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MS 203.01: Training for Ranger Challenge

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DEPARTMENT OF THE ARMY
Department of Military Science
University of Montana
Missoula, MT 59812

MS 203 – Training for Ranger Challenge

Fall Semester 2001

1. **Course Description:** Military Science 203 is a 2-credit course that focuses on preparing a team or teams for the annual Big Sky Task Force Ranger Challenge Competition. The course includes practical hands-on training in rope bridging, land navigation, employment and identification of hand grenades, weapons proficiency, and intense physical conditioning. Scheduled class period is 1500-1700 on Thursday outside Schreiber Gym. Physical training is also required for the course and is conducted Monday through Friday from 0600-0730 at the McGill Hall Gym.
2. **Course Objectives:** The primary focus of this course is to prepare a team or teams to compete in and win the annual Ranger Challenge competition. Students will come away from this course with a better understanding of their own personal physical abilities and limitations as well as fundamental small-unit leadership and tactical techniques.
3. **Course Requirements:**
 - a. **Class attendance:** Students are required to attend all scheduled instruction and must obtain permission from the instructor prior to missing any training. Attendance is expected during both the weekly class session as well as the daily physical training sessions.
 - b. **Competition Participation:** By registering for the course all students are obligated to attend and compete in the annual Ranger Challenge Competition if selected for the team. This competition is scheduled for 6 October 2001 in Boise, ID with travel days on 5 and 7 October 2001.
4. **Course Evaluation:** This course can be taken for letter grade only. Grading criteria are as follows:

a. Attendance: Class/PT	10%	100 Points
b. Competition Results	50%	500 Points
c. Instructor Evaluation of Effort	40%	400 Points
TOTAL	100%	1000 Points

5. **Grading Scale:**
 - A = 900-1000
 - B = 800-899
 - C = 700-799
 - D = 600-699
 - F = 0-599

6. Course Administration:

- a. Office Hours: Normal office hours are from 0830-1700 daily. If any problem exists you are welcome to stop by, call me at home (406) 549-1428, or at the office (406) 243-4533 at any time.
- b. Additional training: Additional training may be offered from time to time outside of normal class hours while preparing for the competition. This opportunity is offered voluntarily and should not be seen as a mandatory portion of the course instruction.

STEVEN N. CAROZZA
CPT, OD
Assistant Professor of Military Science

MS 203 Outline

5 September	Wed	APFT and medium run (trestle run)
6 September	Thu	Strengthening and speed run
7 September	Fri	Long run (Mount Jumbo)
10 September	Mon	Strengthening and medium run (M-Trail)
11 September	Tue	Ruck Run (Old Peace Sign)
12 September	Wed	APFT+
13 September	Fri	Long Run (Whittaker Loop)
17 September	Mon	Strengthening and medium run (California St. Bridge)
18 September	Tue	Ruck Run (Rattlesnake)
19 September	Wed	APFT+
20 September	Thu	Long Run (10K Kim Williams)
21 September	Fri	Strengthening and Team Building
24 September	Mon	Strengthening and Medium Run (Campus to Pattee Canyon Rd)
25 September	Tue	Long Run with Rucks and Ducks (Pattee Canyon)
26 September	Wed	APFT +
27 September	Thu	Long Run with Rucks and Ducks (Upper Rattlesnake)
28 September	Fri	Strengthening and Team Building
1 October	Mon	Strengthening and Long Run
2 October	Tue	Light PT Overall
3 October	Wed	Rope Bridge and Technical Skills (Hand Grenade ID)
4 October	Thu	Rope Bridge and Technical Skills (Hand Grenade ID) Approx 1700hrs: Pasta Dinner
5-7 October	Fri	RANGER CHALLENGE COMPETITION (Boise, ID)