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HTH 481.03: Teaching Health and Human Performance

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HTH 481-Teaching Health and Human Performance

Supervising Instructor: Valerie (Rich) Moody PhD, ATC, CSCS, WEMT-B

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Email: valerie.moody@mso.umt.edu

Phone: 243-2703

Office hours: by appt

Requirements: Junior or Senior status. Acceptance to this class is by application and consent of the instructor. Schedule which allows you to attend the weekly planning/preparatory meeting and teach one of the lab sections throughout the semester.

COURSE OBJECTIVES FOR HHP TEACHING ASSISTANTS

The labs are designed to complement the class material through practical hands-on work and learning. The labs include applied anatomy and kinesiology projects. The objectives:

Helping your students achieve the following objectives:

1. Identify major muscle groups and describe origins, insertions, innervations, as well as primary and secondary actions of those muscles.
2. Observe, describe, and analyze movement patterns using correct terminology.
3. Identify and define distance, speed, velocity, force, inertia, mass, momentum, weight, and acceleration as they relate to linear and angular motion.
4. Explain the effects of weight, friction, buoyancy, and drag on human motion.
5. Explain the significance of impulse-momentum, work-energy, and conservation of momentum in linear motion.
6. Identify and evaluate factors that affect joint stability.

Objectives for TA's include:

1. Improving your teaching skills.
2. Increased understanding of Kinesiology through teaching.
3. Improved presentation and public speaking skills.
4. Learn grading and evaluation skills.

LAB RULES:

Please enforce these rules with your class: Please carefully wipe and remove shoes before coming into the lab. Please leave large backpacks by the door. Please cleanup and put equipment back after using it. Leave the space clean and safe for the next students.

Participation and Attendance: You must attend labs which you are responsible for. If you know that there will be a date that you will miss, you must make arrangements with the lab director and with another TA to assist in teaching your class.

EVALUATION OF TA's

- Regular Attendance at all preparatory meetings
- Regular Attendance teaching your lab section(s)
- Observation by the supervising course instructor to evaluate teaching and give constructive feedback.
- Regular checks of your lab grading by the supervising course instructor with feedback.
- Timely grading of lab assignments and handing in of grades to supervising course instructor.
- Leaving the lab clean and ready for the next class.
- Student evaluations.

GRADING CRITERIA

• Attendance at meetings	10 pts
• Attendance at assigned labs	10 pts
• Observation of teaching effectiveness	20 pts
• Grading student assignments	20 pts
• Organizing, preparation & clean up of lab	20 pts
• <u>Student evaluations</u>	<u>20 pts</u>
Total	100 pts

EMERGENCY PROCEDURES: Escape route from the lab is to exit the lab door, turn left immediately through the exit door and down the stairs. Gather on the west side of McGill Hall. You will use this procedure during either a planning meeting or during your lab. Please announce to your students.

STUDENTS WITH DISABILITIES OR MEDICAL CONDITIONS: Please announce this to your students: "If you have a known medical condition that could occur during class and which it would be helpful for the instructor to be forewarned, please make an appointment with the instructor, or visit him during office hours. If you feel that you might need assistance during an emergency, please recommend a plan to the instructor and let him know if you will need help. Most of the labs require active physical participation. If there is a reason why you should not (or cannot) participate, please let both the instructor and your lab teaching assistant know. Students with disabilities are welcome to discuss accommodations with the instructor."

ACADEMIC HONESTY – Students must read

All students must practice academic honesty. Academic misconduct is subject to an academic penalty by the course instructor and/or a disciplinary sanction by the University. All students need to be familiar with the Student Conduct Code. The Code is available for review online at <http://www.umn.edu/SA/VP/SA/index.cfm/page/1321>.