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### HHP 339.01: Instructional Strategies in Health and Physical Education

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# INSTRUCTIONAL STRATEGIES IN HEALTH AND PHYSICAL EDUCATION HHP 339

Fall 2001

Dr. Arthur W. Miller  
McGill Hall 108  
2343-5238

MWF 10:10-11:00 am  
MWF 11:10-12:00 am

[awmiller@selway.umt.edu](mailto:awmiller@selway.umt.edu)

**Textbooks:** Dynamic Physical Education for Elementary School Children  
Robert Pangrazi  
Allyn & Bacon Publishers

Faculty Pack UC Bookstore

## **Purpose:**

The purpose of the course is to provide both theoretical and practical background to the art and science of teaching health Enhancement (Physical Education). Information and discussions will center on effective teaching, skill demonstrations, instruction and delivery, and class management. Theoretical background to strategies of teaching Health Enhancement will be made available. Students are expected to read the text and to take the quizzes related to the readings. Tests will be from class lectures and gymnasium presentations. Practical teaching assignments or microteaching will also be introduced. Each student is expected to teach three lessons and apply theoretical principles discussed in the early part of the course.

## **Teaching Assignments:**

- |    |                           |                  |          |
|----|---------------------------|------------------|----------|
| 1. | Rhythm Movement           | Chapter 19       | Pangrazi |
| 2. | Manipulative              | Chapter 17       | Pangrazi |
| 3. | Locomotor & Non-Locomotor | Chapter 15,16,22 | Pangrazi |

## **Workbook Assignments:**

- |                 |                     |            |
|-----------------|---------------------|------------|
| Workbook chpts. | 1,2,4,6,7,9         | quiz 10/1  |
| Workbook chpts. | 8,13,14,15,16,19    | quiz 10/29 |
| Workbook chpts. | 5,10,11,12,17,18,21 | quiz 11/19 |
| Workbook chpts. | 3,22,23,26,27,28,29 | quiz 12/2  |

**Self-Analysis due:** 12/10 class time

**Visitations due:** 10/15 class time  
11/14 class time

**Teaching Assignments**, when missed, cannot be made up. Our tight schedule will not allow makeup dates. Please do all you can to meet your teaching obligations.

<b>Evaluation</b>	<b>Date</b>	<b>Points</b>	<b>Grading</b>
Quiz OBMSI	10/8	30	A=325-350
Notes TEST 1	10/19	50	B=300-324
Notes TEST 2	Finals Week	50	C=275-299
Workbook Quizzes		100	D=250-274
Self-Analysis	12/10	10	
Teachings		90	
Visitation	10/15 & 11/14	<u>20</u>	
		350	

<b>Final TEST</b>	<b>10:10 - 11:00</b>	<b>WEDNESDAY December 19</b>	<b>8:00-10:00am</b>
<b>Final TEST</b>	<b>11:10 - 12:00</b>	<b>THURSDAY December 20</b>	<b>8:00-10:00am</b>

W	9/5	Course Overview – Goals of the course
F	9/7	Value of Health Enhancement, Goals & Objectives of HE
M	9/10	Legal Liability, Supervision, Negligence
W	9/12	Legal Liability
F	9/14	Parts of a PE lesson, Learning Motor Skills
M	9/17	Learning Motor Skills
W	9/19	*Rhythm Lesson 1: Demonstration
F	9/21	*Squad Assignment, Introductory Activity
M	9/24	Objective Based Motor Skill Instrument (OBMSI)
W	9/26	*OBMSI
F	9/28	FAC PACK: lessons plans, pg. 127-147
M	10/1	Workbook quiz #1
W	10/3	Video TBA
F	10/5	*Lesson 1: Group A
M	10/8	OBMSI Quiz
W	10/10	*Lesson 1: Group B
F	10/12	*Lesson 1: Group C
M	10/15	*Lesson 1: Group D
W	10/17	*Manipulative Lesson 2: Demonstration
F	10/19	TEST 1 Notes & Lecture
M	10/22	*Lesson 2: Group B
W	10/24	*Lesson 2: Group C
F	10/26	Health Enhancement Guidelines: TBA
M	10/29	Workbook quiz #2
W	10/31	Instruction & Demonstration (lecture)
F	11/2	*Lesson 2: Group D
M	11/5	*Lesson 2: Group A <b>Preregistration begins</b>
W	11/7	Veteran's Day : no classes
F	11/9	FAC PACK pgs 89-96
M	11/12	Feedback (lecture)
W	11/14	*Locomotor & Non-locomotor Lesson 3: Demonstration
F	11/16	Time Line Analysis
M	11/19	Workbook quiz #3
W	11/21	Travel day for students: no classes
F	11/23	No classes
M	11/26	Managing students
W	11/28	Observing & analyzing students
F	11/30	*Lesson 3: Group C
M	12/3	*Lesson 3: Group D
W	12/5	*Lesson 3: Group A
F	12/7	*Lesson 3: Group B
M	12/10	Effective Teaching Strategies
W	12/12	Effective Teaching Strategies/ Workbook quiz #4
F	12/14	Effective Teaching Strategies