

1-2014

KIN 205.01: Foundations of Health and Human Performance

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Recommended Citation

Burns, Clarence Eugene, "KIN 205.01: Foundations of Health and Human Performance" (2014). *Syllabi*. 2677.
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SYLLABUS

KIN 205 – Foundations of Health & Human Performance
Spring 2014
TR, 8:10-9:30 am – McGill 210

Dr. Gene Burns
Office: McGill 136
Phone: 243-5241
Office Hours: TWR 10-12

COURSE PRESENTATION

The essential treatment of the various topics to be presented in this course is intended for the novice student of Health and Human Performance. The intent of this course is to broaden your understanding of the foundational principles (philosophy, humanities, sociology, psychology, pedagogy, and life sciences) with special emphasis on historical and philosophical relevance of programs like HHP, especially in regards to the evolution of the unity of mind/body concept. The purpose of this course is to offer you a comprehensive overview and analysis of Health and Human Performance and to involve you in assessing future directions. In addition, the course will provide an overview of the specific program emphases and options comprising the Health and Human Performance Department and what they offer in terms of career potential.

COURSE OBJECTIVES

At the completion of KIN 205, students will:

1. Understand, define, and communicate the uniquely broad scope of HHP and how it relates to other educational domains and the larger educational environment
2. Recognize the various academic focuses (disciplines and subdisciplines) that comprise the study of HHP
3. Develop a distinct understanding and appreciation for the significant contributions of history and philosophy in the development, study, and current practices of HHP
4. Develop a keen awareness of the role ethics plays in HHP applications
5. Become more aware of the current issues impacting HHP, education, and society
6. Understand the composition of the various program emphases in the HHP Department and what they offer in terms of career preparation and potential
7. Become more cognizant of the distinctive role the unity (mind/body) concept plays in the study and practice of HHP

COURSE REQUIREMENTS

Members of the class are responsible for all assigned readings and for all materials presented in class. There will be three midterm examinations and a final. Exams will not be comprehensive. Class participation and attendance will enter into the calculation of your overall course grade.

ASSESSMENT

A modified curve/percentage grading system will be used; approximately 90% and above is A, 80-89% is B, 70-79% is C, 60-69% is D, and below 60% is F. The exams will be worth 15, 30, 30, and 25 points respectively, for a total of 100 points. The instructor reserves the right to assign + and – increments when deemed appropriate.

TEXTBOOK: Freeman, W.H. *Physical Education, Exercise, and Sport Science in a Changing Society*, 7th edition. Jones & Bartlett Learning, LLC, 2012. Available in UM Bookstore.

The Academic Officers of The University of Montana require that course instructors include the following statement on each course syllabus: All students must practice academic honesty. Academic misconduct is subject to an academic penalty by the course instructor and/or disciplinary sanction by the University. All students need to be familiar with the Student Conduct Code. The Code is available for review online at <http://www.umt.edu/SA/VPSA/index.cfm/page/1321>.

The use of electronic devices is strictly forbidden in this course without permission from the instructor. Violation of this policy will result in penalty. Please turn off all cell phones prior to class.

Missing an exam without a proper excuse and evidence to support the absence is unacceptable. If you anticipate missing an exam, inform the instructor prior to exam date to receive permission.

COURSE OUTLINE AND REQUIRED READINGS

January	28	Introduction – Logistics – Umbrella Model
	30	Educational Hierarchy; Educational Objectives
February	4	Educational Hierarchy; Educational Objectives
	6, 11	Defining the Field – Chapter 1 Academic Foundations of HHP – Chapter 2
	13	EXAM
	18, 20, 25, 27	Historical Heritage (Greeks & European) – Chapters 3, 4
March	4	EXAM
	6, 11, 13, 18	Historical Heritage (American) – Chapters 5, 6, 7
	20, 25, 27	Historical Heritage (American) – Chapters 5, 6, 7
April	1, 3	Spring Break
	8	Historical Heritage (American) – Chapters 5, 6, 7
	10	EXAM
	15, 17	TBA
	22, 24, 29	Philosophical Heritage – Chapter 8,
May	1, 6	Ethics, Problems, Issues & Future – Chapters 9, 14, 15
	8	Careers -- Chapters 10, 11, 12 contain useful information on careers which won't be included on exam – read for your own benefit. The instructor will discuss careers in class.
	14	FINAL EXAM – Wednesday, 8:10-10:00

Students with disabilities may request reasonable modifications by contacting me. The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and Disability Services for Students (DSS). "Reasonable" means the University permits no fundamental alterations of academic standards or retroactive modifications. For more information, please consult <http://www.umt.edu/disability>.