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DANC 380.01: The Science of Dance Movement

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DANC 380-THE SCIENCE OF DANCE MOVEMENT SPRING 2016

Spring 2016 University of Montana

School of Theatre & Dance

DAN 380 Science of Dance Movement

M/W 1:10-2:30pm PARTV 190

Instructor: Michele Antonioli

PARTV 184

Office Hours: M 11am-noon; T 2:30-3:30pm; F 1:30-2:30pm;

michele.antonioli@umontana.edu

TEXT: ANATOMY OF MOVEMENT by: Blandine Calais-Germain

Course Purpose:

This course provides an introduction to the anatomy of human movement with a particular emphasis on the implications this material will have for dance movement. The course will provide a basic understanding of the systems of the human body that are responsible for human movement and aid in the understanding of dance technique, facilitate anatomically guided teaching methodologies for dance teachers and safe and appropriate uses of the human body in dance choreography.

Course Objectives:

- ❖ Provide a basic knowledge of the skeletal and muscular systems of the human body and how they interact to create movement
- ❖ Apply this information to the movement mechanics of the body in dance
- ❖ Identify musculoskeletal variations and imbalances and discuss their implications for dancers
- ❖ Provide a basic understanding of common dance injuries, their genesis, treatment and suggestions for technical modifications to allow for appropriate execution of movements that fulfill aesthetic requirements but allow lower injury risks

Methodology:

This course will consist of two lectures per week. In addition to lecture and discussion, there will be video and experiential anatomical exploration of body systems.

Grading:

Test 1=20%

Test 2=30%

Test 3=40%

Identify one common dance injury and write a brief description of the injury, prevention and treatment= 10% (due Feb. 8)

Day/Time of Final (which is the same as test 3): Tuesday May 10th 3:20-5:20pm

Policies for students in ST & D classes:

Academic Misconduct and the Student Conduct Code

All students must practice academic honesty. Academic misconduct is subject to an academic penalty by the course instructor and/or disciplinary sanction by the University. All students need to be familiar with the Student Conduct Code. The Code is available for review online at http://www.umt.edu/vpsa/policies/student_conduct.php.

All Theatre & Dance students must have an in-depth knowledge of the practices and procedures outlined in the School of Theatre & Dance *Student Handbook*. The *Handbook* is available online at <http://www.umt.edu/umarts/theatredance/About/handbook.php>.

There is inherent risk involved in many Theatre & Dance classes as they are very physical in nature. Please proceed through class, shop time, or rehearsal with caution. Always be mindful of your personal safety and the safety of others. Students participating in class/shop/rehearsal/performance do so at their own risk.

Due to safety considerations, at **no** point during a student's time spent in class or serving on a production (in any capacity) should non-enrolled persons be guests of that student **without my consent**. Presence of such unauthorized persons in a class, shop, or any backstage/off-stage area will negatively affect a student's grade.

From the EO/AA Office:

Please consider adding to your syllabus one of the following statements:

Students with disabilities may request reasonable modifications by contacting me. The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and Disability Services for Students (DSS). "Reasonable" means the University permits no fundamental alterations of academic standards or retroactive modifications. For more information, please consult <http://life.umt.edu/dss/>