CAS 185.01C: Prevention Practices

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Course Description:
This course is designed to introduce strategies for environmental prevention that focus on altering and improving the environment by changing social norms or attitudes, controlling the availability of illicit drugs or alcohol, or strengthening enforcement of laws and regulations. Risk and Protective Theory will be outlined, as well as the five categories of environmental strategies. This course is appropriate for everyone who has or will have a role in prevention, education, community health, treatment, and/or community change.

Course Objectives & Student learning goals:
1. Students will be able to demonstrate basic universal knowledge of Prevention Researched based interventions & Program Planning.
2. Students will be able to identify the components of Risk and Protective Theories.
3. Students will gain basic knowledge of Environmental Strategies for Prevention.
4. Students will develop basic coalition building skills, while learning about community coalitions, media campaigns, and community education in Missoula County.

Required Text:

Recommend purchasing on Amazon.com

Reading assignments will be on Moodle and it is expected that the assignment will be read before class time.
1. This course is designed to be interactive and experiential so attendance and participation will be a portion of your grade. Attending class is not the same as participating in class!

2. Thought provoking quizzes and interesting assignments will be given for a total of 6 over the semester. The quizzes will be from the assigned readings and class discussions, which may include guest speakers.

3. **Research Final Project:** Students will work in a 2-3-person team for the purpose of putting together a presentation and final paper researching a prevention strategy. The presentation and paper will discuss the success of the strategy and if it was a best practice, along with how the strategy fits into a logic model. More information will be given during class on this project.

4. **Educational Outreach:** Students will be asked to participate in at least three community prevention activities – One MUSAP meeting is required if possible then the other two will be your choice.
   a. *MUSAP (Missoula Underage Substance Abuse Prevention) coalition meeting, see dates on class schedule (typically the first Wednesday of every month 10:00-11:30 am at 1200 Burlington Ave (MESI building), Feb. meeting is on the 11th of Feb.)*
   b. One session with a Curry Health Wellness Coach – contact Health Promotions at Curry Health
   c. Any program provided by Curry Health Center Health Promotions on campus
   d. Prevention Activity – must be pre-approved by Professor

It is the student’s responsibility to schedule accordingly to meet the educational outreach requirements. **By the second week of class students will be asked to give a list with the three-outreach activities you will be choosing to participate in.**

**Assessment of student learning goals and objectives:**

1. Attendance/participation can earn up to 3 pts per class – for possible 90 pts
2. Quizzes/Assignments 6@ 50 pts. each 300 pts.
3. Three Educational Outreach Activities 3@ 25 pts each 75 pts
4. Final Presentation 1@ 100 pts. 100 pts
5. Final Paper 1@ 100 pts. 100 pts
6. 665 pts

*****Attendance/Participation Grade: Each day you can earn up to 3 points toward your attendance/participation grade.
3 = on time attendance with full class participation and the readings done
2 = late
1 = disruptive to class (this is entirely up to the Professor’s discretion) or just arriving to turn in an assignment
0 = Absence from class

3 = Automatic points if you have one of the University approved absences

*The University system allows for three excused absences each semester. See more information below.*

   1. When the student is participating in a university-sanctioned athletic event
2. When the student has a prolonged or severe illness
3. When the student has experienced a death in his or her family.

- **If you miss an assignment and/or exam valid documentation MUST be provided in order to make it up.** “Valid documentation” includes a note from the university confirming your participation in a university-sanctioned athletic event in situation #1 above; a note from your physician or mental health professional in situation #2 above; and in the case of situation #3, please contact me via email A.S.A.P. to discuss appropriate documentation.
  - You have **48 hours after the missed assignment’s due date** to notify me so that we can arrange for you to make-up the work.
    ▪ Thus, do NOT wait weeks after your excused absence to inform me that you missed an assignment and need to make up the work.
  - **Please be aware, I strictly enforce this policy and WILL REQUIRE documentation in situations 1-3.**

**CLASS PARTICIPATION AND ATTENDANCE:** Attendance is taken each class period. Students are expected to attend all class meetings and complete all exams and assignments for the course. Occasional absences will be considered as excused provided they meet the following criteria: illness, injury, family emergency, religious observance, participation in a University sponsored activity (field trip, performance, intercollegiate athletics) military service or mandatory public service. Requests for excused absences must be communicated to me by email prior to the date of the absence and must be accompanied with adequate documentation from the professionals involved. If you have received approval for an excused absence, you have 48 hours after the missed assignment’s due date to notify me so that we can arrange for you to make-up the work or turn it in late. Please be aware, I strictly enforce this policy and WILL REQUIRE documentation. Documentation must be provided within 1 week of the absence. Three (3) unexcused absences could result in a deduction of 5% of your total grade.

**LATE ASSIGNMENTS OR MISSING AN EXAM:**
If you do not turn in an assignment or miss an exam and it is not due to one of the three University excused absences or you have exceeded your three excused absences there will be a late penalty of 25% less your grade if and/or if arrangements are made with me within **24 hours** of the missing assignment or missing exam. These arrangements but be verified by me (confirmed in person, with an email and/or phone call). If there are no arrangements made within this time frame then the assignment or quiz will be accepted for 70% of the grade only.

**Assignments are due in class in hard copy form** on the date specified on the course calendar.

*Always check after each assignment in the Moodle grade book to make sure your grade is posted correctly.* It is the student’s responsibility to keep all graded assignments should a dispute come about with regards to grades.
Traditional rounding rules apply (i.e. .5 and above are rounded up and less then .5 are not). The breakdown is as follows:

<table>
<thead>
<tr>
<th>Percentage Range</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>100-93%</td>
<td>A</td>
</tr>
<tr>
<td>92-90%</td>
<td>A-</td>
</tr>
<tr>
<td>89-87%</td>
<td>B+</td>
</tr>
<tr>
<td>86-83%</td>
<td>B</td>
</tr>
<tr>
<td>82-80%</td>
<td>B-</td>
</tr>
<tr>
<td>79-77%</td>
<td>C+</td>
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<td>76-73%</td>
<td>C</td>
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<tr>
<td>72-70%</td>
<td>C-</td>
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<tr>
<td>69-76%</td>
<td>D+</td>
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<tr>
<td>66-63%</td>
<td>D</td>
</tr>
<tr>
<td>62-60%</td>
<td>D-</td>
</tr>
<tr>
<td>&lt;60%</td>
<td>F</td>
</tr>
</tbody>
</table>

**What to expect on quizzes:**
There will be 3 quizzes. The quizzes will cover chapters in the text, information from class lectures, and information from guest speakers. Once a quiz is graded and turned back to you, you will have until the next class period to make any corrections necessary in order to receive 1/2 credit back per wrong answer on your quiz. The purpose of the quizzes is to make sure the material is understood.

The format of the quizzes and exams will be multiple choice, true/false, and essay questions. All quizzes must be taken. There are no dropped quizzes.

Lectures will typically follow the chapters in the textbook but will also include material not in your text. It is important that you read the text and attend lectures consistently and regularly.

**Assignments/Presentations:**
Assignments will be explained in detail in the Assignment section of Moodle. All assignments must be typed and presented in a manner befitting higher education. Spelling, grammar and content will all be graded.

Assignments include, but are not limited to the following:
1. Personal Inventory
2. Interviewing a prevention specialist in Missoula
3. Personal Debrief on the Town Hall meeting
4. Final Paper - details will be given in class by mid-semester mark.
5. One group presentation will be given to the entire class - more details will be given in class – these presentations will start before finals week and carry into finals week.

**EVERYTHING THAT IS TURNED IN MUST BE TYPED IN 12 FONT Arial or Times, 1.5 spaced AND:**
1. Top Far Right Corner of Paper – single spaced
   i. First and Last Name
   ii. Class
   iii. Assignment Name
   iv. Date
   v. Professor Tyree
Moodle:
I will communicate with you through MOODLE and University email. I will post the syllabus, assignments, power points, and announcements. I will send emails through MOODLE. It is advised that you check MOODLE regularly.

Accommodations for students with disabilities:
The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and Disability Services for Students (DSS). If you have a disability that is adversely affecting your academic performance and you have not already registered with DSS please contact DSS in Lommasson 154. I will work with you and DSS to provide reasonable modifications. For more information consult www.umt.edu/disability.

Other student resources:
1. For students needing academic counseling: Call Cec Gallagher (UM-MC Retention Coordinator/Advising Facilitator) at 243-7878.
2. The Writing Center: exists to help all UM student improve as writers as they pursue their academic and professional goals. They provide free writing instruction through one-one tutoring and in-class workshops. The expert writing tutors help students more effectively engage in critical thinking, plan, develop, and direct a paper for specific audience and purpose; revise and edit papers and reports; and more. www.umt.edu/writingcenter
3. Maureen and Mike Mansfield library: the Mansfield library provides information resources to meet the needs of UM students. The library features state-of-the-art electronic access to information and a collection of over 1.5 million volumes. The library is open 7 days a week.

Class etiquette:
1. Be on time - attendance will be taken promptly at the start of class
2. All electronic devises need to be silenced – no texting in class
3. Participation in class discussion is advised and will be a part of your grade

Cancellation of Class:
If class is cancelled for any reason we will continue to proceed with the schedule outlined on the course calendar in Moodle.

Honor Code:
The Honor Code, found in The University of Montana Student Handbook (www.umt.edu) will be strictly adhered to. Plagiarism or cheating will result in a zero on the exam or assignment, at minimum, and it will be reported to Department Chair and/or the Dean. Additionally, you are subject to The University sanctions, suspension, or expulsion.

If you do not know what plagiarism is visit the Writing Center at the Mountain Campus - information given above.
**Miscellaneous:**
Anything not specifically mentioned in this syllabus will be found in the UM student Handbook (www.umt.edu) and will be upheld in this class. It is your responsibility to read and abide by the policies in the student Handbook and this syllabus. The syllabus may be subject to change - notice will be given in class and written in Moodle.

This Syllabus is subject to change during the semester, all changes will be discussed in class and/or through the University email, as well as an updated syllabus posted on Moodle.