Fall 2004

CUL 157.01: Pantry and Garde Manager

Wynne Wakley

University of Montana - Missoula

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COURSE NUMBER AND TITLE: CUL 157 Pantry and Garde Manager

DATE REVISED: FALL 2004

CREDITS: 3

PREREQUISITES: CUL 151 and CUL 175 online with a 2.0 or better

FACULTY: Chef Wynne Wakley
E-MAIL: wynne.wakley@mso.umt.edu
PHONE: 243-7880
OFFICE: Culinary Trailer
HOURS: by appointment

COURSE DESCRIPTION:

Identification of a large variety of fresh greens, vegetables and fruits, their general and specific use, standards of quality, preparation and presentation. Also covered are entrée salads, side salads, salad dressings, cold sauces, sausages, cocktails, relishes, dips, appetizers, canapés, pates, mousses, ice carvings as well as banquet and buffet presentation. Basic breads and desserts, cakes, pies and cookies.

STUDENT PERFORMANCE OUTCOMES:

Upon completion of this course, the student will be able to:

1. Identify tools and equipment used in garde manger, emphasizing safety and sanitation procedures
2. Discuss preparation of cold foods, salads, sauces, dressings, marinades, relishes, sausages, canapés and hors d’oeuvres
3. Research and develop charcuterie project including canapés, dips, cocktails, relishes, terrines, pates, galantine, and mousses
4. Discuss proper handling and storage of vegetables, fruits emphasizing on safety and sanitation procedures
5. Develop fundamental knife skills in the production of garnishes
6. Produce decorative centerpieces and ice carvings
7. Identify and discuss ingredients in the cold kitchen
8. Demonstrate proper scaling and measuring techniques
9. Identify equipment and utensils used in baking
10. Identify ingredients used in baking
Testing and Grades

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Primary Text

*Professional Cooking, 5th Edition* by Labensky/Hause
Wiley Publishing

Other Materials

*Professional Cooking, 5th Edition*, Chapters 19, 20, 22, 23 and handouts

Course Outline

I. Produce
   a. Quality
   b. Storage
   c. Handling

II. Types of Salads
    a. Tossed Salad
    b. Composed Salad
    c. Bound Salad
    d. Vegetable Salad
    e. Fruit Salad

III. Parts of Salads
    a. Base
    b. Body
    c. Garnish
    d. Dressing

IV. Basic Salad Dressings
    a. Mayonnaise-Based Dressings
    b. Emulsified Vinaigrette Dressings

V. Basic Knife Cuts
   a. Brunoise
   b. Batonnet
   c. Julienne
   d. Paysanne
VI. Cold Sauces
   a. Sauce Gribiche
   b. Tartar Sauce

VII. Hors D’oeuvres
   a. Appetizers
   b. Canapés

VIII. Pates and Mousses

IX. Charcuterie

X. Bake Shop
   a. Breads
   b. Muffins
   c. Cakes and Decorative Techniques
   d. Pies
   e. Cookies