PSYX 534.02: Applied Clinical Methods

David Schuldberg
University of Montana - Missoula, david.schuldberg@umontana.edu

Follow this and additional works at: https://scholarworks.umt.edu/syllabi
Let us know how access to this document benefits you.

Recommended Citation
https://scholarworks.umt.edu/syllabi/2845

This Syllabus is brought to you for free and open access by the Course Syllabi at ScholarWorks at University of Montana. It has been accepted for inclusion in Syllabi by an authorized administrator of ScholarWorks at University of Montana. For more information, please contact scholarworks@mso.umt.edu.
Group meeting: Tuesdays 1:10 - 3, CPC 115. Weekly individual meetings (40 minutes) will be held with the supervisor.

Texts:


Other resources:
See Fall syllabus.

Note: Readings are on Moodle.

Topics:
The list of topics remains flexible. Discussion will be based primarily on current issues that arise in students’ ongoing clinical work.

<table>
<thead>
<tr>
<th>Date</th>
<th>Topics</th>
<th>Readings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Organizational meeting for second semester. Welcome to new students. Functioning of group meetings. CPC chart audits and catching up on paperwork. Review of requirements and format of the course. Catch-up on Winter break issues.</td>
<td></td>
</tr>
<tr>
<td>Week 4</td>
<td>What is curative in a relationship? Interpersonal intervention strategies.</td>
<td>Review Weissman, Markowitz, Klerman; Levenson, pp. 88-185</td>
</tr>
<tr>
<td>Date</td>
<td>Topics</td>
<td>Readings</td>
</tr>
<tr>
<td>-----------------</td>
<td>------------------------------------------------------------------------</td>
<td>--------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>March 2 - 6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 7</td>
<td>Case formulation scenarios. (No reading.)</td>
<td></td>
</tr>
<tr>
<td>March 9 - 13</td>
<td></td>
<td></td>
</tr>
<tr>
<td>March 16 - 20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Date</td>
<td>Topics</td>
<td>Readings</td>
</tr>
<tr>
<td>-----------------------</td>
<td>------------------------------------------------------------------------</td>
<td>------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>Spring Break,</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>March 30 – April 3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>April 6 - 10</td>
<td>interpersonal circumplex (Structural Analysis of Social Behavior).</td>
<td></td>
</tr>
<tr>
<td>April 20 - 24</td>
<td>psychology. Seeing, mirroring, empathizing, and understanding</td>
<td></td>
</tr>
</tbody>
</table>
### Week 13
**April 27 – May 1**

**Topics:** Existential factors in the relationship: “Being with” and “accompanying” “Cure” vs. “Care” revisited. Perspectives from medicine.

**Readings:**
- Review Winnicott, D. W. (1986). “Cure”. From *Home is where we start from* (pp. 112-120). NY. Norton. (Moodle.)

### Week 14
**May 4 - 8**

**Topics:** Termination in brief and interpersonal psychotherapy: Advanced topics. Transfer and continuity of care. More on termination in brief therapy and in general. Wrap-up of cases and discussion of issues regarding summer. Closure and transfer. Video erasure and paperwork.

**Readings:** Levenson, pp. 153-186.

### Week 15
**Exam Week**

**Topics:** Final group meeting (perhaps). Individual meetings with supervisor.

### Additional topics:
(Note: This is a list of possible topics for further discussion during Spring semester. Discussion at any given meeting will be based largely on current issues that arise in students’ ongoing clinical work and in the discussions of the supervision group.)

1. Therapeutic cognitive psychology; therapeutic discourse and treatment narratives.
4. Men’s issues and working with them in therapy.
5. More crucial assessment issues and “rule-outs.”
6) Additional ethical and legal issues. Becoming more adept at recognizing and dealing with
dual relationship issues.

7) Interpersonal implications of the disorders formerly called Axis II.

8) Is “eclectic” a dirty word?

9) The gentle art of referral.

Course requirements (Reminders):

1) Completion of the Goal Attainment Scaling exercise at end of the course in the Spring.
   (Students are likely to find this useful in their work.)

2) Attendance at weekly group meetings, including the monthly CPC Staff Meetings on the
   first Tuesday of the month. It is important not to miss individual or group supervision
   meetings.

3) Weekly individual meetings with supervisor: Forty minutes each week. In order to make
   optimal use of this time, please make sure a room is scheduled and free; sign up for the
   room in advance and let the supervisor know where you will be. Have the video ready for
   viewing and discussion at the beginning of the time. Also, please have all the week’s case
   notes ready for review and signatures.

4) Readings as assigned.

Clinical requirements for the course (Reminders):

1) Students are encouraged to carry at least three cases at a given time; if any of these cases
   become inactive, sporadic, or terminate, the student is expected to begin additional cases
   as soon as possible. Procedures for dealing with clients who regularly miss sessions will be
   discussed in class. Students and supervisor will monitor the number of weekly client
   contact hours to evaluate the “fit” between the student’s case load and training needs. It is
   crucial that students carry a “critical mass” of ongoing clients.

2) Sessions are to be recorded, using the CPC webcam system. Audiotaping is allowed as an
   exception only; discuss with supervisor if this comes up. Please note that recordings need
   to be audible, and “visible” as well. Procedures for maximizing the usefulness of recordings
   will be discussed.

3) During the semester, each student presents and discusses one case in the group meeting.
   Times for these weekly presentations will be scheduled.

4) Students need to be aware of the status of their clients’ billing and CPC account, and to
   discuss these as necessary. (Please evaluate this again for any current or continuing cases
   ...)
during the first week of Spring semester and then keep up with your clients’ accounts on approximately a weekly basis.) CPC procedures regarding setting and collecting fees will be discussed in class.

5) Students and supervisor need to complete and keep up with all CPC paperwork and procedures. (Please evaluate whether you have any outstanding paperwork during the first week of Spring semester for your continuing cases.) This is a component of the professional conduct of clinical work. Treatment plans will be completed for all clients. Unless contraindicated, all clients will be given the CPC evaluation instruments at intake, for tri-annual progress reports, and at termination.

6) In the event that the student’s client paperwork is not complete by the end of exam week of Spring Semester, 2012, a grade of “N” will be assigned; unsatisfactory handling of paperwork is reflected in the course grade.

7) Students new to a practicum need to attend a CPC orientation early in the semester.

8) All students seeing cases in the CPC are required to have current malpractice insurance. Please give a copy of your notice of insurance to Lauren prior to seeing any clients for this practicum.

9) Students are expected to be familiar with the current APA Ethical Standards (and related documents, including the 1988 APA “Casebook for Providers of Psychological Services,” 1981 Clinical “Specialty Guidelines,” and the 1987 APA “General Guidelines”), the CPC Policy and Procedures Manual, and the Psychology Department Rules. All clinical and didactic work in this practicum is to be conducted in accordance with these documents. In the event of uncertainty about ethical and professional issues, it is the student’s responsibility to seek consultation with the professor or CPC Director.

Grading:

Clinical Skills: Assessment and case formulation 20
Clinical Skills: Intervention techniques 25
(specific and non-specific)
Openness, responsiveness, and utilization of supervision 20
Class attendance and participation 10
Paperwork and other clinical “mechanics” 15
Collegiality and professionalism 10

-----
Total 100
Grading: ≥ 73% = Cr. Allowance is made for improvement over the semester, and students are evaluated in relation to their expected current level of doing clinical work. Please talk to the professor if you have any questions or concerns about how you are doing in the class.

An “N” grade will be assigned at the end of Spring semester pending completion of CPC paperwork on practicum cases.

General notes:

1) Friday, February 13 is (I think) the last day to drop classes with an add/drop form. After that date, no petitions to drop the course will be signed and no Incompletes will be given except in documentable emergency situations.

2) Students with disabilities have the responsibility to declare their disability to the instructor at the beginning of the course if they require accommodations, and they also have the responsibility to arrange for such accommodations with Disability Services for Students (Corbin Hall). The instructor will work collaboratively with the student and DSS to provide these accommodations.

3) Written work is expected to be the student’s own (not plagiarized).

4) Departmental and University policy regarding Incompletes does not allow changing “Incomplete” grades after a year after an “I” has been granted. Also, the Department Policy and Procedures Manual ([Section V. C. 5, page 17]) states: “It is the expectation of our graduate program that an ‘I’ be made-up for within one semester. Undue delay in completing the course requirements may be used by the instructor as a factor in grading the completed work. Incompletes indicate lack of progress: They will be considered in student evaluations as well as in assistantship assignments.”

Professor: Dr. David Schuldberg, Skaggs Building (SB) 206, x4183 (non-urgent voice mail)

Professor’s cell: 550-4619

CPC supervisors’ pager number: 241-1126.

e-mail: david.schuldberg@umontana.edu

Psychology Web site

Moodle URL

Office hours: TBA, SB 206. Consultation available as needed.

Note: Please be sure you have the CPC supervisor contact card.
February 3, 2015
- Welcome to new semester!
- Introduction to clinical supervision

March 3, 2015
- What makes for good supervision?
- Models of Supervision

April 7, 2015
- Supervision interventions (Individual and Group)
- Supervisee non-disclosure

May 5, 2015
- CPC graduation!

REFERENCES


