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Dr. Curry speaks at University of Montana cardiovascular workshop

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IMMEDIATELY

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7/16/69
local + cs + ht

DR. CURRY SPEAKS AT UM CARDIOVASCULAR WORKSHOP

MISSOULA--

The director of the University of Montana Health Service recommended physical fitness programs for everyone Wednesday.

In an address at the physical activity and cardiovascular workshop on the Missoula campus, Dr. Robert B. Curry said, "Physical fitness has a place for all of us--should be a family affair, a part of all our lives."

The 36-year-old Bloomington, Ind., native, said that even the physically infirm can benefit from various types of physical activity. Such activity can help a patient recover psychologically from an illness, Dr. Curry indicated.

Dr. Curry, who also is an associate professor of health and physical education at the University, said that people should be more educated and informed about the correlation of physical activity to good health. Involvement in physical activity should follow, he said.

Other speakers for the afternoon session included Dr. James E. Gouaux, a Missoula physician specializing in internal medicine; Dr. Carl S. Blyth, director of the Laboratory for Applied Physiology, University of North Carolina, and Dr. Brian J. Sharkey, director of the workshop and an associate professor in the UM health and physical education department.

The workshop continues through Friday.

Participants in the workshop include 44 health, physical education and recreation personnel and other interested individuals.

They include Craig R. McCollor, Dennis J. Williams, Dean W. Hermes, Tom Karren, Frank Sovka, Frank J. Reich, Gary W. Johnson, Garry A. Gottfried, Frank Schoonover, James R. Casey, Merry W. Johansen, Ronald McKinstry, Donald G. Brumbach, Kathryn Macho, Ronald L. Jones, Judy Mae Beck, Michael Delaney, David Dainty, Kay Chambers, Alice Lee Brown, Roberta Groth, Pamela Burgess, Lea LaBarre, Linda Rejall, Missoula.

more

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Gail A. Lewis, Thomas F. Donovan, Arlen Seman, Hamilton; Bruce Vasko, Power; Lawrence W. Anderson, Ronan; Jerry D. Wilson, Fairview; Darryl Dupuis, Polson; Neil L. Hartman, Sidney; Richard Trinastich, Columbia Falls; Charles T. Burgess, Deer Lodge; Glenn Iverson, Billings; Francis D. Martia, Troy; Montana L. Bockman, St. Ignatius.

Roberta Glafka, Vancouver, Wash.; Bruce Van Dever, Keokuk, Iowa; Kenneth Soper, Dove Creek, Colo.; Charles T. Kuntzleman, Schnecksville, Pa.; Patricia D. Downie and Rita A. Carey, Ames, Iowa; Don Collins, Waseca, Minn., and Owen V. Kennedy, Alberta, Can.

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