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PSYX 530.01: Clinical Interviewing

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Clinical Interviewing

PSYCHOLOGY 530

Fall 2013

Tuesday 9:40 – 12:00 (Skaggs 246)

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Office Hours: M: 11-12:30; R: 9-10:30; others by appointment

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Office Hours: W: 1:30-3:30; R: 12:00-2:00 (Tentative)

Course Objectives:

The first objective of this class is to provide you with the opportunity to develop and refine micro-counseling skills. This course will offer you the opportunity to actively learn those skills believed to be crucial to the interview process, and essential building blocks to effective psychotherapy and counseling. Much of the interviewing in the helping professions is goal-oriented and therefore you will learn to conduct interviews with various goals in mind. Because helping professionals function in a multicultural world, this course will consider and explore the importance of multi-cultural knowledge and sensitivity in interviewing throughout the semester.

Learning Objectives:

1. Students will develop basic skills (e.g., attending, reflecting, influencing) that are critical to the development and maintenance of a productive therapeutic relationship.
2. Students will learn how to provide and receive constructive feedback to and from peers, and have the opportunity to incorporate that feedback into their clinical interviews. In the

process, they will begin to develop a sense of their own clinical identity and approach to therapy.

3. Students will learn about evidence-based approaches to therapy, and to identify the strengths and limitations of widely used approaches to therapy.

Course Requirements:

1. Class attendance, participation, and involvement in exercises are expected. Only two excused absences will be allowed before one's grade will suffer. If you will be absent, you should leave a message on my voice mail or e-mail prior to class. You should also inform your current partner (see below). If you know in advance about a conflict, please let us know.
2. Completion of **10 weekly, 30-minute interviews** emphasizing that week's microcounseling skill or goal-directed interview. Interviews 1-8 are to be **audiotaped, turned in, and reviewed each week in supervision**. Interviews 9 and 10 will be **videotaped, turned in and reviewed as well**. Prior to your supervision it is helpful if you to review your tape or have considered your performance. A **1-page written self-analysis** of your interview experience should accompany each tape. In that review highlight what worked best and what you had the most difficulty performing. Each week you and your partner must schedule a **half-hour appointment** for individual feedback with either me or your TA to review your tape. Groups will rotate among the three supervisors, in order to allow you to experience alternative supervision styles. Please call or e-mail to notify us if you will not make your supervision due to illness, schedule conflicts or no-show. You can re-schedule or pick up the next week. Please note that there is time near the end of the semester for those who fall behind, however, do not get backed up or you will have a hard time getting your final project in while attempting to complete other interviews.
3. Your interviews will be conducted with a **class partner**. You will work in pairs for live observation of and feedback to each other (behind a one-way mirror). **This means that you will be spending one hour per week on interviews (yours and your partner's)**. We will switch partners twice (after 4 and 8) through your 10 interviews to allow for fresh observational ideas from a new partner. **Observer feedback sheets** are to be turned in each week with your written analysis. **YOU MUST HAVE AN OBSERVER**- there are no exceptions to this.

In Room 246, two designated side rooms will be available for observation and interviewing. You will need to reserve the room on the schedule posted on the door outside. In order to avoid chaos, we will expect that you and your partner will keep the same interview time for your first five interviews as posted on the room door. If you happen to have a no-show, you will need to check the door and the room reservation book for room 246, which is kept in Skaggs 143 with front desk staff for room

availability to re-schedule. Skaggs 143 is open 8-12 and 1-5. Once you establish a time for your last five interviews, you will be expected to keep these under the same instructions above.

4. Psychology 100 students will be available to you for practicing your interviews. The attached sheet is set for you to place outside of SB 246 on the experiment table. **This is a multi-step process:** a) **You and your partner decide on a weekly interview time.** b) **You ensure that the room is available that time each week for interviews.** c) **You put the specific times requesting Psyc 100 students on your experiment sheet to be placed on the table.** d) **You give credits to students by stamping a form they should bring with them (we also have extra forms in case students forget to bring one) each week. *Please give reminder emails the day before to increase your attendance rate.*** **You will technically need 9 interviewees per person this semester. Interview 10 is acted with your partner.**

NOTE: You **cannot** interview anyone you know. Doing so would affect your interview and be observable in the tapes.

5. Your last 2 interviews (9 and 10) will be **videotaped** (one with a psychology 100 student, one with a partner) goal-directed interviews (1 problem-oriented interview, 1 suicide assessment). Videotaping will be set up in 246. You will conduct the suicide assessment with your partner who will perform an Emmy winning performance of a suicidal client.
6. Students will earn a B or C for the interviewing skills requirements of this course. Conducting the interviews, turning in your paper work, behaving professionally, and receiving supervision are technically not graded exercises. If you complete all of these with demonstrated effort and no serious limitations or concerns, you will receive a B for this portion of the course. A “C “ will be assigned for this portion for students who are seriously struggling with the basic skills of interviewing, have problems with attendance or completion of the interviews and supervision. This will constitute 70% of your grade.
7. **Final Interview Project:** Students desiring an A or B will need to complete the final interview project. Clinical interviewing has developed into a science. Current practice requires that you are comfortable conducting interviews for a variety of referral questions. You will be expected to conduct an interview that integrates class material (lecture, text, and Interviewing Guide), and your own research into a diagnostic area or population of your choice. This may be guided by structured interviews but cannot consist only of a structured interview. You will need to conduct a role-play interview on videotape and turn this in as your final in the final two weeks of the semester **December 2-13**. Acceptable topics include, depression, substance abuse, psychopathology, post-traumatic stress, eating disorders, and many others. All areas expect specific information to be gathered in order to assess the presence of a condition or respond to the needs of a client. You will **not** conduct an interview with a known structured interview instrument (SCID, etc.). We will schedule a due date during finals week (or the week before if your prefer) where you will review your tape with a TA or me for 1 hour.

Your project will be graded for micro-counseling skill use, appropriate inquiry into background relevant to your diagnostic area, and the queries and management of responses that are essential to the diagnostic area. I will give you an outline for evaluating yourself and your partner. You MUST do the additional research and include references related to interviewing in the area you choose to role-play. For example, if you choose to interview for Schizophrenia, PTSD or Depression, you should investigate what the structured interviews recommend as relevant diagnostic questions, differential diagnoses and likely co-morbidities that you will need to consider in conducting the interviews.

To ensure that not everyone does the same areas, please clear your diagnostic group or area with me no later than November 12.

Books:

Required:

Clinical Interviewing, Fourth Edition - Update (2012). Sommers-Flanagan, J. & Sommers-Flanagan, R. John Wiley & Sons: New York.

The Mental Status Exam Explained, Second Edition (2008). Robinson, D, J. Rapid Cyclor Press: Point Huron Michigan.

Recommended:

Intentional Interviewing and Counseling: Facilitating Development in a Multicultural Society (2010). Ivey, A. E., Bradford Ivey, M., Zalaquet, C. P. Brooks Cole: Belmont, CA

Additional Readings:

Cozolino, L. (2010) The Neuroscience of Psychotherapy, Chapter 2, pgs 12-31. New York : Norton.

Schedule:

	Lecture	Your assignment
Week 1: August 27	Overview Wellness & Competence	Chapters 1, 2, 3, Clinical Interviewing Listening and attending exercise
Week 2: Sept. 3	Attending Skills	Chapter 3, Clinical Interviewing Conduct 1 st Interview, get supervision after interview is conducted
Week 3: Sept. 10	Observational Skills: Client & Self	Chapter 4, Clinical Interviewing Conduct 2 nd Interview; supervision
Week 4: Sept. 17	Questioning: Open and Closed	Chapter 3, Clinical Interviewing Conduct 3 rd Interview; supervision
Week 5: Sept. 24	Encouragers, Paraphrases and Summaries	Chapter 2, Cozolino Conduct 4 th Interview; supervision;
Week 6: Oct. 1	Reflection of Feeling and Empathy: Relationship Skills	Chapter 5, Clinical Interviewing Get new partner and supervisor Conduct 5 th Interview; supervision
Week 7: Oct. 8	Basic Listening Sequence Integration: Strengthening Skills	Chapter 10, Ivey CATCH UP ON INTERVIEWS
Week 8: Oct. 15	Structuring and Focus Skills	Chapter 12, Ivey Conduct 6 th Interview, supervision
Week 9: Oct. 22	Influencing Skills	Chapter 6, 7, Clinical Interviewing Conduct 7 th Interview, supervision
Week 10: Oct. 29	Goal-Directed Interviewing Intake Interview and Report Writing	Chapter 10 Clinical Interviewing Conduct 8 th Interview, supervision (Problem-oriented Interview-POI)
Week 11: Nov. 5	Goal-Directed Interviewing Diagnosis and Treatment Planning	Chapter 9, Clinical Interviewing Get new partner and supervisor Conduct 9 th interview (POI) videotaped, supervision

Week 12: Nov. 12	Goal-Directed Interviewing Suicide Assessment	Chapter 8, Clinical Interviewing 10 th interview assigned complete with partner suicide assessment, videotaped,
Week 13: Nov. 19	Goal-Directed Interviewing Mental Status Exam	Chapter 14, Clinical Interviewing, Supervision only to catch up
	No Class on Nov. 26	
Week 15: Dec. 3	Multi-cultural Considerations in the Interview Process	Chapter 11, Supervision if required Work on Final interview Project
Week 16: Dec. 10	NO CLASS: Finals Week <i>Supervision all week</i>	FINAL VIDEO SUPERVISION (1 hour) due DEC 3-13 (Schedule due date)

Academic Integrity:

All students must practice academic honesty. Academic misconduct is subject to an academic penalty by the course instructor and/or a sanction by the University. All students need to be familiar with the Student Conduct Code. The Code is available for review Online at http://life.umt.edu/vpsa/student_conduct.php.

Student Accommodations:

Whenever possible, and in accordance with civil rights laws, The University of Montana will attempt to provide reasonable modifications to students with disabilities who request and require them. Please feel free to setup a time with me to discuss any modifications that may be necessary for this course. For more information, visit the Disability Services for Students website at <http://www.umt.edu/disability>.

Add/Drop Deadline:

Please take note of important registration dates listed in the Fall academic calendar. October 28th is the last day to drop classes with an add/drop form. After that date, no petitions to drop the course will be signed and no Incompletes will be given except in documentable emergency situations.