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Widespread disease prompts workshop at University of Montana

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WIDESPREAD DISEASE
PROMPTS WORKSHOP AT UM

MISSOULA--

Widespread concern for cardiovascular disease in this country has led to a workshop on physical activity and cardiovascular health at the University of Montana for study of the problem.

The workshop, which began Monday, ends Friday, July 18. More than 55 people are attending the sessions, which are in the University Center on the Missoula campus.

Dr. William L. Haskell, director of program development for the President's Council on Physical Fitness and Sports, spoke Monday, about the relationship and amount of physical activity the individual performs, and his chances of getting heart disease. Dr. Haskell said that one of two people who die annually die of cardiovascular disease. He added that the cardiovascular death toll reached 1.2 million last year.

Dr. Harold A. Braun, Missoula cardiologist, also spoke at the opening session. He discussed physiology and disease related to the heart and blood vessels. Dr. Braun is currently directing the Mountain States Regional Medical Program's Intensive Coronary Care Symposia at St. Patrick Hospital and the University of Montana under the Western Interstate Commission for Higher Education.

Tuesday, July 15, Dr. Carl S. Blyth, director of Laboratory of Applied Physiology, University of North Carolina, will speak on testing methods and metabolic considerations of the cardiovascular patient. Dr. Blyth is a past president of the American College of Sports Medicine.

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