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### Become a family health history sleuth

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The University of  
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**NEWS RELEASE**

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Oct. 8, 1998

**Contact:** Gordon Opel, UM Wellness Center director, 243-2027.

**BECOME A FAMILY HEALTH HISTORY SLEUTH**

**MISSOULA--**

Did your great grandmother die of heart trouble? Does your family have a history of diabetes? How to find answers to these kinds of crucial health questions is the topic for a free class Tuesday, Oct. 13, at St. Patrick Hospital.

“Family Heirlooms: Your Genetic Health History” will be held from 7 to 8:30 p.m. in the auditorium of the hospital’s Broadway Building. Instructor Cathy McCann, genetics counselor at Shodair Children’s Hospital in Helena, will teach participants how to gather clues and use them to decrease their health risks and improve their health.

HealthSMART, the combined wellness programs of The University of Montana and St. Patrick Hospital, is sponsoring the event. The public is invited. For more information, call 243-2035.

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