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Special section

MONTANA KAIMIN

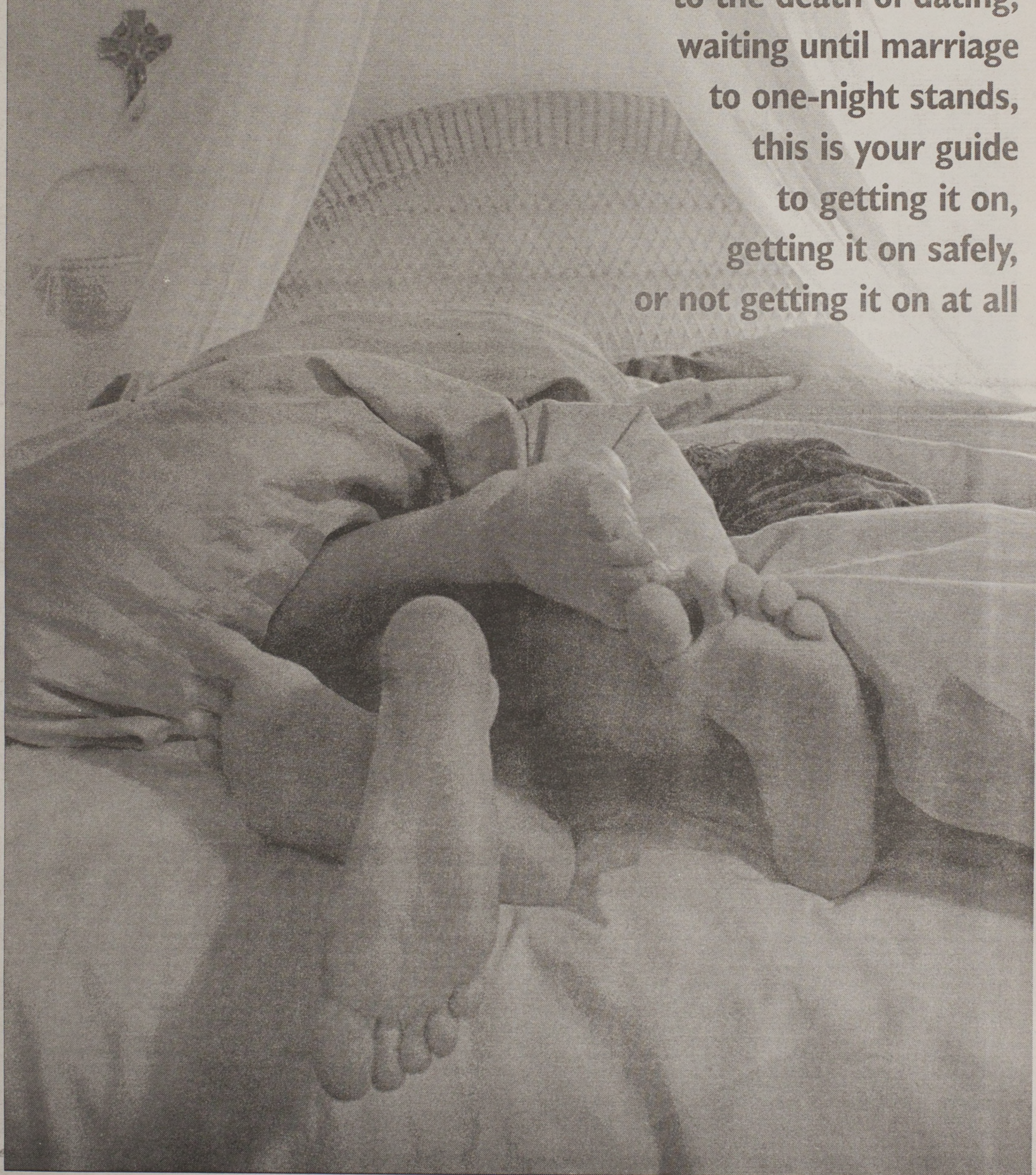
Kaimin is a Salish word for paper

Friday

November 2, 2001

Uncovering sexuality at UM

From dorm sex
to the death of dating,
waiting until marriage
to one-night stands,
this is your guide
to getting it on,
getting it on safely,
or not getting it on at all



SPECIAL SECTION

Uncover sexuality

Looking beyond conventional views of sex to find sexuality

Column by
Editor Courtney Lowery

As college students, we are constantly grappling with all kinds of transitions — financial, emotional, educational, spiritual. But we also go through another huge shift — a sexual one.

You could say we are all staging mini sexual revolutions.

Sexuality — It's on the tip of all our tongues, not because we are sex-crazed college students, but because we're humans. We are sexual beings. We always have been. Hopefully, we always will be. (Or we'd be extinct.) It's in our bedrooms, in our classrooms, in our kitchens, in our bathrooms, in our bar rooms, in our dorm rooms. I'm not getting Freudian, but you know as well as I do that sexuality is woven into the threads of our lives, whether we want it to be or not, so we might as well educate ourselves.

This is the reason for this special section being devoted to sexuality. Not sex, but sexuality — dating, marriage, abstinence, one-night stands, pornography, sexual health and kissing. Sexuality doesn't have to be covered in bedclothes.

But for so many of us, it has been veiled our whole lives. Sure, we had "the talk" in junior high. You know, when the boys went to one room and the girls went to the other and we never looked at each other the same again. And, most likely, our parents have talked to us about it once in a while. I guess we could say we've been lucky. Our parents' generation wasn't even allowed to say the word sex. Now, it's in every other lyric in our music and on every flickering channel on our TV. They had to explore their sex-

uality in secret, in the backseats of cars, in the dark corners of the world, like it was something to be ashamed of.

We've grown up after the sexual revolution of the '60s. Thank your parents for that. Not only have we lost at least some of that shame, but we've been educated to cast the shame away safely, responsibly.

Perhaps we've had it easy.

All the same, our sexual selves have been formed by many things. Our parents' views, our religious views, our past experiences and of course, the views we get from our society.

Right now, we're all breaking into something new as far as our sexuality goes. We are crossing that rubicon of adulthood, just starting to make sense of our relationships.

But we get mixed messages. The views we get on TV, in movies

and on MTV contradict what we learned in sex ed. What we read in magazines pollutes what our parents told us. Sex, love or romance has nothing to do with six women dancing behind Puff Daddy (P Diddy). It doesn't happen after a gaze across a crowded room and it isn't violent.

Try looking up "sexuality" on an Internet search engine. Sure, you'll get your fair share of pages devoted to enhancing sexuality, but the majority will suck you into the porn vortex — take a peek at those views of sexuality. Do they apply to your life? Are the images that are popping up

real? Are they healthy? Take a good hard look.

I'm not saying we need to censor. God knows that will do absolutely no good. We just have to see more healthy portraits of sexuality.

I was lucky enough to have a mother who taught me about sexuality early. No, she didn't share techniques or positions. What she did first was instill in me a high respect for myself. Then, she taught me about love by example. Then, we moved on to learning about sexuality, not sex. I remember the first time I

Right now, we're all breaking into something new as far as our sexuality goes.

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found out babies came from somewhere other than the sky. She was curling my bangs before school. I just had to ask. She didn't sugar coat anything. I'll always thank her for that.

And I don't ever remember my parents shutting off a movie when a sex scene came on. I remember us leav-

ing a movie that had too much violence in it and I remember my mom not letting me watch movies where women were raped.

And although I'm a recovering Catholic, my mom always let me know that sex, love, dating, kissing, were never things to be ashamed of. She taught me to respect all of it and explore it on an emotional level, a spiritual level, but she never told forced any ideologies about sex on me.

In fact, as a 20-year-old, stressed out college sophomore, she advised me to have sex to relieve some of my anxiety. A 16-year-old virgin is kind of cute, she

said, but a 20-year-old virgin is just redundant.

How our parents deal with sexuality can influence how we deal with it as adults. As Freud said, when you have sex there aren't two people in the room, there are six, counting your parents.

When we get to college, we have a chance to evaluate all these factors and make decisions about our sexuality and explore, literally and figuratively.

So here in these pages, we've tried to give you a sneak peek into the lives of your peers and how they deal with their sexuality. We give you some insight to the gay dating scene in Missoula, a tiny gander at sex in the dorms (we've all heard someone doing it or done it ourselves, admit it), and even an inside look at Fantasy For Adults Only, the porn dynasty in our community. We take a tougher look at sexual health through the eyes of our copy editor Laura Parvey who struggled in a bout with cervical cancer. And we show you what kind of choices one UM student made in her pregnancy and what she hopes other women will learn from her situation.

But not all of it is educational or informative or even sad. Sexuality can be a fun topic to tackle as we bring you tongue-in-cheek advice on kissing, no pun intended. And we even give you a satirical one-night-stand story, Choose Your Own Adventure-style. We aimed at looking at all the angles we could come up with and although sexuality cannot be summarized in 12 pages, we've tried to paint a picture for you to look at, analyze and maybe learn something about your sexuality.

Enjoy.



Montana Kaimin

Our 104th Year

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On the cover: Photo Illustration by Mike Cohea / Montana Kaimin

SPECIAL SECTION

Waiting for marriage — a practice on outskirts of the norm

While some couples are eager beavers, other UM students feel abstinence is still the best policy. One couples tells why

Chris Lawrence
Montana Kaimin

At first glance, Kaleb Haub and Julie Pearson may look like the average college-age couple.

Haub, a junior in history, and Pearson, a senior in health and human performance, have been "dating seriously" for the past year and share many of the same friends. While a bit shy, the couple isn't afraid to show their affection for each other — sometimes they hold

hands or nestle closely in public.

But, while many other students are "getting it on," these two have pledged to save sex for marriage.

Pearson and Haub say they've chosen to wait because of a commitment to God and each other.

"Sex was never a question," says Pearson, 22, who adds that she and Haub planned for abstinence before they even met.

"We talk about (sex) a lot, and we both have the same beliefs about it," she says.

Haub and Pearson, who met through classes and mutual friends at UM about two years ago, are born-again Christians. The Bible, they say, is very clear about sex. Hebrews 13:4 says, "Marriage should be honored by all and the marriage bed kept pure."

"(Sex) is a huge blessing in marriage, and that's where it was created to be," Haub, 20, says.

Waiting for sex, they say, teaches a couple to be supportive of each other and gives the relationship a strong foundation.

"It's good to center your relationship around something more solid than (the physical side)," Haub says.

Sometimes sex and other intimacy too early in a relationship can cloud trust and distract you from really getting to know that person, Pearson says. When you wait for sex until marriage, "Then you'll know if you are really in love," Pearson says.

But the physical side of a relationship before marriage is still very important, Pearson and Haub are quick to point out.

"It's an indication of how close you are to them," Pearson says.

But it's important to set some boundaries, Haub says.

While some who practice abstinence cut off the physical side of a relationship entirely, Haub and Pearson say they often kiss, embrace

“It's good to center your relationship around something more solid than (the physical side).

Kaleb Haub
junior, history

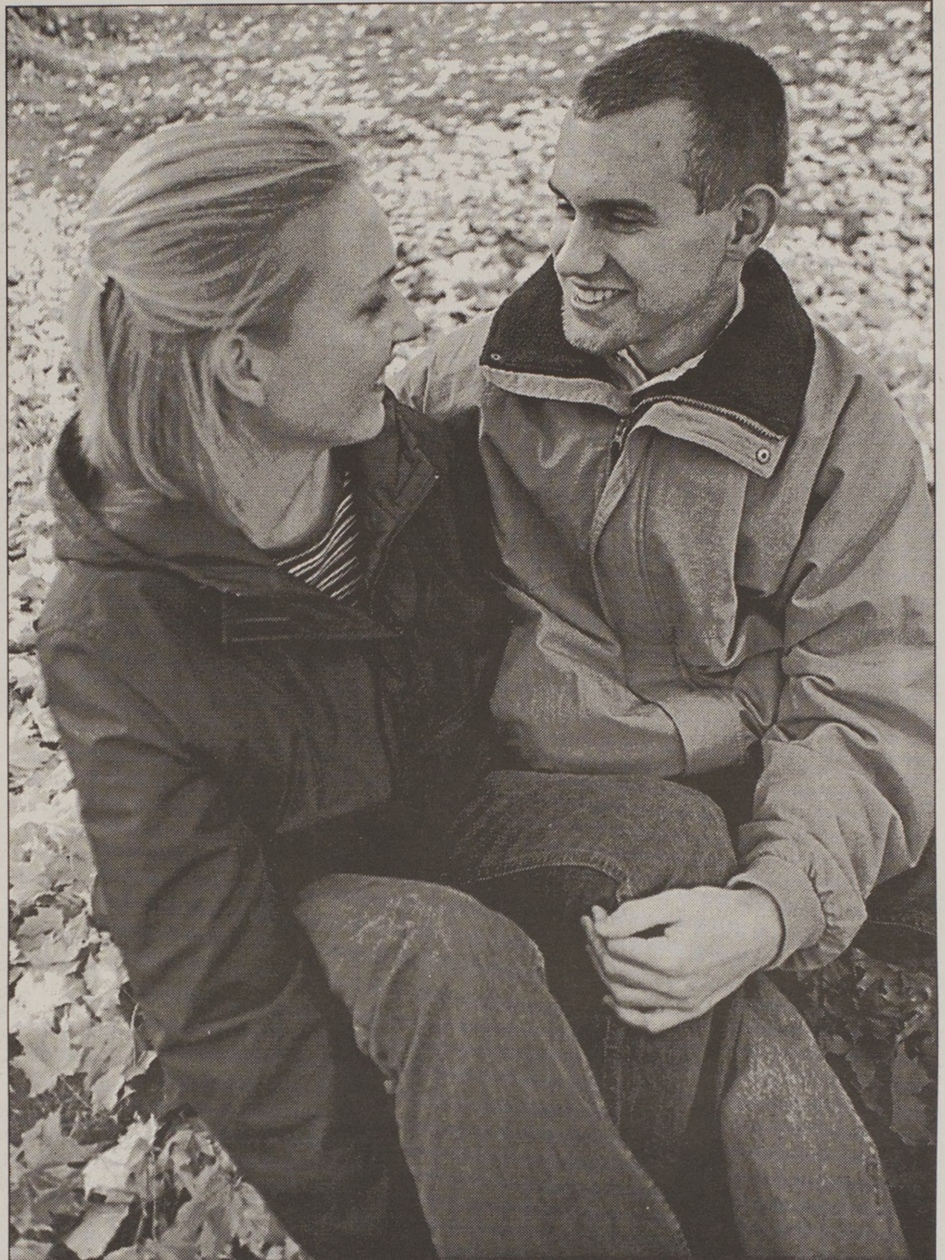
and cuddle.

"These things are positive and they reinforce our relationship," Haub says. "They aren't distracting."

There are other reasons for abstinence too, as waiting can prevent diseases, emotional scars and unwanted pregnancy, Pearson and Haub say.

"(Sex) can bring a lot of baggage to people," Haub says.

While Haub and Pearson say their decision is a personal thing, they aren't afraid to talk about it when people ask, though sometimes they feel like a minority



Senior Julie Pearson and junior Kaleb Haub met two years ago and have been dating for the past year. Because of their faith in God, they have pledged to save sex for marriage.

ty in a "sex-crazed world," Haub says.

According to a recent study by the Sexuality Information and Education Council of the United States, they are indeed the minority. The study revealed that by the time a person is 20 years old, 80 percent of males and 76 percent of females have

had sex. A study of adults age 18 to 59 revealed that only 7 percent of men and 21 percent of women had their first intercourse on their wedding night.

Health educators say the advantages of abstinence are it's a free, foolproof way of preventing pregnancy and infection. Abstinence can be started at anytime and encourages people to build relationships in other ways.

The disadvantages, they say, are some people may find it sexually frustrating,

or if people count on abstinence and they change their minds in the heat of a moment, they may not have birth control handy.

Abstinence isn't easy, Haub and Pearson say, but for them waiting comes down to their dedication to God and each other.

"God desires us to be honoring to him," Haub says.

While Haub and Pearson base their decision on faith, there are others who practice abstinence without any connection to religion.

Haub and Pearson have friends who are abstinent, and friends who struggle with sex as well.

"I've heard a lot of people say that they want to wait for (sex with) someone they are in love with, but not necessarily married to," Pearson says.

In the end, deciding whether or not to have sex can be difficult, but Haub has some advice:

"I think if someone hasn't had sex, or is thinking about it, they should consider waiting," he says.

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SPECIAL SECTION

Amvets: Gay or straight, the bar is great

Missoula's only 'gay bar' has open, accepting doors for all sexual orientations

Candy Buster
Montana Kaimin

Although popular rumor may label Amvets a gay bar, the owner simply calls it a "gay-friendly bar."

Regulars and bartenders said straight people are more than welcome there. In fact, everyone is welcome, said owner and manager Mike Might.

When Amvets first got started it had a country-western theme, Might said. But as the clientele started to change in the mid 80s, the bar was going broke. Management was glad to have all the customers they could get.

And the hodge-podge of patrons that did come in has created a character that is all Amvets.

"At that moment, it didn't matter who came down," Might said.

Now, almost 20 years later, Amvets is a thriving alternative bar. Joe, a bartender who wouldn't reveal his last name, said it is a non-discriminatory bar. Gays, straights and bisexuals all come down for a drink, he said. Girls who just want to get away from their boyfriends stop by for the night, along with people who want to take a break from the usual crowd, Joe said.

"Everybody is welcome," he said.

The owner estimated that about 30 percent of the clientele is straight. Might said he brings his own family down to Amvets frequently.

UM sophomore Matt Stephenson has gone to Amvets with his lesbian friend twice.

"I have two gay and two lesbian friends, and that's kind of their scene," he said.

"It was a lot of fun," Stephenson said. "I felt totally comfortable both times I was there."

Stephenson went to Amvets on a Monday night, so he said there were not many people there. He just mostly sat around and talked in a big group with other customers, he said.

"I thought it was more laid back



George C. Rogers/Montana Kaimin
Joe Smith, the bartender dressed as a policeman, serves up mix drink to a customer last Saturday night at Amvets bar. Amvets is an alternative bar that has been in business almost 20 years in Missoula.

than other bars," he said. "There's a lot of comradery there."

Amvets' regulars have a special bond, and they accept anyone who is accepting of them, he said, adding he never felt like an outsider.

"I didn't sit there and pepper them with questions about what it was like to be gay or anything," he said.

Stephenson said he most definitely would go to Amvets again.

"People who come in always come back," Joe said. "They find the crowd friendly, and usually a kick."

UM student Will McDonald frequented Amvets, as well as other Missoula bars, last year.

"I personally go to Amvets to dance — to be out of control and dance," McDonald said. "You can dance anyway you want to, because everybody down there doesn't judge you."

McDonald takes his straight friends to Amvets all the time, and he said they feel very comfortable there.

"You go there just to be yourself," McDonald said. "People know each

other down there, and people trust each other down there."

McDonald said he has seen many straight couples at Amvets on dates. People go there to dance after they've been to other bars, he said. It is the best place to dance in town, he said.

Joe would agree.

"We probably have the best disc — the best dance music in town," he said.

Given the nature of the bar, Joe said, they have "amazingly very little trouble" with bar fights or people harassing customers at Amvets.

"We very rarely have problems down here," Joe said.

Might agreed and said they probably have fewer fights or problems than most bars.

Amvets is the American Veterans Post No. 3. Amvets, a nationally chartered organization, has posts all over the country, Might said. The Amvets in Missoula is the only Montana American Veterans post that is a bar, he said.

In the early '80s, Amvets moved from California Street to Ryman

Street, where Monks Cave used to be. Monks Cave was a "hard-core rock 'n' roll bar," said Amvets bartender Joe. Monks Cave warranted the ominous underground location more than Amvets does, Joe said.

A cold, dark stairway juts off from the sidewalk and leads down to a big red door. The stones that line the stairwell are moist. The entryway looks like it could be a passage in a medieval castle.

But after people muster the courage to open the mysterious door, they are greeted by smiling bartenders and regular customers who are anxious to see a new face.

"We have the friendliest bartenders in town," Joe said.

The bar is surprisingly large with several pillars holding up the low ceilings. Four pool tables mingle in the center of the bar.

Patrons can expect a full schedule of dance music and drink specials at Amvets, including Wednesday night \$1 pints of Bud Light, Thursday \$5 all-you-can-drink keg night, and DJs on Wednesday, Thursday, Friday and Saturday nights.



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Morning-after pill use soars at Kent U

(U-WIRE) KENT, Ohio - Emergency contraceptives are prescribed about once a day to students at the DeWeese Health Center on Kent State University's campus. An emergency contraceptive is a pill that can be taken within 72 hours after a woman has had sex to prevent pregnancy.

Ray Leone, chief of staff at the center, said in its 24 days of operation in October, 24 emergency contraceptive prescriptions have been written. And since July 1, the health center has administered 112 emergency contraceptive prescriptions.

These statistics are causing some students concern.

"It's sad that that many women don't respect their bodies enough to have safe sex," said

Electra Stavrou, senior communications major.

Often mistaken for RU-486 — the controversial abortion pill — emergency contraceptives do not abort a fetus. The contraceptive only prevents a pregnancy from occurring when taken within 72 hours of the "contraceptive accident." But this process also has sparked debate because some believe it still destroys life in its simplest form.

Others argue 72 hours is not enough time to determine whether or not a woman has conceived. Therefore, a woman will not know if she is pregnant or not before taking the emergency contraceptive. It is possible she is not pregnant at all, and the emergency contraceptive will do nothing.

If a woman thinks she could be pregnant, emergency contraceptives can prevent a pregnancy in two ways. It can stop a woman from ovulating, which means the egg will not be fertilized. It also can stop a fertilized egg from becoming implanted in the endometrium, the lining that forms in the uterus every month.

Emergency contraceptives can be administered in several different ways, Leone said. One way is in the form of high dosage birth control pills. Another is to give a woman high doses of progesterone.

Leone said emergency contraceptives taken within 72 hours of the contraceptive accident have success rates of 75 to 95 percent.

"The sooner you take it, the more effective it is," he said.

SPECIAL SECTION

Doing it in the dorm, no bunk about it

Co-ed quarters
make for
co-ed fun

Liam Gallagher
Montana Kaimin

For Kris Nunnelee, college has turned out to be a little better than he expected, at least in the sack.

In the first months of college, many freshmen find rumors of dorms chock-full of sex-crazed co-eds that create an atmosphere where anything goes, and it usually goes all night long. Nunnelee wasn't let down.

Last weekend his eyes were opened to just how crazy things can get with hundreds of horny college students packed into a dorm.

Nunnelee told a story of a buddy who ended up getting more of a ride than he expected when he jumped on the Jesse Hall elevator. Nunnelee said after the couple's interlude on the elevator, they moved to the shower for round two.

Laughing, Nunnelee said he later saw the girl running around his dorm at 4 a.m. in nothing but her birthday suit.

Andrew Hartman, who is a resident assistant in Craig Hall, recalls his freshman year, and his particularly raucous roommate, whose girlfriend was constantly spending the night.

"Oh, it pissed me off, because they kept me up," Hartman said. "We had a bunk bed."

Hartman said that as a RA he hadn't received any complaints from his residents concerning roommates who

are less than subtle about their sexual escapades.

Anyone who has lived in the dorms can attest, while it may go unreported, there is a whole lot of whoopee being made.

But while dorm "doing it" can make for funny stories, it can also cause problems.

One Knowles Hall resident told about her roommate and the many men who frequent their room.

"She just has guys over quite often and I wake up to them," she said. "I just wake up to the beds, they're a little squeaky."

She said the first time she was woke up by her roommate she was shocked and quickly got up and left the room.

She figured she'd wait and see if the trend continued — it did. Finally, the thumps in the night became unbearable. It happened a couple more times before she said something to her roommate. After asking her to

simply be more considerate, she said, it was no longer a problem.

Although Residence Life has a specific policy against cohabitation in the dorms, director Ron Brunell said, there is little they can do to enforce these policies unless a problem arises.

"We can't go in and make a bed check," Brunell said.

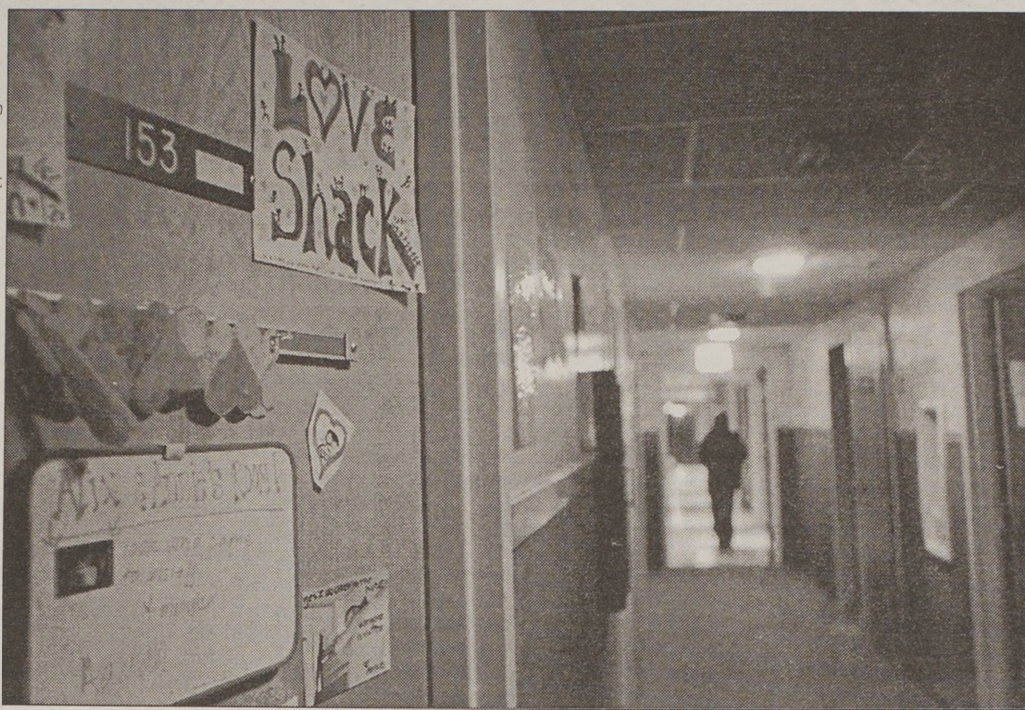
Brunell stressed the importance of common courtesy and every dorm resident's right to an atmosphere free of

distractions.

"The rights of a roommate to sleep and study supercede your right to entertain," Brunell said.

While college is meant to be an institution of education and enlightenment, freshman aren't forgetting to get a little "entertaining" done every now and then.

"There's definitely a lot of sex being had in the dorms," said Angie Mullen, a Knowles Hall resident.



Signs of invitation cover freshmen Alix Jennings' and Annie Schreiner's door in Knowles Hall.

Lisa Hornstein/Montana Kaimin

Tips for talking about sexuality

Taking that next step in an intimate relationship is a big decision. If one person in the relationship isn't ready or is waiting until marriage, they should discuss their feelings regarding sex before trying to stop things in the heat of passion. The Sexual Information and Education Council offers tips of advice.

Tip Number One:

Take full responsibility for your choices. Know your own body, ideas and values. Know what feels comfortable or uncomfortable and what brings you pleasure. Be sure to watch for the effects of your words and actions on others.

Tip Two:

Use a good decision-making tool, like *STAR*: Stop, Think, Act and Respond. It is a simple way to make a careful and good decision. It will help you decide what you want to do next.

Tip Three:

Practice what you want to say with a relative, close friend, or trusted adult, or practice in a mirror. Practice is the best way to build self-confidence.

Tip Four:

Be clear about your goals and aim your expectations high. At the same time, always set realistic limits for yourself.

Tip Five:

When talking to a friend or possible sexual partner, speak clearly, be direct and firm, and use "I" messages. You may say something like, "Joel, I feel upset when you act that way

and pressure me into doing something I do not feel ready to do with you."

Tip Six:

Talk with a possible sexual partner about your sexual limits and protection before you begin to get involved in any physical touch. It's a lot harder to talk about it in the "heat of the moment" than before you start.

Tip Seven:

Begin talking about sexuality in a neutral place, not the bedroom or in the car on a date. Try to find a place where you can have privacy and where you both can feel as comfortable as possible to say what you mean.

Tip Eight:

Use entertainment to help talk about sexuality. Television shows, music videos, popular songs, books and magazines are a good way to begin talking about sexuality with a friend, parent or possible dating partner.

Tip Nine:

Be a good listener. Let the other person speak without interrupting them. Ask questions if you don't understand what he or she is saying.

Keep eye contact and respond after he/she is done talking.

Tip 10:

Be a good communicator. Be clear about your feelings and limits, try to understand the other person's point of view, work to solve problems and use a positive response like a smile or an OK touch.

Tip 11:

Avoid communication breakdown. Try not to yell, or call people names. Stay away from negative messages like frowning and interrupting.

Tip 12:

Avoid alcohol and/or other drugs. It is hard enough to talk about this stuff. Being drunk or high only makes it harder and might keep you from making healthy choices for yourself.

Tip 13:

Get the information you need to communicate about sexuality. It is important to talk about sexuality because you are worth it. Your life is worth it. Remember, if you do not feel ready to express your sexuality with a partner, don't do it.

Study reveals high-risk sexual behavior among college students

A study published in the July/August Journal of Health Education examines high-risk sexual behaviors among college students living in residence halls and fraternity or sorority housing. Researchers surveyed 735 students at a Northwestern university: 568 living in residence halls and 167 living in fraternity or sorority housing. Participants were asked about their sexual behavior including number of partners, condom use and whether they used alcohol or drugs prior to sexual intercourse.

Findings:

- 39.4% of students living in fraternity/sorority housing reported having 6 or more partners compared to 22.8% of students in residence halls.
- 15% of students living in fraternity/sorority housing reported more than 20 acts of sexual intercourse prior to the study compared to 5% of students living in residence halls.
- Overall, 38.2% of respondents reported drinking alcohol or using drugs prior to their last sexual intercourse. Students living in fraternity/sorority housing were more likely to report this behavior (50%) than students living in residence halls (30.4%).
- 60.3% of students reported using a condom at last sexual intercourse. Condom use did not differ by residence or fraternity/sorority affiliation.

The authors conclude that sexuality education programs should target members of fraternities and sororities and should concentrate on the risks associated with using drugs or alcohol prior to sexual intercourse.

They go on to say that "health educators must make college students aware of the risks they assume, must teach students the possible consequences of their behaviors, and must provide students with the skills that are necessary to make choices that promote health."

—Sexual Information and Education Council of the United States

SPECIAL SECTION

From gaydar to broken noses: Gay dating in Missoula

Finding a date when you're not straight can be tricky, but not if you know how to search. UM students share their advice

Kodi Hirst
for the Kaimin

For some UM students, finding a date involves more than the perfect pick-up line. Research has to be done first.

Like finding out if the prospective someone is gay.

A straight guy can approach a girl walking by since odds are she's straight, said UM junior James Taft.

"It's hard for gays because it can't happen like it does for

straight people," he said.

For UM freshman James DeHart, that situation would never happen.

"I would never go up to a random guy on the street and say, 'Hey, you're hot,'" said DeHart, a music composition major.

Instead, DeHart and Taft must either ask mutual friends if their interest is gay or rely on what some call "gaydar," an ability to sense homosexuality.

"It's a joke, but it's kind of real," said UM sophomore Hannah Elliott, adding that her gaydar is a little rusty. "My gaydar isn't good, so I always end up liking these straight girls."

That's a common dating hazard.

Taft recalls a scene a couple of months ago, when he hit on a straight man who was in a gay bar. He smiled sheepishly and shook his head as he recounted

how the guy pointed out his girlfriend on the dance floor.

Another potentially embarrassing and nerve-racking way to meet people is getting set up by friends, Taft said.

"Gay people are the blind-daters of the world," Taft said, adding that there is always a friend trying to set you up with someone.

But even when you find that special someone, the difficulties don't end there.

Experts say a majority of gays don't come out until their college years. Meaning that when they start dating in their 20s, they have the technique of a ninth grader, said Ernest Herbert, a junior majoring in business administration.

When gays first start dating, the reaction is often, "Oh my God. How do I deal with this?" Herbert said.

Elliott, who is majoring in biology, came out last year and admits that she is a little behind in the dating game.

"I haven't even learned how to hit on girls yet," she said.

And there's always the fear of getting your heart broken, or your nose or your ribs.

Despite Missoula's open-minded atmosphere, there is always a certain amount of fear when showing public affection as a gay couple.

"You are still terrified that someone is going to do something," Taft said. "You always have to be afraid that people won't accept it."

Herbert agreed, commenting that oftentimes it's hard to do things as an "alternative couple."

However with organizations like the Lambda Alliance and the Western Montana Gay and

Lesbian Community Center, Missoula does make being out a little easier. Both have libraries filled with resources for gays.

"Most of these books aren't offered in normal libraries," said Jessica Conrad, an UM senior majoring in sociology. Conrad, who is straight, sits on the Lambda board of directors as a way to show her support.

These books, Conrad said, cover almost every situation from dealing with parents to dating.

Both organizations also offer socializing opportunities from dances to support groups.

The live-and-let-live atmosphere of Missoula makes dating easier for gays, but, Herbert points out, dating isn't always easy whether you're gay or straight.

"Sometimes you have problems," Herbert said. "Sometimes you don't."

A view of adult novelty store subculture from the inside

UM student shares the ins and outs of being a porn clerk

Ted Sullivan
Montana Kaimin

Robyn Rose is carrying Mace in her hand and she compares her job to being a bouncer.

She purposely dresses "butch" for work because some men think they can take advantage of her. Covered in a green bandanna, her short black hair is dyed with blue streaks, her pierced ears have several holes and she's wearing a black T-shirt.

For extra protection, her boyfriend calls her to make sure she is safe.

Rose is a Fantasy For Adults Only clerk.

"(Men) automatically assume that since I work here that I'm like the women on these boxes," says Rose, a UM student, referring to the pictures of naked women that surround her. But it couldn't be further from the truth.

Rose, 22, began working at the Toys R Us for a sexual explorers about a year ago. She moved from Kalispell to Missoula to attend UM and major in acting, but she couldn't find a job. Like other college students, she needed cash for bills, groceries and pocket money. Fantasy hired her and she took the job. The hours are flexible and conveniently fit her class schedule.

"I always joked that I'd be a porno-shop clerk," Rose says. "It's interesting to say the very least. Most of it is hardcore."

While working, Rose is in command.

"If I don't like the way you look or the way you behave, I have every right to walk up to you and tell you to get ... out," says Rose.

Most of her time working at Fantasy, she says, is spent giving change to middle-age men who pay \$1 to watch four minutes of pornographic video in a booth, Rose says.

"I'm baby-sitting 40-year-old men," she says.

In the back of Fantasy, 12 porn-viewing booths are equipped with a television, a chair and tissues, Rose says, and they're for masturbating. Three sets of two booths are connected by "glory holes," a hole cut about waist high connecting two booths.

"The glory hole is for viewing or being viewed," Rose says, of a person in the booth next to another. "It is for giving and receiving oral sex, or sexual intercourse," and they're the most popular booths in the

store.

"That's what the guys come here for," Rose says.

Two other booths in the store are connected by an opaque window. If both booths are occupied, a person can push the button near the window and it becomes clear. It fully exposes the person next to you.

"You can watch the person in the other room, or be watched," she says. Rose turns her eyes away from the booths, not wanting to know what goes on in them.

"The only thing I care about is that the doors are shut, they're spending money and they're not making a mess," Rose says.

Few females use booths, Rose says, unless they're with their husband or boyfriend.



Adult novelty stores offer everything from videos for the bachelor party to toys for couples. Damon Ristau/Montana Kaimin

"I have never seen a female go back there just by herself. That has never happened," Rose says.

Fantasy is flooded with porn magazines, videos, dildos and vibrators. It also sells lifelike vaginas, love dolls and butt plugs. Classier items include lubricants, massage oils and novelty items.

Novelties items include sexual board games, costumes and body paints.

Rose isn't just a clerk. She's Missoula's Dr. Ruth for couples who come in the store. Toys may help struggling couples with their sex life, Rose says.

"They come in and they need help with their love life or marriage, or they're looking for something new," Rose says. "We have very sensual and romantic items ... geared for couples."

She helps couples make decisions about which adult toys may suit them. She hasn't used them, but she tests each one before selling it because Fantasy has a no-return policy, Rose says.

"I've actually had couples come in thanking me," she says. "It feels nice."

Most guys are clueless when buying adult toys for their ladies, Rose says.

"They usually go and pick up the biggest thing off the wall," she says of the dildos. "I have to say 'No, let's try something a little different and more comfortable.'"

Rose advises men to bring their wives or girlfriends in when shopping, because women know what they want.

Fantasy's most popular toy is the rabbit, she says. It's blue, made of a gel mold and is waterproof. It has a vibrating shaft and a rabbit's head on the base. The bunny's ears vibrate for a clitoris stimulator, Rose says.

"It's probably the cutest thing we have in here," she says of the \$28.95 blue toy. "From what I've heard it's well worth every penny."

Many men who frequent Fantasy are buying videos, magazines and lube, Rose says.

"And I'm sure they're on

their way to Albertson's to pick up a pack of Pabst Blue Ribbon," she says.

Video categories include: A gay-men section, a bisexual section, a fetish section, an anal section, an amateur section, a classic section, an interracial section, a heterosexual section and a high-budget section.

Men shouldn't think that women are like the women in the videos, Rose says, and women shouldn't think they have to act like them.

"That is dead wrong," Rose says. "This is entertainment and not real. Women don't like cum on their face and every man isn't hung like a horse."

College-age students should go to Fantasy and check out videos or buy toys, Rose says.

"What a great place to explore your sexuality," she says.

The Fantasy clerk has learned a lot at work.

"I've really learned how to stand up for myself," Rose says, and she has never used her Mace.

SPECIAL SECTION



Junior Bree Morrison and senior John Niekrasz share a kiss in the Oval late last week.

Photo Illustration by Lisa Hornstein/Montana Kaimin

Dos and don'ts of the all-important kiss

*Kissing schmissing?
You don't know
what you're missing
if you've
forgotten the
rules of kissing*

Tracy Whitehair
Montana Kaimin

The Kiss.

The door that swings into romance, love, lust, passion and excitement.

Everyone remembers their first. Some fondly, some with embarrassment, but definitely with emotion.

And many live moment to moment between kisses, just waiting for their next opportunity to smooch with abandon.

For an action with such responsibility and importance, we should make sure we are doing it right.

For the most part, if two people are attracted to each other enough to get to The Kiss, the anticipation alone will make it a good experience. But not always.

Guys and gals need to know what to do and what not to do when they are

ready to lock lips with that special someone.

Subjective, sure. But in a recent (very unscientific) survey around the UM campus, some convincing dos and don'ts have emerged.

Listen, learn and be ready for the next opportunity.

Dos:

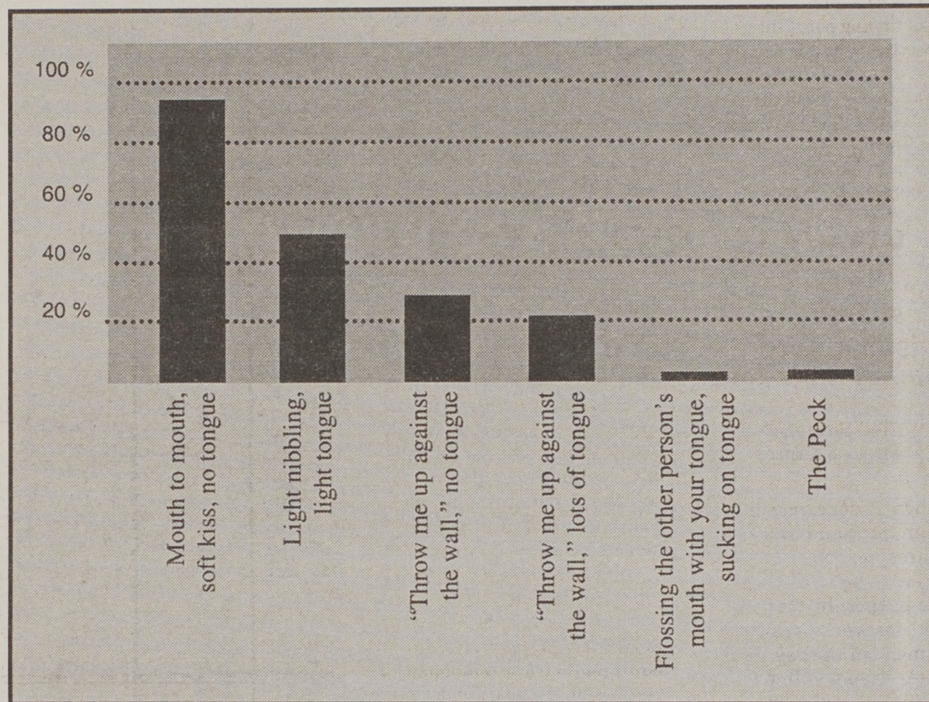
- Gaze fondly and deeply into your intended's eyes before moving in close.

- Hands on the face, neck and hair will score many lust points.

- When the moment is right, brush lips gently against the lips of the object of affection. Press softly at first, then add pressure as excitement builds.

DO NOT, REPEAT, DO NOT put your tongue in the other person's mouth at this time!

Especially for the first kiss, lips and good lip movement are key to building tension, respondents claim, and the tongue should only be brought in after several minutes of tantalizing lip



graphic by Courtney Lowery

Please note that this study was completely unscientific and subjective. Respondents were UM students, not experts on technique. Nevertheless, the advice is still crucial to all those looking to experience the perfect kiss and avoid the dreadful kiss. Now go forth, find a partner and practice, practice, practice.

action. Learn to work those lips.

NOTE: As the accompanying graph shows, this technique can be argued by many who want the tongue right away, but the majority polled still like to take it slow.

- Once the tongue does go in, soft, probing movements are preferred, building to more urgency as things progress. Most respondents said they'd know what is called for at that time.

- Hugging, touching and groping were recommended after at least five minutes of solid, sensual kissing.

Don'ts:

- The overwhelming no-no was the "lizard tongue," that sudden, forceful, pointy and darting movement that many males may think is sexy but many females think is really not.

- Do not shove tongue down the other person's throat.

- No slimy, slobbery kisses.

- No mouths open wide enough to accommodate a catfish po'boy from Charlie's.

- Do not leave eyes wide open.

- Do not Hoover or do rescue breathing on the person. Blowing air in and out of someone's mouth is not sexy.

- Do not lick the person's teeth or gums.

- Do not grab inappropriate body parts without an invitation.

- Never kiss and tell.

General tips:

Big, bountiful lips are a boon, and a blessing, and can make up for a lot in technique. But skinny lips have a chance if placed properly and used with the right amount of fervor.

Facial hair is not generally recommended, but those with beards, goatees and mustaches can get some lovin' if they keep the fuzz clean, soft and odor free. But for that baby-soft touch, freshly shaved is best — rubbing your beloved's cheeks raw with stubble is a no-no.

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SPECIAL SECTION

School books *and* a wedding ring

Three UM couples share their stories



Jeremy Lurgio / For the Kaimin

Paul Queneau, the Kaimin's resident marriage expert, marries his long-time sweetheart, Laura, this summer at Shadows Keep.

Though most college-age people are single, those who are hitched say married life has its own set of perks and problems

Paul Queneau
Montana Kaimin

Chris Feutrier was working at a Russian orphanage in 1999 when he decided to take some time off and meet his friend Bevin Kenan in Amsterdam.

At the time, Bevin was living in Ireland studying a year abroad from Tulane University in New Orleans, the place where she and Chris first met.

While at Tulane, Chris and Bevin never labeled each other boyfriend and girlfriend, but they certainly had a close bond.

"We didn't formally date," 24-year-old Chris said. "But there was always just sort of an understanding."

Later, Chris left Tulane, but he never quite got Bevin out of his mind.

"I'd made up my mind in Russia that I was going to propose if I ever saw her again," Chris said.

And when Chris and Bevin met in Amsterdam, he popped the question, Bevin said yes.

Chris, currently a junior in wildlife biology at UM, was married to Bevin on Sept. 15 of this year.

Though some students see marriage as a stumbling block

to weekend bar hopping, Chris sees his choice as an asset, especially when it comes to school-related stress.

"It's good having a support person who is on your team," Chris said. "When you are swamped in midterms you have someone there."

Because Chris spent some time of his college life unmarried, he qualified his enthusiasm for collegiate marriage by saying he was glad he had the experience of being single first.

Chris said he did his fair share of partying at Tulane, but after a while, it wasn't what he wanted any longer.

"You have to go through the different stages," Chris said. "But by the time I left New Orleans, I was pretty much fed up and done with that."

The responsibilities that come along with marriage might, to the average college student, seem contradictory to the freedom that college is supposed to bring.

The great decision

For some, being "tied down" is something akin to growing up in ways they're not ready for yet.

But to others, marriage can be an empowering partnership that helps support students financially and emotionally.

Though there are no official statistics on how many UM

students have chosen to get hitched, since more than half of the student body applies for financial aid, the marital status question on financial aid forms shows the trends.

Of undergraduate applicants for financial aid, 12.4 percent are married. Of graduate students, 40.3 percent are married.

For students who choose to take the plunge, they are making a commitment that can bring great benefits, but also great responsibilities.

Married with children

Six years ago, Adele Wilson met Katie Hamaker while they were working at REI in Eugene, Ore. Adele is now a graduate student in media arts at UM, and though not a legal union in the eyes of the state, Adele and Katie have made a commitment to spend their lives together.

"We don't get much time together," Adele said.

Since Katie has graduated and is pursuing her own career, Adele said it was difficult to find common ground.

"It's hard to keep your partner involved," Adele said. "And it's hard to remember to engage her in what you're doing. That's been the biggest challenge of

being in school — is keeping connected to her."

Adele said that when they do connect, however, Katie is her greatest creative resource.

"Any creative idea I have, she is the first person I get to talk to about it," Adele said.

The pair has also had a child through artificial insemination.

Having a three-year-old and being a full-time graduate student can leave little time for their relationship, Adele said.

Having a partner and a child has also changed Adele's priorities.

"It definitely gives you perspective," she said. School "is not the most important thing in the world."

High school sweethearts

Jeff and Jenny Seidlitz are both 22 years old, but they have been married for four years.

They both grew up in Great Falls and started dating during their senior year in high school.

"We were in an English class together," Jenny said. "There was a girl-ask-guy dance, and in the middle of class in front of everybody, he asked me to go with him. I turned him down flat, I was so embarrassed."

But later Jeff managed to talk Jenny into being his date.

"He was very persistent," Jenny said. "I had to say yes. And we had a lot of fun."

The summer after graduating high school, Jeff and Jenny eloped. They waited

It's good having a support person who is on your team. When you are swamped in midterms you have someone there.

Chris Feutrier
UM student

The bar scene doesn't interest me. We're probably considered boring, but we're happy with it.

Jenny Seidlitz
married UM student

to tell their parents after taking the vows, so they wouldn't be discouraged.

Their parents eventually got over it.

Jeff said that getting married so young does not necessarily reflect recklessness.

"I think it's an amount of maturity," Jeff said. "Some people are not ready to get

married until they're 40, and other people are ready at 23."

Having started college married, neither Jeff nor Jenny know what it's like to be single in college.

"We maybe don't have as many friends as some of my single

friends who are out at the bars all the time," Jenny said. "In one way that totally eliminates one part of the stress, because you don't have to worry about dating or meeting somebody. But every once in a while you will have things that your single friends don't have to deal with."

In any case, the two don't feel like they're missing out on the college experience.

"The bar scene doesn't interest me," Jenny said. "We're probably considered boring, but we're happy with it."

"We'd both been with other people."

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SPECIAL SECTION

College couples, contraceptives and all the choices in between

What happens
when the choice to
use
— or not use —
birth control
hits home

Tracy Whitehair
Montana Kaimin

Jessica,* a 21-year-old UM student, had an abortion at 17. She became sexually active at age 14. She thought she was in love, and thought she was being safe using condoms.

"I was too embarrassed to go on the pill," Jessica said. "And I felt too young at 15."

The summer before her senior year of high school, she and her boyfriend became careless. For several times in two months, they let the "heat of the moment" take over, and they went ahead with unprotected sex.

Then she was late.

He was 21 and Jessica thought of marriage and keeping the baby, but the unhealthy nature of the relationship made her think twice.

"He was abusive mentally and physically," she said. "He didn't want me to have the baby; he said he would just be a paycheck."

Because abortion services were not offered in her small Montana town, she had to travel to Bozeman to have the procedure. She was not severely stigmatized because, of the seven or eight girls she hung out with, all but two had had abortions.

"It was kind of accepted," she said. "It was happening a lot in my town."

But that didn't make it any easier for her.

She worked in daycare and wanted to have kids, but realized that as a high school senior — and cheerleader and class president — in a bad relationship, a baby would be too much for her to handle. Her mom supported her and asked her if she really wanted that man in her life.

Jessica had two weeks to think about the procedure and almost three hours of counseling beforehand. Her mom and boyfriend came with her and she made him come in the room during the abortion.

She said she's had a hard time dealing with the emotions, and when she sees a little boy or girl about the age of 3, she wonders what her life would be like if she'd had the baby. But she knows the abortion was her only answer at that time.

"What's done is done," Jessica said. "I can't live off of what ifs."

She sees her old friends getting married already and having kids — one friend already had two while she was in high school, is in a bad marriage and is unhappy.

Jessica said she hopes women will consider using birth control to avoid the trauma of abortion and the pain she went through.

"It's much easier to take a pill every day than to heal the emotional scars that I have," she said.

Jean Williams, women's health nurse practitioner at Curry Health Center, said approximately 75 percent of the women she sees are seeking birth control.

"They're here to get schooling and test out relationships and peer groups," Williams said. "They're not interested in planning a pregnancy at this time."

Students using CHS get a half-hour appointment with

nurse practitioners who are certified in women's health care and can answer questions and ease fears about birth control options. Williams said she sees 15 to 16 patients a day, and not all of them are

sexually active. Of those who are using birth control, she said, the most popular options are oral contraceptives and depo-provera, which is a contraceptive shot given every three months. Other birth control items available at CHS are condoms, spermicide foams and gels, suppositories, diaphragms, Norplant and Lunelle, which is a once-a-month contraceptive shot.

But if a woman finds she is pregnant and wants the option, abortions, both surgical and non-surgical, are available in Missoula. CHS can refer students, and both Planned Parenthood and Blue Mountain Clinic provide abortion counseling and procedures. Costs range from approximately \$300 to \$400.

Cindy Peters, R.N. and office manager of Blue Mountain Clinic, said while the majority of their clientele are not UM students, they see a fair number of referrals from CHS. She said many are looking for family-planning options, but offered some suggestions why other women may avoid birth control.

"Young women may think they aren't going to need it," Peters said, "or (they think) it puts a label on them that they might be promiscuous."

Blue Mountain, founded in 1977 as an abortion clinic, has since evolved into a full family practice, Peters said. The private non-profit clinic provides approximately 500 abortion services a year, she



Condoms and the Pill are two options of birth control available at the Curry Health Center. According to Planned Parenthood, the Pill is one of the most effective reversible methods of birth control with a less than 1 percent chance of pregnancy when taken correctly.

Annie P. Warren/Montana Kaimin

said, as well as family planning and counseling, prenatal care, well-child care and preventative care.

J.J. Straight, public affairs director for Intermountain Planned Parenthood, said many of its more

than 5,000 patients a year are UM students.

Missoula's Planned Parenthood offers birth control and family-planning counseling, abortion services and emergency contraception. When used correctly, emergency contraception, commonly known as the "morning-after pill," is a reliable and recommended option for preventing pregnancy, Straight said.

"It's the best kept secret," Straight said, "but we don't

want it to be a secret."

The two progesterone-only pills may be taken up to 72 hours after unprotected sex, and are up to 90 percent effective in preventing pregnancy, she said. Planned

Parenthood and Blue Mountain both charge approximately \$30 for the pills.

Williams said the "morning-after pill" is also available at CHS if students need emergency contraception, and the cost is less than \$10.

For those women who are pregnant and considering adoption options, 1st Way Pregnancy Support Center offers referrals.

"We present information about open adoption to those not interested in parenthood," said Carol Regenold,

volunteer training coordinator of 1st Way.

Regenold said 1st Way gives free pregnancy tests and abstinence and relationship counseling and has support groups for women who are working through the decision to have a baby. The group refers women wanting to give babies up for adoption to the Lutheran and Catholic Social Services, which do open (not private) adoptions in Montana, Regenold said.

"We try to present positive alternatives to abortion," she said.

Even though safe abortions are available in Missoula, Laela Shimer, assistant director of Curry Health Center, encourages students to protect themselves with birth control before, since CHS can help.

"Once you're pregnant your choices are limited," Shimer said. "We have a lot of choices available."

* The student's name has been changed to protect her privacy.

Pregnancy facts

• Nearly four in 10 young women become pregnant before they reach the age of 20 — nearly 1 million a year.

• Eight in 10 of those pregnancies are intended and 79 percent of those pregnant are unmarried teens.

— The National Campaign to prevent Teen Pregnancies

One night, two people...

Follow your path of Choose Your Own One-Night Stand to determine to future of your next frolic.

Trisha Miller
Montana Kaimin

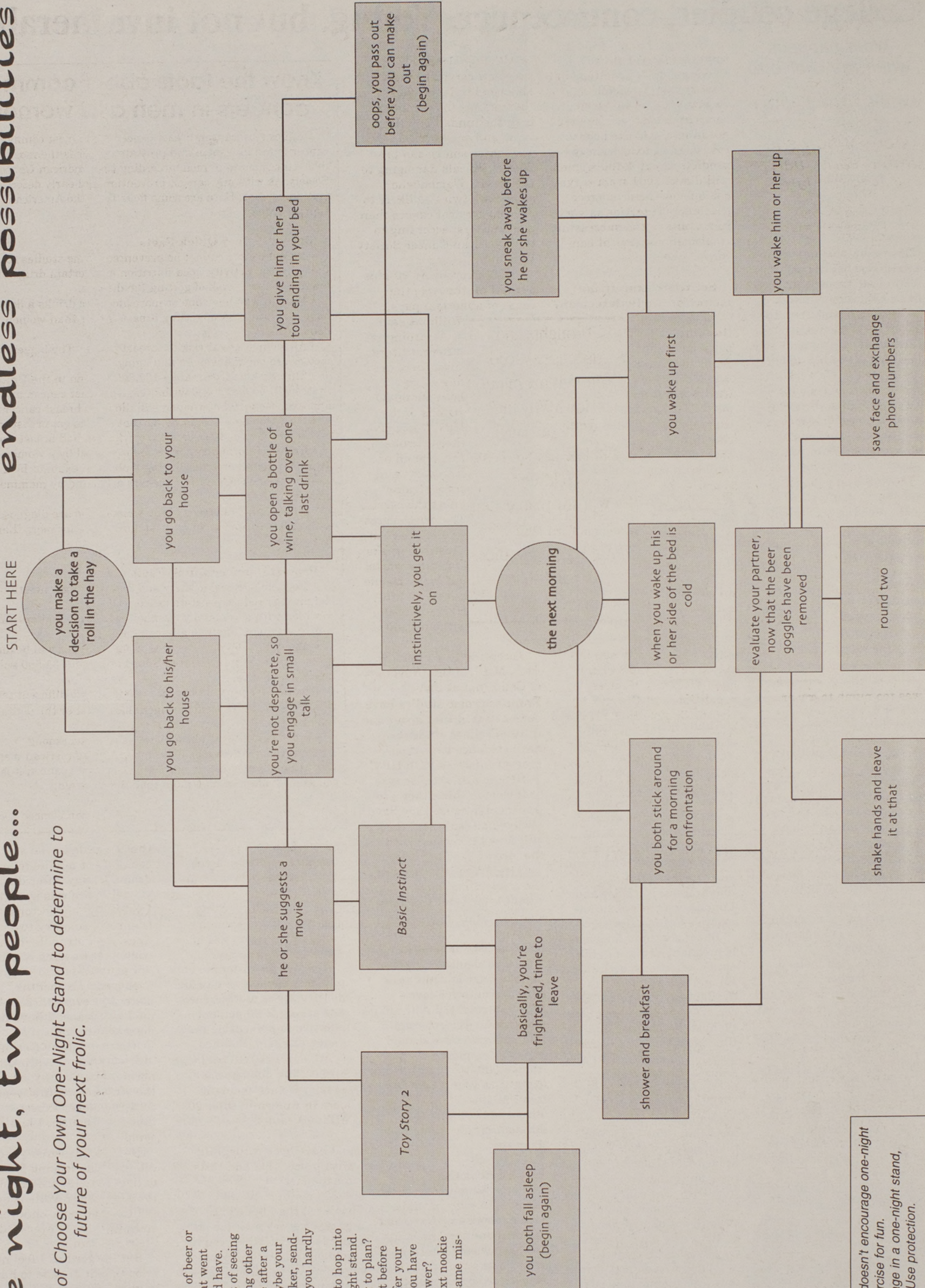
Maybe it was the pitchers of beer or the pint-size vodka crans that went down faster than they should have. Maybe it was the excitement of seeing someone dressed in something other than a down coat and beanie after a hard week of classes. Or maybe your friend was playing matchmaker, sending you home with someone you hardly knew.

Whatever influenced you to hop into bed, it happened — a one-night stand. But did it all go according to plan?

Should you have sneaked out before your partner woke up to suffer your hangover alone? Or should you have stayed for breakfast or a shower?

Use this chart for your next nookie session and don't make the same mistakes twice.

endless possibilities



Editors' note: The Kaimin doesn't encourage one-night stands. This is just an exercise for fun. If, by chance, you do engage in a one-night stand, please do so responsibly. Use protection.

SPECIAL SECTION

College students and cancer: Young, but not invulnerable

It's never too early to start yearly exams. One Kaimin editor shares the story of how she started early, before it was too late.

Laura Parvey
Montana Kaimin

There are moments in my personal sexual history that I will never forget. The first time I held a guy's hand, my first kiss, the first time I had sex and the news I received from my doctor that shattered my views on trust and intimacy.

"Well, I have some good news and I have some bad news," my family doctor of the last five years said. "What do you want to hear first?"

I looked at my doctor and shrugged. I just wanted to know what was wrong with me.

"The good news is what you have is treatable," she said. I sighed with relief and nodded my head.

"The bad news is that it is cervical cancer," she continued.

My eyes got big and I looked at my mother as her eyes were filling with tears. I was too numb to cry or react in any physical way. Thoughts and questions raced through my mind:

"How? Why me? Will I be OK? Will I be able to have children? Will any man ever want me? Am I going to die?"

I am only 19 years old."

According to the National Cancer Society, about 12,900 cases of invasive cervical cancer will be diagnosed in the United States this year and the society predicts about 4,400 women will die in 2001 from cervical cancer. Experts agree that early detection is very important in the successful treatment of cervical cancer.

So, what exactly is meant by early detection?

Early detection only happens one way. By making that appointment with your doctor for your annual exam and getting into that dreaded position for your pap smear — a screening test for malignant and precancerous changes of the cervix.

Pap smears aren't just for our moms.

"If we have any woman who is sexually active we're really emphasizing yearly pap smears," Jean Williams, a nurse practitioner at Curry Health Center, said. "If they have never been sexually active, and they don't get their annual till 20, that's pretty OK as long as they ... continue to abstain from sex."

Although doctors aren't sure how cervical cancer or abnormal cells develop, there seems to be a link to both the human papilloma virus and smoking.

Tobacco smoke can produce chemicals damaging to the cervix. Women who smoke are twice as likely to develop cervical cancer than non-smokers, according to the American Cancer Society Web site.

"HPV is probably 90-plus percent of the time the cause of abnormal paps," Williams said.

According to different literature, there are anywhere between 60-80 strains of the HPV. Some of these strains cause hand or foot warts and some strains affect the cervix. The most aggressive strains can cause outbreaks of genital warts, but many people have a genital HPV infection without genital warts.

According to William M. Rich, M.D., of the University of California at San Francisco some studies have demonstrated that about one third of college students have evidence of past or present infection with HPV.

HPV is a silent disease.

If women think they are protected because they have always had "safe sex" they still may be infected with the virus.

"Literature is suggesting the condom may not be very valuable for viral transmission; certainly I guess we could say it is better than nothing," Williams said.

One study sponsored by the National Institute of Allergy and Infectious Diseases reported that almost half of the women infected with HPV had no obvious symptoms. People who are infected but have no symptoms may not know they can transmit HPV to others or that they can develop complications from the virus.

Look at it this way.

"If you have two or three partners in your lifetime, your partner may have had two or three persons in his lifetime. Then 80 percent of us at large have been exposed to some type of wart virus," Williams said. "Obviously not all 80 percent of us get it. So there is an importance about our immune system as well as the maturity of the cervix."

College is not a stress-free time for female students. Relationships, living on their own, finances, studying

Know the facts about common cancers in men and women

Besides skin cancer, breast cancer is the most common cancer found in women and prostate cancer is the most common cancer found in men, according to the American Cancer Society. As with any cancer, prevention and early detection is very important. Here are some facts from the American Cancer Society.

Breast Cancer Quick Facts

- Breast cancer cannot be prevented. Some studies suggest that physical activity, good nutrition and certain drugs may lower a woman's risk of getting the disease.
- Women who have one or more alcoholic drinks a day may have a greater risk of getting breast cancer than women who don't drink.
- All women are at risk for breast cancer. The biggest risk factors are being a woman and aging.
- This year, approximately 182,800 women in the United States will be diagnosed with invasive breast cancer, and approximately 40,800 women will die from breast cancer.
- Most women — about 80 percent — who get breast cancer do not have a sister or mother who has had breast cancer.
- Breast abnormalities may be discovered by a woman or by a health-care provider during a physical exam or by a mammogram. The smallest cancers are found by mammograms.
- More than 96 percent of the women who are diagnosed with breast cancer at an early stage survive for more than five years.

Prostate Cancer Quick Facts

- Regular physical activity and maintaining a healthy weight may reduce prostate cancer risk.
- Men with close family members who have had prostate cancer are more likely to get it themselves.
- About 198,100 new cases of prostate cancer will be diagnosed this year in the United States and about 31,500 will die of this disease.
- Testing for prostate cancer is done by two different tests: the PSA (prostate specific antigen) blood test or the digital rectal exam.
- Prostate cancer is about twice as common among African-American men as it is among white American men.
- Although men of any age can get prostate cancer, it is found most often in men more than 50 years old.

—American Cancer Society

Breast self examinations should be performed on a monthly basis

*Make sure you're checking them right.
It just might save your life.*

Women should check their breasts by performing regular self-examinations. These should be done about a week after your period ends.

- Lie down with a pillow under your right shoulder and place your right arm behind your head.
- Use the finger pads of the three middle fingers on your left hand to feel for lumps in the right breast.
- Press firmly enough to know how your breast feels. A firm ridge in the lower curve of each breast is normal. If you're not sure how hard to press, talk to your doctor or nurse.
- Move around the breast in a circular, up and down line, or wedge pattern. Be sure to do it the same way every time, check the entire breast area, and remember how your breast feels from month to month.
- Repeat the exam on your left breast, using the finger pads of the right hand. (Move the pillow to under your left shoulder.)
- Repeat the examination of both breasts while standing, with your one arm behind your head. The upright position makes it easier to check the upper and outer part of the breasts (toward your armpit). This is where about half of breast cancers are found. You may want to do the standing part of the exam while you are in the shower. Some breast changes can be felt more easily when your skin is wet and soapy.
- For added safety, you can check your breasts for any dimpling of the skin, changes in the nipple, redness, or swelling while standing in front of a mirror right after your self-exam each month.
- If you find any changes, see your doctor right away.

—American Cancer Society—

and work can all create extra stress in their lives. "Sometimes when we are stressed we don't do the best self-care, which is eating properly, getting enough rest, and moderate use of alcohol at the beginning of college," Williams said.

Although there is no cure for HPV, there is literature that suggests women begin to develop an antibody to the virus.

"We don't see HPV a lot in our 30-, 40-, 50-year-old women. We are seeing it more in women in their 20s," Williams said.

I have been struggling with procedures and tests for the last two years.

My mother always stressed the importance of going in every year for an annual exam. When you're young it can be embarrassing and nerve wracking — it is definitely not Fun Mountain. But if I wouldn't have gone in for my exam, my cancer could have progressed further than it had already.

It progressed far enough, though, and created complications for me physically, emotionally and mentally.

I didn't know something

that I couldn't even see could affect my life in such a dramatic way. After diagnosis, aftercare was important. I got to see my doctor's friendly face every two weeks and straddle in the stirrups for exams.

I just graduated to getting paps every six months instead of every three months because I have had normal paps for a year.

Throughout my freshman year of college I felt pretty normal and healthy, besides the stress of my first year of college. I never expected that I had cancer, I had no symptoms.

Now, in my senior year of college, I am looking forward to living my life instead of thinking that my life is over.

I can still have children and a family if I ever find the right man.

But, as good as I feel now, I don't want anyone to have to go through what I've been through. Call Curry Health Center, Planned Parenthood or your personal doctor and schedule your annual exam today. Cancer isn't just something that happens to the baby-boomer generation or older. No matter how much we think we are immune, we're not.

SPECIAL SECTION

The death of the dating game

Carmody Sloan
Montana Kaimin

An official date is an uncomfortable and uncommon occurrence for most college students. Rather than date they go out in groups and hook-up for one-night encounters.

A report, released by the Institute for American Values and the Independent Women's Forum last summer, found that only about 50 percent of college senior women had been asked on more than six dates during their time in higher education.

"I find dates very awkward," said Anna Zieg, a freshman in liberal studies at UM. "I don't like it very much; I'm not good at small talk. It turns into a long, awkward night."

Men don't seem to need to date, either.

Brandon Jackson, 24, a biology graduate student, said he has gone on only four or five dates since he started college.

"There wasn't any dating scene," he said. "It was a party scene or a whole group of friends."

They eat, watch TV, do homework, sleep, but they don't go out on traditional dates. He doesn't ask her to dinner at a nice restaurant, where he pays and she is swept off her feet. Times have changed.

Rather than an exclusive date, young adults often go out in packs, said Charlotte Kasl, who lives near Lolo and is the author of "If the Buddha Dated." She said she understands the reasons for exclusive date disintegration.

The lack of that guidance, Kasl said, is one of the reasons that dating has shifted from the classic sense of the word to a much more informal relationship.

Growing up with young mothers in fast-paced lifestyles with high divorce rates can bring difficulty when supporting a family and can contribute to a less connected family life than in the past, she said. "Families used to keep their children more connected," she said. "They weren't so mobile."

The smaller the bond within the family, the more people will be looking to outside places for that bond.

"There are more people who feel deeply needy than there were," Kasl said. "Everybody is



A couple gets close during after hours Saturday at the Green Room and Red Light Bar downtown.

Annie P. Warren/Montana Kaimin

sort of hungry for a connection."

UM President George Dennison agrees that social conventions have changed.

"I think the change would be how people view relationships," said Dennison. "When I was dating it was unheard of for people to live together before marriage."

He said that as society changed, divorce became more common, and the idea that a marriage could end more easily allowed for changes in the way people view relationships.

"Serious relationships were no longer viewed as something that was forever," Dennison said.

"There was more time to get to know each other," Kasl said. "(Now) there's not much of a form for dating."

Without structure in the dating scene, people begin to experiment.

When people are looking for a connection with others, she said, they begin to use other ways to connect with partners, such as sex.

"The whole sexual thing has changed," Zieg said. "Sex becomes more of a physical high." People get hooked on the sex and hooked on the high, she said.

Both Zieg and Jackson said sex is an important part of a relationship, but that it is only one part of a whole relationship.

"You always hear about marriages that fall apart because their sex lives go kaput," Zieg said.

Nevertheless, she would rather be in a committed rela-

tionship.

"I think it would be nice to have a personal closeness with someone that's emotional and physical," she said. "You can't find that with just friends."

The happy medium between simply hooking up and being joined at the hip is ideal to her, as it is with most women the study surveyed.

"When you're so close to a person," she said, "it might become suffocating if you're around them all the time."

Jackson echoes that sentiment too, though he admits it might be because he's getting older.

"I've had my fun," he said. "I'm just at a different stage in my life."

At the same time, Zieg thinks she wouldn't be comfortable just hooking up all the time either. She has done it, though, more than she has dated.

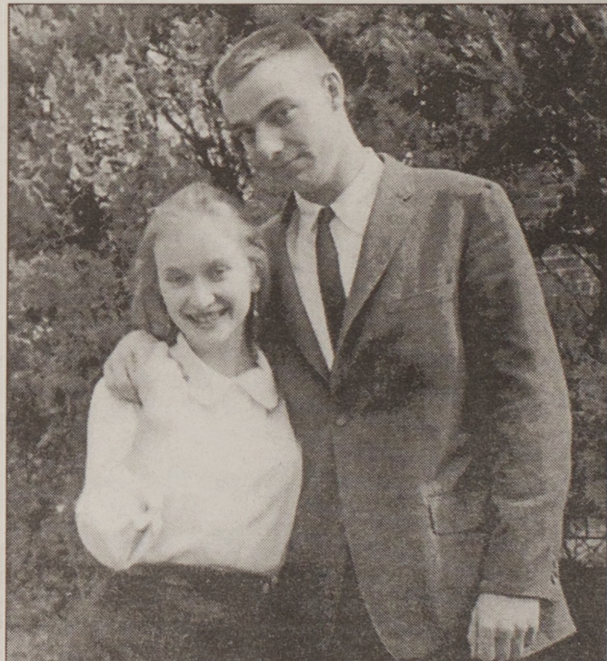
According to the study, hooking up isn't an uncommon occurrence.

But what do women learn about men and themselves from these kinds of experiences?

"I think some guys don't have as much emotional attachments as girls do," Zieg said. "I was kind of surprised at myself and thought I should be more careful in the future."

Although, courting may have been the common known practice decades ago, the unspoken partying and sex were a silent yet present part of society as well.

Daphne Jones, 80, a Missoula resident for many years, said dating customs



Charlotte Kasl, author of "If the Buddha Dated," poses with date John Courte in the late '50s.

photo courtesy of Charlotte Kasl

were not as different when she was in her 20s as young people today may think.

"We partied like crazy; it had almost no structure," she said of times during World War II. "I think after the war, things changed radically again."

People shared costs of entertainment and the tone was much more informal, she said.

The sexual revolution of the 1960s and '70s swept away a concept of dating in which there was an implicit understanding that each party was shopping for a mate and not just for sex, according to the Women's

Forum survey, as reported in The Washington Post.

Based on these and other findings, the Independent Women's Forum offers some advice on the subject:

"Recognize that the burden of dating and mating should not fall on women alone, and that there is a need for greater male initiative. The absence of appropriate updated social norms, rituals and relationship milestones leaves many young women confused, and often disempowered, in their relationships with men."

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