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Area physicians invited to HPER workshop session

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AREA PHYSICIANS INVITED
TO HPER WORKSHOP SESSION

MISSOULA--

Missoula area physicians are invited to attend a special session on electrocardiogram and exercise testing at 11:30 a.m. to 1:30 p.m. Thursday (June 14) in the Harry Adams Field House Human Performance Laboratory.

The special session, sponsored by the University of Montana Department of Health, Physical Education and Recreation, is part of a five-day (June 11-15) workshop at UM entitled "Physiological Fitness and Weight Control."

Dr. Brian J. Sharkey, HPER professor and instructor of the two-credit course, said John Edmonds from Avionics Research Equipment will give a demonstration on exercise electrocardiography. Another guest presentation will be made earlier in the week by Dr. James Gouaux concerning medical examinations and pre-exercise tests, Sharkey said.

"Based on recent findings that emphasize the relationship between fitness and weight control, this workshop is designed to give physical educators, health educators, recreation leaders and health and fitness program directors practical experience in the prescription of exercise for fitness and weight control," Sharkey explained.

"Included will be research and field tested concepts that are packaged for use by the layman. Participants will be involved in laboratory and practical sessions," he added.

Persons desiring additional information about the workshop may contact Sharkey by phoning 243-4211.

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