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NINE GRIZZLIES TO COMPETE
IN WSU INDOOR TRACK MEET

bill schwanke

3/13/69
sports one



sports

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MISSOULA---

Nine members of the 1969 University of Montana track team, two of them freshmen, will be in Pullman, Wash. Saturday to compete in the annual Washington State University Indoor Invitational.

Grizzly Coach Harley Lewis said some 22 schools will be represented at the meet, with separate divisions for four-year and junior colleges. Team scores will not be kept, Lewis said.

Montana's veteran entries will include Mike Lyngstad of Columbia Falls, defending javelin champ; Mick Harrington of Missoula, who placed third in the 1,000-yard run last year and is now in what Lewis called "the best condition he's ever been in," and Carl Erland of Kent, Wash., discus thrower.

Other veterans in the meet will be Howie Roth of Kennewick, Wash. in the shot put; Randy Hahn of Great Falls in the 300-yard dash and mile relay; Bob Zins of Great Falls in the 70-yard dash and mile relay, and Daryl Gadbow of Missoula in the 440-yard dash and mile relay.

Montana's two freshman competitors will be Mark Nichols of Great Falls in the long jump and 70-yard dash, and Dave Smith of Grant's Pass, Ore. in the 300-yard dash and mile relay.

Some of Montana's other prime trackmen will not compete in the meet because they either have, or have recently had, some type of minor injury.

"I don't want to jeopardize these people because indoor meets of this nature are often dangerous," Lewis said. He explained that the difference in running surfaces and the sharp, unbanked turns can put abnormal strain on a runner's legs.

"We might lose an individual for the season as a result," Lewis said. "Quite frankly, I could care less about early season meets except for their training value. We're pointing for the conference meet in Missoula late in May."

Following the WSU meet Saturday, the Grizzlies will be idle until March 29, when they will return to Pullman for another invitational, this one outdoors. They have cancelled out of the Banana Belt Relays in Lewiston, Idaho March 22 because of final exams.