University of Montana

ScholarWorks at University of Montana

Lady Griz Volleyball Programs, 1980-1993

Intercollegiate Athletics

1987

Lady Griz Volleyball Program, 1987

University of Montana (Missoula, Mont. : 1965-1994). Athletics Department

Follow this and additional works at: https://scholarworks.umt.edu/ladygrizvolleyball_programs Let us know how access to this document benefits you.

Recommended Citation

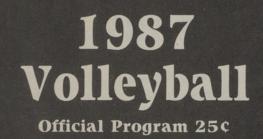
University of Montana (Missoula, Mont. : 1965-1994). Athletics Department, "Lady Griz Volleyball Program, 1987" (1987). *Lady Griz Volleyball Programs, 1980-1993*. 13. https://scholarworks.umt.edu/ladygrizvolleyball_programs/13

This Program is brought to you for free and open access by the Intercollegiate Athletics at ScholarWorks at University of Montana. It has been accepted for inclusion in Lady Griz Volleyball Programs, 1980-1993 by an authorized administrator of ScholarWorks at University of Montana. For more information, please contact scholarworks@mso.umt.edu.

University of Montana



EST



1987 UM VOLLEYBALL ROSTER

No.	Name	Pos.	Ht.	Yr.	Exp.	Hometown/High School or JC	
2	Cheryl Hanson	OH/TH	5-9	Sr.	3V	Spokane, WA/Ferris HS	
4	Nicole Pruim	MB/H	5-10 ¹ /2	Fr.	HS	Castle Rock, CO/Douglas County HS	
5	Ronda Mailey	OH	5-10	Fr.	HS	Twin Bridges, MT/Twin Bridges HS	
7	Cyndee Jones	OH	6-1/2	Fr.	HS	Gresham, OR/Gresham HS	
8	Julie Hoffman	TH	5-11	So.	1V	Missoula, MT/Big Sky HS	
9	Erin Parks	S	5-8	Fr.	HS	Missoula, MT/Hellgate HS	
10	Cindy Pitzinger	MB/H	5-8	Sr.	3V	Puyallup, WA/Rogers HS	
11	Mari Brown	S	5-8	So.	1 V	Spokane, WA/Shadle Park HS	
12	Allison Yarnell	OH	5-10	Sr.	3V	Spokane, WA/Ferris HS	
13	Anne Tarleton	MB/H	6-1	Fr.	RS	Littleton, CO/Heritage HS	
14	Mary McManigal	OH	5-9	Jr.	2V	Yakima, WA/Eisenhower HS	
15	Jennifer Pinkerton	MB/H	6-1/2	Fr.	HS	Canyon, CA/Canyon HS	

KEY—Positions: OH—Outside Hitter; TH—Technique (Right Side) Hitter; MB—Middle Blocker; S—Setter. Experience: V—Varsity Letters won; SQ—Squad; HS—High School; RS—Redshirt

Head Coach: Dick Scott (10th Year); Assistant Coach: Debbie Carter (1st Year); Part-Time Assistant Coach: Wendy Rigoni (3rd Year)



Front row (L to R) Nicole Pruim, Cindy Pitzinger; Middle row (L to R) Mari Brown, Cyndee Jones, Cheryl Hanson, Ronda Mailey, Erin Parks; Back row (L to R) Assistant Coach Debbie Carter, Mary McManigal, Julie Hoffman, Anne Tarleton, Jennifer Pinkerton, Allison Yarnell, Head Coach Dick Scott; Not pictured Assistant Coach Wendy Rigoni.

Player Profiles

MARI BROWN . . . 5-8 . . . sophomore . . . outside hitter/setter . . . Spokane, Washington . . . One of the keys to the 1987 season, Brown saw plenty of action in her initial season at UM, playing in 86 games. She plays both outside hitter and setter and could get the starting nod at setter this year. Her playing time picked up in the Mountain West Athletic Conference (MWAC) season, as she played in 46 games, ranking seventh on the team in number of games played. She averaged 1.22 kills per game in league. She was named UM's Outstanding Rookie, as well as Most Inspirational. She ranked among the team leaders with 26 service aces. Mari (Marree) was the Greater Spokane League MVP as a junior and senior while at Shadle Park High School. She led her prep teams to Class "AAA" state championships in 1984 and 1985, those teams each going 24-0 during the season.

CHERYL HANSON ... 5-9 ... senior ... outside and technique hitter ... Spokane, Washington ... A returning starter, Cheryl played in 111 games last season, ranking 3rd on the team in that category. She was third (tied) on the team with 34 service aces and had 34 the previous season as well. She was also among the team leaders in digs (181), digs per game (1.63) and MWAC games played (49). She ranks third at UM in career digs with 495. As a sophomore she was selected as the Lady Griz' Most Inspirational Player. At Ferris High School she was first team all-city as a senior. Cheryl and teammate Allison Yarnell won two Greater Spokane League titles in high school.

JULIE HOFFMAN ... 5-10 ... Sophomore ... middle blocker ... Missoula, Montana ... Julie saw limited action as a frosh and needs to become stronger and more aggressive to be a factor this season. She was an all-state player at Missoula's Big Sky High School as a senior. She was a member of the Montana team that traveled to compete in China in the summer of 1986. Hoffman played for current Lady Griz assistant coach Wendy Rigoni as a prep and was team co-captain as a senior. She also lettered in basketball and track at BSHS.

CYNDEE JONES ... 6-1/2 ... freshman ... outside hitter/blocker ... Gresham, Oregon ... Cyndee was an All-Metro, all-conference and honorable mention all-state player at Gresham High School. She was named her team's Most Improved Player as a junior and senior. She also received all-state mention as a junior. Her prep teams were Mt. Hood Conference champions in 1986 and 1987 and the Oregon State "AAA" titlists in 1987. She was her school's Academic Female Athlete of the Year. She also lettered in basketball and track.

RONDA MAILEY..., 5-10..., freshman..., outside hitter..., Twin Bridges, Montana..., A first team all-state selection at Twin Bridges High School, Ronda was a three-time all-conference pick in volleyball. She was also a letterwinner in basketball and track and all-conference in basketball as a junior and senior.

MARY McMANIGAL..., 5-9... junior... outside hitter... Yakima, Washington... A lot of hard work in the offseason and a year of experience may add up to a starting berth for McManigal, who played in 37 games last year. She had 54 kills in 1986 for a respectable 1.46 kills a game. Two years ago she had 51 kills and started a few MWAC matches. Mary redshirted her first season at UM after a fine career at Eisenhower High School. She was an all-conference player there and led her team to two consecutive district championships. She also earned two letters in track at EHS. **ERIN PARKS**...5-8...freshman...setter...Missoula, Montana...Erin has been one of the outstanding athletes in the state of Montana the past couple of years. She was a fourtime all-state tennis player and twice all-state in volleyball at Hellgate High School. She also lettered in basketball. She was team MVP in volleyball as a senior and Best Offensive Player as a junior. She was volleyball team captain as a senior. Parks has been first team all-league in volleyball since her sophomore season. She earned four letters in both volleyball and tennis. Her older sister, Lisa, was an all-conference tennis player at Montana in 1987.

JENNIFER PINKERTON...6-1/2...freshman...middle blocker/technique hitter...Canyon, California...A first team all-CIF choice, Jennifer was also all-Valley and all-league at Canyon High School. She was twice named her team's Most Improved Player and once picked Most Inspirational. She lettered three times in volleyball and three times in swimming. Her senior season in volleyball her team made it to the "AAA" CIF semifinals.

CINDY PITZINGER . . . 5-8 . . . senior . . . middle blocker . . . Puyallup, Washington . . . Montana's first-ever candidate for All-American honors, Pitzinger has been a first team all-MWAC pick the past two seasons. Last spring she was selected to try out for the United States National Team. She has a vertical jump of 311/2 inches-the best ever at UM. Cindy led UM in kills with 425, hitting percentage at .287, service aces with 48 and blocks solos with 85. Going into the 1987 season she ranks among Lady Griz career leaders in many areas. She was tabbed as UM's Outstanding Blocker and Backcourt Player last year. As a sophomore she set a school record with 206 blocks. Because of her jumping skills she can hit from the back row with regularity. As a senior at Rogers High School she was the MVP of the South Puget Sound League. As a senior she was team MVP in volleyball and team captain. She lettered in basketball and softball as a prep.

NICOLE PRUIM ... $5-10\frac{1}{2}$... freshman ... middle blocker/technique hitter ... Castle Rock, Colorado ... Pruim (pronounced Primm) was volleyball team captain as a senior at Douglas County High School. She was honorable mention allstate as a junior and senior, and voted her team's Most Consistent Player and received the Team Award in 1987. She was a two-year letterwinner in tennis as well. She was all-conference (first team) as a junior and senior.

ANNE TARLETON ... 6-1 ... freshman ... middle blocker ... Littleton, Colorado ... Anne redshirted as a frosh and needs added playing time and strength to add depth to UM. She was first team all-state as a senior at Heritage High School. She was all-conference as a junior and senior. She also lettered in basketball.

ALLISON YARNELL...5-10...senior...outside hitter...Spokane, Washington...A three-year starter at UM, Allison has been an all-league pick the past two seasons in the MWAC. She was the Lady Griz Most Valuable Player last season. She had a .299 hitting percentage—the second highest in Montana history and a team-high 2.77 digs per game. The 1987 honors candidate enters this season with UM's all-time high hitting percentage at .250. She is also ranked in numerous career statistics at UM. She was a two-time all-city choice at Ferris High School, where her junior and senior teams won league crowns. She also lettered in basketball and softball and was all-city in both sports.

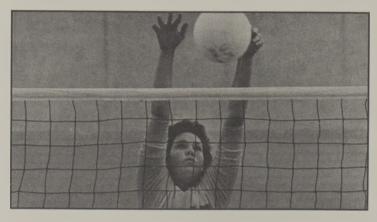
UNDERSTANDING VOLLEYBALL



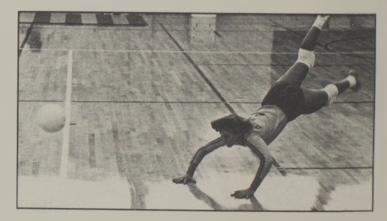
Spike: An aggressive attack by the hitter, swinging the arm directly over the shoulder and contacting the heel of the hand and aggressively snapping the wrist over the top of the ball. The tipping motion, a soft contact of the ball, is also considered a spike.



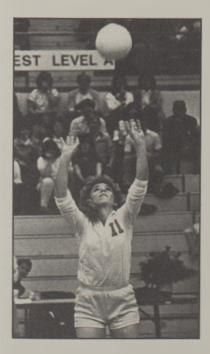
Pass: This is normally the first contact after the ball passes the net on an opponent's serve. The object is to get the ball to the setter in order to set one of the hitters. The ideal position is to have a stable platform with the forearms together. The ball should recoil off the platform, hitting both arms simultaneously. A dig is similar in form to a pass, but is usually the return of a spiked ball.



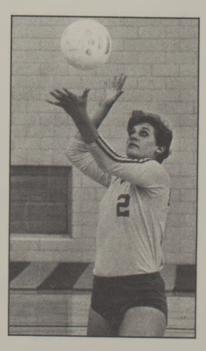
Block: The first line of defense in volleyball. Blocking is an attempt to intercept a spiked ball on the opponent's side of the net. The blocker is allowed to reach as far over the net as possible without touching the net. The block must occur after the spiker has contacted the ball.



Dive: One of the recovery skills. This is basically a gymnastics maneuver to save the body after the ball has been contacted. The players catch themselves with their hands and slide to dissipate the force of the fall. The dive is used in emergency situations when the player can't get the ball up from the normal platform stance.



Set: An overhead pass which is put above the net for the spiker to attack. The ball is set simultaneously from the finger pads of both hands. The ball can never rest on the palms and the followthrough is directly towards the area where the ball was set. (All photos on this page by Geoffrey Sutton.)



Serve: The method with which the ball is put into play. The team can only score after it has served the ball so this is a crucial offensive weapon. The most common serve in power volleyball is the knuckleball. The ball moves in an unpredictable path, making it hard to receive and pass to the setter. The ideal motion is to toss the ball high in front of the contacting shoulder and contact the ball with the heel of the hand and recoil off the ball. It is important not to snap the wrist on the serve.

Official Hand Signals

POINT OR SIDE OUT	BALL IN BOUNDS OR LINE VIOLATION	BALL IN	BALL OUT	BALL OUT				
1	2	3	4	5				
BALL CONTACTED BY A PLAYER	BALL TOUCHING OBJECT	OUTSIDE THE ANTENNA	FOUR HITS	CROSSING CENTER LINE				
6	7	SERVING ERROR 8	9	10				
HELD BALL THROWN BALL	DOUBLE HIT	BALL CONTACTED BELOW THE WAIST	END OF GAME OR MATCH	TIME OUT				
LIFTED BALL CARRIED BALL	12	13	14	15				
SUBSTITUTION	BALL NOT RELEASED AT TIME OF SERVICE	DELAY OF SERVICE	BALL IN THE NET AT TIME OF SERVICE PLAYER TOUCHING NET 19	DOUBLE FOUL OR PLAY OVER				
BACK LINE BLOCK OR SCREEN	OUT OF POSITION	OVER THE NET	BACK LINE SPIKER (ATTACKER)	WARNING-PENALTY-EXCLUSION DISQUALIFICATION				

EXPLANATIONS

(Number refers to corresponding diagram)

- 1. This signal indicates which team possesses the ball after it has been blown dead.
- This signal normally occurs when players at the net are blocking the spike attempt. It indicates that the blocker did touch the spike attempt.
- 8. The ball must clearly pass inside the antennae on the net located directly above the sidelines. If the ball or a portion of the ball crosses the net outside the antennae, a violation occurs.
- A server must be clearly behind the end line before contacting the ball.
 Unless the first contact is a block attempt, only three hits are allowed
- on each side of the net. A violation is called on the fourth contact. 10. A player is not allowed to cross the two inch center line. Stepping on the line is legal
- the line is legal. These are all ballhandling violations.
- 12. The ball can be contacted only once in a single attempt. This call is often made during serve receptions when the ball contacts one arm and then the other arm or another part of the body.
- 13. The ball cannot legally contact any part of the body below the waist.

- 17. The ball must clearly be tossed in the air before contact is made on the serve.
- The server has five seconds to put the ball in play once the official blows the whistle.
- 21. No player or players from the serving team can obstruct the view of the serve receiving team.
- No back row player can make a blocking attempt at the net.
- 22. Before the ball is served all players must be in proper position relative to the players directly beside them or directly behind them. This violation is often called when the back row setter releases to the front before the ball is contacted by the server.
- 23. A player cannot reach over the net to spike a ball. There must clearly be a portion of the ball on the spiker's side of the net before the attempt is legal. This is also true concerning the block attempt. A blocker cannot contact the ball before the spiker has hit the ball on her side of the net.
- 24. No back row player can jump above the plane of the net in front of the three-meter line and spike, bump or set the ball over the net.
- 25. This is the same as a technical foul in basketball.

COACHES

HEAD COACH DICK SCOTT



Dick Scott is in his 10th year as head coach of

the University of Montana volleyball team. In nine seasons at UM, he has posted a 184-167 record. The Lady Grizzlies have finished second in the Mountain West Conference three times in the league's five-year history.

Before taking the UM position, Scott was head volleyball coach at Santa Monica Junior College from 1972 to 1978. His record was 110-20 overall and 52-1 in conference play. During that time, he was also the head scout for UCLA.

Originally from Denton, Mont., Scott was the head coach of the Maccabi Volleyball Club for two years and taught physical education and general science at a junior high in Santa Monica.

Scott has considerable international coaching experience. He served as an assistant coach for the United States Olympic men's volleyball team when it participated in the U.S.A. Championship Series two summers ago. Previously, he had served as an assistant coach for the men's national team in the 1981 World University Games and was the head coach of the U.S.A. Junior National Team for three years.

Scott, 44, attended Montana State on a basketball and track scholarship. He graduated in 1965 with a B.S. in physical education. After serving in the Air Force from 1965-69, he earned his master's degree in physical education at UCLA in 1971.

Dick and his wife, Mary, have three children: Jean, 16, Patty, 11 and Jack, 4. ASSISTANT COACH DEBBIE CARTER

Debbie begins her first season as an assistant coach at UM, after lettering for four seasons for the Lady Griz. She started as a sophomore and senior at UM, battling injuries her junior season. She is the No. 8 (tie) ranked career digs leader at Montana with 284. She was UM's Most Improved Player as a sophomore.

She prepped at local Sentinel High School, where she lettered in volleyball and basketball. Her prep team won the state title in 1982. She was Most Improved in volleyball as a senior and Most Inspirational in basketball.

PART-TIME ASSISTANT COACH WENDY RIGONI



A former Lady Griz volleyball standout, Wendy Rigoni returned to UM as an assistant coach in 1985. She still holds the school single-season record for assists with 1,359 in 1982. She also ranks second in career assists with 2,336.

Wendy was an all-conference selection in 1982. Wendy and her husband, Arnie, have a son, Torin born July, 1987. Arnie was a Grizzly football letterman from 1977-80. **RECORD BOOK**

TEAM

Single Match Most Kills-99, vs. Utah State, 11-6-82 Best Hitting Percentage—50.0, vs. Washington State, 1980 Most Blocks-38 vs. Idaho, 10-25-85 Best Serve Ratio-3.31, vs. Flathead Valley CC, 1979 Most Aces-18, vs. Gonzaga, 1979 Best Passing Percentage-93.0, vs. Washington State, 1981 Most Assists-90 vs. Utah State, 11-6-82 Most Digs-101 vs. Idaho State, 11-22-86 Season Most Kills-1,814, 1985 Best Hitting Percentage-.240, 1986 Most Blocks-720, 1985 Most Assists-1616, 1985 Best Passing Percentage-65.0, 1981 Best Serve Ratio-2.40, 1981 Most Aces-399, 1979

Most Digs-2,016, 1985

INDIVIDUAL

Single Match

- Most Kills—29, Mary Beth Dungan vs. Weber State, 10-13-84 and vs. Boise State, 10-27-84
- Best Hitting Percentage—72.7, Pat Benson vs. Idaho State, 1980
- Most Blocks—12, Nan Kuenzel vs. Idaho State, 10-12-84, Cindy Pitzinger vs. EWU, 11-7-86
- Best Serve Ratio—3.33, Jean Cavanaugh vs. Texas Tech, 1980
- Most Aces—8, Wendy Ninteman vs. Flathead Valley CC, 1979, Jean Cavanaugh vs. Texas Tech, 1980 and vs. Washington, 1980 and Kara Price vs. Utah, 11-6-82, Debbie Carter vs. Gonzaga, 1986
- Best Passing Percentage—93.8, Wendy Ninteman vs. Washington, 1979
- Most Assists-80, Wendy Hoyt vs. Utah State, 11-6-82
- Most Digs—26, Mary Beth Dungan vs. Santa Clara, 10-19-84

Season

Most Kills—471, Mary Beth Dungan, 1984 Best Hitting Percentage—30.0, Mary Klueber, 1981 Most Blocks—206, Cindy Pitzinger, 1985 Most Assists—1,359, Wendy Hoyt, 1982 Best Passing Percentage—73.0, Jean Cavanaugh, 1981 Best Serve Ratio—2.62, Jean Cavanaugh, 1981 Most Aces—84, Jean Cavanaugh, 1979 Most Digs—344, Nan Kuenzel, 1985 Note—Digs were not kept prior to the 1984 season

COPPER CONNECTION



"We do Make A Difference"

1987-88 OFFICERS

President—Mary Chesbro Vice President—Thelma Baker Secretary—Shari Wenz Treasurer—Rae Price Past President—Alice Wandler

BOARD OF DIRECTORS

Marilou Lewis Betty Lou Nelson Joan Akin Bev Graves Dorothy Conger Alane Harrington Nancy Rhoads Carolyn Woodbury Betty Hanson Ruby Willard Donna Gastineau