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### Judo classes included in UC Center courses

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JUDO CLASSES INCLUDED  
IN UC CENTER COURSES

MISSOULA--

Judo classes for beginning and advanced judo students age 15 and older are being offered Tuesdays and Thursdays at the University of Montana in Missoula under the University Center Courses program.

Those taking the judo classes meet from 6-8 p.m. Tuesdays and Thursdays in the wrestling room of the Harry Adams Field House at UM. Fees for the UM Summer Session program are \$10 for University students with identification cards and \$16 for others.

Students will be taught the martial arts of judo by utilizing another's aggressive movements to their own advantage. Basic judo techniques in the areas of throwing, hold-downs, chokes and escapes will be applied. Advanced students who already know the "art of falling" will further their skills in judo techniques.

Jeff Reynolds, a third-degree black belt in judo, teaches the course. He has taught judo classes at the University Center for a year.

Students participating in the judo classes are requested to wear loose clothing, preferably heavy shirts and pants. The number of participants is limited to 30.