PSYX 360.02: Social Psychology

Nicole McCray
University of Montana - Missoula, nicole.mccray@umontana.edu
Psychology 360, Section 2 – Social Psychology

Fall 2014

Course Location and Time
CHEM 123
Monday, Wednesday, Friday 1:10 – 2:00

Instructor Information
Instructor: Nicole McCray, Ph.D.
Office: Skaggs Bldg. 203
Phone: 406.243.4527
Email: nicole.mccray@umontana.edu (the best way to contact me)
Office hours:

Course Objectives
The primary purpose of this course is to provide students with an overview of social psychology – the branch of psychology that is concerned with the effect of others on our thoughts, feelings, and behaviors. Throughout the course of the semester, we will examine many topics ranging from attitudes, to attraction, to aggression, to prejudice as well as the research underlying the body of knowledge in the field. It is likely that students will gain insight into the situational factors influencing the thoughts, behaviors, and feelings of themselves and others on a daily basis. The format of the course will rely on both lecture and discussion.

In order to accomplish these objectives, it is expected that students will exhibit professional behavior throughout the course. This includes, for example, student attendance, preparedness, and active participation and involvement in class. Students not exhibiting professional behavior may be asked to leave.

Recommended Text

Grading
Your final course grade will be based upon 260 total possible points that will be distributed as follows:
- 4 Exams (50 points each): 200
- 1 Assignment (50 points): 50
- In-class Activities: 10

Course grading will be based on the following point scale:
- A = 234-260 (90-100%)
- B = 208-233 (80-89%)
- C = 182-207 (70-79%)
D = 156-181 (60-69%)
F = 0-155 (0-59%)

**Exams**
Four exams will be given during the semester, each worth 50 points. The exams will test your knowledge of topics covered by the course text and information from lecture.

- Exam format: Multiple choice. *(NCS 50/50 blue/green scantron forms are needed for tests)*
- Exam make-up policy: When possible, give prior notice of a missed exam. Be prepared to provide reasonable evidence and documentation for missing an exam. Make-up exams may be in a different format than the original exam.
- Missed exam: If you miss an exam and do not make arrangements for a make-up exam, you will receive a zero as your grade for that exam.

**Assignments**
There will be an assortment of individual assignments of which you are to pick 1. These assignments are designed to increase your understanding of a theory/topic. Assignments handed in after the due date will have ten points deducted for each day late (including weekend days). This assignment will contribute 50 points to your final course grade.

**Course Guidelines and Policies**

**Disability Modifications**
The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and [Disability Services for Students](#). If you think you have a disability adversely affecting your academic performance, and you have not already registered with Disability Services, please contact Disability Services in Lommasson Center 154 or call 406.243.2243. I will work with you and Disability Services to provide an appropriate modification.

**Attendance**
Attendance is not mandatory and role will not be taken. However, your course grade is mostly determined by exams (which will include material from lecture as well as the text). Course notes are not posted — if you miss class, you are responsible for the material covered.

**Cell Phones**
Cell phones are to be turned off during class, please.

**Courtesy**
Courtesy is expected. Come to class on time and stay for the entire session. If you have an emergency and must come in late or early, please do so quietly. Be respectful of the instructor and classmates, do not be a distraction to others. Please familiarize yourself with the [Student Conduct Code](#).

**Course Withdrawal**
October 28 is the last day to drop classes with an add/drop form. After that date, no petitions to drop the course will be signed and no Incompletes will be given except in documentable emergency situations.
### Syllabus
The instructor reserves the right to change the syllabus if necessary.

#### Class Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Assigned Material</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 26</td>
<td>Course Overview</td>
<td></td>
</tr>
<tr>
<td>Aug. 28</td>
<td>Introduction</td>
<td>Chapter 1</td>
</tr>
<tr>
<td>Aug. 30 – Sept. 4</td>
<td>Culture and Nature</td>
<td>Chapter 2</td>
</tr>
<tr>
<td>Sept. 2</td>
<td>No Class—Labor Day</td>
<td></td>
</tr>
<tr>
<td>Sept. 6-11</td>
<td>The Self</td>
<td>Chapter 3</td>
</tr>
<tr>
<td>Sept. 13-16</td>
<td>The Self in Control</td>
<td>Chapter 4</td>
</tr>
<tr>
<td><strong>Wednesday, Sept. 18</strong></td>
<td>EXAM 1</td>
<td><strong>Chapters 1-4</strong></td>
</tr>
<tr>
<td>Sept. 20-23</td>
<td>Social Cognition</td>
<td>Chapter 5</td>
</tr>
<tr>
<td>Sept. 25-27</td>
<td>Emotion and Affect</td>
<td>Chapter 6</td>
</tr>
<tr>
<td>Sept. 30 – Oct. 4</td>
<td>Attitudes, Beliefs, Consistency</td>
<td>Chapter 7</td>
</tr>
<tr>
<td>Oct. 7-11</td>
<td>Social Influence and Persuasion</td>
<td>Chapter 8</td>
</tr>
<tr>
<td><strong>Monday, Oct. 14</strong></td>
<td>EXAM 2</td>
<td><strong>Chapters 5-8</strong></td>
</tr>
<tr>
<td>Oct. 16-18</td>
<td>Prosocial Behavior</td>
<td>Chapter 9</td>
</tr>
<tr>
<td>Oct. 21-25</td>
<td>Aggression &amp; Antisocial Behavior</td>
<td>Chapter 10</td>
</tr>
<tr>
<td>Oct. 28 – Nov. 1</td>
<td>Attraction and Exclusion</td>
<td>Chapter 11</td>
</tr>
<tr>
<td><strong>Monday, Nov. 4</strong></td>
<td>EXAM 3</td>
<td><strong>Chapters 9-11</strong></td>
</tr>
<tr>
<td>Nov. 6-13</td>
<td>Close Relationships</td>
<td>Chapter 12</td>
</tr>
<tr>
<td>Monday, Nov. 11</td>
<td>No Class—Veteran’s Day</td>
<td></td>
</tr>
<tr>
<td>Nov. 15-18</td>
<td>Prejudice</td>
<td>Chapter 13</td>
</tr>
<tr>
<td>Nov. 20-25</td>
<td>Groups</td>
<td>Chapter 14</td>
</tr>
<tr>
<td><strong>Friday, Nov. 22</strong></td>
<td>Assignment Due</td>
<td></td>
</tr>
<tr>
<td>Nov. 27-29</td>
<td>No Class—Thanksgiving</td>
<td></td>
</tr>
<tr>
<td>Dec. 2-6</td>
<td>Applied Social Psychology</td>
<td>appendices</td>
</tr>
<tr>
<td><strong>Wednesday, Dec. 11 (1:10 – 3:10)</strong></td>
<td>FINAL EXAM</td>
<td><strong>Chapters 12 - appendices</strong></td>
</tr>
</tbody>
</table>
Potential Assignments

From this list of potential topics, please choose 1 to complete as the assignment portion of this class. Independent of choice, the assignment is due on FRIDAY, NOVEMBER 22 -- AT THE START OF CLASS. Late assignments will be docked 10 points each day late, including weekends. No emailed submissions will be accepted.

Please note, some of these assignments may take some planning. You must specify the number of the assignment you choose when you turn your paper in. You may also need to cite a source beyond your text book for these assignments. This source must be a peer reviewed journal. Websites, newspapers, magazines, and other text books are not acceptable sources.

Assignments must be well-written and complete, as grading will depend on grammar, APA style (if appropriate) and general readability. Assignments should be between 2-4 pages in length, typed, double-spaced, no weird fonts or spacing, and stapled. PAPERS EXCEEDING 4 PAGES (not including references/title page) WILL BE DOCKED 5 POINTS. As always, plagiarism will not be accepted, resulting in action from the psychology department and earning no points for the assignment.

Be sure to integrate concepts discussed in class and cite outside sources when appropriate. Do not just give your opinion on a particular issue. Failure to fully answer the question will result in a maximum grade of 25 points. PROOF READ your work – if your paper is a grammatical disaster, you will lose 10 points.

Options:

1. **Reality TV**: Evaluate what is happening on one of the reality shows that involves competition (e.g., American Idol, Dancing with the Stars, The Biggest Loser, America’s Next Top Model). Write a report discussing how the material in the text on self-knowledge relates to what happens on these shows. Are there illustrations of the looking glass self, social comparisons, self-appraisal, or self-perception theory? Other than the potential prize, why might people compete to be on these shows? How do the contestants react to negative feedback? Why might they react that way?

2. **Facebook**: Spend some time on facebook or another social networking site. Report on the following questions: What kinds of materials do most people put on the site? What does their purpose seem to be? Who seems to be the intended audience? Do they seem to be putting on things that will portray them in a positive light or provide a complete perspective of who they are? How does what you saw on the site apply to what you read about self-presentation in the textbook?

3. **Realistic Group Conflict Theory**: Think about groups that hold prejudicial attitudes toward one another and discuss how the realistic group conflict theory helps explains that prejudice. Describe each group and what it is that the groups are in conflict over and how that illustrates the realistic group conflict theory. There are many groups all over the world to choose from, e.g., Israelis and Palestinians, Kurds and either the Turkish or Iraqi people of other ethnicities, Protestant and Catholics in Northern Ireland, or rival groups on your own campus.

4. **Naturalistic observation**: Pretend you are a researcher interested in a particular social psychological phenomenon discussed in class. Do a detailed naturalistic observation of this phenomenon and write a summary of what you have found. Be sure to specify the
phenomenon, where you observed, who you observed (group, age, male/female, etc.), and how your results support or challenge the phenomenon in question.

5. **Age/Culture comparison**: Choose a research article describing a social psychological phenomenon of interest. This original study should either be a Western or a college student sample (as is typical of research in social psychology). Next find an article on the same phenomenon with a different sample – non-western, non-collegiate. Summarize the research and compare and contrast methods, participants, results, implications. Address whether your studies support or refute the idea that college students/Western samples are largely representative of people in general.

6. **Participate in a day of Nonconformity**: The challenge is to spend 1 day in a way that is as uninfluenced as possible by conformity pressures to appear cool, fit in, or be liked or accepted. Examine all behaviors throughout the day – be your own person, literally. Don’t tell others that you are doing this to minimize the effects of their reactions. **UNDER NO CIRCUMSTANCES SHOULD YOU BEHAVE IN A WAY THAT IS HARMFUL TO YOURSELF OR OTHERS, OR ILLEGAL.** Step 2 is to write about your experience addressing the following questions and anything else you think might be relevant:
   - How did you define nonconformity, and what did you focus your efforts on?
   - If your behavior was different than normal, which person did you like more: the "Day of Nonconformity you" or the "normal you"? If you preferred the "Day of Nonconformity you," what are the psychological factors that prevent this "you" from coming out?
   - What are the psychological costs and benefits of living authentically? In your view, do the benefits outweigh the costs?
   - How did others respond to your nonconformity? Do you think they noticed a difference in your behavior? What attributions did people make for your behavior, and why?

7. **Choose your own assignment.** Must be approved by the instructor in order to receive credit.