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Fall 9-1-2022

### DANC 345.01: New Visions Dance

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# University of Montana, School of Theatre and Dance

## Fall 2022: **New Visions Dance** 1 credit

74113 - DANC 345 - 01 M 6:00-7:50 pm PARTV 035

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Instructor: **Heidi Jones Eggert**  
Email: [heidi.eggert@umontana.edu](mailto:heidi.eggert@umontana.edu)  
phone: 406-243-2072

Office: PARTV 194  
Office hours: Tues 12:30-2:00pm,  
Wed 12:30-2:00pm

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*To touch to move to inspire - this is the true gift of dance. ~Aubrey Lynch*

### **Course Objective**

To introduce students to the role of dance in the lives of people with disabilities.

### **Overview**

This is an introduction to teaching creative movement, dance and creative arts to various populations. The adults who participate in this community dance class may have speech, hearing, or vision impairments, or who have physical, mental, emotional, or learning disabilities. This course involves seminars, independent work and on-going dance sessions with people with disabilities through the New Visions Dance Program. New Visions was previously sponsored by VSA Montana – The State Organization on Arts and Disability.

In addition to **sharing the joy of dance**, New Visions maintains goals implemented by VSA Montana

- Responsibility in appropriate actions
- Helping one another
- Staying on task
- Following directions
- Appropriate comments

All university students in this class

- are active movers in the weekly mixed-ability class
- serve as role models and assistants
- participate in class discussions and evaluations
- help with community dancers (greet them when they arrive, distribute name tags, remove shoes and coats)
- will learn about adaptation techniques through direct instruction, example, hands-on trial and error
- are expected to work independently and participate to the fullest extent possible

### **Text**

Suggested: [Inclusive Creative Movement and Dance](#) by Karen Kaufmann, 2006, Human Kinetics  
Supplemental readings will be assigned and available on Moodle.

**Semester Schedule -**

Aug 29 / Sept 12

Intro seminars, preliminary research, discussion, preparation

Sept 26 – Dec 5

New Visions Dance Class with community members = 10 sessions

(on these dancing days - Please arrive to O35 by 6:15, dance class with community members 6:30-7:15, class discussion 7:15-7:50)

Dec 2

Friday night performance in *Dance Underground* (UM Open Space)

Dec 12

concluding session, just us

**Course Requirements****1. Attendance is mandatory**

This class meets only once a week and your commitment is of the utmost importance. One absence will not affect your grade. Two or more absences will lower your grade by 1/2 a letter grade per absence. Arriving late or leaving early, without prior discussion, is considered an absence.

**2. Investigate the Field of Adaptive Dance**

- Learn about VSA – International Organization on Arts and Disability
- Do general research in the field of physically integrated or adaptive dance (resources, disabilities and the arts, classes, organizations, etc).
- Research and review at least three integrated dance companies (or relevant organizations you discovered through your research). Link/Upload your favorites to Moodle and be prepared to share and discuss in class and online. [\\* See Class Calendar](#)

**3. Keep a Journal**

Throughout the semester keep a journal of your experiences relating to this course [\\* See Class Calendar](#). This may involve notes from observation, participation and your general impressions from New Visions or additional research. Be specific, personal and in-depth. Consider these questions:

What is being learned?

What are your impressions of "what works" and what doesn't work? Why?

Where are the participants physically? Emotionally? Intellectually?

What are the interpersonal dynamics of the class?

What do you think the participants need more/less of?

How would you describe your rapport with participants?

What changes do you notice from week to week?

What area(s) do you want to know more about?

**4. Plan, Teach, Evaluate two Mini-Lessons [\\* See Class Calendar](#)**

Once you become familiar with the class you will be asked to plan, teach and evaluate **1** mini-lessons for our group. Your movement material *may* be designed around the following aspects of the class, but are not limited to:

1) warm-up

2) creative movement exploration

3) cardiovascular movement, across the floor.

4) choreography

- Draw from your own experiences and consult any and all resources you wish. Either develop your own movement ideas or adapt ideas found in suggested readings.
- Step 1. Submit your first draft of your **lesson plans** to the instructor and receive written or verbal feedback. Develop the lesson further, as needed. This may be incorporated into your journal.
- Step 2. **Teach** the lesson. Participate in discussion after you teach. Listen to feedback from peers and share your immediate impressions of how the lesson went.
- Step 3. Write a **self-evaluation** of how it worked. Be honest. How would you improve next time? At the end of the semester turn in: Your **2** lesson plans and **2** self-evaluations. This may be incorporated into your journal.

#### **4.b Group Lesson – collaboratively Plan and Teach a more extensive lesson, plus individual Evaluation**

#### **5. Outside of class plus Performances**

Learn more about **MPower Voices** and **New Visions Dance** by participating in the following events:

- *required* - UM Dance's ***Dance Underground performance: Friday, Dec 2***
- *suggested* - Observation of/participation in **MPower Choir** at Opportunity Resources, Thursdays 6:30-7:45
- *suggested* - Watch *Invitation to Dance* available in our library DVD 362.43092

#### **6. Research Project Proposal \* See Class Calendar**

**Mull over the experiences you have had this semester. What questions, curiosities, interests have been sparked? What would you like to learn more about?**

#### **Studio Etiquette**

**NO street shoes are allowed in the dance studio at any time, even carried in-hand.** Anyone entering the studio must remove their street shoes **BEFORE** entering and leave them outside the studio. The only shoes permitted in studios are those that have been purchased for the exclusive use of dance in dance studios (with the exclusion of tap shoes, hard-shoe clogs, and flamenco shoes. These should never be worn on Marley floors). NOTE: **Lockers** are available for any student in the dance classes. The School of Theatre & Dance recommends that students do not leave personal belongings unattended in the dressing rooms, hallways, dance studios, or theatres as **thefts frequently occur**. Lockers can be checked out for the semester through the School: schedule TBA

**NO** food or drinks (except water in closed bottles) are permitted in the dance studios or theatres.

#### **STATEMENT OF EMPOWERMENT**

The School of Theatre and Dance recognizes that art can provoke; therefore, during the course of this class or class-related activities, participants are empowered to remove themselves should they feel a threat to their well-being.

## **WELLNESS STATEMENT**

Personal concerns such as stress, anxiety, relationship difficulties, depression, and cross-cultural challenges can interfere with a student's ability to succeed and thrive in the university setting. For helpful resources, please contact the Curry Health Center Counseling department at 406-243-4711 or schedule an online appointment through the CHC Health Portal:

<https://www.umt.edu/curry-health-center/>. For a crisis or for after-hours care, you can contact the emergency rooms at St. Patrick Hospital or Community Medical Center; the National Suicide Lifeline: 1-800-273-8255; or the Crisis Text Line: text MT to 741-741.

## **Academic Misconduct and the Student Conduct Code**

All students must practice academic honesty. Academic misconduct is subject to an academic penalty by the course instructor and/or disciplinary sanction by the University. All students need to be familiar with the Student Conduct Code. The Code is available for review online at [www.umt.edu/student-affairs/community-standards/default.php](http://www.umt.edu/student-affairs/community-standards/default.php).

## **All syllabi for Theatre & Dance courses imply the understanding:**

Theatre and Dance students must have an in-depth knowledge of the practices and procedures outlined in the School of Theatre and Dance Student Handbook. The Handbook is available online at <https://www.umt.edu/theatre-dance/handbook.php>

There is inherent risk involved in many Theatre and Dance classes as they are very physical in nature. Please proceed through class, shop time, or rehearsal with caution. Always be mindful of your personal safety and the safety of others. Students participating in class/shop/rehearsal/performance do so at their own risk.

Due to safety considerations, at no point during a student's time spent in class or serving on a production (in any capacity) should non-enrolled persons be guests of that student without my consent. Presence of such unauthorized persons in a class, shop, or any backstage/off-stage area will negatively affect a student's grade.

## **From UM President Seth Bodnar:**

The wide availability of safe, effective vaccines to combat COVID-19 means that we are able to continue full in-person learning again this semester. The Office of the President urges every member of the UM Family to get vaccinated (and receive a booster shot) if you haven't done so already. Vaccination provides the best means of protecting yourself – and others in our UM Family – from the risk of COVID-19.

Please visit <https://www.umt.edu/curry-health-center/corona-virus.php> for the latest health/safety information, as well as campus communications and plans about the global health pandemic.

## **From the EO/AA Office:**

Students with disabilities may request reasonable modifications by contacting me. The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and the Office for Disability Equality (ODE). "Reasonable" means the University permits no fundamental alterations of academic standards or retroactive modifications. For more information, please consult <https://www.umt.edu/disability/default.php>.