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Fostering Sustainable Collaboration within Indigenous Communities through Community Based Participatory Research

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Fostering Sustainable Collaboration within Indigenous Communities through Community Based Participatory Research

Kiah Hohenstein, Brittney Hunter, and Wren Roe



CRESP

Culturally Responsive
Evidence Based Practices
in School Psychology

What is CBPR?

- ❑ Research approach involving the community
- ❑ Community members are active and equal partners*
 - ❑ Shared responsibilities and ownership
 - ❑ Shared decision making



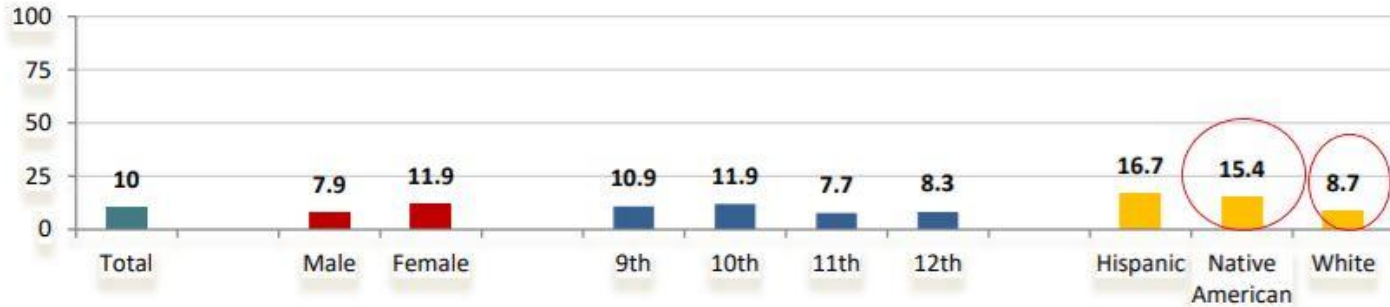
Project 562

Importance of CBPR

- ❑ Bridges the divide of bias between the researchers and the community*
- ❑ Aids towards social change

ATTEMPTED SUICIDE

During the past 12 months, 10.0 percent of students actually attempted suicide one or more times.



2019 Montana Youth Risk Behavior Survey

Utilization of CBPR

- ❑ Why is it not used often?
 - ❑ Requires additional time and resources (e.g., personnel, funds)*
- ❑ Why should it be used more often?
 - ❑ Explores local and community knowledge*



*Tobias, Joshua K., et al.

Project 562

How is CBPR conducted?

- ❑ Oriented around the community
- ❑ Fostering sustainable relationships
- ❑ Building trust



Project 562



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Examples of CBPR

- ❑ Project SELA
- ❑ System-level changes in health indicators that influence the well being of children and their families ¹
- ❑ improve shelter services on and off reserve in our area by engaging the voices of Indigenous women who had experienced domestic violence. ²
- ❑ Community Advisory Boards
 - ❑ Utilizes cultural practices
 - ❑ Role-modeling
 - ❑ Native art
 - ❑ spirituality

¹ Simonds, V. W., & Christopher, S. (2013).

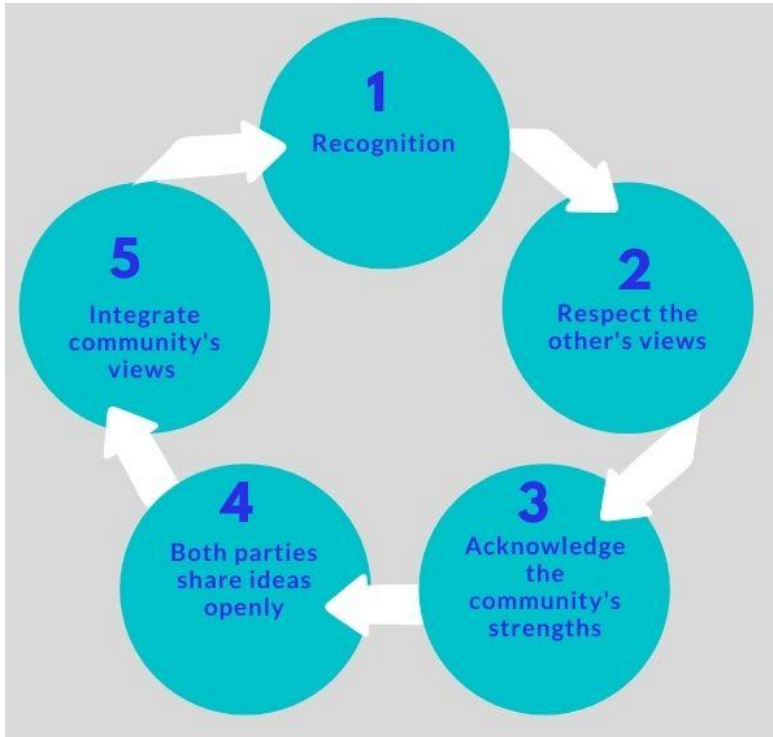
² Jackson, E. L., Coleman J., Gayle Strikes with A Gun, & Sweet Grass, D. (2015).

CBPR ENGAGES THE COMMUNITY AS THE EXPERT

- ❑ Allows for communities to Indigenize and dismantle colonialism.
- ❑ Enhancing partnerships between Indigenous communities and research.
- ❑ Adapts Western research methods to Indigenous ways of knowing.



Recommendations



(Walters, Karina L., et al., 2008)

- ❑ Meaningful relationships are the key & must be nurtured
- ❑ Awareness
 - ❑ Privilege
 - ❑ Community's lifestyle
- ❑ How can we cultivate mutual respect?
- ❑ Meeting w/ community
 - ❑ Amplify the voices



Call to Action: Conduct CBPR

- ❑ Decolonize research
- ❑ Social change
 - ❑ Encourages reciprocity

<https://www.nimhd.nih.gov/programs/extramural/community-based-participatory.html>



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- ❑ Walters, Karina L., et al. "'Indigenist' Collaborative Research Efforts in Native American Communities." *The Field Research Survival Guide*, 2008, pp. 146–173., doi:10.1093/acprof:oso/9780195325522.003.0008.



Thank You!