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The University of Montana

NEWS RELEASE

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Sept. 6, 1996

FREE HEALTH SCREENINGS OFFERED FOR SENIOR CITIZENS

MISSOULA--

The University of Montana's Rural Consortium for Health Outreach Information and Screening will offer free blood drawings and health checks for western Montana senior citizens in September.

Participants will be checked for cholesterol level, blood sugar, heart attack risk and blood pressure during the screening sessions. For accurate test results, participants should not eat for 12 hours before the test; it is OK to drink water.

Presentations from 8:30 to 10 a.m. are scheduled Tuesday, Sept. 17, at the Alberton Senior Center; Friday, Sept. 20 at the Superior Senior Center; Wednesday, Sept. 25 at the Plains Senior Center; Thursday, Sept. 26, at the Dixon Senior Center; and Friday, Sept. 27 at the Trout Creek Senior Center.

CHOIS, a project of UM's Rural Institute on Disabilities, offers monthly presentations on a wide range of health topics for adults ages 60 and over. For more information, call 243-5467 or (800) 93-CHOIS (800-932-4647).

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Contact: Craig Raveslout, (406) 243-5467.

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Sanders County Ledger, Mineral Independent, Clark Fork Valley Press
SeptSA.rl