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### Alternative Chinese medicine lecture, workshop offered at UM

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**NEWS RELEASE**

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“This release is available electronically on INN (News Net).”

July 10, 1998

**Contact:** Monte Garnett, (406) 745-3600 or (406) 745-2651, or Jack Rowan, assistant to the director at UM's Mansfield Center, (406) 243-5158.

**ALTERNATIVE CHINESE MEDICINE LECTURE, WORKSHOP OFFERED AT UM**

**MISSOULA--**

A lecture and weekend of activities about Qi Gong, a type of alternative Chinese medicine, will be held Friday through Sunday, Aug. 7-9, at The University of Montana-Missoula. Dr. Wu, a Qi Gong master, will lead the activities, whose theme is “Static, Dynamic and Health Promoting Qi Gong Forms.”

UM's Maureen and Mike Mansfield Center and the Montana Association of Acupuncture and Oriental Medicine will sponsor the weekend. The free public lecture will be Friday from 7 to 9 p.m. in Journalism Building Room 304. Workshops will be held Saturday and Sunday from 9 a.m. to 5 p.m. in Schreiber Gymnasium. The workshops cost \$100. Registration forms are available at the Mansfield Center on the fourth floor of UM's Mansfield Library and at the Medicine Tree Medical Center in St. Ignatius.

Qi Gong (pronounced 'chee gung') has been practiced in China for thousands of years. It combines body movements, mental concentration, visualizations and various ways of breathing to adjust some body functions. Many practitioners of Qi Gong claim it improves their overall health and cures disease.

Wu is currently dean of Acupuncture and Qi Gong at the Academy of Oriental Medicine in

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Austin, Texas, where he was named teacher of the year in 1996. He is a former professor of traditional Chinese medicine and chief acupuncturist at Chengdu University's teaching hospital. He also has served as an associate professor with institutions of higher learning in the United States and Europe for the past 10 years, teaching acupuncture, Chinese massage, foundations of Chinese medicine and several forms of Qi Gong.

For more information about the lecture or workshops, contact Monte Garnett at (406) 745-3600 or (406) 745-2651.

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CBS  
Local, specialized western, Lively Times  
Qigong.rl