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Spring 2-1-2022

### PSYX 340.R01: Abnormal Psychology

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# Syllabus – Psyx 340 – Spring 2022

## Abnormal Psychology

### Meeting Location and Times

Remote delivery, Zoom: <https://umontana.zoom.us/j/96038480397>

MWF 9-9:50am

Instruction dates: January 19- May 6

**Final Exam:** Wednesday, May 11 at 10:10am

### Instructor Information

Instructor: Kelley Jansen, MS, MAC

Office: N/A

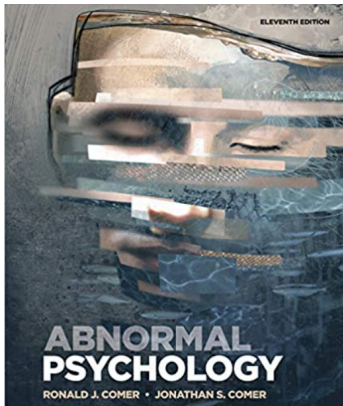
Email: [kelley.jansen@umontana.edu](mailto:kelley.jansen@umontana.edu) (the best way to contact me)

Virtual Office Hours: By appointment only (please email for appt)

<https://umontana.zoom.us/j/4362827412>

### Required Materials

Comer, R. J. (2021). *Abnormal Psychology, Eleventh Edition*. New York, NY: Worth Publishers. ISBN: 1319190723.



### Supplemental Materials

A website for the course is available through Moodle. Here you will find a copy of this syllabus, all materials for assignments, study guides, and a copy of each day's lecture slides. Grades will be posted on the site.

### Course Description

Psyx 340 is an overview of the major theories, diagnostic categories, and treatment approaches for behavior disorders. Psyx 100 is the only prerequisite.

## **Student Learning Outcomes**

- Gain a better understanding of, and appreciation for, variations in human behavior
- Understand the historical development of classification systems for behavior disorders
- Assess our current diagnostic system and think critically about its strengths and limitations
- Understand the major classifications of mental disorders and formulate a basic working knowledge of different diagnoses
- Compare how the basic treatment approaches address the criterion behaviors of each disorder
- Integrate knowledge of current controversies in the field of abnormal psychology into your understanding of human behavior

## **Course Guidelines and Policies**

### **Disability Accommodations**

The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and [Office for Disability Equality](#). If you think you may have a disability adversely affecting your academic performance, and you have not already registered with the Office for Disability Equality (ODE), please contact ODE in Lommasson Center 154 or call 406.243.2243. I will work with you and the Office for Disability Equality to provide an appropriate modification.

### **Academic Misconduct**

You are expected to adhere to the University's [Student Conduct Code](#) with regard to academic integrity. Academic misconduct in this course will result in an academic penalty commensurate with the offense as well as possible disciplinary action by the University.

### **Incompletes**

Departmental and university policies regarding incompletes do not allow changing "incomplete" grades after one year has passed since the "I" was granted.

### **Pass/No Pass**

For students taking this course P/NP, a P is a grade of A, B, or C. A NP is a grade of C-, D, or F.

### **A Note About Course Content and Sharing**

This course is somewhat unique in that it covers topics very close to many peoples' lives. I want you to feel comfortable asking questions and sharing content relevant to the course. However, please be advised that this is a large class, and I cannot guarantee that information you share about yourself or your loved ones will remain confidential. As such, please think about what your boundaries and limits around personal disclosure might be regarding topics we cover. Lastly, I welcome (and appreciate) sharing, but may, at times, ask you to wait until after class to discuss personal examples more in-depth. This is not only to protect your privacy, but also to help ensure we get through the course material.

### **The Learning Environment**

To create a respectful and productive learning environment is to ensure that it is free from distractions. I will not respond to chats on Zoom and ask that if there are questions in class, that you unmute and ask aloud. Additionally, please remember that not everyone has similar viewpoints, so please be respectful of your classmates and their opinions.

## Course Grading/Evaluation

The grading scale for this course is based on a 10-point system using plus/minus grades (94-100% is an A, 90-93% is an A-, 87-89% is a B+, etc.). Your grade in this course will be computed from **four equally weighted** exams. The first three exams will be administered during class time, the fourth (final) will be during the time allotted by the University for our final. This is scheduled for **10:10am, Wednesday, May 11, 2022**. Students will have 50 minutes to complete each exam. No exams will be given before the scheduled date, and there will be no make-up exams except in the event of a *medical emergency* (with a note documenting the emergency) or *required university-sanctioned activity* (with a previously submitted verification letter and schedule of events).

**Students are required to take exams on the dates listed on the syllabus during the regularly scheduled class period.**

The exams will be primarily composed of around 30-40 multiple choice questions and no short answer questions. The final exam is not cumulative but will focus on material from the last 4 weeks of class, as noted in the schedule. For the exams, you will log into the regular class Zoom link, turn on your camera, and take the test in Moodle.

There will be no opportunities for extra credit.

## Syllabus

Instructor reserves the right to change the syllabus at any time. Please check the Moodle site and your university email frequently for course updates.

## Course Schedule

Dates	Topics and Required Reading (Comer Chapters)
Week 1 ( <b>No class 1/17</b> ) (1/19, 1/21)	W: Introductions/Syllabus Review F: Abnormal Psychology: Past and Present (Ch. 1)
Week 2 (1/24, 1/26, 1/28)	M: Abnormal Psychology: Past and Present (Ch. 1) W: Research in Abnormal Psychology (Ch. 2) F: Research in Abnormal Psychology (Ch. 2)
Week 3 (1/31, 2/2, 2/4)	M/W/F: Models of Abnormality (Ch.3)
Week 4 (2/7, 2/9, 2/11)	M/W: Clinical Assessment, Diagnosis, and Treatment (Ch. 4) <b>Exam 1: Friday, 2/11 (Ch. 1-4)</b>
Week 5 (2/14, 2/16, 2/18*) <b>(*2/18 asynchronous, lecture posted on Moodle, no in-person class)</b>	M/W/F: Anxiety and Related Disorders (Ch. 5)
Week 6 ( <b>No class 2/21</b> ) (2/23, 2/25)	W/F: Disorders of Trauma and Stress (Ch.6)

Dates	Topics and Required Reading (Comer Chapters)
Week 7 (2/28, 3/2, 3/4)	M/W/F: Depressive and Bipolar Disorders (Ch. 7)
Week 8 (3/7, 3/9, 3/11)	M/W: Suicide (Ch. 8) <b>Exam 2: Friday, 3/11 (Ch. 5-8)</b>
Week 9 (3/14, 3/16, 3/18)	M/W/F: Disorders ft. Somatic Symptoms (Ch. 9)
Week 10- Spring Break	<b>No class, enjoy your Spring break!</b>
Week 11 (3/28, 3/30, 4/1)	M/W/F: Eating Disorders (Ch. 10)
Week 11 (4/4, 4/6, 4/8)	M/W/F: Substance Use and Addictive Disorders (Ch. 11)
Week 12 (4/11, 4/13, 4/15)	M/W: Sexual Disorders and Gender Variations (Ch. 12) <b>Exam 3: Friday, 4/15 (Ch. 9- 12)</b>
Week 13 (4/18, 4/20, 4/22*) <b>(*4/22 asynchronous, lecture posted on Moodle, no in-person class)</b>	MW/F: Schizophrenia and Related Disorders (Ch. 13)
Week 14 (4/25, 4/27, 4/29)	M/W/F: Personality Disorders (Ch. 15)
Week 15 (5/2, 5/4, 5/6)	M: Disorders Common Among Children and Adolescents (Ch. 16) W: Finish Ch. 16, start Ch. 17 F: Disorders of Aging and Cognition (Ch. 17)
FINAL EXAM	<b>Exam 4: Wednesday, May 11 @ 10:10am (Ch. 13, 15-17)</b>