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10-5-2017

### Montana Kaimin, October 5-11, 2017

Students of the University of Montana, Missoula

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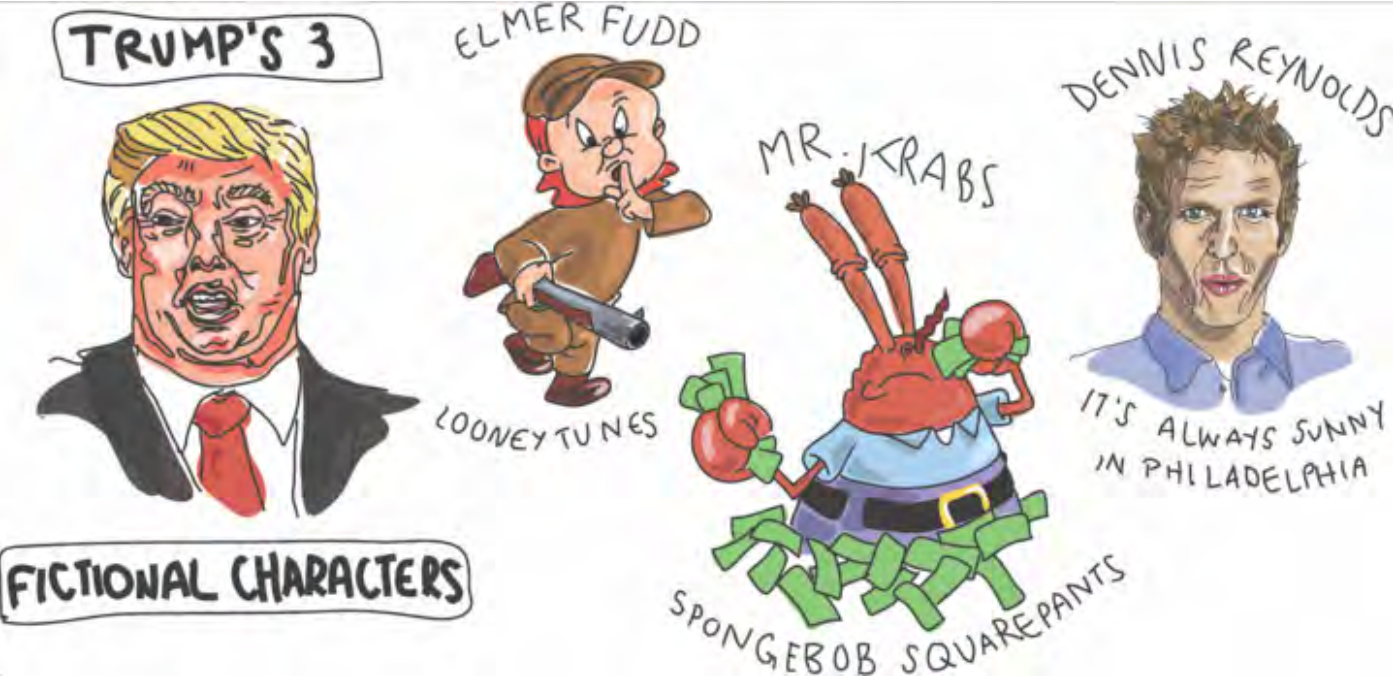
# Treat it like an injury

Mental health  
and athletes

Page 8







By **Leann Skach** / leann.skach@umontana.edu

Q KIOSK

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SUDOKU

Difficulty : Easy

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 5 | 7 |   |   |   |   | 4 |
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| 8 |   |   |   |   |   |   |   |   |

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Edited by Margie E. Burke

**HOW TO SOLVE:**  
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answer to Last Week's Sudoku

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 9 | 3 | 4 | 7 | 5 | 1 | 2 | 6 |
| 2 | 6 | 7 | 1 | 9 | 8 | 5 | 4 | 3 |
| 4 | 5 | 1 | 3 | 6 | 2 | 9 | 8 | 7 |
| 7 | 4 | 8 | 6 | 5 | 3 | 2 | 9 | 1 |
| 3 | 1 | 6 | 2 | 4 | 9 | 8 | 7 | 5 |
| 5 | 2 | 9 | 8 | 1 | 7 | 3 | 6 | 4 |
| 9 | 8 | 5 | 7 | 3 | 6 | 4 | 1 | 2 |
| 1 | 7 | 2 | 5 | 8 | 4 | 6 | 3 | 9 |
| 6 | 3 | 4 | 9 | 2 | 1 | 7 | 5 | 8 |

BIG UPS & BACKHANDS

The Kaimin's take on this week's winners and losers. Have a big up or backhand to contribute? Tweet us at @montanakaimin!

**Big Ups** to Kanye for interrupting his concert to go save Kim from armed robbers. You proved you care about one thing more than yourself.



**Backhands** to Donald Trump and Hillary Clinton for doing an awful parody of that Saturday Night Live sketch. Make it a little more realistic next time.



**Big Ups** to Congress for letting us sue Saudi Arabia. We were running out of people here in the states.



**Big Ups** to Kristen Juras. It's been a big week, bud.



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## KAIMIN EDITORIAL

# College athletes work full time — pay them

By **Editorial staff** editor@montanakaimin.com

Several weeks ago, the athletic department released a study showing the influence Griz sports have on the Missoula economy. The numbers were staggering, but unsurprising.

Griz athletics currently help create over 1,300 jobs and bring in over \$2.5 million in just a single home football game. The Missoula economy is better off, but the numbers don't mention the financial influx the University gains from the athletic department.

Washington-Grizzly Stadium has received a facelift in the past few years, with new lights and ribbon boards installed around the stadium and a brand new, high-definition "Griz Vision" board in the southern end zone. The construction of the new Champions Center, another new athletic facility to be erected in between Washington-Grizzly Stadium and the Adams Center, is in progress. Clearly, the cash is flowing within Griz athletics.

While renovations to facilities and new uniforms are great, the money could be used in a much better way: paying the players.

The debate over paying college athletes is not a new one. The official website of the NCAA states that "amateurism is crucial to preserving an academic environment in which acquiring a quality education is the first priority."

This means that athletes cannot be paid for their work, receive prize money for winning tournaments, play with professional athletes, receive benefits from boosters or make money off their likeness.

Former Ohio State quarterback Terrelle Pryor received a five-game suspension for selling jerseys and awards that belonged to him in 2011, and he withdrew from college that same year. Meanwhile, the university can sell replicas of Pryor's No. 2 jersey in the team store every week.

Ed O'Bannon is a crucial player in the fight for paying college athletes, and the Supreme Court rejected an appeal to hear his case on Monday. O'Bannon gained fame by fighting the NCAA for his likeness, which appeared in NCAA basketball video games. He appealed to the court that a plan be reinstated in which major college athletes are paid.

O'Bannon is right. College sports are a full-time job, and the athletes deserve to be rewarded for that job. Student athletes should be allowed to benefit from their own likeness and memorabilia, like Pryor did in 2011.

University of Montana athletes are required to check out uniforms whenever they need them, so they cannot use the official uniforms in any advertising. They can't use the thing that represents them the most for their own benefit.

The best athletes receive scholarships, and the NCAA uses scholarships as a defense against paying players — they are in school to get an education, and sports come second.

Try telling that to the athletes, who, in addition to the full credit load that most students have, also spend hours upon hours training for and playing in games. Hailey Hoagland, a junior golfer, missed two days of school last week playing in tournaments and then had another tournament on Saturday and Sunday.

In this week's profile on Hoagland, she said that when the team isn't playing golf, they are studying. She studied on the plane ride home from the Rose City Collegiate because she had a test the next day.

The NCAA continues to win court cases, but the battle for paying college athletes is tipping more in the direction of students. Perhaps we are not ready for wages in college sports, but at the very least, we ought to let these young adults make some money from their own likeness. •



Will McKnight / @willmck\_photo

Missoula Bruins forward Zach Jaffe fights for possession of the puck during the second period against the Helena Bighorns at Glacier Ice Rink on Sept. 30.



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## The Weekly Crossword

by Margie E. Burke

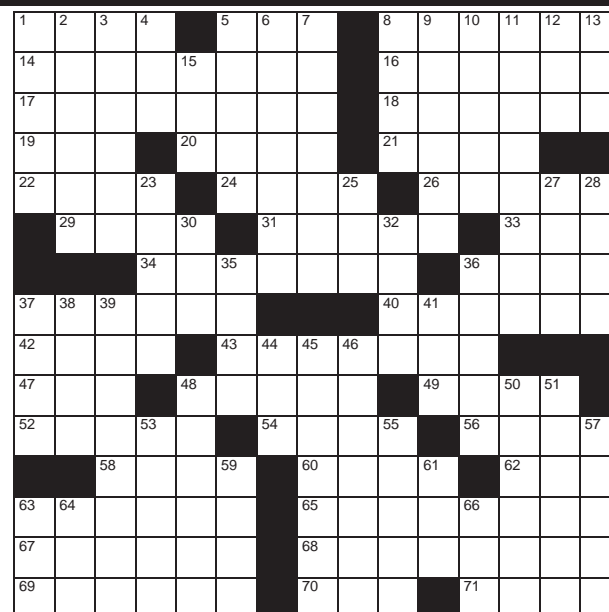
### ACROSS

- 1 Zodiac symbol
- 5 Well-chosen
- 8 Unshaken nerve
- 14 Coat-of-arms system
- 16 Settle beforehand
- 17 Small hourglass
- 18 Like arctic winters
- 19 Amy of the Indigo Girls
- 20 Cher, et. al.
- 21 Porcelain piece
- 22 Knight fight
- 24 Bite
- 26 Woeful expression of old
- 29 Kind of miss
- 31 \_\_\_ tube
- 33 Water tester
- 34 Bankrupt

- 36 Bad habit, so to speak
- 37 Who puts Baby in a corner
- 40 Glacial mass
- 42 Belgian bread
- 43 Square root sign
- 47 Crackerjack
- 48 It's often blue
- 49 Eyesore
- 52 Motif
- 54 \_\_\_ of the Unknowns
- 56 Stubborn beast
- 58 Carplike fish
- 60 Odor anagram
- 62 April woe
- 63 Like some expressions
- 65 Conceited
- 67 Shade provider
- 68 Hall & Oates hit
- 69 Emissary
- 70 Stout relative
- 71 Kind of blocker

### DOWN

- 1 Pale gray flint
- 2 Get back



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- 3 Like some socks
- 4 Halloween decoration
- 5 Ticket word
- 6 Finish on top
- 7 Cause for revolution
- 8 Basilica section
- 9 From the 1930's, say
- 10 Carpenter's device
- 11 Like "Aida"
- 12 Damage
- 13 Word used twice in a 60's play and film title
- 15 Ceiling
- 23 Social no-no
- 25 Animal with curved horns
- 27 Drug-yielding plant
- 28 Hoard
- 30 Brave opponent
- 32 Colossal
- 35 Stringed instrument of old
- 36 Soft palate

- 37 "Groovy!"
- 38 Pun reaction, perhaps
- 39 Producing offspring
- 41 Philandering fellow
- 44 Queen, maybe
- 45 Shoebox scene
- 46 Depraved
- 48 Dressed, so to speak

- 50 Metamorphose
- 51 1956 sci-fi flick, "Forbidden \_\_\_"
- 53 Wild enthusiasm
- 55 Carried
- 57 Special edition
- 59 Barely beat
- 61 Forest denizen
- 63 Close one
- 64 Bowl over
- 66 Yak it up

### Answer to Last Week's Crossword:

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | W | A | T | S | P | R | I | G | S | W | A | P |
| T | A | L | E | T | I | A | R | A | P | A | C | E |
| A | R | M | S | R | E | P | E | R | T | O | I | R |
| R | E | S | T | R | I | C | T | G | O | I | T | E |
| C | E | D | E | F | O | W | L | S | E | C | T |   |
| C | L | E | A | V | E | S | L | Y | S | E | C | T |
| R | I | N | S | E | S | T | O | L | E | T | H | E |
| U | N | D | E | R | T | H | E | W | E | A | T | H |
| E | G | O | T | H | O | R | N | T | R | E | S | S |
| L | O | N | E | A | W | N | H | E | A | R | S | E |
| U | G | L | Y | L | O | R | D |   |   |   |   |   |
| R | A | S | C | A | L | C | O | P | Y | E | D | I |
| A | R | C | H | B | I | S | H | O | P | G | I | R |
| G | E | A | R | U | K | A | S | E | A | V | I | D |
| S | A | G | E | M | I | T | E | R | P | E | S | O |



KAIMIN COLUMN

# Stop joking about mental health

At the end of last year's fall semester, someone griped to me about their disappointment with going home to spend Christmas with their family. She said she would rather kill herself than fly back to Mississippi. I could empathize — time spent with family can be stressful, (although suicide seemed rather an extreme option). Of course, it was an exaggeration. The conversation ended with a begrudging sigh over getting on that plane to go home. She may have worded her desires differently if she had known that my grandmother had taken her own life on Christmas Day some years back.

At the same time, I understood. People sometimes state their feelings that way. It has become socially acceptable to use psychological disorders such as obsessive-compulsive disorder, social anxiety and bipolar disorder to describe how we feel or act in certain situations. However,

when a person claims to have any of these disorders without a proper diagnosis, or a basic understanding of their effects, it serves as a display of insensitivity to people who suffer from them.

"What often happens is that people focus on one facet of their behavior and extrapolate from that, and think it's a diagnosis," says Bryan Cochran, director of clinical training at the University of Montana. "It's like saying that my momentary, everyday pain is just as hard as what someone is going through who deals with this condition on a regular basis. It diminishes the severity of what others might face."

The irony of not taking psychological disorders seriously is only made clearer in light of recent trends. We have seen a 400 percent increase in prescriptions for antidepressants, according to a National Health and Nutrition Examination Survey,

as well as an increased sense of hopelessness in graduate students, according to the Journal of Affective Disorders. We're also seeing steady increases in depression according to U.S. National Library of Medicine.

Despite how serious these issues are becoming, making light of them isn't always bad. Humor can serve as a great coping mechanism for these harsh realities.

However, the human race functions on altruism as a means of survival, so it doesn't make sense that we would allow others to suffer without considering their struggle — there must be something else at play.

Partial responsibility for our flippant applications of these disorders can be found by the current usage of the English language, as it is becoming quite liberal. We describe someone's looks as beautiful, but point to nothing in particular, or ad-

mire art as a masterpiece, but say nothing about the choice of color. It should be no surprise that it has become acceptable to temporarily diagnose ourselves with the most convenient psychological disorders to explain our actions or problems.

We still remain insensitive to those around us who may be suffering from one, or many of these debilitating diseases. With an awareness of how we abuse such terms as "OCD" to describe what we think is unusual cleanliness, or antisocial to state how we don't want to be around others, we can begin to dismantle how trivially we consider mental health issues that are now more concerning than ever. •

Sam Tolman is a Kaimin opinion columnist. Email him at [samuel.tolman@umontana.edu](mailto:samuel.tolman@umontana.edu)



KAIMIN COLUMN

# Defense: The Montana mold for greatness

The most successful institutions follow strict guidelines for who they allow to run the trenches. The ground-level actors live out the vision of the people who supervise. They're grinders — programmers at a software company, brokers at a financial advising firm, students at a university, servers at a restaurant. Without their individual success, the business would crumble. They interact with the consumer, because they're the ones the consumer examines.

Harvard, for example, only accepts students who fit the mold: Academically excellent, multi-faceted success outside the classroom, community involvement, sweater vests, etc. They have a brand to uphold as one of the most prestigious academic institutions in the nation. Harvard's results speak for themselves, and their reputation follows. Harvard is excellent because the people in the trenches are excellent.

Montana's football program follows a similar judgment process for its players. More recently, Montana's defense has

created a dominating reputation. To keep with that reputation, they need to recruit the best guys for the job.

Montana consistently produces one to two players per year (offense, defense or special teams) who are drafted into the NFL. Most of Montana's household names — Trumaine Johnson, Colt Anderson, Kroy Biermann, Brock Coyle, Jordan Tripp, Zack Wagenmann and Tyrone Holmes — are defenders. Though Biermann, Tripp and Wagenmann have recently slipped from the NFL spotlight, their legacy at Montana resonates.

Tripp and Coyle ran the defense from 2012 to 2013. Though the 2013 defense didn't rank very high (third-best rush defense and 11th-best pass defense in the Big Sky Conference), Coyle and Tripp made NFL rosters in 2014. Wagenmann was drafted a year later, Holmes the year after that.

This year feels similar. Montana's defense is performing on par with their Big Sky-leading performance from last season, even in the wake of a new defen-

sive coordinator and a second-year head coach. Montana has kept the bar above their heads.

Bob Stitt, the Griz's offensive-minded coach, deserves credit for not messing with the status quo. In 2014, the year before Stitt came to Missoula, the Griz boasted the top-scoring defense in the conference. The key to Montana's successful defense comes from Montana's culture — who they let in. Montanans demand great defense every year.

Defense is ingrained into Montana's football culture. Since Biermann was drafted in 2008 by the Atlanta Falcons, Missoula consistently manufactured NFL-caliber FCS starts. Montana enjoys similar success from its offensive players, like Tennessee Titans Pro Bowler Marc Mariani and Los Angeles Rams returner Chase Reynolds, but star defenders are regular grinders in Montana's football culture.

The number 37 jersey is the heart of that culture. Given only to a Montana-native defender, the bearer of 37 represents Mon-

tana. He represents traits Montanans take pride in — hard-nosed, gritty, tenacious and fearless. Only a defender — a line-backer like Tripp and Coyle, or a lineman like Biermann and Wagenmann — could embody those qualities. The number is etched into the sideline like a defensive seal, reminding fans and players the importance the school gives its defense and what that solidarity means to the community.

Montana may not recruit the nation's top offensive athletes, even if they are from the same state, but defenders keep coming back. High schoolers look to Missoula as a run-stuffing, sack-racking, stat-padding mecca for FCS-level players. Montana won't recruit players who don't fit the Montana mold. •

Nick Puckett is a Kaimin opinion columnist. Email him at [nicholas.puckett@umontana.edu](mailto:nicholas.puckett@umontana.edu)



# Girl power: New student group gets women outside

By **Kathleen Stone**

kathleen.stone@umontana.edu

On the weekend of Sept. 24-25, about thirty women from the University of Montana caravanned up to Holland Lake, where they spent the weekend hiking, roasting marshmallows and bonding with other women who love the outdoors.

These women are members of the new student group on campus, Backcountry Squatters.

"It seems like there's been a calling for an all-girls [club] promoting female activity in the outdoor community," said Alex Brockmann, co-president of Backcountry Squatters.

Brockmann is a junior studying geography. She and co-president Linden Beegle, a junior studying wildlife biology, decided to start the club when they were on a backpacking trip in Glacier.

They began by tabling at UM's Welcome Feast. They received 160 sign-ups in two hours in spite of the rain and competition with other tables. When they had their first official club meeting, Brockmann and Beegle figured it would just be them and a few friends who would show up.

"We were so scared during the first meeting," Beegle said. "I saw this big mass of girls outside, and I didn't even associate it. I was in denial. I was like 'Oh, I guess I'll just walk in,' and then they all followed me... I was like 'Oh my god, this is them. They're all with us.'"

Beegle and Brockmann said about 50 women

showed up to their first meeting. They talked about planning the first trip to Holland Lake, other future events and designs for their new sweat-shirts and hats. A few weeks later, about 30 women went on the Holland Lake trip. They included freshmen, graduate students, Montana natives and international students.

"It's such a different mentality doing things with guys," said Mary Sullivan, who participated in the Holland Lake trip. "I mean it's great, like it's really fun, and I have a ton of guy friends that I love to be outdoors with, but it's so much different with a group of girls. Just like the fun times and impromptu dance parties, and it's so awesome. I feel less judged when I'm around the girls."

Brockmann and Beegle said they hope that eventually the club will be led by the whole group, meaning women can post their plans for getting outside on social media and get other club members to join them.

The club is currently planning another backpacking trip and going as a group to a ski movie. Eventually they will be going on joint trips with MSU's Backcountry Squatters group, which was part of the inspiration for UM's club.

"We're just hoping that girls continue to be excited about getting outside," Brockmann said.

Time and location for the club's meetings depend on the group's availability. To find out when the next meeting is, as well as a schedule for upcoming trips, visit the group's Facebook page "Backcountry Squatters UM." •



**Rebekah Welch / @bekah2493**

Alex Brockmann (left) and Linden Beegle of the Backcountry Squatters go for a hike on Mount Sentinel after class on Wednesday, Sept. 28. First recognized earlier this fall, the group encourages women to get involved in outdoor activities.



**Will McKnight / @WillMcK\_Photo**

Curator Libby Beckman pulls out a drawer filled with European, South American and North American finches in the Philip L. Wright Zoological Museum on Sept. 23.

## Welcome to the zoo

### UM's own collection of wildlife specimens

By **Shae Warren**

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The Philip L. Wright Zoological Museum holds the largest collection of wildlife specimens in Montana, but many students don't even know it exists.

The museum, located on the second floor of the Health Sciences Building, contains over 24,000 specimens. It's the most extensive collection of vertebrates, mammals, birds and fish in the state.

Curator Libby Beckman said the museum gives students unique educational and research opportunities.

"The zoological museum is a valuable resource that you have right here on campus,"

Beckman said.

Every specimen in the museum is tagged with the location, time and date that it was collected, which Beckman said is useful for research.

The museum is also a necessary component for many classes offered in biology, wildlife biology and anthropology, according to the museum website.

The zoological museum is in need of more funding and more space to continue to be a resource on campus. In the future, they are looking to move to a bigger area on campus and also expand their collection to include a more modern specimen representation. •



# DEA declares kratom illegal

By **Lucy Tompkins**

lucy.tompkins@umontana.edu

Jordan Alexander discovered kratom in high school. Since then, he hasn't touched painkillers.

During his senior year of high school, Alexander was plagued with medical problems that put him on the operating table numerous times. His doctors prescribed a mix of oxycodone and hydrocodone to relieve his pain. But when the prescriptions ran out, Alexander continued to pursue and use painkillers. He wasn't dependent, he said, but his friends grew concerned.

"I was approaching a really bad point if I continued," Alexander said.

Kratom, a tropical evergreen tree in the coffee family, helped to pull Alexander away from a dangerous addiction.

But soon kratom will no longer be available to users like Alexander. In fact, it will be criminalized.

A Drug Enforcement Agency spokesperson was unable to give the exact date that kratom will be forced off the shelves. The earliest the ban could have gone into effect was Sept. 30. The paperwork just needs to be signed.

"It could be tomorrow, it could be two weeks from now," he said.

In its latest move in the war on drugs, the DEA will move to classify kratom as a Schedule 1 substance alongside heroin and LSD, meaning it has a high potential for abuse and psychological and/or physical dependence, and no accepted medical uses. The DEA categorizes substances in five groups, with Schedule 1 as the most severe.

Marijuana is also Schedule 1. Methamphetamine is Schedule 2, because it has some medicinal uses, according to the DEA's website.

The DEA announced this on Aug. 30, giving 30 days before the ban would take effect.

Kratom's ban comes as a shock to people who have long used the plant to manage chronic pain and relieve opioid withdrawal, along with those who use it recreationally. The ban is leading some users to buy in bulk before it's no longer available.

Local smoke shops like Mellow Mood and Atmosphere have sold kratom for years without regulation. Atmosphere manager James Herron said regular kratom clients vary from 19 to 60 years old. There's no typical customer, he said.

Kratom is native to Southeast Asia, where it is used for traditional medicine and as an energy booster, much like coffee is used in America.

Due to the lack of research conducted on the long-term effects of kratom, the DEA decided to classify kratom as Schedule 1 for at least two years while it gathers information, according to its announcement in the U.S. Federal Register.

In 2012, the Journal of the American Osteopathic Association published a study on kratom,



**Kira Vercruyssen /@kiravphotography**

On Sept. 30, the DEA classified kratom as a Schedule 1 substance, alongside heroin and LSD. Many people have used kratom to manage pain and relieve opioid withdrawal, but the DEA is classifying kratom as Schedule 1 for at least two years while it conducts research on the long-term effects of the drug's use.

which concluded that, while it may be used for certain health problems, it is not appropriate for physicians to prescribe kratom because of the potential for dependence and toxic interactions with other substances. The article added that further studies are needed to clarify the efficacy, safety and addiction potential of kratom.

In an August press release, the DEA also listed 15 kratom-related deaths between 2014 and 2016 as a reason for banning the substance.

Barker Thomas, a 21-year-old geosciences major at the University of Montana, recently began using kratom recreationally. He thinks the logic behind banning kratom is flawed.

"Banning kratom because it can kill you is like banning pole vaulting because you could get a concussion," Thomas said.

Thomas usually buys kratom in a powder that he then mixes with orange juice to mask the flavor because "it tastes like dirt." He said it's a way for him to relax at the end of the day while maintaining a clear head. Thomas added that kratom also helps relieve anxiety.

In preparation for the ban, Thomas bought

a 3-ounce bag (28 doses) of kratom that he said should last him a few months. Once it's illegal, Thomas said he probably won't continue to seek it out, because kratom is sold in a powder form, and could be easily cut with other drugs, he said.

Elizabeth, a 21-year-old environmental studies major, started using kratom after her doctor prescribed her Ambien for insomnia. She felt that kratom was a safer alternative.

"I was taking Ambien, and it was so messed up," Elizabeth said. "The drug is horrible — you could die if you took too much."

An aversion to pharmaceuticals is a reason many kratom supporters don't want to see it banned. Anticipating its disappearance, Elizabeth bought a pack of 60 kratom capsules to use when she can't sleep. If she's careful, they might last a couple months, she said.

Herron said kratom has been Atmosphere's best-selling product for the past two years. The ban will hurt business, but his biggest concern is selling all of the shop's kratom before it becomes illegal.

He has a list of orders for regular users who

want to buy large amounts before the ban goes into place. Herron said he won't sell more than \$500 of kratom to one person at a time, though some people return the next day for another \$500 order.

"I see people buying kratom every day that have used it for the last couple of years, and they seem fine," Herron said.

Once the ban is in effect, there's little hope that kratom will be declassified once research has been conducted, as few substances return to the public after becoming Schedule 1. Herron said the only way he could see that happening is if the war on drugs ended.

"What needs to happen is a severe change in the way we view addictive drugs and what is an actually harmful drug, and what isn't," he said. "Basically the whole drug war would need to change if [kratom] were to come back from Schedule 1." •

Editor's Note: Sources' middle names are used in this story to ensure a degree of anonymity due to kratom's new illegal status.



# Reinvest Montana rallies for divestment, Standing Rock, creates “oil spill”



Sydney MacDonald/@sydneymacdo

Members of Reinvest Montana stage a “human oil spill” outside a meeting of the UM Foundation Board of Trustees in the UC on Sept. 29.

By **Abby Lynes**  
abigail.lynes@umontana.edu

Reinvest Montana rallied in the University Center Sept. 29 in support of UM divestment and the Standing Rock protesters.

Event organizers said they hope the rally encourages the UM Foundation Board of Trustees to discuss divestment at their annual fall meeting.

About 35 people gathered in the UC, with speakers who focused on how the fossil fuel industry and climate change affect people of color. Chants of “black lives matter” and “Native lives matter” rang throughout the event.

This is a pivotal moment for environmental activists because there are divestment movements taking place on college campuses across the country, said M.J. Desrosier, a member of the Southern Piegan Blackfeet tribe and rally attendee.

Desrosier found it ironic that Native American’s “make up a majority of the people defending the earth” but are a minority of the general population.

Today’s rally was the first to focus on the intersection of racial and environmental justice, but it was Reinvest’s third rally this year.

ASUM President Sam Forstag said at the rally that he advised the Board of Trustees to communicate with those in support of divestment, emphasizing that the board’s inaction is action in itself.

“Above all else, they need to remember silence is deafening, and the best way to villainize yourself is not to have any kind of dialogue at all,” Forstag said.

Rally attendees marched to the third floor of the UC after the speeches concluded. Dressed in black, they proceeded to lay down on the ground in the shape of a river, creating an “oil spill.” Attendees learned that 10 oil spills happened in 2016, and they sang “When I Rise, Let Me Rise Up.”

UM Police Chief Marty Ludemann was at the event. He said he always comes to the demonstrations. He has a good relationship with leaders of the group, and he said they’re always respectful. •

# New landscaping near UC honors Montana arboretum

By **Mollie Lemm**  
mollie.lemm@umontana.edu

A walk across the University of Montana campus is a walk through a living museum of shrubs and trees. The entire campus was designated as the official arboretum of Montana in 1991, and a new interpretive space is being constructed in honor of the arboretum’s 25th anniversary.

The space dedicated to the arboretum is being constructed between the University Center, Main Hall and the Natural Sciences Building.

According to Giles Thelen of Native Yards, the landscaping company working on the project, the first phase was completed on Sept. 30, when a ribbon-cutting ceremony was held.

For the first phase of the interactive space, Thelen and his crew created a circular intersection of two walkways out of locally-sourced decomposed granite, which allows water to seep through to the root system beneath. There is a ring of boulders around the center, which will feature either a focal plant or art at the epicenter.

Kelly Chadwick, an arboretum committee member and the University Center gardener, said simplicity was the predominant idea when designing the area.

“Our concept was to have something low-profile,” Chadwick said. “We didn’t want to have another structure. We didn’t want to have another building.”

After an architect friend suggested the loca-

tion 15 years ago, Chadwick has pushed for the project, but the committee only recently found time and money to create the space. According to Chadwick, because the arboretum was designated without government funding, the committee spends most of its time dealing with the impact of campus construction and other issues instead of proactively working on the arboretum.

“We do have a master plan for campus that we are trying to implement,” said Adam Coe, a staff arborist and groundskeeper at UM. “One example of the master plan was planting the trees around the Oval.”

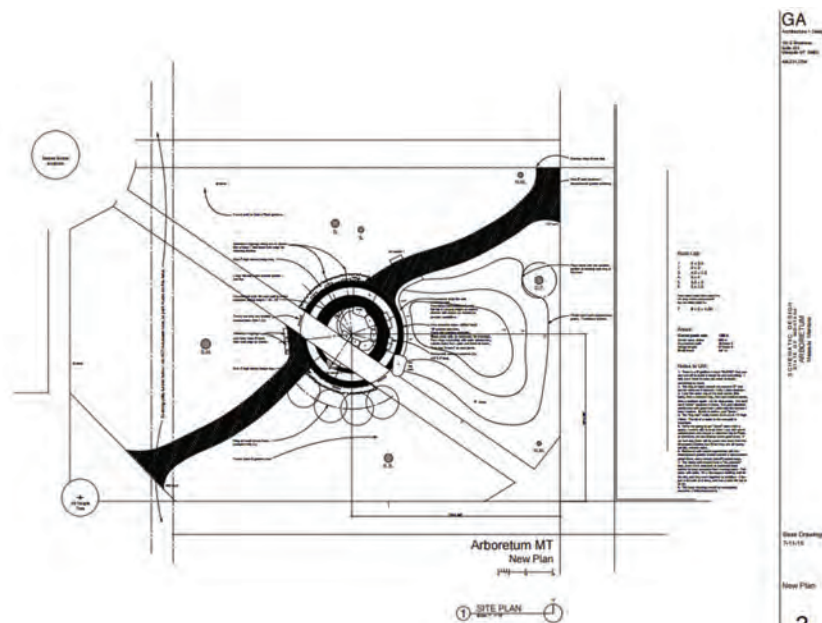
Coe and Chadwick hope the master plan will usher in more support and awareness for the arboretum and keep the committee focused on larger goals.

The arboretum covers the campus and is divided into eight forest regions to represent different areas of North America, with an emphasis on trees native to Montana, which, in Coe’s experience, can sometimes be a hassle.

“Native species aren’t always the best species for landscape,” Coe said, explaining that species from Europe and the East have spent hundreds of years in urban settings and have adapted accordingly, whereas native species have not.

Despite this, the new interactive space will host native Montana species exclusively.

“Part of our mission is to just have it be educational but also be a place where people can come and be and relax,” Chadwick said.



Courtesy of Kelly Chadwick

Blueprints show finalized plans for the new arboretum interpretive space outside the University Center.

The funding for the project came from two anonymous donors. More money will have to be raised before completion, but Chadwick said she would rather take time to create a quality space than rush the construction. The circular-designed walkway will feature signs explaining important timelines and information about the arboretum and a place for people to sit on benches.

“We want a usable space for students,” Coe said. “That’s part of why we have such a nice campus. I think the physical appearance of that campus is a huge factor in enrollment, so we definitely encourage people to use our grounds.”

The second phase of the project, which will include planting foliage and putting up informational signs, is set to be completed this spring. •



# How mental illness plays in college sports

By Kasey Bubnash  
Design by Kelsey Johnson

As Maddie Keast sat in her psychologist's office and looked at her mangled left foot, she thought of it as a separate entity from her body.

It wasn't "her" toe that was working improperly, it was "the" toe. It wasn't "her" toe that was hampering her ability to play college basketball at the University of Montana, it was "the" toe.

Keast refused to accept the fact that the third toe on her left foot was to blame for multiple injuries, two surgeries and years of physical and mental therapy. It was simply unacceptable.

Before this, Keast was on cloud nine.

She was just finishing her senior year at Sentinel High School, and as the star of the girls' basketball team, she had already signed on with a scholarship at UM. Her dreams had come true and her future was set — she would play college ball.

But in the game before the state championship on March 13, 2014, Keast jumped to save a ball that was headed out of bounds and landed incorrectly on her left foot. She felt her ankle blow out as she fell to the floor.

Keast was diagnosed with a severely sprained ankle and was put in a cast that night. For eight weeks after the state championship, Keast let her ankle heal and regularly went to physical therapy. The trainers told her she would be ready for her freshman year at UM, but when Keast took her first step after physical therapy, she didn't feel better at all.

Keast felt a sharp pain in her left foot with every step she took. An MRI showed that the head of Keast's third metatarsal bone, her third toe, had died from the impact of her landing during the state tournament. Her toe wasn't getting sufficient blood supply, and Keast would need surgery.

She knew what that meant: a long, painful recovery and more time spent away from the court. And that's when it hit her — everything Keast had worked for since she was five years old was slipping away because of her toe.

Keast fell into what she now calls one of the darkest periods of her life, physically and mentally. Although she had struggled with anxiety in the past, what she was feeling now was different.

It was deeper.

So Keast did what most athletes aren't accustomed to doing — she asked for help.

...

One in five adults in the U.S. experience a mental illness in a given year, according to the National Collegiate Athletic Association Sport Science Institute's 2016 publication, "Mental Health Best Practices." Mental illnesses are most common among young adults, many of whom are in college, according to the publication.

The prevalence of mental illness among college athletes is estimated to be nearly the same, according to the NCAA, and because of these rates, the association has made mental health a priority for collegiate athletic departments all over the country.

When "Mental Health Best Practices" was released in March, the NCAA released a statement saying mental health issues are as critical to college athletes as physicality.

"Collegiate student-athletes face many of the same mental health risk factors as their non-athlete peers," the statement reads. "However, their role as student-athletes may expose them to an additional set of risk factors."

These risk factors, according to the NCAA, include direct stressors, such as time demands and performance pressures, as well as interactions with others in their environment who encourage risk behaviors and discourage help-seeking.

A study done by Daniel Eisenberg for the Healthy Minds Network found that while 30 percent of the normal student population will reach out for help while experiencing a mental illness, only 10 percent of collegiate athletes seek treatment options.

After the publication of "Mental Health Best Practices," collegiate athletic departments in the U.S. were left to create their own mental health programs and resources for their athletes, and

although UM has room to grow, its athletic department is making important changes.

UM's sports psychologist, Charlie Palmer, said that because athletes are trained to be strong and resilient in their sports, they learn at an early age to power through anything. When it comes to mental health issues, Palmer said, student athletes need to know they don't have to tough it out alone.

"It's not a sign of weakness to ask for help," Palmer said. "And it's not uncommon for students to come to me with these problems. If it's a real mental health issue, I might refer a student to the great resources at Curry."

Palmer said student athletes most frequently struggle with depression when they can no longer participate in athletics, whether it be because of an injury or graduation. Palmer called this "identity foreclosure," and said it's common among athletes who feel worthless when sports end.

"So much of your identity becomes this athlete, and when that athlete identity ends and you don't have any other ways to identify yourself, it can cause real damage," Palmer said. "Holistic development is a concept I've used with athletes. So you can be good in a sport, but you have to be as good at something else, at least one other thing. Maybe it's guitar or drawing or school, but you have to be good in at least two things, so that when one of them ends, you have some other skills."

Palmer said with the proper preparation, counseling and sometimes medication, most student athletes can handle the transition from

sports to regular life. But mental illness isn't always curable and athletes don't always reach out for help.

...

For Maddie Keast, basketball was always an escape.

Keast, now 20, said she was diagnosed with anxiety and OCD at a young age, and even saw a counselor in the fifth grade to help ease the symptoms. When Keast was younger, she was obsessed with cleanliness.

As she entered her sophomore year of high school, Keast became obsessive about exercise.

"In high school I sought out therapy for OCD again because I was, and still am, very compulsive about exercise and my eating regimen," Keast said. "There were days I would spend eight or nine hours in the gym."

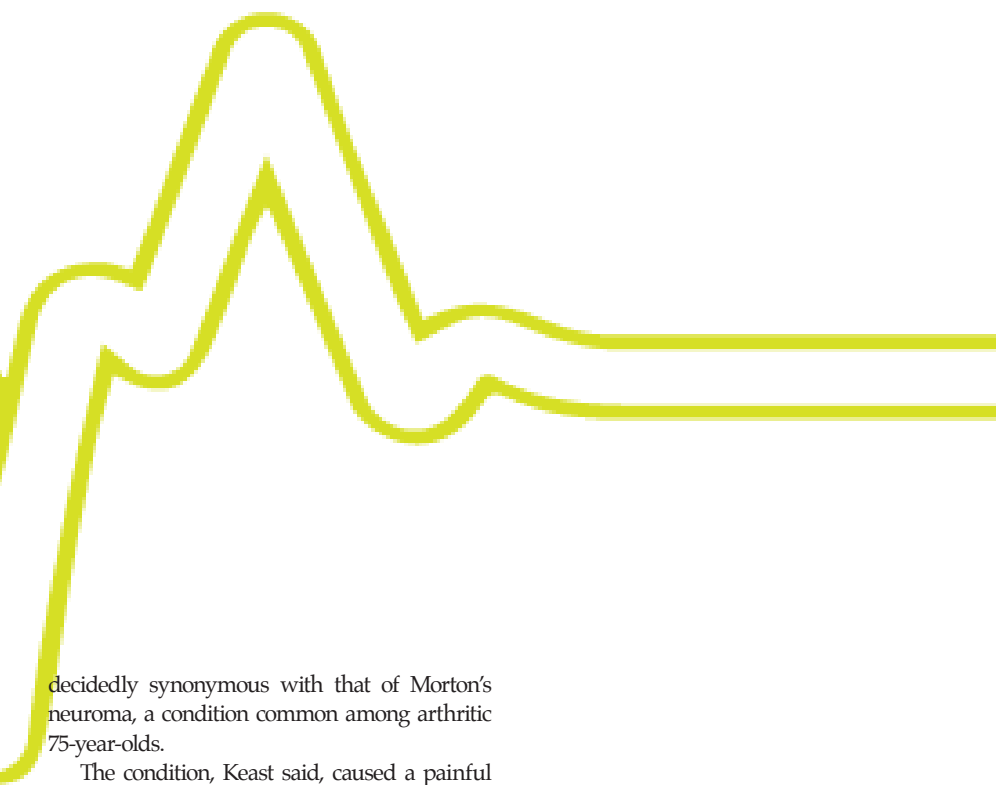
Keast said the obsession wasn't about being skinny, but about getting better and improving at basketball. She wanted to be the best.

"Then all of it was taken away from me," Keast said. "I was 100 percent obsessed with it. I've gotten a lot better, and now I can manage it, but it's an everyday struggle."

When Keast was first injured in 2014 and found out she needed surgery, she started seeing a psychologist twice a week.

After her first surgery on July 9, 2014, Keast's foot still wasn't healing. Keast said after several doctors, specialists and tests, her symptoms were

# ays a role



decidedly synonymous with that of Morton's neuroma, a condition common among arthritic 75-year-olds.

The condition, Keast said, caused a painful lump to develop on a nerve in her third toe, and it would take another surgery to remove it. The doctors said there was a ten percent chance the surgery would work. It did.

Keast said the consequence of that surgery was the removal of part of her nerve, and she lost feeling past the arch of her left foot. Rather than playing basketball, she spent her entire freshman year of college in physical therapy, learning how to properly walk and land on her foot.

Keast was set to play her sophomore year, but after nine games, she bruised the navicular bone in her right foot and was put in a cast from November to April of last year. She sat out most of the season.

"That was by far my darkest place, where I was just so low," Keast said. "But I sought help for that, and I was clinically diagnosed with depression, and my therapist really helped me through that."

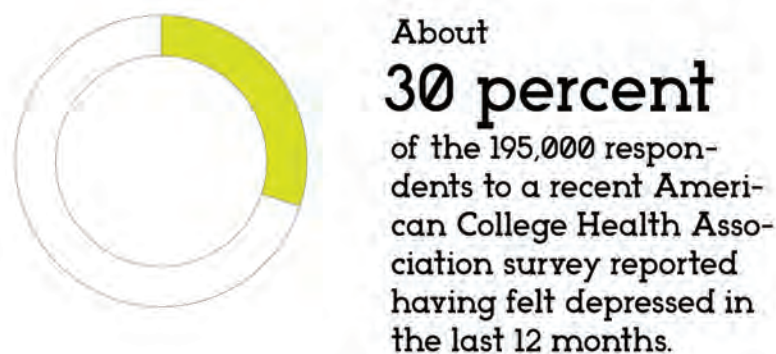
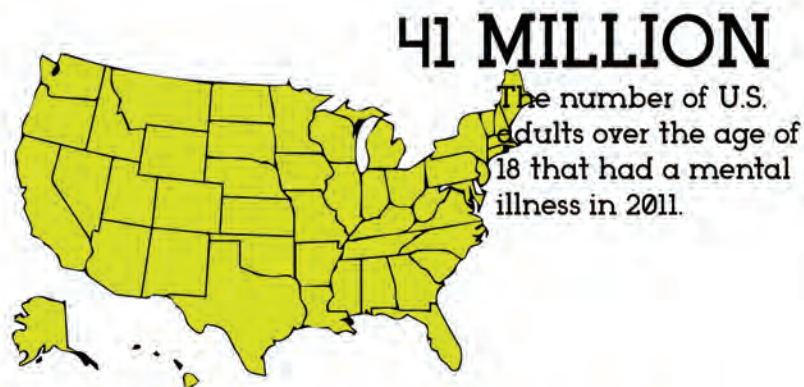
Keast said she felt ashamed about being de-

pressed at first.

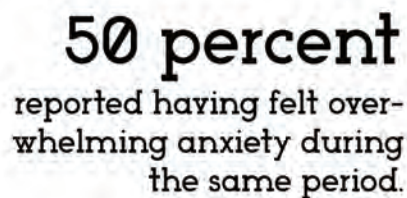
"It was hard because people would say, 'Well what do you have to be depressed about? You've got this D-1 scholarship, you've got this family that gives you unconditional love and support,'" Keast said. "There is this stigma that if you're succeeding in all these tangible things, then there is no way you can be depressed. But it's a serious illness that affects such a wide variety of people."

Keast said she was eventually prescribed Fluoxetine, the generic form of the antidepressant Prozac, to help battle her symptoms of depression. Keast said she was worried about feeling "numb" because of the medication, but she said that never happened and she's still taking Fluoxetine to this day.

"With the combination of medication and therapy, I think I'm in a way better place," Keast said. Although she has since stopped seeing her psychologist, she said they do keep in touch. "It helped me get up in the morning and say alright,



and



(data from [NCAA.org](http://NCAA.org))



# “IT’S NOT JUST FOR WHEN YOU’RE AT YOUR WORST. MENTAL HEALTH CAN ALWAYS BE IMPROVED.”

— EMILY BRUNEMANN

I’m going to physical therapy again, and I’ll try to embrace the highs and lows of the day as they come.”

• • •

Manny Kalfell, a former wide receiver for Montana State University, died by suicide when he was 22 on Jan. 23, 2016, only a month after he graduated college. Kalfell’s mother, Janya Ballenger, said that although Kalfell was never clinically diagnosed, he had struggled with symptoms of depression since high school.

Ballenger, who raised Kalfell as a single mother for eight years until she married, said Kalfell was gentle and kind but that he never felt truly close to anyone.

“He always kept an arm’s length and he would just get so lonely,” Ballenger said. “Little did he know how many friends he really had. He was just in one of those lonely, dark places that people with depression and anxiety go to.”

Ballenger said while football provided an escape for Kalfell, it was also a major stressor. He worried about playing time and suffered various injuries. After Kalfell had been a key player for the MSU football team for a few years, he assumed he’d get a full-ride scholarship. When Kalfell discovered he was only getting partial financial aid, Ballenger said he took it hard.

“His strength training coach had to take him to the emergency room at one point,” Ballenger said.

Ballenger said it was a suicide attempt, and it wasn’t Kalfell’s first.

Ballenger urged Kalfell to see a counselor, go to support groups or get medication. But he wouldn’t. So Ballenger said she removed items from his house he could use as a means of suicide. When Kalfell’s eligibility to play football was over and he graduated in December 2015, Ballenger said she was relieved.

“That gave me a lot of hope, because he wouldn’t have to go through the roller coaster of football,” Ballenger said. “And in January he was going to do an internship on a cattle ranch. He wanted to be a cowboy. But then he just had

one lonely night. Identity I think is huge. He was afraid of the next chapter in his life.”

After her son’s suicide, Ballenger said she attended a suicide prevention class where she learned that being direct with someone experiencing a mental illness is important, as well as counseling and education.

“If you think someone is suicidal, just be straightforward. Just ask them if they’re having suicidal thoughts and if they have a plan,” Ballenger said. “I also want to stress the importance of people being educated about mental health, coaches especially.”

Ryan Burke, a 22-year-old former wide receiver for UM, said Kalfell’s death sent shock waves through both Montana football programs.

“Sometimes you get caught up in the stats when you look at another team, but they’re still human beings,” Burke said. “Bobcat-Griz is a great rivalry, but at the end of the day they’re the same as us, dealing with and doing the same things.”

Burke, a senior finance major, said he prematurely stopped playing football after his fifth and most serious concussion. Although Burke said he never experienced depression, he’s witnessed teammates struggle with the end of their athletic careers.

While Burke said he always had a plan for after football, college sports often take over the lives of their athletes.

“I’m not saying it’s a negative thing, and it’s not always the athlete’s fault,” Burke said. “In this day and age, people are told they’re the best players from day one, as little kids. Then, when it ends, they don’t really have a fallback. In a lot of cases it’s all they know.”

Burke was the vice president of the student athlete advisory committee, for which he attended last summer’s Big Sky Conference Health and Wellness Symposium that focused on student athletes’ mental health.

Burke said the University of Michigan led the symposium.

“The University of Michigan has a very strong investment in mental health,” Burke said.

“They said you can’t just tough out mental illness. That was the whole point. It’s not a weakness. It’s an illness.”

Emily Brunemann is the coordinator of Athletes Connected, a program focused on destigmatizing mental illness in the athletic community at the University of Michigan. Brunemann said their department received a grant from the NCAA about two years ago to form the program.

Brunemann said when Athletes Connected learned that only 10 percent of athletes experiencing mental illness reach out for help, the program made destigmatizing help-seeking behavior its overall goal. The program offers support groups, informational sessions and a vast amount of other immediate and long-term resources specialized for student athletes.

Perhaps the most effective tools to come from Athletes Connected, Brunemann said, are the short videos in which University of Michigan athletes share how they’ve coped with mental illness.

“Before the videos, people were afraid to come forward,” Brunemann said. “You don’t have to be sick in order to get better. It’s not just for when you’re at your worst. Mental health can always be improved.”

**While Michigan is leading the way in mental health services, Curry Counseling Director Mike Frost said UM offers similar resources for students with mental health issues.**

**Frost said there is no charge for the first consultation with Curry Counseling. After that, each student is allowed eight sessions in an academic year, for \$18 a piece, the same price students pay to see a doctor for any physical illness.**

**Curry refers students who need further help to resources in the community, Frost said.**

**Frost said there is also crisis counseling, for which there is no limit. Curry offers free support group counseling.**

**To make an appointment with Curry Health Center Counseling, call 406-243-2122.**

Athletic academic adviser Grace Gardner, a former UM athlete herself, said when she played soccer at UM, she had never heard the term “mental health.”

“We were just expected to be perfect at everything,” Gardner said. “We treat it like an injury now. Get help, and you’ll get better.”

Gardner said the athletic department has been working with Curry to get resources for student athletes with mental health issues. The biggest problem, she said, is the inability to force students who clearly need help to get it.

“I see a lot of people who are scared to speak out to their coaches because they’re worried about playing time but then the coaches are so supportive,” Gardner said. “So when they do reach out, they’re like, ‘Why didn’t I do this four years ago?’”

Head athletic trainer J.C. Weida said the athletic department’s goal for this year is to raise

awareness about mental health issues. Athletes can receive treatment for a mental illness and still participate in collegiate sports, Weida said, even if they’re taking medication.

Most mental health medications aren’t an issue for the NCAA, Weida said, but the amphetamine-based treatments for ADD and ADHD, like adderall and ritalin, frequently cause issues.

“Amphetamines are performance enhancers,” Weida said. “But ADD is a mental health issue and if a person takes ADD meds, they will test positive for an amphetamine. So the NCAA has a form that must be filled out and monitored by a physician so when that occurs, the athlete doesn’t have any time missed.”

Weida said issues with ADD meds are infrequent and mostly have to do with physicians overprescribing. But Weida said people everywhere are starting to take mental health seriously.

“There are a lot of places realizing that mental health is a big component of people who are this age,” Weida said. “And athletes aren’t any different.”

• • •

As Maddie Keast, now a junior at UM, sat with her 100-pound Great Dane, she talked excitedly about the future. The 5-foot-8-inch shooting guard’s feet are both fully recovered, and she’s looking forward to playing basketball this season.

Keast grinned as she talked about the 5 a.m. practices, upcoming games and her new contract with the NCAA that will give her eligibility for the next four years.

Keast said although she’s in a good place mentally, it was good to hear the trainers talk about mental health for the first time ever this year.

“Before it was like you’d take a survey that said, ‘Have you ever been sad?’ Well, yeah, of course,” Keast said. “But this year J.C. said, ‘If you’ve ever suffered with anxiety or depression or you’re on medication for it or you feel like you’re getting to that point, we have people here who can help you.’ That’s the biggest sentence someone can hear sometimes. Just the word ‘help’ can change someone’s perspective.”

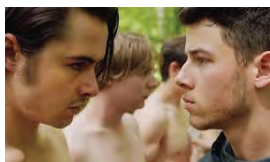
Keast said because she couldn’t work out or play basketball while she was injured, she had to find another hobby. So she decided to help with the Special Olympics and Exceptionalities Program at Sentinel High School.

On her worst days, when all she wanted to do was stay in bed and disappear — Keast said some days she almost couldn’t bear hobbling around on crutches and answering questions about her foot — she would get up, and go see those special needs kids.

“Some days I would sit in my car after I helped with those classes and I would bawl my eyes out,” Keast said, as she fought back tears. “Those hours I spent in that classroom, they taught me so much more about optimism and overcoming challenges than anything else. It shaped my life forever.”

Now Keast is working on a master’s in secondary education. She said she wants to be a special needs teacher after college.

“The biggest thing I learned through all this is that there is life outside of basketball,” Keast said. “There is life outside of sports.” •



Movie review:

## GOAT ★★★★★

By **Drew Novak**  
drew.novak@umontana.edu

Brotherhood, camaraderie, and responsibility. It is values like these that fraternities are supposed to instill in their members. At least, that's the idea. If cinema is to be believed, frats are more like college-based circuses. Young men chug beer, get laid and pull outrageous pranks all in the name of good fun. Films like "Animal House" or "Van Wilder" have formed our ideas about Greek life.

And then there's "Goat."

"Goat" is an adaptation of Brad Land's 2004 memoir of the same name. "Goat" is no "Animal House." The opening frame tells us this is "based on a true story." There are no laughs to be had in this unsettling drama about one young man's experience as he is hazed during "Hell Week." Homophobia, misogyny and dehumanization are shown with crystal clarity, with little to soften their impact.

Brad Land (Ben Schnetzer) is a recent high school graduate, he is unsure and soft spoken, not exactly what one would imagine a potential pledge to be. His older brother Brett (Nick Jonas) is introduced as the more traditional "frat boy." In the first 15 minutes of the film we see Brett drinking, snorting coke and having sex. After

Brad is traumatically assaulted, he embarks on a testosterone-fueled battle to reclaim ego loss. This means pledging to Brett's fraternity, Phi Sigma Mu.

"Goat" is a difficult film to watch, and director Andrew Neel does not shy away from the brutality inherent in hazing. Physical and emotional assault are standard. No sooner had I written the words "Abu Ghraib" in my notes than a character onscreen cackled, "This is some real Guantanamo shit!" It's impossible not to frame the images Neel shows us through this lens, because of the level of humiliation we're witnessing. The words "pussy" and "faggot" are spit out with frequency and ferocity. The viewer is constantly reminded that emasculation is the severest punishment in the eyes of these young men.

Though horror in the frat system is clearly present, what shocks most is the very real emotional bond the Land brothers share. While the concept of forced fraternity is shown as grossly disturbed, the relationship between Brad and Brett is the rock that prevents "Goat" from being mere torture porn. Both Schnetzer and Jonas give convincing and emotive performances. I dare any older siblings to face the final half hour with a dry eye.

"Goat" is a glimpse into the psyche of young men, and rites of passage that are violent and disturbing. It's not a fun film to watch, but you'll be glad that you took the time to explore the darker side of fraternities. •

## FEATURE PHOTO



**Sydney MacDonald** / @sydneyismacdo

The UM Alumni Band's homecoming queen leads the way down Higgins Avenue during the homecoming parade on Oct. 1, 2016.



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# Lunch with Drew: Best Mexican food in town

By **Drew Novak**  
drew.novak@umontana.edu

Missoula is a wonderful place, and wonderful places deserve good Mexican food. This is city building 101, right after access to clean water and a working sewage system. It is also where the Zoo has left me wanting. Tia's Big Sky, formerly the food truck Tia's Tamales, hopes to change that. Tia's Big Sky combines locally grown ingredients with a respect for traditional Mexican food unseen in other regional restaurants. The business opened in September, and I knew that I had to put it to the test.

The building itself is a low-slung structure with windows on all sides, unassuming but inviting. Bossa nova played softly inside, somewhat incongruently considering it is a Brazilian music genre. The chalkboard menu presented an assortment of Mexican-inspired dishes, and making a decision was difficult. So like any red-blooded American, I ordered as many things as I thought decently possible. Before long, a full spread was laid out in front of me. I had abstained myself from breakfast for this moment.

First up was the pollo asado, or rotisserie chicken marinated in a chipotle sauce. Half a chicken perched atop a bed of greens and pickled onions, and glistened expectantly. This was not the reheated slop of refried beans and wilted iceberg lettuce so many establishments deem satisfactory. Visually, the dish was better than one could have asked for, and the pleasantly greasy sheen it left on fingers and face was a nice bonus.

Next came the dish that the original food truck was named after: the tamale. Stuffed with cinnamon and pumpkin, it was a moderately successful combination of sweet and savory that could be considered dessert with some minor tweaking. Down the hatch it went.

Rounding out the feast was the best dish by far. Pozole, a hominy stew with pulled pork and green chiles. It was delicious. Soft hominy and meaty pork were supported by a tangy broth that highlighted the best qualities of both. Cilantro is a controversial herb, I know, but its fresh taste was essential for balance. My only regret in ordering the dish was that I didn't opt for a bigger bowl.

Engorged like a freshly fed tick, I rolled myself out the front door, confident I'd be back. Minor quibbles aside — the chicken and tamale were under-salted — Tia's Big Sky is a great addition to Missoula's small collection of Mexican restaurants. It is located at 1016 West Broadway. I give it a score of seven bowls of pozole out of ten. •



**Kira Vercruyssen /**  
**@kiravphotography**

(Above) Tia's Big Sky features, from left, chipotle-marinated rotisserie chicken, pozole and pumpkin tamales. The authentic Mexican restaurant opened their doors on Sept. 14.

(Left) Tia's Big Sky is located at 1016 West Broadway.



## THIS WEEK

By **Drew Novak**  
editor@montanakaimin.com

TUESDAY, 10/4

### FOLF IN THE PARKS

Tired of playing the same old sports day after day? Do football and tennis lack the excitement they once had? Come experience something new and folf your brains out. Parks and Rec and the Garden City Flyers will be there to make sure your evening is the folf-iest it can be. This also gives you a chance to get outside while we've still got some sunshine. What could be better?

**Siver Park**  
**5:00 p.m.**  
**Free**

THURSDAY, 10/6

### THIEVERY CORPORATION

Twenty years in the music biz is nothing to sniff at. This Washington, D.C. based band soldiers on. See why this band has achieved such longevity with their eclectic chill-out electronica, and find out exactly what you get when you combine dub, acid jazz, Indian classical, and hip hop.

**The Wilma**  
**7:00 p.m.**  
**\$44 in advance, \$48 at the door**

FRIDAY, 10/7

### UM DANCERS ON LOCATION

Dance is not a static art, but this unique event aims to get the audience in motion. Watch as choreographers take their work to the streets, with unique venues including rooftops, stairwells, and fire escapes. You'll follow along as dancers travel from place to place, making this a one-of-a-kind kinetic event.

**Starts t the Mansfield Library Mall**  
**5:00 p.m.**  
**Free**

SATURDAY, 10/8

### HIP STRIP PARTY CARNIVAL

The annual celebration returns, bringing with it a mechanical bull, beer and wine, a classic carnival, and a giant inflatable outdoor screen. Meet family and friends for an evening out, Missoula style. '80s fantasy classic "The Princess Bride" will be shown around 8:00 p.m. Bonus Big Sky sunset viewing for no additional charge.

**The Hip Strip outside The ROxy Theater**  
**4:00 p.m.**  
**Free**

MONDAY, 10/10

### OPEN MIC NITE

Do you have a talent you've been itching to show off? A poem that needs to be heard? Maybe your comedy routine is finally ready for the masses. Well here's your chance. Performers of all sorts are welcome to impress the community and hone their skills for the big time.

**UC Atrium**  
**7:00 p.m.**  
**Free — Sign up by emailing mtmusicandart@gmail.com or calling (406) 480-6124**



**Sydney MacDonald / @sydneyismacdo** Dancers take the stage for the electro-funk band Sugar Beats' set at KBGA's Birthday Bash at The Palace Lounge on Sept. 30.

## KBGA Birthday Bash brings energy, cupcakes and moments of truth to Missoula

By **Kathleen Stone**  
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KBGA celebrated their 20th birthday in the Palace Lounge with four bands, around 300 people, one photo booth and 100 cupcakes.

"I feel like Birthday Bash went awesome," Ava Pepprock said. "We had a great turnout, no major mess-ups happened, and I think everyone had a fun time."

The party started at 8 p.m. As people trickled in, Nintendeaux played while attendees got drinks, played Nintendo, checked out KBGA's custom t-shirt press and took photos in a free photo booth.

Ava said her favorite part of the night was around 9:30 p.m., when the energy picked up and FUULS took the stage, wearing prison outfits for their reunion set. "It really started to get busy, and my nerves turned into excitement," Pepprock said.

Party hats headbanged to the music as FUULS played their set. At one point, guitarist and lead singer Thomas Cornelius took a few minutes to thank the crowd, and explain where his music came from.

"What I've understood, and why this band is no longer functional as an art project for me, is

it's necessary to seek truth. But, I think in this day and age, guys, we've got to have courage. And there's a lot of crazy stuff going on, and I just think that courage is saying that we're going to have strength even when we're afraid ... And we're going to be strong together," Cornelius said.

Then, to the sound of the crowd's cheers of support, they went back to playing their rock 'n' roll.

In the green room after their set, Cornelius said that FUULS disbanded because their music, and Cornelius' stage persona, got too dark. To save their friendship, they stopped. But after playing almost a year ago, Cornelius said that the band wanted a better final show.

When Christian Mu, the KBGA general manager, approached FUULS about playing at the Birthday Bash, the band thought it was the right opportunity.

Cornelius said that being as transparent as he was with the crowd was hard, but getting back on stage was like "slipping on an old glove."

"[The music scene] has been growing super fast and I feel like KBGA is just as much an asset in the music scene as anyone else, and I think they're a completely valid and supportive group of people. I hope to see them do more and keep

growing," Cornelius said.

After FUULS, Terror Pigeon played, a solo act that is part-DJ, part-singer and part-ringmaster. Bouncing around in a tie-dyed dress, he left the stage and lead the crowd in a giant conga line, got everyone to crab walk on the floor and ended the set with everyone joining in a group hug.

"This is a really cool town that's really far away from every-fucking-where," he said in between songs.

After Terror Pigeon, KBGA raffled off a guitar, a mate tea kit and a longboard.

"I think it's cool that everyone can come together in this sort of setting too and be like 'Oh, these are real people running this radio show,' and we're all here just having a good time because we love music," said Sophie Hewey, a sociology and Spanish student.

SugarBeats closed the night, and people stayed until around 1:30. Pepprock said the end of the night was her favorite part, when she realized that everything had worked out.

"On behalf of KBGA, we just really want to thank everyone who was able to come to the Birthday Bash," Pepprock said. She said their next big party, next March's "EndOfThon," will be even bigger than the Birthday Bash. •





# Butte native makes mark on Griz golf

By **Taylor Featherman**

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The University of Montana women's golf team experienced some success in their young 2016 season, and at the center of that success is junior Hailey Hoagland.

Hoagland opened her season by leading her team in the Washington State Cougar Cup, by shooting a 74-76-75. The following weekend she came out swinging at the Rose City Collegiate, shooting a 73-74-80.

Hoagland, a Butte native, started playing golf around the age of eight with her father. In fact, she didn't really like golf when she was young. She preferred basketball and softball.

"Golf was a sport I wasn't really good at right off the bat. I wasn't really sure I liked it, but I just went out and played with my dad a lot," Hoagland said. "Around the age of 15 is when I started getting serious about golf and playing in tournaments."

Just like every other senior in high school, Hoagland had a number of colleges to think about. She had offers from other schools and out-of-state offers, but ultimately Hoagland's decision to choose the Griz came down to a few things.

"I really wanted to be close to home, I consider myself a really family orientated person," she said. "I had also been to Missoula a million times growing up, whether it was doing sports

or even Griz games. Even both of my parents went to school in the pharmacy program in Missoula. It really was a no-brainer."

Hoagland was raised on "the richest hill on earth," Butte. Hoagland is one of only three players on the women's golf team from the Montana.

"I think there might be an extra sense of pride being able to represent her home state," said second-year head coach Matt Higgins. "Don't get me wrong, I believe all members of the team are proud to wear the Griz logo, but being able to play for the University of Montana and represent her home state can be extra special."

The number of local Montana players has grown since Hoagland's first year on the team.

"My freshman year I was the only Montana on the team, so the support was pretty awesome. Especially from my hometown of Butte, everyone follows me," Hoagland said. "And now having three of us on the team, I feel like it just engages the community even more. We are all from different cities even, so we'll have backing."

Hoagland didn't follow in her parents' footsteps within the pharmaceutical industry. She is a business finance major because, as she put it, it's the most versatile.

"As of right now, I want to stay in the golf industry, and I know that you can do all different kind of things with business."

In July, Hoagland and three other teammates



**Rod Commons / Courtesy of Montana Sports Information**

Hailey Hoagland tees off at the Cougar Cup in Pullman. Hoagland finished with the best score two of Montana's three tournaments.

were named to the All-American Scholars Program by the Women's Golf Coaches Association.

"So much hard work goes into that ... I think a lot of people don't really know what exactly we have to do on the road. I mean when we aren't playing, we are studying, like the whole time," Hoagland said. "Everyone always has a book open. On the plane ride home [from the Rose City Collegiate] I was studying for a test I had the

next day."

During Hoagland's sophomore year she averaged 78 strokes per 18 holes played for the Griz. So far this season she is down to 75.3. She focused over the offseason primarily on just playing her brand of golf, and not overthinking too much. Going forward in the season Hoagland's main goals include having fun and contributing to the team. •

## Views from the 406: Let Brady be Brady

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A couple weeks ago, Sports Illustrated's MMQB (Monday Morning Quarterback) released a story about Montana quarterback Brady Gustafson. The story, titled "In Search of 'The Next Carson Wentz,'" compared the current Grizzly star to the former North Dakota State quarterback drafted by the Eagles with the No. 2 pick in the NFL draft.

But Brady Gustafson isn't the next Carson Wentz. He's not the next Jimmy Garoppolo or the next Joe Flacco either. He's not the (insert any other FCS quarterback who has found success in the NFL).

Brady Gustafson is just Brady Gustafson.

He's the guy who wears a "Saturdays are for the boys" shirt to a postgame press conference

after knocking off the No. 3 team in the country. He's the guy who warms up for the next game in a tie-dye shirt with Harambe under a halo.

He's the guy who started off the first two press conferences of the season, after slightly underwhelming performances, by saying "a win's, a win's, a win's, a win's." He also admitted that he can play better in those pressers.

And Griz fans did hope he would improve. In the opener against Saint Francis, he completed 28 passes for 353 yards and three touchdowns, but he also threw two interceptions and fumbled the ball twice.

In the upset of Northern Iowa he remedied his turnover problems, but only completed 14 of his 30 passes for 118 yards. He had one touchdown, which came on the first possession, but Montana failed to score in the second half and relied heavily on the defensive side of the ball to grind out the road win.

Against Cal Poly, he bounced back and

showed the potential that led to the Sports Illustrated feature. The 6-foot-7 quarterback from Billings flashed the arm strength and game management skills necessary in the next level of football, completing a school record, 47 passes for 418 yards and two touchdowns.

He shined again on homecoming against Southern Utah, throwing for 415 yards and four scores in a 43-20 win. It was the first time the Griz had over 600 yards of total offense since the 2013 season.

The comparisons are understandable. Wentz played Gustafson head-to-head last season, the quarterback battle and game were won by Gustafson and the Grizzlies. They are both from the middle of nowhere, just another state that borders Canada.

We shouldn't try to compare Gustafson to Wentz, because it isn't fair to the Griz star to heap those expectations on him. There have been mo-

ments of brilliance, but he has had his relapses, like the Northern Iowa game.

Wentz has been nearly perfect so far in the NFL, leading the Eagles to a 3-0 record while throwing for 769 yards and five touchdowns. Also, he hasn't turned the ball over once.

Will Gustafson be a great NFL player? Honestly, who knows. There is still a long way to go in the season, and he has a lot more to prove. The potential is certainly there. He's got a frame reminiscent of Brock Osweiler or Paxton Lynch. In games he manages well, the offense hums along and it is shocking when the defense finds a way to stop them.

Let's not weigh our judgement on Gustafson in comparison to Wentz. Let's appreciate him for being Brady Gustafson, the guy that wears Harambe shirts, the guy who humble-brags to Sports Illustrated about hitting a hole-in-one in golf and the guy who breaks Dave Dickenson's records. •



**Rebekah Welch / @bekah2493**

(Right) Griz tennis player Victor Casadevall chases a serve during practice on Monday, Sept. 26.

(Below) Head coach of the men's tennis team, Kris Nord, talks to his players during practice on Monday, Sept. 26.



# Global Griz: Men's tennis recruits around the world

By **Isaiah Dunk**  
isaiah.dunk@umontana.edu

The University of Montana has a stigma when it comes to recruiting tennis players for the men's team.

American players, that is.

A quick look at the program's past rosters revealed that the team is often made up of international talent. For the 2016-2017 season, the team features players from Canada, Ireland, Greece, Germany, Spain and Sweden.

For 30-year head coach and Missoula native Kris Nord, it's a combination of factors. For starters, many American players, especially from warm states like Texas and California, try to dodge Montana's brutal and often unpredictable winters.

"We have a stigma: 'It's very, very cold here.' But it's not. We have good indoors," Nord said. "I can get a good international kid to be very interested in a northern-tier

college like UM weather-wise."

Aside from watching videos and looking at rankings, Nord will contact coaches and references abroad. He uses all the information he can to help with his decisions, and he looks for recruits that will flourish despite the cold climate.

Victor Casadevall, a junior from Sant Ceroni, Spain, ended up at Montana because of Nord's connections with a recruiting agency. Casadevall, a mathematics major, said that it's difficult to play tennis and work on a degree in Spain. Playing in the U.S. is a great option, even though he too gets annoyed with Montana's weather.

"I love it. I miss the weather [in Spain] a bit, but everything's really nice. The school is awesome and the team is great. We have a good team with good people," Casadevall said.

Nord uses his deep trust in his overseas references for another reason. He wants to be able to count on his players to be respon-

sible both in the classroom and in the real world.

"My international kids handle the college travel away from home, responsibility and time management better than my U.S. kids. That's just something I see," Nord said.

Nord said he does make an effort to get Americans, but the team has long-standing success regardless of roster makeup. Grizzly men's tennis has finished second in the tournament three times since 2006, and they won the regular season title in 2012.

The team also won the Big Sky Conference Tournament in 2014. That roster was 60 percent American, which was the second highest percentage in the conference behind North Dakota.

This year, the lone American is Jacob Schoenherr, a native of Boise, Idaho. The sophomore isn't surprised at all by the international roster.

"Tennis is probably one of the top six sports in America, but it's probably one of

the top three in Europe and other countries. It's definitely a worldwide sport that heavily relies on good international players," Schoenherr said.

Schoenherr said although it feels strange to be eight hours from home and still be the most local member of the team, he likes learning about his teammates' lives growing up. However, the language barrier can tough.

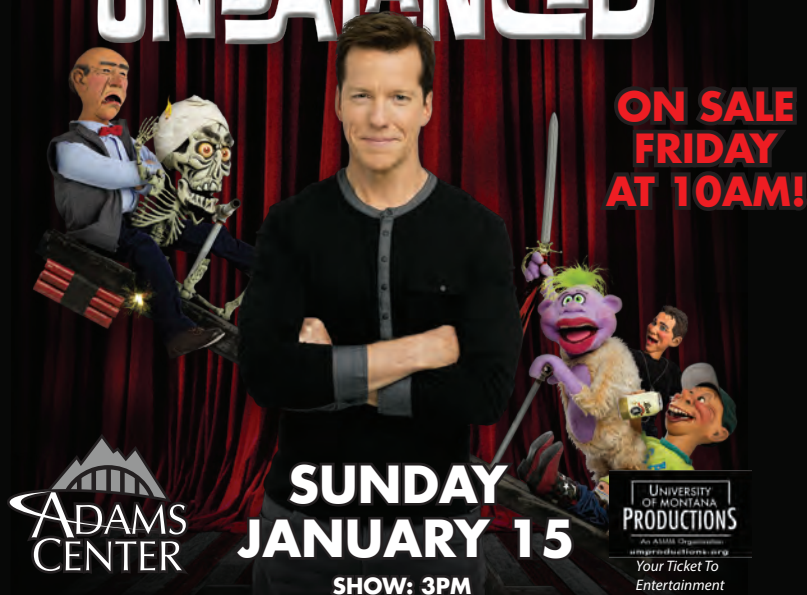
"It's not that they don't understand what I'm saying, but sometimes they're not picking up on sarcasm and stuff like that. It's stuff that when you grow up as an English speaker, you kind of take it for granted," he said.

Casadevall likes learning about his teammates too, and he said that the global roster helps everyone fit in.

"It makes us more united. We all go through the same thing, being so far from home and getting to know a different culture that's not ours. We get through it." •



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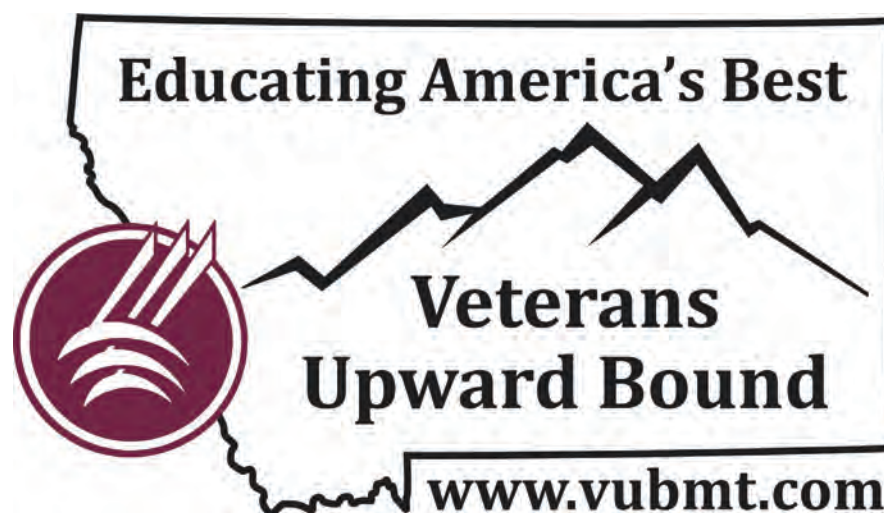
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