.edu.

UNIVERSITY OF MONTANA



1986 VOLLEYBALL

Official Program
25¢

1986 UM VOLLEYBALL ROSTER

No.	Name	Pos.	Ht.	Yr.	Exp.	Hometown/High School or JC
2	Cheryl Hanson	OH/TH	5-9	Jr.	2V	Spokane, WA/Ferris HS
3	Angie Rais	MB	5-10	Fr.	1V	Anchorage, AK/Bartlett HS
6	Sheri Bauer	OH	5-8	Sr.	1V	Puyallup, WA/Green River CC
7	Mari Brown	OH/S	5-8	Fr.	HS	Spokane, WA/Shadle Park HS
8	Julie Hoffman	MB	5-10	Fr.	HS	Missoula, MT/Big Sky HS
9	Jan Dempsey	S	5-8	Jr.	2V	Spanaway, WA/Bethel HS
10	Cindy Pitzinger	MB	5-8	Jr.	1V	Puyallup, WA/Rogers HS
11	Debbie Carter	TH	5-8	Sr.	3V	Missoula, MT/Sentinel HS
12	Allison Yarnell	OH	5-10	Jr.	2V	Spokane, WA/Ferris HS
13	Anne Tarleton	MB	6-1	Fr.	HS	Littleton, CO/Heritage HS
14	Mary McManigal	OH	5-9	So.	1V	Yakima, WA/Eisenhower HS
15	Michele Hall	S	5-8½	So.	1V	San Diego, CA/La Jolla Country Day School

Head Coach: Dick Scott (9th year)

Assistant Coach: Wendy Hoyt Rigoni (2nd year)



Left to Right—Front Row: Assistant Coach Wendy Hoyt Rigoni, Cheryl Hanson, Allison Yarnell, Anne Tarleton, Julie Hoffman, Angie Rais, Mary McManigal, Head Coach Dick Scott. Kneeling, Left to Right: Sheri Bauer, Jan Dempsey, Cindy Pitzinger, Michele Hall, Debbie Carter, Mari Brown.

ON THE COVER: Junior Cindy Pitzinger

Player Profiles

SHERI BAUER . . . 5-8 . . . senior . . . outside hitter . . . Puyallup, Washington . . . a part-time starter last season . . . had 139 kills, 166 digs and 20 blocks in 1985 . . . came to UM from Green River Community College where she was a first-team all-conference pick . . . led Green River to the league title as a sophomore . . . volleyball MVP and Athlete of the Year her senior year at Rogers High.

DEBBIE CARTER . . . 5-8 . . . senior . . . technique hitter . . . Missoula, Montana . . . UM's starting technique hitter two years ago . . . slowed by injuries last season . . . had 127 kills and 51 blocks her sophomore year . . . shared Most Improved Player Award with Cindy Pitzinger in 1984 . . . came to the university as a walk-on after playing on Sentinel High's state championship team in 1982.

JAN DEMPSEY . . . 5-8 . . . junior . . . setter . . . Spanaway, Washington . . . led the Lady Griz in assists (771) and assist percentage (.413) last season . . . ranked among the Mountain West Conference's top ten in both categories . . . chosen as the team's Outstanding Setter and Most Improved Player last year . . . ranks fourth in career assists with 893 . . . MVP of the South Puget Sound League her senior season at Bethel High

CHERYL HANSON . . . 5-9 . . . junior . . . outside hitter . . . Spokane, Washington . . . one of four returning starters . . . had 162 kills, 275 digs and 34 service aces . . . the only player on the team who has used a jump serve in competition . . . selected by her teammates as UM's Most Inspirational Player in 1985 . . . a first-team all-city selection as a senior at Ferris High . . . helped lead Ferris to two Greater Spokane League titles.

CINDY PITZINGER . . . 5-8 . . . junior . . . middle blocker . . . Puyallup, Washington . . . a first-team all-conference pick last season . . . led the team in kills with 422 and set a school record for blocks with 206 . . . best jumper in the program's history with a 31½-inch vertical jump . . . hits from the back row quite a bit because of her jumping ability . . . MVP of the South Puget Sound League as a senior at Rogers High.

ALLISON YARNELL . . . 5-10 . . . junior . . . outside hitter . . . Spokane, Washington . . . a two-year starter . . . ranked second on the team in kills with 394 last season . . . second-team all-conference choice . . . won MWAC Player of the Week honors once . . . already ranks eighth in career kills with 703 and second in career hitting percentage at .228 . . . two-time all-city selection at Ferris High . . . played on two Greater Spokane League championship teams at Ferris.

MICHELE HALL . . . 5-8½ . . . sophomore . . . setter . . . San Diego, California . . . shared the setting duties with Jan Dempsey last year . . . second on the team in assists with 541 . . . ranks fifth on UM's all-time assist chart . . . two-time all-league selection at La Jolla Country Day School . . . team MVP her senior year . . . also played for the San Diego Juniors in USVBA (United States Volleyball Association) club play.

MARY McMANIGAL . . . 5-9 . . . sophomore . . . outside hitter . . . Yakima, Washington . . . played very well at times last season . . . started a few conference matches . . . finished the year with 51 kills and 7 blocks . . . was redshirted her first season at UM . . . an all-conference pick at Eisenhower High . . . helped lead Eisenhower to two-straight district titles.

MARI BROWN . . . 5-8 . . . freshman . . . outside hitter/setter . . . Spokane, Washington . . . a versatile athlete who will probably play either outside or technique hitter this year, but will also be trained at setter . . . the Greater Spokane League MVP as a junior and senior at Ferris High . . . her team won two-straight Class AAA state titles, posting perfect 24-0 records in 1984 and 1985.

JULIE HOFFMAN . . . 5-10 . . . freshman . . . middle blocker . . . Missoula, Montana . . . an all-state player from Missoula's Big Sky High . . . is one of three freshmen vying for a starting middle blocker position . . . played for UM assistant Wendy Rigoni at Big Sky . . . was a team co-captain as a senior . . . a member of the Montana team which participated in the International Sports Exchange in China this summer.

ANGIE RAIS . . . 5-10 . . . freshman . . . middle blocker . . . Anchorage, Alaska . . . a two-time all-conference player at Bartlett High . . . team MVP as a senior . . . her team won the Region IV title in 1984 . . . very good blocker who will be in contention for a starting job as a freshman . . . also lettered in tennis and soccer in high school.

ANNE TARLETON . . . 6-1 . . . freshman . . . middle blocker . . . Littleton, Colorado . . . the tallest player on the team . . . a first-team all-state performer as a senior at Heritage High . . . an honorable mention all-conference selection her junior year . . . won two letters in volleyball and one in basketball.

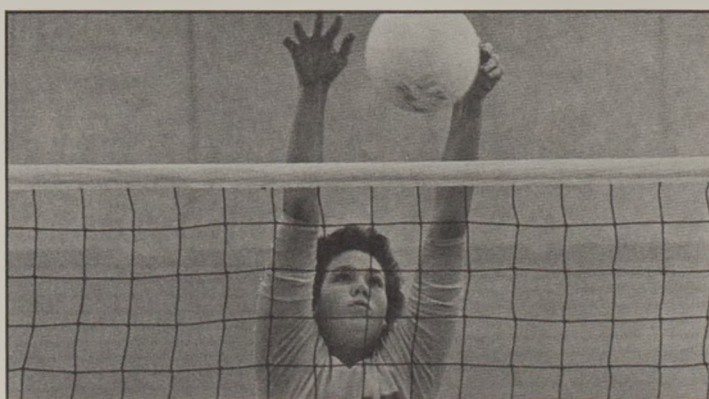
UNDERSTANDING VOLLEYBALL



Spike: An aggressive attack by the hitter, swinging the arm directly over the shoulder and contacting the heel of the hand and aggressively snapping the wrist over the top of the ball. The tipping motion, a soft contact of the ball, is also considered a spike.



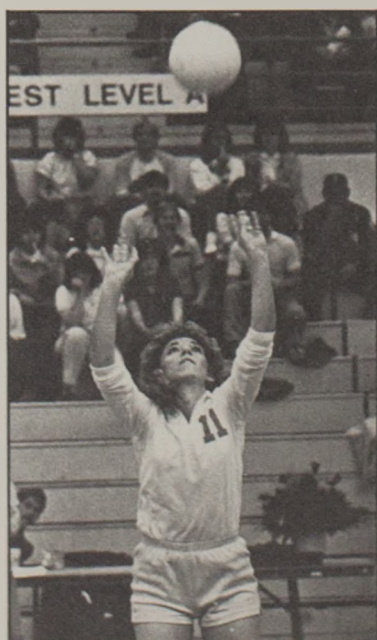
Pass: This is normally the first contact after the ball passes the net on an opponent's serve. The object is to get the ball to the setter in order to set one of the hitters. The ideal position is to have a stable platform with the forearms together. The ball should recoil off the platform, hitting both arms simultaneously. A dig is similar in form to a pass, but is usually the return of a spiked ball.



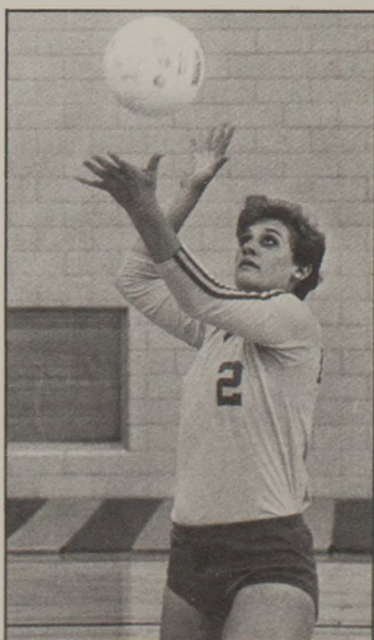
Block: The first line of defense in volleyball. Blocking is an attempt to intercept a spiked ball on the opponent's side of the net. The blocker is allowed to reach as far over the net as possible without touching the net. The block must occur after the spiker has contacted the ball.



Dive: One of the recovery skills. This is basically a gymnastics maneuver to save the body after the ball has been contacted. The players catch themselves with their hands and slide to dissipate the force of the fall. The dive is used in emergency situations when the player can't get the ball up from the normal platform stance.



Set: An overhead pass which is put above the net for the spiker to attack. The ball is set simultaneously from the finger pads of both hands. The ball can never rest on the palms and the follow-through is directly towards the area where the ball was set. (All photos on this page by Geoffrey Sutton.)



Serve: The method with which the ball is put into play. The team can only score after it has served the ball so this is a crucial offensive weapon. The most common serve in power volleyball is the knuckleball. The ball moves in an unpredictable path, making it hard to receive and pass to the setter. The ideal motion is to toss the ball high in front of the contacting shoulder and contact the ball with the heel of the hand and recoil off the ball. It is important not to snap the wrist on the serve.

Official Hand Signals

POINT OR SIDE OUT 1	BALL IN BOUNDS OR LINE VIOLATION 2	BALL IN 3	BALL OUT 4	BALL OUT 5
BALL CONTACTED BY A PLAYER 6	BALL TOUCHING OBJECT 7	OUTSIDE THE ANTENNA SERVING ERROR 8	FOUR HITS 9	CROSSING CENTER LINE 10
HELD BALL THROWN BALL LIFTED BALL CARRIED BALL 11	DOUBLE HIT 12	BALL CONTACTED BELOW THE WAIST 13	END OF GAME OR MATCH 14	TIME OUT 15
SUBSTITUTION 16	BALL NOT RELEASED AT TIME OF SERVICE 17	DELAY OF SERVICE 18	BALL IN THE NET AT TIME OF SERVICE PLAYER TOUCHING NET 19	DOUBLE FOUL OR PLAY OVER 20
BACK LINE BLOCK OR SCREEN 21	OUT OF POSITION 22	OVER THE NET 23	BACK LINE SPIKER (ATTACKER) 24	WARNING-PENALTY-EXCLUSION DISQUALIFICATION 25

EXPLANATIONS

(Number refers to corresponding diagram)

- This signal indicates which team possesses the ball after it has been blown dead.
- This signal normally occurs when players at the net are blocking the spike attempt. It indicates that the blocker did touch the spike attempt.
- The ball must clearly pass inside the antennae on the net located directly above the sidelines. If the ball or a portion of the ball crosses the net outside the antennae, a violation occurs.
- A server must be clearly behind the end line before contacting the ball.
- Unless the first contact is a block attempt, only three hits are allowed on each side of the net. A violation is called on the fourth contact.
- A player is not allowed to cross the two-inch center line. Stepping on the line is legal.
- These are all ballhandling violations.
- The ball can be contacted only once in a single attempt. This call is often made during serve receptions when the ball contacts one arm and then the other arm or another part of the body.
- The ball cannot legally contact any part of the body below the waist.

- The ball must clearly be tossed in the air before contact is made on the serve.
- The server has five seconds to put the ball in play once the official blows the whistle.
- No player or players from the serving team can obstruct the view of the serve receiving team.
- No back row player can make a blocking attempt at the net.
- Before the ball is served all players must be in proper position relative to the players directly beside them or directly behind them. This violation is often called when the back row setter releases to the front before the ball is contacted by the server.
- A player cannot reach over the net to spike a ball. There must clearly be a portion of the ball on the spiker's side of the net before the attempt is legal. This is also true concerning the block attempt. A blocker cannot contact the ball before the spiker has hit the ball on her side of the net.
- No back row player can jump above the plane of the net in front of the three-meter line and spike, bump or set the ball over the net.
- This is the same as a technical foul in basketball.

COACHES

HEAD COACH DICK SCOTT



Dick Scott is in his ninth year as head coach of the University of Montana volleyball team.

In eight seasons at UM, he has posted a 163-156 record. The Lady Grizzlies have finished second in the Mountain West Conference twice in the league's four-year history.

Before taking the UM position, Scott was head volleyball coach at Santa Monica Junior College from 1972 to 1978. His record was 110-20 overall and 52-1 in conference play. During that time, he was also the head scout for UCLA.

Originally from Denton, Montana, Scott was the head coach of the Maccabi Volleyball Club for two years and taught physical education and general science at a junior high in Santa Monica.

Scott has considerable international coaching experience. He served as an assistant coach for the United States Olympic men's volleyball team when it participated in the U.S.A. Championship Series two summers ago. Previously, he had served as an assistant coach for the men's national team in the 1981 World University Games and was the head coach of the U.S.A. Junior National Team for three years.

Scott, 43, attended Montana State University on a basketball and track scholarship. He graduated in 1965 with a B.S. in physical education. After serving in the Air Force from 1965-69, he earned his Master's Degree in physical education at UCLA in 1971.

Dick and his wife, Mary, have three children: Jean, 15, Patty, 11, and Jack, 4.

ASSISTANT COACH WENDY (HOYT) RIGONI

A former Lady Griz volleyball stand-out, Wendy Hoyt returned to UM as an assistant coach in 1985.

She still holds the school single-season record for assists with 1,359 in 1982. She also ranks second in career assists with 2,336.

Wendy was an all-conference selection in 1982.



RECORD BOOK

TEAM

Single Match

Most Kills—99, vs. Utah State, 11-6-82
Best Hitting Percentage—50.0%, vs. Washington State, 1980
Most Blocks—32 vs. Idaho State, 10-12-84
Best Serve Ratio—3.31, vs. Flathead Valley CC, 1979
Most Aces—18, vs. Gonzaga, 1979
Best Passing Percentage—93.0%, vs. Washington State, 1981
Most Assists—90 vs. Utah State, 11-6-82
Most Digs—90 vs. Santa Clara, 10-19-84

Season

Most Kills—1814, 1985
Best Hitting Percentage—22.0%, 1984
Most Blocks—720, 1985
Most Assists—1616, 1985
Best Passing Percentage—65.0%, 1981
Best Serve Ratio—2.40, 1981
Most Aces—399, 1979
Most Digs—2016, 1985

INDIVIDUAL

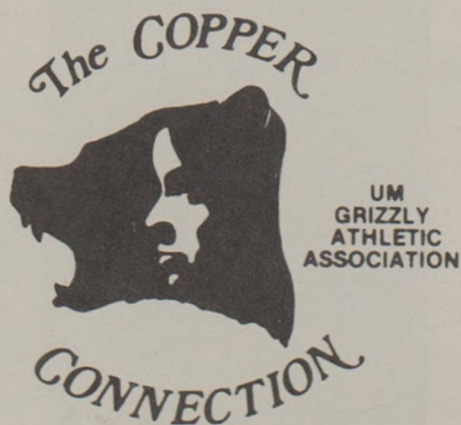
Single Match

Most Kills—29, Mary Beth Dungan vs. Weber State, 10-13-84 and vs. Boise State, 10-27-84
Best Hitting Percentage—72.7%, Pat Benson vs. Idaho State, 1980
Most Blocks—12, Nan Kuenzel vs. Idaho State, 10-12-84
Best Serve Ratio—3.33, Jean Cavanaugh vs. Texas Tech, 1980
Most Aces—8, Wendy Ninteman vs. Flathead Valley CC, 1979, Jean Cavanaugh vs. Texas Tech, 1980 and vs. Washington, 1980 and Kara Price vs. Utah, 11-6-82, Debbie Carter vs. Gonzaga, 1986
Best Passing Percentage—93.0%, Wendy Ninteman vs. Washington, 1979
Most Assists—80, Wendy Hoyt vs. Utah State, 11-6-82
Most Digs—26, Mary Beth Dungan vs. Santa Clara, 10-19-84

Season

Most Kills—471, Mary Beth Dungan, 1984
Best Hitting Percentage—30.0%, Mary Klueber, 1981
Most Blocks—206, Cindy Pitzinger, 1985
Most Assists—1359, Wendy Hoyt, 1982
Best Passing Percentage—73.0%, Jean Cavanaugh, 1981
Best Serve Ratio—2.62, Jean Cavanaugh, 1981
Most Aces—84, Jean Cavanaugh, 1979
Most Digs—344, Nan Kuenzel, 1985

COPPER CONNECTION



"We do Make A Difference"

1986-87 OFFICERS

President—Alice Wandler
Vice President—Thelma Baker
Secretary—Dorothy Conger
Treasurer—Rae Price
Past President—Bev. Graves

BOARD OF DIRECTORS

Nancy Eckland
Kathy Fielding
Joan Akin
Shari Wenz
Elaine Murray
Mary Chesbro
Alane Harrington
Nancy Rhoads
Carolyn Woodbury
Betty Hanson
Ruby Willard
Donna Gastineau