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### CAS 261.50: Advanced Addiction Assessment/Treatment Planning and Documentation

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## CAS 261 Advanced Addiction Assessment, Documentation, and Treatment Planning

3 Credit Hours

Mondays and Wednesdays, 9:00 – 10:20 Via Zoom

Instructor: Michelle Faith Heald, LCSW, LAC

Phone: 406-241-6748 (WhatsApp recommended for calls and for texts from non-iPhone users.)

- TIP 13 The Role and Current Status of Patient Placement Criteria in the Treatment of Substance Use Disorders (Located on Moodle) FREE to download
- TIP 42 (Located on Moodle-PDF File) Free to download
- TIP 34 --Brief Intervention and Brief Therapies for Substance Abuse, [http://store.samhsa.gov/product/TIP-34- Brief Interventions-and-Brief-Therapies-for-Substance-Abuse/ SMA12-3952](http://store.samhsa.gov/product/TIP-34-Brief-Interventions-and-Brief-Therapies-for-Substance-Abuse/SMA12-3952)
- TIP 35: Administration, Center for Substance Abuse Treatment;[http://store.samhsa.gov/product/TIP-35-EnhancingMotivation-for-Change-in-Substance-Abuse-Treatment/ SMA08-4212](http://store.samhsa.gov/product/TIP-35-Enhancing-Motivation-for-Change-in-Substance-Abuse-Treatment/SMA08-4212)
- TIP 39: Substance Abuse Treatment and Family Therapy [http://store.samhsa.gov/product/TIP-39-Substance- AbuseTreatment-and-Family-Therapy/SMA12-4219](http://store.samhsa.gov/product/TIP-39-Substance-Abuse-Treatment-and-Family-Therapy/SMA12-4219)
- TIP 41: Substance Abuse Treatment: Group Therapy[http:// store.samhsa.gov/product/TIP-41-Substance-Abuse-TreatmentGroup-Therapy/SMA12-3991](http://store.samhsa.gov/product/TIP-41-Substance-Abuse-Treatment-Group-Therapy/SMA12-3991) Required Readings: Additional journal articles and web- based reading assignments will also be required throughout the course of the semester posted in Moodle under “READINGS” in the corresponding weekly assignments

### **Class Expectations:**

Engagement in class discussion is expected. It is your responsibility to bring questions and speak into the topics covered.

It is also expected that you will complete assignments on time and speak to me in advance if you have an questions or barriers. It is understood that some individuals will have DSS accommodations and that will change the expected due date at times; please work with me to determine an appropriate timeline in advance.

In the event of illness or other unexpected challenge, please let me know in advance that you will not be able to attend class or turn in an assignment. In this case, you may be asked to demonstrate the work you've completed thus far.

Counseling relies heavily on appropriate, respectful and considerate communication; you will be expected to utilize these skills with your peers and instructor throughout this course as well as with your clients when the time comes.

**Course Description:**

This course is a seminar format. It includes both lecture and group discussions in the classroom as well as applied activities, and short quizzes. It is designed to provide Advanced Assessment, Treatment Planning and Documentation education to those wishing to apply to become a Licensed Addiction Counselor. The course meets the Board of Behavioral Health Licensed Addiction Counselor educational requirements for Assessment (15 additional hours in assessment) and 30 hours in Treatment Planning and Documentation.

Also presented will be basic treatment interventions and planning, and finally, advanced documentation for client record documentation. They will become familiar with techniques of assessment and diagnosing Substance Abuse Disorders, using the ASAM Criteria and the DSM 5 Manual and other instruments made available during the semester.

Students taking this course will review the aspects of Diagnosis and subsequent treatment interventions. Students will develop a treatment plan for several case studies and practice documentation by creating a case file for each of the case studies. In addition, commonly encountered cultural obstacles to traditional chemical dependency counseling are examined.

**Course Objectives/Student Educational Outcomes:**

Successful completion of course objectives and educational outcomes are evidenced by demonstrated appropriate knowledge, skill and behaviors in class discussions and applied exercises, as well as homework/discussion assignments and a several written documents demonstrating competency in assessment and treatment planning.

**In successfully completing this course, students will be able to:**

- Identify characteristics of substance use disorders in clients and demonstrate an understanding of severity of the disorder.
- Define the degree of addiction and propose evidenced based treatment options, including inpatient treatment, intensive outpatient treatment, and less intensive outpatient treatment.
- Be able to identify the appropriate treatment setting for the client.
- Understand which therapy or therapies are appropriate for individuals with a substance use disorder.
- Discuss issues sometimes noted as 'resistance to treatment' in a manner that demonstrates cultural awareness (i.e., verbal and nonverbal behaviors, barriers to treatment, etc.).
- Understand the process of treatment planning and be able to demonstrate such by developing a treatment plan for several case studies.
- Identify and assume an informed position in addiction counseling regarding selected "problems" and appropriate interventions that are tailored to the client.
- Discuss appropriate social intervention strategies that are evidence-based and culturally relevant for each group studied.

**Topics Covered in this course include:**

- Advanced Screening
- Assessment and assessment tools

- DSM5 Assessment
- Diagnosis
- Advanced Motivational Interviewing
- Recovery Oriented Systems of Care
- Evidence-Based Practices
- Assessment & Diagnosis- Intake Summary
- Advanced ASAM Patient Placement Criteria and Level of Care Selection
- Treatment Planning, including goal planning and recognizing relapse potential
- Case Notes (Documentation)
- Discharge Planning

### **ASSESSMENT OF STUDENT LEARNING GOALS & OBJECTIVES:**

Your grade in this class is weighted on the following scale:

- Homework/Applied Assignments 25%
- 3 Written Projects 30%
- Participation/attendance 15%
- 2 exams 30%

Final grades are based on the +/- system. Traditional rounding rules apply (i.e. .5 and above are rounded up and less than .5 are not). The breakdown is as follows:

93 – 100% A

90 – 92% A-

87 – 89% B+

83 – 86% B

80 – 82% B-

77 – 79% C+

73 – 76% C

70 – 72% C-

67 – 69% D+

63 – 66% D

60 – 62% D-

<60% F

\*\*\* If an assignment is deleted or added, the total will be adjusted accordingly. \*\*\*

Applied Assignments: Throughout the semester students are to complete homework activities from texts/workbooks. These assignments are generally applied, and practicing of your skills in the techniques demonstrated in the course. Students will have several written assignments, which will be demonstrating understanding of client records, including an initial intake and diagnosis, continued stay reviews, and discharge summaries. Because this is an advanced course, you will learn to develop a comprehensive short-term treatment plan, and then, students will develop a more comprehensive long-treatment plan focusing on sustaining sobriety/and recovery. Included will be behavioral/ cognitive therapy, motivational interviewing techniques that will-be-practiced with other students.

You will be given a grading rubric for each assignment, stating expectations for various categories that will be assessed.