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Fall 9-1-2001

### PSYC 351S.01: Psychology of Personality

Teresa Kamman

*The University of Montana*

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# PSYCHOLOGY OF PERSONALITY

Psychology 351, Section 1  
Fall 2001

*Time & Location:* M W F, 11:10-12:00, Journalism 304  
*Instructor:* Teresa Kamman  
*Office:* Skaggs Building, #368  
*Office Hours:* M W F, 3:15 – 4PM  
*Telephone:* 243-4521 (department) or 243-6514 (office)  
*E-mail:* [tkamman@hotmail.com](mailto:tkamman@hotmail.com)  
*Text:* Carver & Scheier. Perspectives on Personality (4th ed.). Allyn & Bacon.

## Course Topics and Objectives

This course will provide students with an introduction to the study of personality. The primary goal of the course is that students gain an understanding the principles, strengths, and weaknesses of the major theoretical perspectives. Toward this end, we will focus on the leading theoretical figures, as well as how the perspectives apply to the world around us. An additional objective is to become familiar with research conducted in the area of personality. Thus, we will review basic research methodology and design as it applies to the study of personality.

A scientific approach to psychology will be emphasized throughout the semester. It is expected by the end of the course that students will be able to demonstrate a working knowledge of the terminology, major theoretical perspectives, and essential concepts that are fundamental to the psychology of personality.

Because the class provides a unique opportunity to gain understanding about one's own personality, as well as to experience and evaluate the nature, strengths, and weaknesses of personality assessment, there will be six in-class opportunities to participate in an assessment exercise and follow-up discussion. Each exercise will be worth 4 points.

**EXAMS:** There will be a total of six quizzes and one cumulative final exam. The quizzes will consist of both multiple choice and short answer questions. They will be worth 30 points each. Each quiz will consist of 15 multiple choice questions (worth 1 point each) and 3 short answer questions (worth 5 points each). At the end of the semester, the lowest quiz score will automatically be dropped. There are no make-up examinations for individual quizzes except in cases of true, documented emergencies. If you miss a quiz, that will be your dropped grade. The final will consist of 60 multiple choice questions, each worth one point. The final may NOT be dropped. If you miss the final exam, your grade will be withheld until the final exam is made up.

Please note that material from both the lecture and the text will be on the quizzes and final exam.

**GRADING:** Academic dishonesty will not be tolerated. Cheating in this class will result in an F. The grading scale is as follows:

A:	211 - 234
B:	186 - 210
C:	161 - 185
D:	136 - 160
F:	0 - 135

**ATTENDANCE:** Attendance is not required. However, consistent attendance is highly recommended. (I have been known to give extra credit points for brief, in-class, writing

assignments.) Although the lectures will cover many of the main points of the book, supplemental material will also be presented. Exams will include questions covering lecture material that was not covered by the book. I do not give out my lecture notes. If you must be absent, ask to borrow the notes from another student.

**STUDENTS WITH DISABILITIES:** Students with disabilities have the responsibility to declare their disability to the instructor at the beginning of the course if they require accommodations. These students have the responsibility to arrange for such accommodations with Disability Services for Students.

<b>Date</b>	<b>Semester Schedule</b>	<b>Chapter</b>
Wed Sept 5	Introduction: What is Personality? Chapter 1	
Fri Sept 7	Chap 1: Theory in Personality Research	
Mon Sept 10	Chap 2: Types of Study Techniques	
Wed Sept 12	Chap 2: Observational & Experimental Methods	
Fri Sept 14	Chap 3: Reliability & Validity in Personality Measurement	
Mon Sept 17	Chap 3: Development of Assessment Devices	
Wed Sept 19	<b>Quiz 1</b> (Chap 1-3)	
Fri Sept 21	Chap 8: Freud & the Psychoanalytic Approach to Personality	
Mon Sept 24	Chap 8: Motivation & Psychosexual Development	
Weds Sept 26	Chap 9: Anxiety, Defense, & Self-Protection	
Fri Sept 28	Chap 9: Psychoanalytic Approaches to Behavior Change	
Mon Oct 1	Chap 10: The Ego Psychologists	
Wed Oct 3	Chap 10: Assessment & Role of Ego in Behavior Change	
Fri Oct 5	<b>Quiz 2</b> (Chap 8-10)	
Mon Oct 8	Chap 11: Outgrowths of the Psychoanalytic Perspective	
Weds Oct 10	Chap 11: Object Relations, Attachment & Psychosocial Theory	
Fri Oct 12	Neuroticism & The Personality Disorders	
Mon Oct 15	Chap 14: Humanism	
Weds Oct 17	Chap 14: Client-Centered Therapy	
Fri Oct 19	Chap 5: Needs & Motives	
Mon Oct 22	Chap 5: Projective Assessment; Needs & Behavior Change	
Weds Oct 24	<b>Quiz 3</b> (Chapters 11, 14, 5)	
Fri Oct 26	Chap 4: Types, Traits, & Interactionism	
Mon Oct 29	Chap 4: The Five-Factor Model	
Weds Oct 31	Chap 6: Inheritance and Personality	
Fri Nov 2	Chap 6: Evolutionary Approaches to Personality	

Mon Nov 5	Chap 7: Biological Processes and Personality
Weds Nov 7	Chap 7: Biology, Assessment, and Behavior Change
Fri Nov 9	<b>Quiz 4</b> (Chapters 4, 6, 7)
Mon Nov 12	Veteran's Day Holiday
Weds Nov 14	Chap 12: Conditioning Theories
Fri Nov 16	Chap 12: Behavioral Approaches to Behavior Change
Mon Nov 19	Chap 13: Social-Cognitive Learning Theory
Weds Nov 21	Thanksgiving Holiday
Fri Nov 23	Thanksgiving Holiday
Mon Nov 26	Chap 13: Modeling & Personality Development
Weds Nov 28	Chap 15: Personal Constructs View of Personality
Fri Nov 30	<b>Quiz 5</b> (Chapters 12, 13, 15)
Mon Dec 3	Chap 16: Contemporary Cognitive Views
Weds Dec 5	Chap 16: Cognitive Factors in Behavior Change
Fri Dec 7	Chapter 17: Self-regulation view of Personality
Mon Dec 10	Chap 18: Eclecticism and Integrated Perspectives in Personality
Weds Dec 12	<b>Quiz 6</b> (Chapters 16-18)
Fri Dec 14	Exam Review
Thurs Dec 20	<b>Final Exam (8:00 AM – 10:00 AM)</b>