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### Heart Walk at UM to benefit American Heart Association

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## **NEWS RELEASE**

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Sept. 14, 2009

**Contact:** Amy Bateman, director, Western Montana branch, American Heart Association, 406-829-3596, [amy.bateman@heart.org](mailto:amy.bateman@heart.org); Betsy Hawkins, UM Heart Walk campaign chair, 406-243-5703, [betsy.hawkins@mso.umt.edu](mailto:betsy.hawkins@mso.umt.edu).

### **HEART WALK AT UM TO BENEFIT AMERICAN HEART ASSOCIATION**

#### **MISSOULA —**

The annual Heart Walk, a fundraiser for the American Heart Association, will take place from 10 a.m. to 12:30 p.m. Saturday, Oct. 3, at The University of Montana.

Teams are forming now and are soliciting donations to support the education and research efforts of the American Heart Association, a nonprofit that raises awareness of cardiovascular disease and promotes heart-healthy lifestyles. This year's goal is to raise \$175,000. No fundraising minimum is required to take part in the Heart Walk. Registration is open until the day of the event.

The Heart Walk will begin at 10 a.m. on the Oval with a ceremony to introduce heart disease survivors and remember those who have passed away because of heart disease.

Participants then will walk a three-mile, noncompetitive course around the UM campus. Awards and a closing ceremony will follow.

The event also will feature kids' activities, refreshments and information on healthy lifestyles. Grizzly athletes, the dance team and Monte, UM's mascot, also will be on hand to share in the festivities.

For more information or to register, call the American Heart Association at 406-829-3377, e-mail [missoula.walk@heart.org](mailto:missoula.walk@heart.org) or visit <http://www.missoulaheartwalk.org>.

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