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PT 516.01 Musculoskeletal Evaluation I

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**PT 516 THERAPEUTIC PROCEDURES I
UNITS I & II**

TIME/DAY- Monday: 10-11 & 1-3
Wednesday: 1-3
Thursday: 10-12
Friday: 10-11

PROFESSOR- CARRIE GAJDOSIK, MS, PT

OFFICE HOURS- WHENEVER CONVENIENT (Please come by and visit.)

REQUIRED TEXTS:

Magee D: Orthopedic Physical Assessment

O'Sullivan, Schmitz: Physical Rehabilitation: Assessment and Treatment

SUPPLEMENTARY READING: (in student resource room)

Minor MA, Minor SD: Patient Care Skills

Pierson FR: Principles and Techniques of Patient Care. Toronto. W.B. Saunders Co.

LAB CLOTHING: Every class has the potential to include lab time. Men wear shorts and tee shirts, women wear shorts and sports bras. You may wear sweats over your clothes to stay warm until lab begins. Change into lab clothes before class starts. Students who do not wear lab clothes during lab will have 1 point for each incidence taken off their grade on their unit test. The lab area must be cleaned at the end of class.

PRACTICALS: Practical exams are given over a period of days. The following guidelines have been established to ensure confidentiality of the exam material as well as fairness to all students.

1. Do not solicit any information from students who have taken the exam.
2. Do not discuss any part of the exam with classmates who have not taken the exam.
3. While practical exams are being given do not use the equipment that might be used during the exam.

While practical exams are in session do not study, practice, or otherwise loiter in the exam area.

EVALUATION PROCEDURE:

90-100% = A

80- 89% = B

70- 79% = C

< 69% - Repeat test or practical

Lecture = 100 points (from written exam) Lab – 50 points (practical exam)

**PT 516 - THERAPEUTIC PROCEDURES I
FALL SEMESTER 2001**

All assignments are to be completed by the date under which they are listed.

Sept 6 1-3 PM	Lecture & LAB Introduction, draping & positioning
Sept 7 10-12	LAB - Draping and positioning <u>Assignment:</u> Watch video on positioning; <u>Fac Pac:</u> info on draping & positioning
Sept 8 10-11	LAB - Draping and positioning
Sept 11 10-11	Lecture- Body Mechanics and injuries on the job; sexual misconduct, functional levels <u>Fac Pac:</u> Jackson J, Liles C. "Working Postures and Physiotherapy Students"; Bork BE, et al. "Work-related Musculoskeletal Disorders Among Physical Therapists"; Schunk, C. "Avoiding Patient Misunderstanding" and "Sexual Misconduct: Guidelines for Safe Practice"
1-3 PM	LAB – Bed mobility and transfers <u>Assignment:</u> Watch transfer video; <u>Fac Pac:</u> info on transfers
Sept 13 1-3	LAB Transfers
Sept 14 10-12	LAB Transfers
Sept 15 10-11	Lecture in lab room- Introduction to assistive devices <u>Readings:</u> O'Sullivan, pgs 425-440; Bauer DM, et al. "Comparative Analysis of Several Crutch-length-estimation Techniques"; Wharton MA, et al. "Effects of Walker Height on Posture in the Elderly Population"
Sept 18, 20, 22	LAB - assistive devices
Sept 25 10-11	LAB - assistive devices
1-3	LAB – sensory testing <u>Reading:</u> O'Sullivan, pgs. 137-149 (stop at cranial nerve screening)
Sept 27 1-3	LAB – sensory testing

Sept 29 **Lecture** – Examination of Posture
10-11 Reading: McGee, Chapter 15: Assessment of Posture

Oct 2 **Lecture** – Examination of Posture
10-11

1-3 **LAB** - Posture

Oct 4 **LAB** – Posture, prepare for practical exam
1-3

Oct 6 **WRITTEN EXAM**
10-11

Oct 16th Open lab review for practical exams
3-5

Oct 23-27 **Practical exams** (combined with modalities class)