

1-2014

PSYX 378.01: Introduction to Clinical Psychology

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Syllabus (Spring, 2014)
Introduction to Clinical Psychology, Psychology 378, Section 01

Time: MWF, 2:10-3, Social Sciences 352

Course Instructor: Dr. David Schuldberg

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Office Hours: TBA

Professor's website: <http://psychweb.psy.umt.edu/www/facultyDetails.aspx?id=714>

Required Texts:

Pomerantz, A. M. (2014). *Clinical Psychology: Science, Practice, and Culture* (Third Edition, DSM-5 Update). Thousand Oaks, CA: Sage Publications. ISBN: 9781483345048. (Available for purchase at the UC bookstore and on-line, and on Mansfield reserve.)

Or

Pomerantz, A. M. (2013). *Clinical Psychology: Science, Practice, and Culture* (Third Edition). Thousand Oaks, CA: Sage Publications. ISBN: 9781452225319. (Available for purchase at the UC bookstore, on-line, and on Mansfield reserve.)

And

Halgin, R. P., & Whitbourne, S. K. (Eds.) (1998). *A Casebook in Abnormal Psychology: From the Files of Experts*. NY: Oxford University Press. (Selections available through Moodle.)

Textbook website (contains useful study aids):

<http://www.sagepub.com/pomerantz3e/study/default.htm>

There are several additional readings posted on Moodle (see below) that are required for the course; these provide the basis of the controversies that we will discuss during the term.

Moodle on-line system: Course announcements, additional class materials, and discussion forum will be on the Moodle site (<http://umonline.umt.edu/>). There you will find a copy of this syllabus, additional readings, all materials needed to complete extra credit assignments, and a discussion board for posing/answering questions about the class. I will also post suggestions for optional readings if you are interested in further information about a particular topic, as well as relevant websites and other resources. **IT Central Help Desk:** 243-4357 (8am-5pm); <http://www.umt.edu/it/support/default.php>; italk@umontana.edu

Be sure to use your official UM e-mail address with Moodle. You will need to have and use a university e-mail address and to check it regularly.

Your grade in this course will be computed from **four equally-weighted exams** (for a total of 84 points) and from **class participation** (16 points). Class participation will be assessed primarily through brief in-class exercises that will be given on most class days.

The first three exams will be administered during class, and the final exam will occur during exam week. The final is comprehensive (information on material covered provided in class). There will be no make-up exams except in the event of an emergency (with a note documenting the emergency) or required university-sanctioned activity.

The exams consist of approximately 22 multiple choice or T-F questions and 2-3 short essay questions. The final exam is comprehensive, and suggestions will be made in class for studying for the final.

Bring a clean *Psychology* NCS scantron form and #2 pencil to each exam.

Lectures will frequently derive from student questions and supplemental materials. E-mail questions to me the evening before class if there is a topic from the chapter that you would like for me to highlight or discuss in class. Discussion forums will also be available on Moodle.

Other requirements: Attendance in class is required; please come to class on time and stay for the entire period. Make sure cell phones and pagers are turned off (or set to vibrate) during class.

Please do not engage in excessive texting or online activity. Students need to attend regularly and participate in class discussions in order to do well in this class.

Extra credit: Extra credit will be made available on the Moodle site. Each extra credit assignment can add up to three points to the exam that follows it; extra credit for each unit must be turned in a class period before each exam or via e-mail. The fourth "extra credit" is your attendance for the course. Attendance will be taken randomly throughout the semester. If you attend all classes on which attendance is taken, you will receive three points added to your final exam. No points will be taken away for less than perfect attendance.

Grade Scale: The grading in this class uses plus and minus grades. Note that a grade of C or better is needed for required Psychology courses. For this reason, the course will not be using the "C-" grade.

Grade	Percentage \geq	Points for GPA computation
A	93	4.0
A-	90	3.7
B+	87	3.3
B	83	3.0
B-	80	2.7
C+	77	2.3
C	70	2.0
D	60	1.0
F	59 or lower	0

Course Goals and Objectives:

- 1) To learn what distinguishes clinical psychology from other mental health professions
- 2) To understand the integration of science and practice in clinical psychology
- 3) To become aware of current controversies and major issues in the mental health fields and in health care
- 4) To understand the differences between treatment approaches and theoretical orientations in clinical psychology

- 5) To learn about how to listen and think with regard to various practical clinical and mental health situations.
- 6) To learn basic aspects of professional roles and relationships in helping professions and to practice relevant skills in thinking about and discussing clinical situations

Your mastery of the topics described above will be assessed on tests using a multiple-choice and short-answer format, as well as on the basis of class participation in regular discussions of clinical topics. The test questions and the participation exercises will tap your knowledge of the meaning of technical terms and your ability to apply these terms in particular situations.

This course is organized around chapters, case studies, and controversies. For most of our days of class readings, there will be chapters (from the Pomerantz text, below), case studies (from the Halgin and Whitbourne text), and controversies (supplemental current readings in the field) to discuss. In addition, most class periods will include a discussion of video or other clinical vignette, and the handing in of a brief reaction to the video (instructions in class).

Reading and Exam Schedule

<u>Dates</u>	<u>Topics and Readings</u> (Pomerantz Chapters first; <i>Halgin/Whitbourne in italics</i>)	<u>Extra Credit Opportunities</u>
Week 1. January 27 - 31.	Mon Introduction to the course (Ch. 1)	
	Weds Defining clinical psychology (Ch. 1); <i>Judy (Ch. 5)</i>	
	Fri Evolution of clinical psychology (Ch. 2)	
Week 2. February 3 - 7.	Mon Controversies in clinical psychology (Ch. 3)	
	Weds Controversies: Prescription privileges? Read Fagan, Ax, Liss, et al. (2007)	
	Fri Cultural issues (Ch. 4)	
Week 3. February 10 - 14.	Mon Cultural issues, cont. (Ch. 4)	Extra Credit #1 Prepare a personal statement for graduate school Due Wednesday, 2/19
	Weds Ethical issues, case discussion (Ch. 5), <i>Joe-Ch. 7</i>	
	Fri Ethical issues, cont. (Ch. 5)	

<u>Dates</u>	<u>Topics and Readings</u>	<u>Extra Credit Opportunities</u>
Week 4. February 17 - 21 (No class Feb 17).	Mon No class	
	Weds Conducting research (Ch. 6); review	Extra Credit #1 due by e-mail or hard copy (4:00)
	Fri Exam 1 (covers chapters 1-4, <i>Judy, Joe</i>): Friday, 2/21	
Week 5. February 24 - 28.	Mon Finish Conducting research, (Ch. 6)	
	Weds Diagnosis and classification issues (Ch. 7); <u>additional materials will be provided on DSM-5.</u>	
	Fri Diagnosis and classification, cont. (Ch. 7)	
Week 6. March 3 - 7.	Mon Controversies: A (more) scientific approach to behavioral health. Read Baker, McFall, & Shoham (2008).	
	Weds The clinical interview (Ch. 8); <i>Irene</i> (Ch. 10)	
	Fri The clinical interview, cont. (Ch. 8)	
Week 7. March 10 - 14.	Mon Intellectual/Neuropsych. Assessment (Ch. 9)	Extra Credit #2 Biography of a clinical psychologist will be due Monday, 3/17
	Weds Intellectual/Neuropsych. Assessment, cont. (Ch. 9)	
	Fri Catch up and begin review	
Week 8. March 17 - 21.	Mon Personality and behavioral assessment (Ch. 10)	Extra Credit #2 due by e-mail or hard copy (4:00)
	W Personality and behavioral assessment, cont. (Ch. 10)	
	Fri 3/21 Exam 2 (covers Chapters 5-8, <i>Irene, Baker et al</i> reading)	

<u>Dates</u>	<u>Topics and Readings</u>	<u>Extra Credit Opportunities</u>
Week 9. March 24 - 28.	Mon Controversies: The future of clinical psychology. Read Bray (2010)	
	Weds Issues in psychotherapy (Ch. 11); <i>Ann</i> , (Ch. 2).	
	Fri Psychodynamic psychotherapy (Ch. 12)	

Week 10. March 31 - April 4 (Spring Break).		
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Week 11. April 7 - 11.	Mon Psychodynamic psychotherapy, cont. (Ch. 12)	
	W Humanistic psychotherapy (Ch. 13, continued); <i>Sheila & Karen</i> (Ch. 6)	
	Fri Humanistic psychotherapy, cont. (Ch. 13)	

Week 12. April 14 - 18.	Mon Behavioral psychotherapy (Ch. 14)	Extra Credit #3. Research a clinical psych. training program will be due Monday, 4/21
	Weds Behavioral psychotherapy, cont. (Ch. 14)	
	Fri Cognitive psychotherapy (Ch. 15)	

Week 13. April 21 - 25.	Mon Cognitive psychotherapy and case discussion (Ch. 15); <i>Flora</i> (Ch. 11)	Extra Credit #3 due by e-mail or hard copy (4:00)
	Weds Cognitive psychotherapy, cont. (Ch. 15)	
	Fri Exam III (Covers Chapters 9-14 in Pomerantz, Bray [2010], and the <i>Ann</i> case). Note: Chapter 15 (Cognitive therapy) is not included on this exam.	

<u>Dates</u>	<u>Topics and Readings</u>	<u>Extra Credit Opportunities</u>
Week 14. April 28 - May 2.	Mon Group and family therapy (Ch. 16); case discussion, <i>Paul</i> case (Ch. 14) [Skip?]. Note that text chapter 17 is skipped.	
	Weds Health psychology (Ch. 18)	
	Fri Health psychology, cont. (Ch. 18)	
Week 15. May 5 - 9.	Mon Forensic psychology [if time permits] and case discussion (Ch. 19), <i>John</i> (Ch. 16) [if time permits]	
	Weds <i>John</i> (Ch. 16) [if time permits]	
	Fri Forensic psychology (Ch. 19) [if time permits] and wrap-up	Extra Credit #4 is your attendance (see above).

Final Exam (Exam 4): Tuesday, May 13, 3:20-5:20 in the room where class is held.

Note: The final will be comprehensive. Information on depth of topics covered will be provided in class.

Notes:

- 1) This schedule is subject to change. Students are responsible for knowing about changes in assignments and schedules that may be announced in class or on Moodle.
- 2) Through the first fifteen (15) instructional days of the semester, students may use CyberBear (<http://cyberbear.umt.edu>) to drop courses. For courses dropped by the fifteenth instructional day, no fees are charged and courses are not recorded.
- 3) Friday, February 14 is the last day to drop, change a section, or change grading options without a drop/add form. After this date, a grade of "WP" or "WF" will appear on the transcript. Petitions to drop will be granted only in documentable emergency cases. Note that course failure, in and of itself, does not constitute an emergency. There will be no exceptions, so please plan accordingly.
- 4) Students with disabilities have the responsibility to declare their disability to the instructor at the beginning of the course if they require accommodations, and they also have the responsibility to arrange for such accommodations with Disability Services for Students (Lommasson Center 154). The instructor will work collaboratively with the student and DSS to provide these accommodations. If examination accommodations are arranged, please advise the professor and confirm the arrangements before each exam.
- 5) Departmental and University policies regarding Incompletes do not allow changing "Incomplete" grades after one year after an "I" has been granted.
- 6) Plagiarism or cheating of any kind will not be tolerated. Plagiarism is stealing or passing off the ideas or words of another as one's own without properly crediting the source. This behavior is unethical and a violation of the Student Conduct Code. Evidence of either plagiarism or cheating may result in an automatic "F" for that assignment and a deduction of 40 points from the final grade. The instructor also reserves the right to assign an "F" as a final grade if either cheating or plagiarism occurs.
- 7) The website for the Department of Psychology (<http://www.umt.edu/psych/>) has important information pertaining to psychology major and minor requirements, admission requirements, Psych 100, supervised research, etc. If you are a psychology major, or are thinking about becoming one, this is important information for you to review. In addition, the website provides links to sites with information on graduate school admissions, graduate programs, and careers in psychology. If you are at all interested in pursuing graduate study or employment in psychology, use these links as a starting place for your research on programs.
- 8) Students are expected to practice cell phone and laptop etiquette in class. No cell phone use, texting, use of mp3 players, etc. is permitted during exams.
- 9) All students must practice academic honesty. Academic misconduct is subject to an academic penalty by the course instructor and/or a disciplinary sanction by the University.
- 10) All students need to be familiar with the Student Conduct Code. The Code is available for review online at http://life.umt.edu/vpsa/student_conduct.php.