Montana Kaimin, April 20-26, 2016
Students of the University of Montana, Missoula

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EXPOSING PAIN
Making invisible illnesses seen

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TRANNY 911
I’m taking tranny back
Michael Siebert | michael.siebert@umontana.edu

The best thing about being a most-
yout trans person is reading the fas-
cinating things strangers say to you
on social media. Whenever my profile
picture is in some way features me look-
girl, I can almost guarantee that
leaving a sassy comment on a video of
a BuzzFeed cooking abomination will
result in comments asking if I stole my
sister’s lipstick.

There’s a brazeness social media
brings out in bigots, one that encourag-
es them to use whatever insults they can
think of without fear of repercussions.
There are the harsh ones — “faggot,”
“homo” — and the less creative “fairy”
or “gay boy.”

I, and other trans people, have a
unique relationship with a particular
slur: “tranny.” It’s a complicated word
and one that many people still don’t re-
alize is an immensely offensive thing to
call someone. It is also profoundly un-
creative — “We’re mocking you by add-
ing a suffix to a prefix.”

The name of this column for a long
time was “Transed Out,” but I wanted
to title it “Tranny 911” since Day One.
I didn’t because I felt that it was too
harsh.

At least, at the time it was. As I spent
more time getting called all manner of
horrible things, though, I eventually
came to the conclusion that it was justi-
fied. I saw it, and still do, as something
of a “fuck you” to the people who treat
my identity as invalid.

Slur reclamation has a complicated
history. Members of disenfranchised
groups have been “taking back” the
words used to hurt them for some time
now, with varying degrees of direct-
ness. Feminist writer and queer activ-
ist Alison Bechdel illustrated a comic
strip for almost 25 years titled “Dykes
to Watch Out For.” Gays have reclaimed
the word “homo” for both political writ-
ing and common vernacular. Even the
word “queer” has a storied history as a
slur-turned-name for an academic field
of study.

As a tool, slur reclamation can be
a powerful way to subvert bigotry. In my
personal experience, the pain of being
mocked for something as innate as my
gender identity became a lot less harsh
when I began using it as my word. The
prejudiced can call me a tranny if they
want, but I get paid (poorly) to call my-
self that — no new ground is being bro-
en.

I would never, however, tell some-
one that they are wrong for being hurt
by the word. I’ve cried plenty of times
over hurtful things people have said
to me, and the damage done by those
words has informed my entire life’s ex-
perience. When I’m told that the name
of my column is offensive to cisgender
people, I couldn’t care less. But, when a
trans person tells me that it’s hurtful, I
will always see that as a valid response.

Language is complex, especially
words designed to hurt. I’ve chosen to
take a word people use to belittle me and
make itmine. That’s my own personal
choice. It’s also entirely valid if that’s
offensive to other trans people. But as
this column draws to a close for the se-
mester, I don’t have any qualms about
keeping the name. If anyone’s gonna say
tranny, I’d much rather it be me.

Corrections: A previous version of the Kaimin’s coverage on the future of UM pro-
ductions, which ran on April 13, 2016, said ASUM saved $19,000 by not funding UMP.
The actual amount is $90,000. In the article, Brad Murphy, director of the Adams Cen-
ter, said the Adams Center and UMP produced eight shows from 2009-2012. Jaycie
Johns, director of UMP, said during this time 18 shows were produced.
Union protests low wages, corporation tax avoidance

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About 25 voices rang out loud and clear across Higgins Street Bridge on Thursday night at 5:30 p.m. during rush hour.

“What do we want? Fifteen! When do we want it? Now!” protesters chanted.

The Service Employees International Union of Montana and Wyoming organized the protest against low pay and tax avoidance by corporations. Made up of caregivers, the group was advocating for raising workers’ wages to $15 an hour as a part of the Fight for 15 movement. The protest was one of about 300 held worldwide on the same day.

The group also advocates for raising wages in other low-paying professions.

“We recognize the struggle is bigger than just one industry,” event organizer Denver Henderson said.

The group lobbies for worker rights and higher wages at the state legislature, and protesters said the purpose of the rally was to raise awareness.

“I would just like Missoula to be more aware of this issue,” UM student Caleb Horton said.

Lucy Peraino, a UM student, said it was important for students to be aware because raising the minimum wage to $15 would also help student employees at the University.

“We just have to get more people at these rallies,” she said.

The group hopes to grow and hold future rallies.

“We’re not going to stop until we win,” Henderson said.▪

UM international student charged with sexual assault takes plea deal

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Fazliddin Sharipov, a UM student from Tajikistan, who was charged with sexually assaulting his campus tour guide in 2015, accepted a plea deal in March that required him to pay a fine of $410 within the next 12 months. That’s less expensive than some second offense MIPs.

In addition to the fine, Sharipov will pay the $50 cost of prosecution and is not allowed to have contact of any kind with the student he assaulted, or be within 500 feet of her, according to the sentencing order.

In return for Sharipov’s no contest plea, four of the five original misdemeanor sexual assault charges against him were dropped. Sharipov will have no travel restrictions and his passport has been returned. It was held by the court to prevent him from leaving the country.

On Aug. 27, Sharipov invited his campus tour guide to his apartment the same day they met. After Sharipov kissed the woman, he took off her shirt. The woman told Sharipov, “I don’t want to do this,” according to the affidavit.

Sharipov later put his fingers in the woman’s vagina and tried to put his penis into her pants, according to the affidavit. The woman told police she kept saying, “No, please don’t.”

Later when the woman was able to leave Sharipov’s apartment, the affidavit said he sent her a text message that said, “Don’t come to my place anymore. Before I tell you.”

After pleading not guilty to five counts of misdemeanor sexual assault in September, Sharipov’s pretrial was set for Feb. 18 and then rescheduled to April 19. All trials have been canceled due to his plea agreement that was offered on March 14.

Sharipov was sentenced to pay the fine on March 23.

Mat Stevenson, Sharipov’s lawyer, said Sharipov pleaded no contest because of the “off chance” he would have lost a jury trial, but Stevenson was confident he would have won the case.

“We’re convinced these allegations were fabricated,” Stevenson said. “The alleged victim was spared a lot of embarrassment by this not going to trial.”

Stevenson said he wanted to make it clear that Sharipov’s plea of guilty, no contest, does not technically mean he was guilty. No contest means Sharipov’s plea probably can’t be used as an admission of liability if the victim decided to sue later in civil court.

“He never admitted guilt because he’s innocent,” Stevenson said.

Although sexual assault is in violation of the student conduct code, Sharipov was never prohibited from campus and is still a student at the University of Montana, according to Stevenson. Sharipov will continue living in Missoula while in school.

Dean of Students Rhondie Voorhees could not be reached for comment. Angie Robertson-Bakken, the deputy city attorney prosecuting this case, could also not be reached for comment.

Several UM groups will be hosting events on campus this April, Sexual Assault Awareness Month, to raise awareness and offer support to survivors of sexual assault. The next event will be held on the Oval from 12 to 3 p.m. on April 21.▪
UM study looks at skeletal differences between men and women

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Two men lay on memory foam in black tubes. The tubes are in a white-walled room, with vents in the walls and large racks of lights hanging from the ceiling. The men aren’t sealed in right now, but they were. There is a computer monitoring system set up between the tubes, where a researcher occasionally checks the amount of oxygen in the room.

It’s about 8:30 a.m. and the men have been in the tubes for an hour and have another three to go. They arrived at the University of Montana’s work and physiological lab at 6:00 a.m. and jumped on a stationary bike, sweating it out for 60 minutes. Before, during and after their ride, researchers monitored and took blood, muscle and oxygen samples.

The men are two of 16 participants in a UM study on how physical stress affects men and women differently. It is funded by Army Medical Research and carried out by the Work Physiology and Exercise Metabolism (WPEM) lab on campus. With the army opening more combat positions to women, information is needed on women’s skeletal reaction to physical and environmental challenges.

UM senior Megan Burchak is in UM’s ROTC program and plans on doing more army training after graduation. She’s noticed areas in the army’s physical training where she excels over men.

Once every month, ROTC members do a ruck march, a three to 20 mile march with a 40-pound backpack. Her wider hips are better at dealing with the weight, Burchak said, but during running and upper body activities she doesn’t do as well as men.

“It’s a disservice to women’s rank and work to say we just need to feed them less. This study shows which unique gifts women bring to the table and which men bring to the table,” WPEM lab director Brent Ruby said.

Ruby has eight male participants and eight female. It was harder finding female participants because birth control alters the natural hormonal balance and could skew the results.

Ruby doesn’t have final data yet, however, women seem to have a higher pain tolerance for the muscle sampling. This involves a scalpel incision and large needle extraction of muscle from the thigh.

“They also smell better,” study researcher John Cuddy said.

The study answers other questions as well, like muscle response and the effects of altitude variations. When altitude increases, the amount of oxygen in the air doesn’t decrease, the drop in pressure just makes it harder for the body to use oxygen. This is a common misconception.

Participants go through three trials over a period of four to six weeks, with each trial lasting six hours. Each time, participants bike 60 minutes then lay in a barometric tube chamber. The first time, the amount of oxygen in the room is decreased from 21 percent to 13.3 percent.

The second time, participants are sealed into the barometric chamber and tube pressure is decreased. Cuddy takes people up to 14,500 feet in about three minutes, the altitude of California’s Mount Whitney, the highest peak in the lower 48. He goes slower coming back down because participants have a hard time adding pressure.

“It’s like you’re buzzed, but you don’t get hungover,” Cuddy said.

The last trial takes place at Missoula elevation, the participants lying in the chamber with no changes in air pressure.

This is one participant’s third study with WPEM. A junior in resource conservation, his name cannot be released because of the study. In addition to the $450 he recieves, he enjoys participating in the study because he learns a lot about his body.

The hardest trial for him was at low pressure. The sealed chamber made him feel claustrophobic, and coming down was uncomfortable. Afterward, he was hungry — participants fast for 12 hours prior — and suffered from caffeine withdrawal, but after a good meal, he was in tiptop shape with $450.

The money madness surrounding Moscow mule mugs

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As Taylor Perry walked through the crowd at Al’s and Vic’s, the former University of Montana student looked forward to ordering her Moscow mule. She had already ordered a drink and didn’t know that.

That’s why, when a person orders multiple Moscow mules from the bar, he or she has to give the bartender an ID or credit card as collateral. But this drink had been given to Perry.

“I knew I could never smuggle one out without getting charged for it,” Perry said. “But I had found the loophole in this kind man’s generosity and slipped away into the night, my copper mug hidden by my side.”

After soberly reflecting on the situation, Perry said she still feels like “a jackass since he was being nice.” But she has the copper mug to this day.

Moscow mules are made with a shot of vodka, a ginger beer and a dash of lime juice. They aren’t too sweet or strong, making them popular among many, and they are traditionally served in copper mugs meant to enhance the flavors of ginger beer and lime juice.

The vodka oxidizes the copper of the mug, boosting the aroma and flavor of the vodka. Copper also keeps the drink colder than a regular glass would.

But the mugs are expensive and theft is common, so Missoula bars have resorted to policies regarding the mugs that range from collateral, to not having mugs at all. Even some companies that make Moscow mule mugs have resorted to using tinted alloy or steel as a cost-cutting strategy, defeating the purpose of the copper.

Audra Hamlin, public relations representative at Moscow Copper Co., said the company’s sales have increased in the last few years because of the resurgence of people being interested in Moscow mules.

While many companies have resorted to tinting or lining the insides of their mugs with steel, Hamlin said that takes away from the purpose of having a copper mug.

That’s why Moscow Copper Co.’s cheapest mugs, all pure copper, go for $39.

“We like to stick to the traditional, 100 percent pure copper,” Hamlin said. “There’s not a steel lining. Copper enhances the drink and keeps tradition alive.”

Tradition is the reason UM junior Delaney Fredericks likes Moscow mules so much.

Fredericks said she grew up watching her mom drink Moscow mules out of copper cups, and when her grandpa died, she got the authentic copper mugs from his bar.

Fredericks understands why the mugs are stolen from bars so often, but thinks it’s important bars continue using genuine copper.

“It’s part of the tradition of the drink and bars should practice that,” Fredericks said.

Jill Uvinger, a bartender at Al’s and Vic’s and James Bar, said they still make people give an ID or credit card when they order multiple Moscow mules. Theft was becoming too common not to.

At the Iron Horse, Moscow mules are served in regular glasses like every other drink.

Bartender Sean Lott said they tried a collateral policy for a while, but once people paid their tabs and credit cards were returned, different people would walk by and steal the mugs before the table was bussed.

“We just stopped investing in them,“ Lott said. “We still make Moscow mules, we just have them in a glass is all.”

The money madness surrounding Moscow mule mugs
From the time he was a senior in high school, much of Arthur Weatherwax's life has been about proving people wrong. He likes defying stereotypes.

The first time Weatherwax overcame the odds was after a night of partying in East Glacier, when he got into the driver's seat of a pink 1996 Buick Regal with two of his friends. It was in the early fall of 2000, and he was a senior in high school. Weatherwax's dad let him borrow his car for the night and the three friends decided to drive back home to Browning, drunk.

Making his way down a little dirt road away from the party, Weatherwax was so drunk he kept falling asleep at the wheel. His friend sitting in the backseat, who was more sober than Weatherwax, made him get out of the driver's seat and switch places with him before going any further.

They made it to Browning and almost home, until they hit a patch of gravel going 85 to 90 miles per hour around a 90-degree turn on the highway.

Weatherwax's father, Calvin Weatherwax, said he was worried when his son didn't return home that night. He jumped in his car and headed down the road he thought Arthur and his friends were taking.

He didn't have to drive very far before he saw red and blue emergency lights at the scene of an accident. Calvin drove a little closer and, "sure enough, it was him." He remembered watching the paramedics try to cut his son out of the car.

"I told God that if you give me another chance, I will be the best dad I can be," he said.

Arthur Weatherwax was the only one in the car wearing a seat belt. It got twisted up around his neck, and he dangled from it for 10 to 30 minutes before Emergency Services arrived.

He had three dislocated vertebrae in his neck, two broken ribs, a punctured lung and a traumatic brain injury, leaving a scar stretching across the top of his forehead.

"The one thing that I do remember the most, is I remember the pain," he said. "It's something that I wish upon nobody, not my worst enemy.

The driver of the car was ejected from a window and landed on a roof but was uninjured. Weatherwax's friend in the passenger seat was paralyzed from the waist down.

Weatherwax was flown to Great Falls from the accident by a Mercy Flight helicopter. When he got there, doctors told his family he had a three percent chance of living.

But he pulled through. The doctors said during the flight, the shaking of the helicopter slipped his vertebrae back into place. Weatherwax said he believes he was more than just lucky.

"I believe there was a higher spirit that shifted my vertebrae for me," he said.

Weatherwax spent three months in a coma, a time in which he believes he had an out-of-body experience. There were things that happened to him during the period he said were private, but he recalled one memory.

"I could look down and see my body in the hospital," he said. "I could see my family there. Then I looked a few doors down, and I could see my father there. My father did not like people to see him crying, so he went to another room to cry."

Seeing his family gave Weatherwax motivation to fight to live, he said. His doctors said if he came out of his coma, he would likely be a vegetable.

Again though, Weatherwax went above and beyond what anyone expected.

"I like proving people wrong," he said. "It wasn't easy, though. Weatherwax described having a traumatic brain injury as dropping a boiled egg from the top of a building and trying to put all the pieces back together. He still has short-term memory loss, and he has to write things down to remember to do them.

He had to learn to walk and talk all over again. An anonymous donor paid for him to go to Community Bridges, a rehabilitation center in Missoula. He graduated from Sentinel High School in 2002, just one year late.

Since then, he's worked, attended Missoula College to get his Associate of Arts degree, and is attending UM part-time to get his Bachelor of Arts in Native American studies with an emphasis in prevention practices.

He went to Australia to study at Southern Cross University last fall semester, where he met new friends and spoke at several events about Native American culture.

Because he's Native American, has a traumatic brain injury and lives below the poverty line, he said many people would not expect him to study abroad.

He has always worked hard and learned a lot, said Wade Davies, Native American studies co-chair and professor.

"I think any student could benefit from that extra effort he puts in," Davies said.

Weatherwax plans to graduate either this fall or in spring 2017. He wants to be a drug and alcohol counselor and help indigenous people around the world.

"It really feels good to know that I did all of this," he said. "I believe that it was someone else, and I'm holding that person in high regard."
Why should activity classes make the cut?

Members of the Fundamentals of Pocket Billiards class were spread among three pool tables in the University Center Game Room. One pair of students continued to play after class time was done, while others put away their cues and packed up.

This is the second activity class University of Montana senior Kalyn Brown has taken, and she loves them.

“I use it as a form of self-care,” Brown said. “I can get a couple of credits without a lot of coursework.”

Brown wishes she took more activity courses earlier and would definitely recommend it to other students.

While humanities programs and many others are facing reductions from budget cuts, the activity class program has yet to face immediate cuts. Activity class program director Chris Riley said the work of the Phyllis J. Washington College of Education and Human Sciences dean, Roberta Evans, and the college leadership team has helped the program remain intact.

But the program needs strong enrollment to keep classes going. Student numbers have to be in the double digits to keep a class, Riley said. Four out of the five sections of racquetball offered this semester were cancelled because of low enrollment.

There have been staff decreases in the program office, Riley said, but instructor cuts have been low. The program tried to minimize the effects of cuts on students, he said.

The exceptions are classes offered by independent contractors and the University Center Game Room. Additional fees for classes offered by outside organizations allow most contractors to break even, Riley said. The program works to keep the costs as reasonable as possible.

"Collaboration is very important," he said.

Will McKnight / @willmck_photo Matt Guay slams the ping pong across the table to opposing student Bridger Truett during a game of table tennis April 13.

"It keeps us in tune with the Missoula community."

The classes through the Game Room are not forced to meet the double-digit standard in order to keep a section open. The UC Game Room program advisor Joseph Grady said enrollment in billiards and table tennis classes has declined over the past few years, but they keep classes even if only one or two students are signed up.

"Those students learn a lot, and they walk out of classes with the greatest amount of experience," Grady said.

Grady said he is proud of the program and hopes that what they have to offer can help attract students to UM.

The Game Room program has also evolved to help students develop a skill and be much more than a place to have fun, Grady said. The students also have opportunities to become instructors and hold other leadership positions because of the new program structure.

Student supervisor Henry Maher holds the highest student position in the Game Room. He said when he first started working there he thought the classes were silly, but as he became more involved, he saw more benefits.

"There is a great social aspect," Maher said. "Getting to do some sort of activity, to relax and do something you enjoy and learn a new skill, I love that about these classes."

Riley also said the activity program tries to assist with enrollment when they can, by working with orientation, UM Days and the advising director in the health and human performance program.

Riley said he doesn’t know how the program may be affected by budget cuts next year.

“We will continue to offer quality classes with a fun and safe learning environment that help students get better, feel stronger and reduce stress,” Riley said. “That’s what we’re here for.”

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Matt Guay slams the ping pong across the table to opposing student Bridger Truett during a game of table tennis April 13.

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Can I analyze your data?
UM’s new data analytics masters

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We live in a web of data. Our food is grown with the help of data gathered by farming machines and weather readers. Doctors use data to prescribe medicine and treatments. The government uses data to find and prevent fraud. Concert traffic is routed to get people in and out of stadiums quickly using data. Data is transforming almost every sector of life and work.

With all this data around us we need someone to read it. That is where University of Montana’s new master’s of business analytics comes into play. The one-to-two-year masters program will start fall 2016 and already has 14 students enrolled, with more in the advising process.

Data scientist ranks number one on Glassdoor.com’s list of best jobs in America. Analytics manager ranks number 11.

The School of Business Administration MBA program director, Simona Stan, said employers and SOBA alumni asked the business school to train students in data analytics. In fact, many employers are already offering internships and seeking to hire program graduates. SOBA already offers undergraduate certificates in big data and digital marketing, but the master’s takes these skills further.

The program originally started as a joint effort between the marketing and management information systems departments, but broadened to include input and class offerings from the math, computer science, media arts and journalism departments.

It is a fifth-year master’s for SOBA students, and a two-year master’s for graduates of all other programs on campus. Non-SOBA students will need an extra year to complete prerequisites.

SOBA is offering summer courses to help students meet these prerequisites. All backgrounds are encouraged to apply, as data isn’t exclusive to any sector and makes students valuable in the job market, Stan said. This is the first program of its kind offered in Montana.

Quantitative analysis, marketing research and advanced data analytics classes are offered. Students choose five electives from a list of 20, in subjects ranging from digital tech in the arts in the media arts department, to investigations in the journalism school, to management of information systems in the business school.

Marketing senior Bailey Harper didn’t think she would like data. Then she took adjunct professor John Chandler’s telling stories with data and advanced marketing analytics class. She loved it.

Diving into the data, finding patterns and relationships in large data sets, then telling the story behind them really connected with her. She will complete the master’s program next year.

Harper, a Butte native, hopes to work at a Montana ad agency or marketing automation firm. She wants to use statistics and data to tell stories and explain the numbers in a way all people can understand.

“Data is becoming more and more valuable and crucial to understanding your business, and the need to understand data is only going to grow. This program is a great opportunity to attract students to the U of M,” Harper said.

Management information systems senior Lane Colyer sees the master’s as the key to living his desired lifestyle. He hopes to stay in Montana or the Northwest and work as a strategic consultant or data analyst.

Colyer finds it difficult to focus his efforts within a rapidly changing field. The new master’s, which he will complete next year, gives him structure.

Missoula companies like Draught Works Brewery, Nooky Box, and Advanced Technology Group have all expressed interest in program graduates. Missoula Economic Partnership Vice President Jenn Ewan has a long list of other interested companies, including the county and city of Missoula.

Data analytics skills are in high demand no matter the industry. Many companies don’t actually know where they are losing or making money, and data provides those answers. Many companies are looking for students who can work on their website and help tell their story to investors and employees, Ewan said.

“Data gives you a DNA-like picture of your business decisions,” she said. •
OSU cycling death felt by UM’s cycling team

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It started as an average race day. It was Saturday, March 26th and the University of Montana cycling team already had three maroon and silver-clad women on the roughly 16-mile course. Five others surveyed the course from senior Cameron Best’s Volvo. Walls of green forest surrounded the flat route in Flaming Geyser State Park, Washington. There was one hill with a climb and steep descent.

As the Volvo cruised down the hill, the car’s passengers watched three racers. Oregon State PhD student Randall Fox was one of the three. As they began their descent, 29-year-old Fox lost control of his bike. He veered to the right, going over his handlebars, hitting the guardrail face first. He bounced off, landing on the ground.

Best pulled over. The team split up. Best calling 911, three managing traffic and first aid trained sophomore Alicia Leggett approaching Fox on the ground.

Leggett was the first one to Fox. She immediately bent down to get a response from him, pinching his arm and saying his name. Nothing. He had a pulse and was breathing, but his eyes were vacant and tracking back and forth. Usually a sign of severe head trauma, Leggett said. Leggett worked to stabilize him physically. She held his head and neck in place. She noticed his wrists were curled against his body in an unnatural way. There was blood all over his face, gushing from slices in his cheeks and nose. At one point he tipped to the side, blood pouring out of his mouth.

It was natural that Leggett would be the one to work on Fox. She has the skills. With Outdoor Emergency Care and Wilderness First Responder Care certificates, Leggett worked as a ski patroller and summer motorcycle race medic. In spite of her training, it was hard to stay calm.

“At one point I stopped and listened to myself and I just kept saying, ‘Fuck’.”

A race official soon took over, his efforts similar to Leggett’s. UM senior Gilia Patterson, a traffic manager, estimated the ambulance came within 15 minutes. Leggett had no sense of time.

The day’s races were postponed for two hours. A little before 1, Patterson and Leggett were dressed and warmed up, waiting for their competition to start. Instead of starting the race, officials waved cyclists into a huddle.

Saturday races were cancelled.

The team was shaken up. Patterson and Leggett went for a short ride, then to their home stay for Saturday night. Sunday races commenced and both Leggett and Patterson raced poorly. Patterson getting left behind by the group early on in her race.

“It was just hard to race after seeing something like that,” Patterson said.

Fox died Sunday night, surrounded by his family and wife, according to a media release from Fox’s family. Fox had degrees in Mechanical Engineering and Applied Mathematics from Oregon Institute of Technology. He ran track and cross-country for OIT. After working a couple of years, he began a Mechanical Engineering PhD at Oregon State University in Corvallis, Oregon, Fall 2010.

This was his first year on the OSU cycling team, joining in Fall 2015. The team is working on establishing a scholarship to be awarded annually to a cycling team member in Fox’ name, according to teammate Victoria Jansen.

The UM cycling team didn’t race last weekend, but head to Bozeman this weekend.

Vegan mayonnaise: The first step to saving the world

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With so many students at UM focused on environmental issues, it’s no surprise the new Advocates for Animals Club, a group devoted to spreading awareness about meat and dairy, has already made an impact on campus — vegan mayonnaise in the Food Zoo.

Kristian Cantens, the 23-year-old co-founder of the Advocates for Animals Club, said replacing the regular mayo in the Food Zoo with Just Mayo, a brand of all-natural and cholesterol-free mayonnaise, is a healthier choice for UM students and a cheaper choice for the University.

Just Mayo is also another condiment option for vegan students who, according to Cantens, don’t have a ton of options for food at UM.

“Most of the time, the meals aren’t vegan because they put butter in them, which you could just replace that with oil and no one would notice,” Cantens said. “That, or they put cheese in it. And cheese you could always separate and just have people sprinkle it on top.”

Although Cantens became a vegetarian when he was 10 for ethical reasons — while eating a cheeseburger at Burger King, Cantens was horrified by her answer — he is now very aware of the negative effects livestock have on the environment.

Animal agriculture is the leading cause of species extinction, ocean dead zones, water pollution and habitat destruction, according to a 2004 study by the EPA’s Office of Research and Development.

Livestock and their byproducts account for 51 percent of all greenhouse gas emissions, according to a 2009 study by the Worldwatch Institute.

Growing food to feed livestock consumes 56 percent of the water available in the U.S. It takes 2,500 gallons of water to produce 1 pound of beef, according to the Journal of Animal Science.

Darian Dovgan, 21, is a literature major with an emphasis on the environment. After taking several environmentally focused classes through the literature department, Dovgan said she realized two months ago that going vegetarian was the best and easiest way to reduce her impact on the environment.

“Being vegetarian reduces the demand for meat that is produced in industrial food operations, and those are really not good for the environment,” Dovgan said. “So even if people just ate less meat, it would really help the global situation.”

According to a 2014 study published in Climatic Change, an international journal devoted to the description and causes of climate change, Dovgan is right. Vegans produce 50 percent less carbon dioxide than meat lovers and use much less oil, water and land to produce their food.

Travis Glenn, a 20-year-old physics and math major drastically cut down on his meat consumption after learning how inefficient and wasteful animal products are.

“It doesn’t make sense why we feed livestock better than a large portion of the world,” Glenn said. “However, I still enjoy eating meat, and I do eat it once every couple of weeks.”

Glenn said although he’s not trying to make a political statement with his diet, he does think the average American consumes too much meat for the diet to be sustainable worldwide.

Katie Galang, 19, has been a vegetarian for several years and is a co-founder of the Advocates for Animals Club.

“Not eating meat just makes sense. I don’t know how many times I’ve told someone meat is produced in big factories using a ton of oil and land. It’s just hard to eat something that comes from a sustainable source,” Galang said. “I think having people on campus come try it and say, ‘Wow, this is really good,’ kind of changes peoples’ perspectives on veganism.”

**Will McKnight / @WillMcK_Photo**

Anti-carnivorous and pro-vegan stickers on room 252’s door in Corbin hall where the student group Advocacy for Animals met April 14. The student group works to raise awareness of the vegan lifestyle and why it may be more sustainable for the environment to be a vegan in today’s society.

Galang said her main goal for the club is to spread awareness about the sustainable and nutritional aspects of being vegetarian and vegan through the club’s various events and lectures.

The Advocates for Animals Club will be hosting a bake sale titled Vegans Love to Bake on April 20 to raise money for an eco-feminist guest speaker, Carol Adams.

But Galang said her favorite thing the club does is hand out vegan samples on campus. When students walk by and taste the samples, Galang said they are almost always pleasantly surprised by how good meat- and dairy-free food can be.

“Just being there and sharing samples, explaining why we are vegan and what we believe in,” Galang said. “It’s very positive.”

The Advocates for Animals Club plans to host another bake sale titled Vegans Love to Bake on April 28 with all proceeds going to the student group Advocacy for Animals.

The Advocates for Animals Club will also be hosting a bake sale on campus April 20 to raise money for an eco-feminist guest speaker, Carol Adams.
EXPOSING PAIN
Making invisible illnesses seen

Story by Tess Hass
Photo by Sydney MacDonald
Design by Ryan Hawk

UM fine arts major Ashley Rickman takes portraits for her project conceptualizing the invisible pain of psychiatric and psychological conditions April 15. Rickman suffers from lupus, a chronic autoimmune disease, along with a number of other psychiatric conditions.

Sydney MacDonald/@sydneysmacdo
Knowing it might happen didn’t stop Ashley Rickman from crying when it did. Pulling back her normally thick, dark hair, it revealed a widow’s peak from a receding hairline. The 22-year-old had always saved her hair after haircuts and even now, as it thinned and fell out. It was something she couldn’t really explain. It just meant something to her. It had been through everything she had.

Rickman wasn’t losing her hair from cancer, alopecia or female pattern baldness. It was from something that was even harder for her friends to see and nearly impossible for doctors to diagnose.

“You don’t look sick,” doctors told her the second semester of her freshman year at the University of Montana after three months of exhaustion left her unable to go down the stairs of her apartment building without help. “Everyone has stress,” they told her. “It’s just college.”

The doctors were right — she looked fine. She was a young, passionate artist with a close circle of friends. She wasn’t supposed to be sick, but she was.

It wasn’t until the beginnings of a butterfly-shaped rash appeared under her eyes last December that doctors were able to give her a final diagnosis.

LUPUS.

Lupus is a chronic, autoimmune disease with a diverse set of illusive symptoms. Rickman has also been diagnosed with fibromyalgia and a variety of psychological conditions, some related to lupus, some not. For Rickman, it began with fatigue, arthritis and later, hair loss.

Silent illnesses like lupus get their namesake because of a lack of physical manifestations. According to the Lupus Foundation of America, 1.5 million people in the U.S. are estimated to be living with lupus. Ninety percent of them are women between the ages of 15 and 44. The disease shows itself sometimes more than others, and it can overlap with fibromyalgia and other conditions, meaning for patients like Rickman, the anxiety and stress of suffering from an unidentifiable illness can cause just as much damage as the disease itself.

To an outsider looking in, Rickman and the two other young women chatting over coffee might be talking about anything — relationships, music, vintage clothing — and sometimes they do. But today, they talk about what happens when your boyfriend becomes your caregiver, what it’s like to have to defecate 30 times a day and the side effects of a medication that makes you feel like you’re going to pass out.

“I’ve been one that does that,” said 20-year-old Dej Wilkinson, who is diagnosed with OCD and bulimia. “One minute you’re fine, the next you feel like you’re in a dimension you don’t recognize.”

They talk about how hard it is to convince doctors, friends and employers they were sick and how they get the most positive attention when they look physically the sickest.

“When I get out of the hospital, I get the most likes on Instagram,” 26-year-old Sam Mistry said. “People comment on how thin I look.”

Mistry was diagnosed with Crohn’s disease, an inflammatory intestine and colon condition, when she was 13.

Mistry shares a passion for vintage clothing with Rickman. It’s how the two met. She used to sell a vintage line out of a camper traveling all around the U.S. but had to stop after her Crohn’s disease worsened. She lost control of her bowels in a parking lot, not able to make it to a bathroom.

“I just started running to the bathroom — it was pure panic mode mixed with humiliation,” Mistry said.

The women here don’t judge. They have a common goal: awareness and community.

It’s what inspired Rickman to take a series of portraits based on her own experiences with silent illness and psychiatric and psychological conditions. The photos are simple but powerful: young women like Mistry and Wilkinson as they are, against a dark backdrop. The photos show the inclusivity of these conditions. The women are different races, sexual orientations and body types. The images capture pain, but they also capture individuality.

Rickman said for years she, like most of the women she photographs, felt isolated until she realized how many young women were suffering too.

“As I talked to other women, I realized that everyone goes through something, but there were always women all around me who could relate to me. We just hadn’t talked about it,” Rickman said. “Especial-
Subjects pose for Rickman’s photo project documenting silent illnesses. She hopes to exhibit her work to bring awareness to illnesses that may not be physically apparent.

Ashley Rickman

She said she wanted the public and other students, especially other young women, to know they weren’t alone. Because some of these illnesses and conditions aren’t obvious, the challenge was illuminating them in her work.

Rickman calls this art activism. She wants people to understand silent illnesses immediately while still being engaged in her work. Each photo contains a small explanatory paragraph, where the women reveal as much or as little about themselves and their conditions as they like.

It’s likely Rickman’s message will be heard. At UM, many students suffer with a silent illness or psychiatric/psychological condition. According to Disability Student Services, which services a total of 1,176 students, 84 students have registered with DSS for chronic health impairments. Many who have diseases like lupus, Crohn’s and psychiatric conditions may actually be able to get disability accommodations through DSS, like flexible attendance, but have no idea that these accommodations are available to them.

DSS uses the Americans with Disabilities Act definition of: “a person with a disability being anyone who has a physical or mental impairment that substantially limits one or more major life activities.” These are activities like walking and talking but also working and learning. This means the number of registered students does not reflect the total number of students at UM living with a silent disability.

In the spring of 2014, the National Col-
le Health Assessment reported that 5.2 percent of college students were diagnosed or treated for a chronic illness in the previous 12 months. Nearly 7 percent of the over 100,000 students surveyed by the NCHA were diagnosed or treated for a psychiatric condition.

The same year, Curry Health Center's NCHA survey found that 6.4 percent of UM students surveyed reported being diagnosed or treated for chronic illness within the last year. Roughly 9 percent of UM students surveyed reported being diagnosed or treated for a psychiatric condition within the previous years.

For Rickman, a lifetime of trying to find accommodations left her exhausted. She chooses to be creative in how she manages her illness instead of registering with DSS. She said she's had to drop out of half the classes she's registered for at UM, but has finally made a schedule that works for her.

“I realized I wasn’t going to have the same version of a normal life,” she said. “So I made changes.”

DSS coordinator Bernadine Gantert knows all too well what it’s like to be a young woman at UM with a silent disability. In her early 20s, she was diagnosed with multiple sclerosis, a chronic and progressive disease that affects the central nervous system. She had to drop out and learn to accommodate living with the disease, but when she returned to classes, she found school to still be a challenge.

Due to a vision problem associated with MS, Gantert found scantrons to be an impossible challenge.

“I would go in to see the teacher to ask why I was failing, and she would say, ‘Well, you got a majority of the answers wrong,’” Gantert said. “I was a young woman in college with a silent disability I didn’t yet understand, and no idea what to do next,” Gantert said.

Gantert, like many young people battling a silent disability in college, was in danger of dropping out again, until she found DSS.

Once she registered with DSS, at that time run by one part-time worker, she was able to succeed. She now dedicates her time to helping people with all forms of disabilities understand their rights and learn to make accommodations. Without it, she said she wouldn't be living her version of a normal life. DSS became her anchor.

“What you’re going to see in young women with chronic illnesses is a tremendous amount of creativity, perseverance and adaptability,” Gantert said.

Rickman said her professors have been supportive of her after years of discussion about her illness, but she still gets dirty looks from students when she takes the elevator, requires a chair or complains of being exhausted. She hopes her project will expose silent illnesses as something to be understood rather than questioned.

For now, Rickman's doctors have prescribed her chemotherapy drugs to treat her lupus. When your hair falls out from lupus, it doesn't grow back, but if it falls out from the chemotherapy that's fighting the lupus, there's a chance it will regrow.

Rickman's hair is cut short for the first time in her life. Her friend Andrea did it, taking care to hide the thinning spots. It's the first thing Mistry and Wilkinson comment on when they see her. They love it, and they mean it.

For Rickman, it no longer matters. She's no longer alone. The three women talk about the bad days, but something wonderful happens when they get together. They become bigger than their conditions. They become part of a community of individuals with a common mission to show the public and one another that they are here.

They are not defined by their conditions or their hair.

“It’s liberating,” Rickman said. “I don’t care if it’s shaved or all gone.” ▪
Waka Flocka Flame to ‘Go Hard in da Paint’ at The Wilma

Rylan Boggs
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Atlanta-based rap artist Waka Flocka Flame is playing at The Wilma with DJ Whoo Kid, and Codependents on April 24.

Waka is best known for his hit songs, “O Let’s Do It”, “Hard in da Paint” and “No Hands,” which won BET’s “Best Club Banger” award. Waka has released two studio albums, 41 singles and 23 mixtapes since beginning his music career with his first album “Flockaveli,” in 2010.

“I make music for the people, I don’t make music for the charts,” Waka said in a 2016 interview with Hot 97.

Waka was born Juaquin Malphurs in Jamaica, Queens, New York and raised in Riverdale, Georgia. His stage name came from The Muppets character Fozzie Bear’s catchphrase “Waka Waka” and Gucci Mane’s assertion that he was “Flocka Flame.”

He worked with Gucci Mane in the beginning of his career but the two have grown apart after well-documented feuds over social media.

Waka is also one of a small number of rappers who are vegan.

“I didn’t wanna be fat, I got tired of breathing hard, I got tired of my joints hurting,” Waka said in a cooking special with Munchies.

Opening for Waka is Codependents, a Montana rap group. Codependents won the opening spot in a Facebook poll put on by The Wilma.

“It kind of just happened really quick, I wasn’t expecting to get over a thousand votes,” Codependents member Shadow Devereaux said.

Though the group has played at the Wilma before as an opener and for the Zoo Music Awards they are excited to open for Waka.

“I would say it’s a really big stepping stone,” Devereaux said.

The group attributes their success in the poll to recently finishing a tour, being signed to Crushkill Records and the upcoming release of their album, “RezErected.”

Codependents formed in 2012 and consists of Devereaux, Justin Evans, Keenan Nerby, Roman Firestone and Riley Roberts.

Doors open at 7 p.m. and the show starts at 8 p.m. Tickets are $20 in advance and $23 at the door.

Photo courtesy of Atlantic Records
With “Game of Thrones” season 6 starting Sunday, it’s time for the die hard TV GoT fans to be educated on the books. Find out whose stories are off the rail.

Sansa Stark: Unless you’ve been living under a rock for the past year, you probably heard that Sansa’s graphic rape at the hands of her sadistic husband Ramsay didn’t happen in the books. That unfortunate role belonged to Sansa’s childhood best friend Jeyne Poole, who never made it to the show. Book-Sansa is still chilling in the Eyrie eating lemon cakes with some new gal pals (including a less-homicidal version of the show’s Myranda). If show-Sansa found out how much her story was changed she’d probably want to throttle the TV writers.

Catelyn Stark: Yes, you read that right. Catelyn Stark—who was killed off three seasons ago—is alive and kicking in the books. Or at least undead and kicking. In the books, Catelyn had her throat cut by the Freys, just like in the show, but ends up coming back as a creepy, vengeful zombie by the name of Lady Stoneheart. She was last seen about to hang Brienne of Tarth for betraying her for Jaime Lannister.

Tyrion Lannister: Everyone’s favorite alcoholic still fled Westeros after murdering his father Tywin in the books. However, that’s pretty much where the similarities end. Instead of meeting up with Daenerys to form a fan-favorite power duo, Tyrion ends up helping another contender for the Iron Throne named Young Griff who says he’s the son of Rhaegar Targaryen. There’s also a subplot about him becoming an enslaved sideshow alongside another dwarf named Penny, but I’d really rather forget that.

Jaime Lannister: Oh Jaime, for being one of the best characters in this series, he’s fallen on hard narrative times. Jaime wasn’t actually in the second book “Clash of Kings,” so the show creators smartly moved up his story so that they didn’t have to bench actor Nikolaj Coster-Waldau for an entire season. However, that led to him being stuck in the shitshow that was the Dorne storyline in Season 5 and ending the season with his daughter Myrcella, who is still very much alive in the books, dying in his arms.

Stannis Baratheon: The most “meh” king in the Seven Kingdoms, remains alive in the books. His changes from book to show are not so much a matter of story-altering, so much as being ahead of the books. In the books, Stannis is slowly and steadily making his way toward Winterfell. It’s likely that the Siege will probably turn out the same way in the books as it did on the show, but in the meantime, book-Stannis still has the upper hand on his show counterpart merely by breathing.

Characters who are right on track:

Jon Snow: True, there have been some changes to Jon’s story. For example, there was no big zombie battle in the books (yet). But for the most part, Jon Snow is right on track with his book counterpart right down to his “death.” This season will finally answer the question of whether Jon’s going to save the world or die trying. In the meantime, book-Cersei and show-Cersei will resolve that trial with Cersei’s champion being the newly reanimated Gregor Clegane.

Arya Stark: Book-Arya is in a similar assassin “Karate Kid” situation to show-Arya, though the addition of Jaqen H’ghar as her mentor is unique to HBO.

Theon Greyjoy: Poor Theon, he’s the victim of Ramsay’s horrific torture in both versions. While there’s a little more backstory to their relationship in the book, and there’s a little less involvement from Sansa, the basic events remain the same.

Daenerys Targaryen: Back in Season 2 it looked like Daenerys’ plotsline was going to diverge significantly from her book counterpart, but since then the show has corrected course. True, the events are somewhat truncated, and she hasn’t met a certain witty dwarf yet, but the books still left off with her surrounded by Dorthraki after escaping Mereen on the back of dragon.
The Kaimin swung by Betty’s Divine to have a chat with owner Aimee McQuilkin about spring and summer 2016 fashion trends. Here are the looks to keep an eye out for during the warmer months.

All things dad
“Dad anything, it’s like a normcore trend,” McQuilkin said. “Dressing like Jerry Seinfeld, just looking bad.”

The look encompasses faded denim, socks and sandals, and dad hats. Dad hats are basically the shapeless canvas or cotton hat your dad wears to cover the bald spot that is his head. Unassuming and everywhere, the dad hat is the wave of the future, or at least the summer.

Jewelry and accessories
While earrings have slowly tapered off in popularity, rings, necklaces, patches and pins are on the rise. Teacher necklaces or long, geometric, blocky pendants are some of the items McQuilkin was excited about.

For fingers, midi rings, a smaller ring meant to be worn between the first and second knuckle, are gaining popularity.

“For spring and summer, start stocking up on your patches and pins. You’ll thank us,” McQuilkin said, advising they be worn on a leather or jean jacket.

Dusters
“The kimono was so big for so long as the flowy big top, and now that’s just kind of evolved into something we’re calling a duster,” McQuilkin said.

The duster, a sort of combination of a cardigan and a robe, can be worn open or closed. “Think of it as an accessory, like a scarf,” she said.

Damn Daniel
A long-time trend for men, all-white sneakers, are becoming more popular for the ladies. Though not a product Betty’s carries, you can pick yourself up a pair just down the street at Edge of the World.

Denim
In the land of denim, rips are still in, even in a formal setting.

“You’ll see someone dressed fairly professionally but with ripped knees,” McQuilkin said.

Additionally, a shorter, “flooded,” cut for jeans that highlight footwear is in.

“You want to show off your boots,” McQuilkin said. “You don’t want to hide the cool laces.”

Footwear
Shorter boots are in, while taller boots have fallen by the wayside. The low chukka boot with a work-inspired look is a popular look for men. Women are favoring wooden clogs.

Ye olde standby
Trends in retail sales haven’t drastically changed, according to McQuilkin, so the same oversize top with tight skinny jeans is still in. This look has translated into longer-cut shirts for women and men.

“It’s almost like a giant man’s shirt being worn by like a tiny little waif,” McQuilkin said of the look. •

Rylan Boggs
Rylan.boggs@umontana.edu

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FIFA FIENDS
GRIZ BASKETBALL’S SOCCER TEAM

FABIJAN KRSLOVIC
FAVORITE TEAM: JUVENTUS
FAVORITE PLAYER: PAULO DYBALA

MIKE OGUINE
FAVORITE TEAM: BORUSSIA DORTMUND
FAVORITE PLAYER: MARCO REUS

JACK LOPEZ

AARON MISIPEKA-WARD
FAVORITE TEAM: BAYERN MUNICH
FAVORITE PLAYER: ARJEN ROBBEN

BOBBY MOOREHEAD
FAVORITE TEAM: JUVENTUS
FAVORITE PLAYER: PAUL POGBA

FAVORITE TEAM: REAL MADRID
FAVORITE PLAYER: CRISTIANO RONALDO
A little over a month ago, the Twittersphere experienced a disturbance. Chad Johnson, who you may better know as Ochocinco, accepted a challenge on Twitter from Miami quarterback Brad Kaaya.

The challenge didn’t involve football, at least not the way Americans think of it. No, this was an online challenge in the popular video game series FIFA, produced by EA Sports. Johnson proclaimed himself as the “King of FIFA,” but Kaaya is a college kid, and video games are what they excel at.

Kaaya graduated from Chaminade College Preparatory School, which just happens to be the same school as Grizzly star freshman basketball player Mike Oguine.

The Miami quarterback kept him up-to-date on the FIFA games.

“He was like, ‘This dude Ochocinco is talking all this trash, he’s about to come to my house. I’m going to whoop him.’ He was keeping us updated, and he beat him three times in a row. Chad still didn’t want to give him the FIFA crown. Ochocinco thinks he’s still got it he said he just had a bad day,” Oguine said.

The debate over who the real king is will rage on, as more athletes are taking to their PlayStations or Xboxes for the soccer simulation.

For Oguine, the love of soccer came back in 2014 during the World Cup. The real-life tournament, combined with the video game that allowed gamers to take any country through the qualification process and final stage, hooked him.

His life as a basketball player can be busy and stressful, but Oguine always finds time for FIFA. He said he plays daily, a lot of it on his own, but he also plays against his roommate Bobby Moorehead and Griz basketball redshirt Trever Spoja.

Moorehead and Spoja are both relative beginners at the game, and Oguine says he wins about eight of 10 games against them. The real competition comes against sophomore post Fabijan Krslovic, an Australian native.

“Fab is my main competition on the team,” Oguine said. “I’d say we are pretty even. He might have a slight advantage over me in wins, but we only play like once a week.”

Oguine may admit to having a slight disadvantage in wins, but he still says he is the best player on the Grizzly basketball team. Oguine holds the crown as “King of FIFA” in Montana, and his best friend is the rightful heir to the throne on Twitter after defeating Ochocinco. Considering all that success, we decided to ask the Grizzly freshman for some tips.

“You have to realize it isn’t like other sports games, you have to be really patient,” Oguine said. “I still make the mistake sometimes if I go back to FIFA after 2K, where people overuse the sprint button. You have to relax and know when to use it. You have to be precise when you’re dribbling and only sprint when you have clear open space.”

Soccer is a long, exhausting game. You can only make three substitutions all game, so if you don’t lay off the sprint button your men will fall behind or even injure themselves. That wasn’t the only suggestion Oguine had to becoming a better FIFA player.

“In the old games, it was easy to have a fast striker and just lob it up to him and get goals like that, but in FIFA 16 they kind of fixed that,” Oguine said. “The through ball doesn’t work as much, you want to pass more and do more of a build-up. I like to play up the middle and beat defenders off the dribble to get easy shots on goal. You need to make sure you are passing and being patient. Don’t be afraid to pass it backwards.”

FIFA isn’t the only game the basketball team plays, either. Oguine said they also spend some time playing the popular NBA2K series. 2K is slightly less realistic, making it much easier for beginners to play, according to Oguine.

“With 2K, anyone can hop on the sticks and use just one player and dominate and be competitive with people who play all the time,” he said. “With FIFA, if you don’t play you will get exposed, no matter who you use.”

PHILANTHROPY:

noun phi•lan•thro•py \fə-lan(t)-thrə-pē\ The practice of giving money and time to help make life better for other people

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  - Ability to perform assigned duties with attention to detail, speed, accuracy, follow-through.
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23 Cluster
24 Cusack flick, "... Anything"
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28 Milky
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32 Bead material
36 Upper-arm muscle
38 West Coast giant
40 The phalanges
41 Fishing boat
42 Fire place fodder
43 Stoker’s creation
46 Presage
47 Lose oomph
50 Dryly funny
51 Cupid, to Venus
52 Set foot (on)
54 Coquet tidal
55 Circus man
56 Thud
59 Software version
61 Buttercup family member
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56 Thud
59 Software version
61 Burn soother
53 Asinine
55 The "B" of N.B.
56 Computerphile
57 Difficult
59 Roman sun god
60 Tombstone letters

Answer to Last Week’s Sudoku

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Stensby throws first Griz softball no-hitter in weekend sweep of Portland State

There’s a romantic cliché of throwing the last pitch of a no-hitter. The entire crowd is cheering, the pitcher’s locked in and the defense stiffens. The catcher leaps into the pitcher’s arms, and the rest of the team, including the dugout, follows after, mobbing her with high-fives and hugs.

But it was different for Maddy Stensby. She celebrated the no-hitter she threw Saturday against Portland State (11-24, 5-6 Big Sky) from the dugout, while her team was hitting.

The freshman’s no-hitter was aided by errorless defense, as she struck out two. Stensby (3-8) had one blemish on her scorecard all game, a walk given up to Candice Orozco. The no-no was the first in program history.

“I was just feeling good today,” Stensby told GoGriz.com. “I didn’t have a lot of strikeouts, it was a team effort. I didn’t even notice until the last inning that it was a no-hitter, but it felt like there was something special going on. Everyone was all in it, so I really feel like it was a team no-hitter more than anything.”

A third-inning home run from Delene Colburn was the only score for most of the game. Montana (17-23, 6-5 BSC) was up 1-0 going into the bottom of the fifth inning. Ignited by a two-RBI single by Lexie Brenneis, the team put up seven runs in the inning to put an end to the game via the eight-run rule, where the game automatically ends after one team leads by eight or more runs by the fifth inning or later.

After the historic outing, Stensby turned around and started the next game, but gave up two runs on five hits and two walks, and was pulled in the fourth inning. Sara Stephenson finished the fourth and pitched two-thirds through the fifth inning, when Colleen Driscoll closed out the game. Driscoll earned the win for Montana as the the Griz bested the Vikings 5-3 thanks to another late-inning rally. Portland State led for most of the game until Montana scored five runs in the sixth inning to seal the win.

Montana used small ball to put a crooked number up in the sixth, led by a bunt single from Colburn to start the inning, followed by four more singles from Bethany Oloa, Madison Saacke, Ashlyn Lyons and Tori Lettus.

Montana closed out the weekend series on Sunday with a lopsided 8-2 victory to complete the sweep. The offense, led by Colburn (3-3, 2 RBI, 1 BB), struck early and often, going up 4-1 in the second inning, and sealed the victory with one more run in the fifth and three in the sixth. Stephenson (9-5) fanned four with no free passes to cap off the two-run complete game and the win.

“Each time we go out and get a W, we get one step closer to the conference tournament,” coach Jaime Pinkerton said. “We are taking baby steps with the new program, so we want to continue to play solid softball, continue to win and get to the postseason for the first time in school history.”

Griz pitcher Maddy Stensby throws a pitch during a pre-season game on Sept. 23, 2015. Stensby pitched a complete game no-hitter against Portland State this weekend finishing with two strikeouts and one walk.