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HHP 410.02: Practicum in Athletic Training

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RHINEHART ATHLETIC TREATMENT CENTER
THE UNIVERSITY OF MONTANA
PRACTICUM IN ATHLETIC TRAINING
HHP 410
2001 - 02

3 credits per semester - grade assigned at the end of spring semester 2002.

INSTRUCTOR: J.C. WEIDA M.S., A.T.C.
OFFICE: Adams Center RATC Room 249
TELEPHONE: 243-5173

REQUIRED TEXT: Blood Borne Pathogens for Athletic Training Students -specifics available later
SUGGESTED TEXT: Publication Manual of the APA, 4th edition. (Cost is around \$20)
Gregg Reference Manual, 8th edition, William Sabin author.
Who Moved My Cheese?

MEETINGS: 7:00-8:00 a.m. Thursday

COURSE OBJECTIVES:

1. Be able to accurately complete records & reports of daily training room activities.
2. Be able to identify medications commonly used in athletics and show knowledge of their effect.
3. Be able to read and interpret contents of current literature.
4. Be capable of handling the responsibilities of an athletic team as their primary athletic trainer.
5. Be capable of appropriately transporting an injured athlete.
6. Have successfully completed the appropriate modules for your section

CLASS REQUIREMENTS:

1. While in Treatment Center: Observe and, by the end of the year, be able to perform injury evaluations.
2. Demonstrate progressive improvements throughout the curriculum, per NATA guidelines and UM Athletic Training Program expectations.
3. Must earn a minimum of 500 hours practical experience by the end of the year, at least 250 hours per semester.
4. Must complete an informational type project with presentation by end of Autumn Semester 2000. More information on following sheet.
5. Must complete a case report with a rehabilitation critique of a varsity athlete at the University of Montana, by the end of Spring Semester 2001. More information on this will be given in January.
6. Successfully complete Modules and turn them in on the dates indicated, inadequate or incomplete modules will result in an incomplete for the semester.

PRACTICUM IN ATHLETIC TRAINING
AUTUMN SEMESTER 2001
RESEARCH PAPER

1. This particular research paper can be on any topic related to the field of Athletic Training or Sports Medicine. It would be appropriate to focus on an area of personal concern, interest, or possible career choices in order to learn more about the area.
2. The paper will be a footnoted, referenced type research project. There is no particular length as different topics will have differing levels of information. I suggest that you learn as much as you can about the topic as you will be teaching a group of Certified Athletic Trainers, Dr's and other students about the topic you have chosen.
3. You will present the topic in one 20 minute session. This is a professional presentation and should be well thought out and presentation materials used. You will be teaching us about your area of interest. You must use power point for your presentation. You must have a least 4 books as reference as well as any other sources you find.
4. This paper will be written in a format that can be sent to be published in the N.A.T.A. journal. All papers may be sent for approval by the Journal. Your first draft of this paper is due on my desk at 5:00 on Oct. 26.
5. A draft of your research paper with a literature review and some actual writing must be turned in on Oct. 26,. This first draft is not just an outline. You should have a pretty good understanding of what you are writing about, but this is a draft and you will be expected to continue to add to the paper for the final turn in. The draft paper will then be reviewed for grammar and content and returned to you to work on again. You then must present the paper on 12/5 & 12/6 in the evening, and complete the research paper by 5:00 p.m. Dec. 7. Papers will be docked 10 points for each day late. You will also lose points on the final paper for incorrect grammar and sentence structure.
6. You will be graded on content (how completely did you understand your topic), grammar, sentence structure, proper format, presentation, how well you answer questions and new information about the topic. You must be at all presentations.
7. Have fun with this project! Think of new and innovative ideas.

Please read and follow the format in the handout!

PRACTICUM IN ATHLETIC TRAINING
SPRING SEMESTER 2002
CASE STUDY

1. Complete a case study report paper and presentation for Spring 2002. A draft of your paper will be due on 3/24 at 5:00 on my desk. This draft should include a significant portion of your case report. The more you have done the more feed back you can receive. The presentation will be on 4/26 and 4/27 from 7 to 9:30 pm and the papers will be on my desk at 5:00 on 4/28.
2. The case study can be on any varsity athlete who has suffered an injury at the University of Montana. You will want to pick an athlete and an injury that enables you to write about all of the required areas.
3. The study will include a general definition of the type of injury and then a specific description and history of the athlete's injury. Example: general knee ACL injury discuss all 3 types of possible injury. The differences and how they generally occur. Then in the specific discuss the athlete's specific case, how it occurred and any history.
4. Discuss the evaluation by the athletic trainer, team Dr., and specialist used for the injury. Discuss any special test, functional test, and diagnostic tests (X-rays, MRI, CT scan, bone scan) and the results from these tests.
5. Explain any surgery and discuss why the surgery was done and what other options the athlete was given at the time. If at this point you have found other options that were not discussed you should make note.
6. Write up and explain the rehabilitation and treatment the athlete did from the time injured to fully recovered. This means explain why a specific treatment was done. Also explain each rehabilitation exercise and what was the condition of the athlete when they returned to play. Then when done write up a rehabilitation project that you would give an athlete with this type of injury. Be specific about exercise and time frames.
7. Finish the case report by explaining any complications or set backs in the rehabilitation, treatment, and surgery. Also explain and show the cost of the injury. This means you must find out how much the athlete was charged for X-rays, MRI, Dr. visits, PT, any treatment machines, drugs. Basically anything that the athlete was charged for and give a total cost. You may need to call the places to find out the charges.
8. It would probably be a good idea to read some case studies from professional magazines to get an idea how they are usually presented. Also an interview with the athlete, GA, student athletic trainer, Dennis, Jennifer or JCW would be beneficial.
9. You will be graded on content (did you do all that was asked), grammar, sentence structure, proper format, presentation, how well you answer questions. The paper will be docked 10 points each day late.

PRACTICUM IN ATHLETIC TRAINING - HHP 410
MODULE DUE DATES

LEVEL 2A

X3-X5 Team Experiences

These are due on the class meeting following your week of rotation

B1- B4 Class time - Third week in September

C1-C7 Class time - Third week in October

DI-D6 Class time - Second week in November

E1-E6 Class time - Second week in December

LEVEL 2B

X6-X8 Team experiences are due on the class meeting time following your week of rotation

C5-C8 Class time - Second week in February

D7-D9 Class time - First week in March

E7-E8 Class time - Second week in March

G1-G5 Class time - Second week in April

G6-G11 Class time - Last week in April

G12-G15 Class time - Second week in May

S1