

University of Montana

ScholarWorks at University of Montana

University of Montana News Releases, 1928,
1956-present

University Relations

2-24-2003

Experiential college offers short, fun courses

University of Montana–Missoula. Office of University Relations

Follow this and additional works at: <https://scholarworks.umt.edu/newsreleases>

Let us know how access to this document benefits you.

Recommended Citation

University of Montana–Missoula. Office of University Relations, "Experiential college offers short, fun courses" (2003). *University of Montana News Releases, 1928, 1956-present*. 18244.
<https://scholarworks.umt.edu/newsreleases/18244>

This News Article is brought to you for free and open access by the University Relations at ScholarWorks at University of Montana. It has been accepted for inclusion in University of Montana News Releases, 1928, 1956-present by an authorized administrator of ScholarWorks at University of Montana. For more information, please contact scholarworks@mso.umt.edu.



The University of
Montana

UNIVERSITY RELATIONS • MISSOULA, MT 59812 • 406-243-2522 • FAX: 406-243-4520

NEWS RELEASE

Feb. 24, 2003

Contact: Katie Jensen, student coordinator, Experiential College, 243-6187.

EXPERIENTIAL COLLEGE OFFERS SHORT, FUN COURSES

MISSOULA —

From feng shui to guitar, belly dancing to investing and Ashtanga Yoga to Afro-Brazilian dancing, The University of Montana's Experiential College offers classes you won't find anywhere else this semester.

The short, inexpensive evening classes are offered through University Center Programming and start March 3 on campus. The classes are open to all. To register, visit -the University Center Information Desk or call 243-4636. For more information, call 243-6187 or visit the Web site at www.umt.edu/uc/college/.

Classes are:

- **Intro to Hip-Hop** -- 6-7 p.m. Tuesdays, April 8-May 6, instructor Christopher Gorney. Learn some new dance moves for the club or just get a fun and invigorating workout. Students will learn old and new hip-hop dance styles from a professional dancer in an upbeat environment. The cost is \$28 with a Griz Card and \$35 without.
- **Spanish Culture and Language** -- 7-9 p.m., Thursdays, April 17-May 1, instructor Linda Bailey. Get acquainted with Spanish culture and language in a fun and relaxed environment. Bailey has traveled through several Spanish-

-more-

speaking countries and is eager to share her knowledge with potential Spanish speakers and travelers. The cost is \$18 with a Griz Card and \$25 without.

- **Beginning Archery** -- 5:30-7 p.m., Thursdays, March 6-20, instructor Daniel Heal. Do you know the difference between the longbow, the recurve and the compound? Award-winning archer Heal will show you all of the ways you can use a bow and arrow for sport or survival. All skill levels are welcome to this new class! Cost is \$28 with a Griz Card, \$35 without.
- **Latin Dance** -- 7-9 p.m., Tuesdays, April 8-May 6, instructor Christopher Gawelko. The Ramba. The Samba. The Cha Cha. The Mambo. Students will learn the basics of these Latin American dances. Students are encouraged to sign up in pairs. The cost for singles is \$28 with a Griz card and \$35 without; pairs pay \$52 with a Griz Card and \$57 without.
- **Guitar Players Workshop** -- 7:30-9 p.m., Tuesdays, March 4-April 8 (no class March 25), instructor Eric Keeling. Students of all levels are welcome in this seminar-style class. General tools such as theory, scales and rhythmic ideals will be covered and applied to different playing situations. Styles will range from jazz to blues, or whatever the class decides upon. Bass players are also welcome. Cost is \$28 with a Griz Card and \$35 without.
- **Introduction to Belly Dancing** -- 7:30-8:30 p.m., Tuesdays, March 4-April 1 (no class March 25). Instructor Ann Higgins will teach the stretches, isolations and movements that make up this ancient Middle Eastern dance. Gauzy harem pants and jingly jewelry are optional -- just wear comfortable clothing and be

ready to move your hips. Cost is \$23 with a Griz Card and \$30 without.

- **Beginning Guitar** -- 7-9 p.m., Mondays, March 3-17, instructor James Wallace. This crash course for novices swiftly moves from technique fundamentals to chords and accompaniment styles. Students also will learn several popular tunes. The cost is \$28 with a Griz Card and \$35 without.
- **Surviving in the Kitchen** -- 6-8 p.m., Mondays, April 7-28, instructor Jason Jury. Students will learn the basics of cooking and baking before preparing a full meal on their own for the final class using their new expertise. Cost is \$23 with a Griz Card, \$28 without.
- **Feng Shui Symbolism** -- 7-9 p.m., Wednesdays, March 5-12, instructor Stella Schlegel. Feng Shui is the Chinese belief that the way you place the objects in your home influences your luck in life. Students will learn the common symbols of feng shui and tips on how to use colors, shapes and objects to promote the flow of good energy. The cost for this class is \$18 with a Griz Card, \$25 without.
- **Fencing for Fun** -- 7:30-9 p.m., Tuesdays, April 8-May 6. Instructor and award-winning fencer Nathaniel Cerf will teach safety and equipment use, basic fencing techniques, and various types of attacks and defenses. Class participants must be at least 16 years old, as the equipment is for adult sizes. Cost is \$28 with a Griz Card, \$35 without.
- **Ashtanga Yoga** -- 6:30-8 p.m., Wednesdays, March 19-April 30 (no class March 26), instructor Gillian Thomas. Find balance, grace and strengthen your

inner core. Ashtanga yoga is a high-energy form of yoga which links postures together in a smooth and rhythmic flow, balanced in movement and stillness.

This yoga promotes strength, endurance and flexibility. Cost is \$28 with a Griz Card and \$35 without.

- **Afro-Brazilian Dance** -- 7-9 p.m., Mondays, March 3-April 7 (no class March 24), instructor Gillian Thomas. Get back to the real roots of dance in this Afro-Latin fusion class. Afro-Brazilian is an expressive, energetic, tribal, salsa-esque dance form that is fun for all levels of students. Cost is \$28 with a Griz Card, \$35 without.
- **Mandolin for Beginners** -- 7:30-9 p.m., Mondays, April 7-May 5, instructor Michael Bennett. If you have a hankering to learn that old-time music, learning to play the mandolin is a great way to start. Students will learn the fundamentals of the instrument and some traditional tunes. The instructor may have a few mandolins available to rent. Call the Experiential College for details. Cost is \$28 with a Griz Card, \$35 without.
- **Writing Children's Books** -- 7-9 p.m., Wednesdays, April 9-16. Writer Patricia Pierson will explain what makes writing for children different than writing for adults, and the class will examine a variety of genres in children's fiction. This is a creative class for authors who are interested in creating books for a younger audience or for anyone who loves to share the joy of reading with children. Cost is \$18 with a Griz Card, \$25 without.
- **Investing Basics** -- 7-9 p.m., Wednesdays, March 5-12. Instructor and financial

consultant Douglas Koester will take the guesswork out of investing by starting with the basics -- like learning to read a newspaper stock quote. Students also will learn to build a stock portfolio and an asset allocation profile. Cost is \$20 with a Griz Card and \$25 without.

- **Traveling Abroad on a Student Budget** -- 7-9 p.m., Wednesdays, April 9-16.

Experienced traveler Kristeen Sweat will share tips and trade secrets on finding the best deals and having the most fun traveling. Bring your real or fantasy trip and find out how you can make it happen. Cost is \$18 with a Griz Card, \$25 without.

- **Start Your Own Small Business** -- 7-9 p.m., Thursdays, March 6-13.

Instructor Ileen Kelley is an experienced business consultant and job trainer who will teach students about the basics of creating a business plan, managing a budget and other resources that can turn dreams of creating a career into a reality. Cost is \$20 with a Griz Card, \$25 without.

- **Business Writing** -- 7-9 p.m., Tuesdays, April 15-29. Knowing how to write in "business style" is key to getting and keeping a good job. Experienced technical writing instructor Paul Diamond will lead students in writing effective resumes and cover letters, discuss how to write memos and other business communication, and give tips on ways to sound more effective in writing. Cost is \$20 with a Griz Card, \$25 without.

- **Creative Writing for Everyone** -- 7-9 p.m., Mondays, March 3-17. UM creative writing instructor Sandra Simonds will lead this workshop-style class where students will discuss their work and seek to improve their craft. The class

will focus on poetry and short stories, but all work is welcomed. This class is truly for everyone -- from the published writer to the closet scribbler. Cost is \$18 with a Griz Card, \$25 without.

- **Landscape Oil Painting** -- 4-7 p.m., Wednesdays, March 5-April 2 (no class March 26). Instructor Leah Katz will show students how to turn Montana's majestic mountains and rushing rivers into beautiful pieces of art. Katz has done professional paintings of Yellowstone and Glacier National Parks and is eager to teach oil painting basics. Cost is \$20 with a Griz Card, \$27 without.
- **Mosaic Decorating** -- 7-9 p.m., Thursdays, March 6-April 3 (no class March 27). Art teacher Kathy Benedetti will show students how to take broken glass and china and make a handmade tile, then help students with an independent projects such as a wine bottle or a garden ornament. Bring any broken dishes and some type of eye protection to this new class. Cost is \$20 with a Griz Card, \$27 without.
- **Human Form and Sculpture** -- 7-9 p.m., Thursdays, April 10-24, Instructor Kathy Benedetti. This course will explore human form using various three-dimensional media. This is a class for artists of all skill levels. Cost is \$20 with a Griz Card and \$27 without.

###