1998 Mansfield Conference focuses on living and dying well

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MISSOULA—

A Tibetan Buddhist monk and psychologist, a Harvard professor of medical anthropology, an expert on Asian-American health issues and the physician who edited the nation’s foremost textbook on complementary and alternative medicine will be featured Oct. 16-20 at the 14th Annual Mansfield Conference.

The conference, titled “The Healing Arts in American and Asian Cultures: A Conference on Living and Dying Well,” will be held at The University of Montana campus and in surrounding venues. It will examine integrative medicine -- a health-care approach that seeks to join traditional and alternative styles of healing -- and look at ways to bridge Asian and American traditions in the pursuit of living and dying well.

The event will include a Korean music and dance performance, panel discussions, film and art exhibitions, workshops on practical healing techniques, and a health information fair.

Phil West, director of the Maureen and Mike Mansfield Center, said the conference will bring together medical experts, complementary and long-term health-care providers, and artists in an effort to foster discussion throughout the western Montana community. He said the conference topics are relevant since 50 percent of Americans rely on a combination of both complementary and traditional medicine for their personal health care.

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Conference highlights will include:

- A multimedia art exhibition titled "Healing Art," which opens Wednesday, Oct. 14, at 7 p.m. in UM's Museum of Fine Arts Meloy Gallery. The exhibit features the work of Santa Fe artist Dominique Mazeaud. Mazeaud's "River Tongue" won the grand prize for the exhibit and is featured on a 1998 Mansfield Conference poster.

- A keynote address titled "Dying Healthy: Lessons Learned From the East and West" by Marjorie Kagawa-Singer, who holds a doctorate in anthropology and is an assistant professor with the University of California at Los Angeles in the School of Public Health and the Asian American Studies Center. She will speak Friday, Oct. 16, at 7:30 p.m. in Missoula's Christ the King Church, 1400 Gerald Ave. Kagawa-Singer researches and writes extensively about the interplay among cancer, nursing and ethnicity.

- A keynote address titled "The Integration of Western Psychotherapy With Tibetan Buddhist Concepts in Working With Dying People" by Lobsang Rapgay, a Tibetan Buddhist monk and practicing psychologist. He will speak Saturday, Oct. 17, at 7:30 p.m. in Christ the King Church. Lobsang holds doctorates in philosophy and clinical psychology and is a lecturer in psychiatry and bio-behavioral sciences in the psychiatry department of the Neuropsychiatric Institute and Hospital at UCLA. He also has authored several books, including "The Tibetan Book of Healing," and he is a research fellow at Harvard Medical School's Mind-Body Medical Institute.

- A keynote address titled "Health Care in Asia: Is It a Model?" by Arthur Kleinman, a physician and chair of Harvard Medical School's Department of Social Medicine. He will speak Sunday, Oct. 18, at 7:30 p.m. in the banquet room at The Holiday Inn Parkside.
Kleinman is Harvard's Maude and Lillian Presley Professor of Medical Anthropology and is the most recent director of the World Mental Health Report. He also is a Cambridge Hospital professor of psychiatry, as well as the author and editor of numerous books, including "Medicine in Chinese Cultures: Comparative Perspectives."


Micozzi also is the founding editor of The Journal of Alternative and Complementary Medicine.

- A performance of Korean music and dance, including the traditional mask dance and p'ansori storytelling art, on Tuesday, Oct. 20, at 7:30 p.m. in the University Theatre. UM drama, dance and art students will play a pivotal role in the performance.

The Mansfield Center is co-sponsoring the conference with The Missoula Demonstration Project *The Quality of Life’s End*. The conference is designed for public and professional audiences, and all events are free. A full conference schedule is posted on the Mansfield Center Web site at www.umt.edu/mansfield. For a conference schedule and brochure, call (406) 243-2988.

The Mansfield Center seeks to bring Asian perspectives into teaching and research at UM and into broad public discussion. The Missoula Demonstration Project is a nonprofit organization researching the experience of dying and the determinants of life’s end. The project seeks to demonstrate that a community-based approach of excellent medical care and
psychosocial support improves the quality of life for dying persons and their families.

A complete list of conference events follows:

**Tuesday, Oct. 13**
7 p.m. -- Film presentation of “The Funeral (Ososhiki)” at The New Crystal Theatre, 515 S. Higgins.
9:30 p.m. -- Film presentation of “Pins and Noodles” at The New Crystal Theatre, 515 S. Higgins.

**Wednesday, Oct. 14**
7 p.m. -- “Healing Art” exhibit opens at UM’s Meloy Gallery. Event includes an introduction by Margaret Mudd, director of the Museum of Fine Arts. Featured artist Dominique Mazeaud will speak. Comments will be supplied by Phil West, director of the Mareen and Mike Mansfield Center, and Barbara Spring, executive director of the Missoula Demonstration Project. Exhibit runs through Nov. 25.

**Friday, Oct. 16**
8-9 a.m. -- Professional address titled “Preserving the Essence of Medicine” by Arthur Kleinman at the St. Patrick Hospital Auditorium, 500 W. Broadway.
9:30 a.m.-12 p.m. -- Panel discussion titled “Healing as a Science and Art” at the St. Patrick Hospital Auditorium, 500 W. Broadway. Speakers are James Buchanan, Nancy Dunne Boggs, Dr. Marc Micozzi, Dr. Ethan Russo and Rustem Medora.
7:30 p.m. -- Keynote address titled “Dying Healthy: Lessons Learned from the East and West” by Marjorie Kagawa-Singer at Christ the King Church, 1400 Gerald Ave.

**Saturday, Oct. 17**
10-11:30 a.m. -- Symposium titled “A Short-term Psychotherapy Intervention to Help Patients With Life-threatening Illness Cope With Fear of Mortality” by Lobsang Rapgay at the First Methodist Church, 300 E. Main.
2:2:45 p.m. -- Plenary address titled “Integrative Health Care” by Mary Stranahan at the Holiday Inn Parkside, 200 S. Pattee.
2-7 p.m. -- Health Information Fair at the Holiday Inn Parkside, 200 S. Pattee. Presenters will be available at their displays from 6:15 to 7 p.m.
3-4:30 p.m. -- Three workshops at the Holiday Inn Parkside, 200 S. Pattee. They are “Acupuncture: Harmonization of Qi, the Energy of Life and Death” by Don Beans, “Healing Energy Through Touch” by Gertrud Lackschewitz and Diane Reynolds” and “Herbal Alternatives in Neurology and Psychiatry” by Dr. Ethan Russo.
4:45-6:15 p.m. -- Three workshops at the Holiday Inn Parkside, 200 S. Pattee. They are “Healing Music: The Ear is a Microphone That Never Turns Off” by Laurie Riley and Ande Flavelle, “Therapeutic Touch: A Transcultural Healing Modality” by Maria Arrington, and “Re-emergence of Traditional Indian Medicine: Clinical Implications for Health Practitioners” by Walt Hollow.

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7:30 p.m. -- Keynote address titled “Integration of Western Psychotherapy With Tibetan Buddhist Concepts in Working With Dying People” by Lobsang Rapgay at Christ the King Church, 1400 Gerald Ave.

Sunday, Oct. 18
2-3:30 p.m. -- Panel discussion titled “Healing and Dying” at the Holiday Inn Parkside, 200 S. Pattee. Panelists are Tom King, Dr. Ira Byock, Marjorie Kagawa-Singer and Rosemary Lynch.
3:45-5:15 p.m. -- Three workshops at the Holiday Inn Parkside, 200 S. Pattee. They are “Homeopathy: A Model of Holistic Health Care For All Phases of Life” by Jamison Starbuck, “Moving Qi” by Virginia Rutherford and “The Heart of Healing” by Dr. Georgia Milan.
5:30-7 p.m. -- Three workshops at the Holiday Inn Parkside. They are “Reiki: Healing for Living and Dying Well” by Charlotte Kasl and Jeanine Walker, “Cancer, Courage and Creativity” by Beth Ferris and Youpa Stein, and “Alternative Medicine Resources on the World Wide Web” by Cathy Bartels.
7:30 p.m. -- Keynote address titled “Health Care in Asia: Is It a Model?” by Dr. Arthur Kleinman at the Holiday Inn Parkside, 200 S. Pattee.

Monday, Oct. 19
12-2 p.m. -- Symposium titled “The Healing Power of Life Stories in the Dying Process” by Lucien Wulsin in the Mount Sentinel Room of UM’s University Center.
3-4:30 p.m. -- Panel discussion titled “The Buddha, the Christ and the AMA” in the Mount Sentinel Room of UM’s University Center. Panelists are Peter Shober, Lee Paton, Dr. Mark Isben, Lucien Wulsin and the Rev. Jim Hogan.
7:30 p.m. -- Keynote address titled “Fundamentals of Complementary and Alternative Medicine” by Dr. Marc Micozzi at UM’s University Theatre.

Tuesday, Oct. 20
7:30 p.m. -- A performance titled “Performance as Healing: Celebrating Life With Korean Music” led by singer and director Chan Park at UM’s University Theatre. Event includes singing, musicians and a mask dance.

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