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Fall 9-1-2001

### PT 516.01 Musculoskeletal Evaluation I

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*University of Montana - Missoula*

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**PT 516 THERAPEUTIC PROCEDURES I  
UNITS I & II**

**TIME/DAY-** Monday: 10-11 & 1-3  
Wednesday: 1-3  
Thursday: 10-12  
Friday: 10-11

**PROFESSOR-** CARRIE GAJDOSIK, MS, PT

**OFFICE HOURS-** WHENEVER CONVENIENT (Please come by and visit.)

**REQUIRED TEXTS:**

Magee D: Orthopedic Physical Assessment

O'Sullivan, Schmitz: Physical Rehabilitation: Assessment and Treatment

**SUPPLEMENTARY READING:** (in student resource room)

Minor MA, Minor SD: Patient Care Skills

Pierson FR: Principles and Techniques of Patient Care. Toronto. W.B. Saunders Co.

**LAB CLOTHING:** Every class has the potential to include lab time. Men wear shorts and tee shirts, women wear shorts and sports bras. You may wear sweats over your clothes to stay warm until lab begins. Change into lab clothes before class starts. Students who do not wear lab clothes during lab will have 1 point for each incidence taken off their grade on their unit test. The lab area must be cleaned at the end of class.

**PRACTICALS:** Practical exams are given over a period of days. The following guidelines have been established to ensure confidentiality of the exam material as well as fairness to all students.

1. Do not solicit any information from students who have taken the exam.
2. Do not discuss any part of the exam with classmates who have not taken the exam.
3. While practical exams are being given do not use the equipment that might be used during the exam.

While practical exams are in session do not study, practice, or otherwise loiter in the exam area.

**EVALUATION PROCEDURE:**

90-100% = A

80- 89% = B

70- 79% = C

< 69% - Repeat test or practical

Lecture = 100 points (from written exam)    Lab – 50 points (practical exam)

**PT 516 - THERAPEUTIC PROCEDURES I  
FALL SEMESTER 2001**

**All assignments are to be completed by the date under which they are listed.**

- Sept 6  
**1-3 PM**            **Lecture & LAB** Introduction, draping & positioning
- Sept 7  
**10-12**            **LAB** - Draping and positioning  
Assignment: Watch video on positioning; Fac Pac: info on draping & positioning
- Sept 8  
**10-11**            **LAB** - Draping and positioning
- Sept 11  
**10-11**            **Lecture-** Body Mechanics and injuries on the job; sexual misconduct, functional levels  
Fac Pac: **Jackson J, Liles C.** "Working Postures and Physiotherapy Students"; **Bork BE,** et al. "Work-related Musculoskeletal Disorders Among Physical Therapists"; **Schunk, C.** "Avoiding Patient Misunderstanding" and "Sexual Misconduct: Guidelines for Safe Practice"
- 1-3 PM**            **LAB** – Bed mobility and transfers  
Assignment: Watch transfer video; Fac Pac: info on transfers
- Sept 13  
**1-3**                **LAB** Transfers
- Sept 14  
**10-12**            **LAB** Transfers
- Sept 15  
**10-11**            **Lecture in lab room-** Introduction to assistive devices  
Readings: **O'Sullivan,** pgs 425-440; **Bauer DM, et al.** "Comparative Analysis of Several Crutch-length-estimation Techniques"; **Wharton MA, et al.** "Effects of Walker Height on Posture in the Elderly Population"
- Sept 18,  
20, 22            **LAB** - assistive devices
- Sept 25  
**10-11**            **LAB** - assistive devices
- 1-3**                **LAB** – sensory testing  
Reading: **O'Sullivan,** pgs. 137-149 (stop at cranial nerve screening)
- Sept 27  
**1-3**                **LAB** – sensory testing

Sept 29            **Lecture** – Examination of Posture  
**10-11**                    Reading: McGee, Chapter 15: **Assessment of Posture**

Oct 2                    **Lecture** – Examination of Posture  
**10-11**

1-3                      **LAB** - Posture

Oct 4                    **LAB** – Posture, prepare for practical exam  
**1-3**

Oct 6                    **WRITTEN EXAM**  
**10-11**

Oct 16<sup>th</sup>            Open lab review for practical exams  
**3-5**

Oct 23-27 **Practical exams** (combined with modalities class)