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Montana Kaimin, March 6, 2019

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MONTANA KAIMIN

The Waiting **G₂** **A₁** **M₃** **E₁**

**NCAA's rules make
collegiate athletics
hard to navigate**

By Henry Chisholm & LJ Dawson

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Issue No.20 March 6, 2019

KIOSK | CLASSIFIEDS & CONTENTS

ON THE COVER

PHOTO BY HUNTER WIGGINS, DESIGN BY LINDSEY SEWELL

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INSIDE THIS WEEK



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The Montana Kaimin is a weekly independent student newspaper at the University of Montana. It does not condone or encourage any illegal activities. The Kaimin office and the University of Montana are located on land originally inhabited by the Salish People. Kaimin is a derivative of a Salish language word, "Qeymin," that is pronounced kay-MEEN and means "book," "message," or "paper that brings news."

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Your voice: Only hostile people support hostile benches

In a letter to the editor published by the Montana Kaimin on Feb. 21, former UM student Garret Morrill offered an ad hominem attack on the homeless, noting that “the average person does not want to deal” with the “notoriously dirty, crime-laden, miserable, and unhealthy” conditions created by “vagrancy”. While he goes on to justify this argument by redefining compassion, there is no question that the argument offered by Morrill is not only logically inconsistent, but extremely harmful when perpetuated.

The most glaring inconsistency in the letter written by Morrill becomes most apparent as the reader suffers through the final paragraph, in which the author notes that “real compassion requires a disciplined approach now so we need not be harsh in the future.” Yet, earlier in the letter, he notes that his approach to the issue of homelessness

would include “detering vagrancy behavior, containing occupation areas, and reducing the population through asylum and rehabilitation.”

Now, there are two assumptions underlying the aforementioned claim, the first being that the solution offered by Morrill will solve for homelessness in the future; the second premise, present in the latter quotation, is that people are entirely to blame for their homelessness. However, it does not take a social scientist to recognize that all of the solutions offered by Morrill are merely retroactive and, therefore, not capable of preventing homelessness. Aside from that, vagrancy for a homeless person is synonymous with existence, and arguing that rehabilitation will result in some solution is equivalent to offering rehab for students forced out of school by financial difficulty. They don’t need rehab, Morrill, they need our support, and your

doctrine of compassion is awfully reminiscent of those espoused by imperial rulers, anti-Semites, and segregationists.

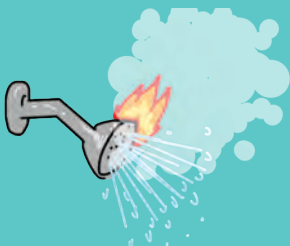
Unfortunately, a reader might be distracted from that flaw as they encounter Morrill’s analysis of the ways in which public architecture “facilitates the homeless to irritate the populace, proliferate their number, and disperse away from the facilities which might render them aid.” Believe it or not, as most people know, the homeless are not scurrying door to door, recruiting fellow flawed beings to join their ranks in pursuit of their ultimate goal (to thwart Morrill); if the author had taken a second to critically think about this claim, or have any empathy whatsoever, he would have realized that this perception of homelessness is utterly ridiculous. The homeless spend a majority of their time in pursuit of those things Morrill takes for granted, and,

moreover, are often kept from doing so by people just like him.

Upon encountering Morrill’s letter to the editor, I couldn’t help but offer this response. Unfortunately though, the air of disgust and pretentiousness present in the author’s argumentation says much more about his insecurity than about the struggle Missoula’s homeless population endures. As such, I encourage the most people Morrill is speaking up for (if they exist) to seriously reconsider the reason homelessness is a problem in the first place. We have banned the homeless from private property, and to ban them from public property as well cannot just be discipline, it necessarily entails extermination.

—Eli Brown

BIG UPS & BACKHANDS



Big Ups to showers for being the only place we can thaw out our frozen and frostbitten bodies.

Backhands to UM for hiring one of the murderers of the Indy. Extremely uncool.

Big Ups to Curry counseling staff for keeping students mentally healthy. Seriously.

Backhands to intramural basketball refs. Call the damn foul!

Big Ups to facilities services to keeping the sidewalks as salty as we are.



Your voice: Montana legislation

Rapid globalization has put so many people out of work and destroyed a sense of community and connection to the place we are in, including our natural environment. The threat of climate change is more pressing than ever, and the Green New Deal is a framework to address these issues. The Green New Deal is a resolution currently in congress to switch to renewable energy and become a net-zero-emission society by 2030, which is in line with current science that claims we have about 12 years to severely curb emissions to prevent the most catastrophic effects of climate change.

One of the less-talked-about aspects of the GND is how it plans to address environmental issues by rebuilding and empowering communities, something that strikes a chord across political affiliation. Rebuilding local economies in sustainable ways will help address struggling towns and families, and provide more stability as the global market continues on its usual roller coaster. To address climate change, we need to empower local entities along with overarching federal policies. This globalized world is working for the rich, not the people and small communities of Montana — the GND can help us rebuild our sense of community.

—Alexis Baker

Sexual violence is an increasingly prevalent issue across the United States. One of the ways this manifests is through the distribution of “revenge porn,” or nonconsensual pornography. In fact, according to Center for Innovative Public Health Research, “1 in 25 Americans have been a victim of revenge porn.” While we aggressively fight acts of sexual violence and exploitation, we miss out on a key component of this issue by failing to pass legislation that makes revenge porn illegal. Nonconsensual pornography can lead to severe mental trauma that has lasting impacts on the victim’s life. By passing House Bill 192, the legality of revenge porn would not be in question, and perpetrators of this kind of sexual exploitation would face legitimate consequences. Let’s join the majority of the United States and become the 42nd state to pass similar legislation, and vote yes on House Bill 192. Encourage your legislators to pass Bill 192 to fight against revenge porn.

—Estrella Pallis-Bonadurer

Following field trip slur, students seek changes

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When University of Montana student and Blackfeet tribal member Brandon Fish heard a tour guide use the terms “chippy hoist” and “chippy house” to compare mining equipment with an underground prostitution ring during a field trip to Butte on Sept. 22, 2018, he was deeply affected.

According to Fish and students Haille Nugent and Katrina Thorness, Fish and Nugent were taking a tour of the Berkeley Pit and Diamond Mine for their environmental science and ecology courses, when a field trip speaker mentioned a “chippy hoist” and compared the way it went in and out of the mine with the way miners went in and out of Chippewa women, held underground in a “chippy house.”

“What I experienced was a series of traumatic triggers that obstructed my life,” Fish said. “These experiences took away my desire to go to school. I don’t want any of that to happen to anyone else.”

The students returned to the Berkeley Pit and Diamond Mines on Oct. 9, 2018, for an environmental studies course. During this trip, a different tour guide “made a derogatory joke about the hoist system that was demeaning to Chippewa women, and all women,” the three students said in a written statement to the Kaimin.

A “chippy hoist” is a term some miners have used for centuries to describe a piece of machinery that lifts and lowers workers into a mineshaft. Historians and cultural experts found the term predates mining in Butte and does not have direct connotations to Chippewa individuals.

Investigations by historians, archivists and Little Shell Chippewa Tribe Council members determined the word “chippy,” as applied to these terms, does not have specific connotations to Chippewa women. However, according to Little Shell Tribal Historian Nicholas Vrooman and Little Shell Chippewa Tribal Chairman Gerald Gray, miners in Butte may have used the



term to reference Chippewa women in a loaded double-entendre.

Fish, Nugent and Thorness felt the descriptions the tour guides used were insulting particularly to Chippewa women, but also to all women. After the incident, Fish, Nugent and Thorness consulted with environmental studies professor Robin Saha and formed the student group Montana Students for Equity Initiative (MSEI) to “explore corrective justice options within the intellectual community of the university system.”

The three students organized a meeting to share their testimony with people from across the state on Nov. 19, 2018. There, the students enlisted the help of University officials and others to help them decide what

to do next.

Fish recounted the field trips to women, Chippewa people, tribal historians and cultural experts. “Through this process, he saw how the recounting of these field trips impacted others. It was painful for everyone he talked with to hear because of their own historical trauma,” MSEI stated in a press release to the Kaimin.

MSEI determined the best way to move forward was to invite the individuals from Butte to attend an “information-sharing” meeting, where they could all openly discuss the comments made.

Fish, Nugent and Thorness invited the people who led the tour, as well as cultural experts, historians, tribal elders, UM faculty members and a clinical psychologist

LINDSEY SEWELL | MONTANA KAIMIN

to discuss the etymology and racial connotations of the terms used during the field trip at a meeting in the University Center on Feb. 22. Various members of the Butte community, including the people who made the comments, agreed to come.

The meeting began with a smudging ceremony in which tribal elders burned sweetgrass and directed attendees to sit in a circle. Afterward, they spoke a prayer, sang a song of welcome and gave all parties a chance to speak, said College of Humanities and Sciences Dean Jenny McNulty. “So many people came together even though they didn’t have to,” she said.

Clinical psychologist and conflict resolution specialist Joyce Hocker said one of the main topics discussed during the

meeting was intent versus impact. Often, the impact our words have on others is not intended, but the impact is still real, she said, "in dialogue comes discussion."

According to McNulty, topics addressed in the meeting were "all over the map," but regularly went back to intent versus impact. The individuals who made the comments on the tour said it was never their intention to offend or cause hurt, she said.

Yet their words did have that impact on Fish, Nugent and Thorness. "We were upset by how hurtful these experiences were and wanted to spark healing dialogue and positive change," they said.

Interpretive historian for the Montana Historical Society Ellen Baumler said no one knew what the term "chippy" meant until recently. It was discovered that the word originated in the 18th century as a word for a North American species of bird called a chipping sparrow. The bird was beloved for its friendliness, and young girls were often nicknamed "chippy" after it.

But after a European sparrow that was considered a pest began to overwhelm the species, the term "chippy" maintained its connotation with young girls. In the late 19th century, the word became associated with teenage girls who dressed provocatively. After some time, it was used to refer to prostitutes.

Although historians knew prostitution was common in Butte during the 19th century (Butte historians said prostitution in the mines was a myth), according to Baumler, stories were shared during the meeting that suggested Native American women sometimes may have been forced into sexual slavery to service miners. Fish said during his own investigation, when he interviewed descendents of the band of Chippewa people that inhabited the Butte area, he was told that Native women were held captive and that anyone who spoke about it was killed.

Butte historians have found no historical documentation to verify this, but stories passed down by Native Americans through the oral tradition suggest this may have been a practice.

"This was an aspect that most of us had never heard before," Baumler said. "It's unbelievably terrible." According to Fish, Nu-

gent and Thorness, historians from Butte have now expressed interest in collecting oral histories from Indigenous peoples — something not done in the past.

Vrooman said there is nothing romantic about Butte's history. He called the meeting, "truth and reconciliation, Montana-style, in action."

After Vrooman was informed about the events that took place during and after the field trip, Chairman Gray investigated the origin of the words, he said.


Gray reached out to University of Minnesota historical linguist Anatoly Liberman to investigate the word's etymology. After the investigation, Gray shared a letter with Fish, Nugent and Thorness on Feb. 20. He congratulated the students for their courage and provided insight into the origin of the words.

"The information and understanding gained in taking this matter seriously leads us to sense the terms chippy and chippy hoist are not in specific reference to the Chippewa women who were forced into the sex trade of Butte, Montana, mining culture," Gray said. "This is not to say that conscious association of the words chippy and chippy hoist with Chippewa women (among the other women singled out) and miners in Butte was not understood as a loaded double entendre in actual daily usage."

The members of MSEI said positive change is already in the works. The University is considering creating a "credentialing system" for supplemental educators like the guides who made the comments, the students stated. That would mean that anyone supplementing UM faculty instruction would first need to agree to abide by University values. UM has also expressed interest in the students in a project for recording Native oral histories. The students said they are planning to consult with Nicholas Vrooman about the project.



"The process of truth and reconciliation has a ways to go to creating the change we want to see in all of our communities, but this is where it starts, with our voices, when we all speak our truths, backed up by actions," Fish said. "We are fighting for social justice for those harmed by legacies of discriminatory and use of outdated language."

**"If Walls Could Talk:
Women of the East Front Street Neighborhood in Early Missoula"**
Nikki Manning, M.A. Anthropology



Women's History Month Lecture

Thursday, March 14th 12:30-2:00 p.m.
Theta Rho Room K. Ross Toole Archives
Fourth floor of the Mansfield Library
Refreshments Served All Welcome

Cosponsors: Anthropology Department, History Department, and the Women's, Gender and Sexuality Studies Program.

This month at

<p>THUR 3/7 8PM COMBAT ENTERTAINMENT w/ DVB ROCKS</p> <p>SAT 3/9 7PM JACKSON TAYLOR & THE SINNERS</p> <p>FRI 3/15 930PM shōdown</p> <p>THUR 3/21 8PM PRO DJ ENTERTAINMENT REGIONAL KARAOKE COMPETITION</p> <p>FRI 3/29 930PM LOLO CREEK BAND</p>	<p>SUNRISE Saloon</p> <p>JESSE QUANDT</p> <p><i>Tyler Barham</i></p> <p>COUNTY LINE</p> <p>406</p> <p>PAY DIRT</p> <p>SUNRISE Saloon</p>	<p>FRI 3/8 930PM</p> <p>THUR 3/14 8PM</p> <p>SAT 3/16 930PM</p> <p>FRI & SAT 3/22-23 930PM</p> <p>SAT 3/30 930PM</p>
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1101 STRAND AVE 406 728-1559

Students learn to teach children to dance

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Student-taught dance classes at the University are connecting college students with children as students gain experience teaching dance.

The programs focus on creativity and immersion into dance with concepts such as time and spacial awareness. Students enrolled in the student teaching class work directly with Laurel Sears, runs the program, helps to teach the dance classes and builds lesson plans. Sears said teaching the classes allows students to remember why they started dancing.

There are three children's dance classes each semester taught by student-teachers. The classes are broken up into age groups ranging from 3-year-olds to 10-year-olds. Parents pay \$80 a semester for 12 weeks of classes. This comes out to be under \$7 a class.

The first three class meetings are taught by Sears so the student teachers can observe and get used to the class structure. There are two parts to every class, a warmup and across-the-floor exercises.

Kristen Manfredo, a third-year dance major at the University, student-teaches the class for 7-to-10-year-olds. The classes are taught with two student-teachers, and Sears leads the class. The kids are taught modern dance styles with some ballet technique.

Manfredo said she has learned to simplify her instructions and to pay attention to see if the kids actually understand what she is trying to teach them. "It's easier with adults because they ask questions because they know what to expect," Manfredo said. "But with children, they are just learning all of this stuff for the first time, so they don't know what to expect."

Student-teachers can be creative with their lesson plans and actively participate in the classes with the kids by using props like scarves and hula hoops. "You name it. The more creative, the better it goes over with the kids," Manfredo said.

Manfredo said she enjoys interacting



Children follow their instructor's lead during dance practice in a studio in the University's PARTV building on Feb. 28. ELI IMADALI | MONTANA KAIMIN

with the students one-on-one and seeing them understand what she is teaching. She said there was a moment where she worked with a pair of students to find a better way to do an exercise, and when they finally got it down, they were so excited.

"It was really heart-warming and sweet. You kind of realize that these kids look up to you as a dancer," Manfredo said.

Amanda Hanson, a first-year elementary education major, said she took the student-teaching class to gain more experi-

ence with dance and building lesson plans. The dancer of 14 years is teaching 3 to 4 year-olds.

"As much as I like dance, and as much as I like kids, I still get nervous teaching the classes," Hanson said.

Seasonal depression and how to manage it

ADDIE SLANGER

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Seasonal affective disorder is at its peak for many students, and coupled with the vitamin D deficiency most Montanans suffer from, the disorder can have a huge impact motivation and productivity.

SAD, as it's commonly called, is a type of depression related to the changing of the seasons. More specifically, the affective disorder is correlated to sunlight hours (or lack of) experienced, because the body makes vitamin D through exposure to the sun. In Montana, many are at risk of experiencing SAD because of the long winter and short days.

UM freshman Jordan Claveria, 19, has suffered from SAD since high school. He said seasonal depression impacts his ambition and emotions.

"I'm much more prone to negative emotions, like sadness," Claveria said. "It's more difficult to get excited about things. I lose motivation to do school work."

Claveria said normal, everyday things like going to class and keeping up on homework become huge tasks in the winter. Even getting out of bed is difficult.

"It feels like things are pointless and miserable," Claveria said. "You know walking to class will be miserable, and you're going to have to walk back. And being in class, you're just going to sit by yourself. It's very tough to be optimistic."

To combat SAD, Claveria takes two vitamin D pills every day, at his doctor's recommendation. He also tries to get outside as much as possible and stay active.

"Even if there's a little bit of sunlight, it's still sunlight. And being active makes you feel good, especially after you do it," Claveria said.

Another trick Claveria uses is planning out activities during the winter.

"During the summer, I do a lot of things more spontaneously, but in the winter I need to have a plan," Claveria said. "At least once a week I try to have something going on."

Linda Green, director of wellness at Curry Health Center, underscored the need to stay active during the winter months.

"If you get outside, it can make life a little more fun," Green said. "Thinking of winter as a social time where you do things with your friends and get together with people is so beneficial."

Green highlighted the lack of motivation and concentration that can result from SAD. She said low energy is another effect of the disorder.

Those who already suffer from depression are more prone to experiencing SAD symptoms than others. Green said people affected by depression and SAD have distinctly low levels of vitamin D.

"When you don't have sunlight, you don't produce vitamin D," Green said. "So supplementing the vitamin is necessary. Even for people without seasonal depression, vitamin D is important in this climate."

Another resource Green suggested is a vitamin D light. Vitamin D light imitate natural daylight and provide users with the full light spectrum, which can help combat SAD's effects, Green said. Curry has these lamps available for free checkout.

Green said counseling can help students stay positive and grounded during the winter. Curry Wellness Center also has health coaches to help with motivation and goal-setting, which can be

a productive way to combat seasonal depression, Green said. Students can sign up online for six free one-hour sessions.

Claveria said sometimes the best way to deal with SAD is to wait it out.

"Know that it's just a temporary thing," Claveria said, when asked what tips he'd give others suffering from seasonal depression. "I know winter can feel really long, but this isn't a forever feeling. It will go away."

Students can schedule counseling with Curry Health Center online using the student health portal. Initial appointments are free and subsequent appointments are \$25 with a paid student health fee. Students can also check out vitamin D lights or seek additional support from Curry.

Curry Health Center's Counseling and Psychological Services **406-243-4711**

National Suicide Prevention Lifeline at **1-800-273-TALK**



Hanson said her favorite part about teaching the class is watching the kids understand and retain what they are taught each week. "I love watching them remember things from the last week and bringing it up in class," Hanson said.

Diversity Advisory Council discusses swastikas on Corbin Hall

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After receiving a complaint from a student about swastika designs featured on Corbin Hall, the Diversity Advisory Council is addressing the issue.

MSU nursing graduate Brendan Hughes, 39, noticed the designs on the western exterior of Corbin Hall while studying at MSU's affiliate school in Corbin in December 2018. These decorative tile pieces above the windows facing west display generic architectural and geometric patterns. But what troubled Hughes was what appeared to be a tiled design with four tilted swastikas.

"To look up and see a swastika in the United States, it's stunning," Hughes said.

Many people Hughes asked about the designs didn't think it was a swastika, so he decided to report it to the Diversity Advisory Council. Hughes presented to the DAC on Feb. 20 after working with faculty co-chair Larry Abramson. The council is considering writing a letter to the administration to point out that the symbol was there and to look into possible solutions.

"Our job at the DAC is not to decide

whether something is offensive or not. It's to have a discussion and to give students a voice," Abramson said.

Swastikas, according to a 2014 BBC magazine article, were found in numerous cultures, including Roman, Hindu, Buddhism and several Native American tribes such as the Navajo and the Hopi. Early 20th century buildings, such as Corbin Hall, had swastikas as decorative fixtures for aesthetic or symbolic reasons, as they were generally seen as signs of good luck. During the '20s and '30s, when the Nazi Party adopted the symbol, its positive associations vanished from Western culture. In many European countries, displaying swastikas, except for artistic or educational purposes, is illegal.

The debate of displaying swastikas in public is contentious, particularly in university settings. According to a 2015 Inside Higher Ed article, a George Washington University student posted a Hindu swastika to a fraternity bulletin board after returning from India. The university suspended the student on the grounds of promoting hate, but later rescinded the suspension after fierce pushback.



The odd symbol on Corbin Hall. DANIEL DUENSING | MONTANA KAIMIN

The DAC is concerned that, without context, the misinterpretation of the swastika designs might promote a negative image of UM.

"Would you want students walking by and seeing that there and thinking, 'Well gosh, they display swastikas here. What does that say about me being welcomed?'"

Abramson said.

Hughes believes the best solution is to remove the symbol entirely.

"I think that, lacking the appropriate context where it can be justified or explained," Hughes said, "the swastika is threatening to so many people that I believe that it's best to just take it down."

They fought the law and UMPD won

PAUL HAMBY

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FEB. 14: COAT OF MANY COLORS

An Aber Hall resident reported to University of Montana police that someone stole \$100 worth of his clothes from the laundry room. Despite only leaving his laundry unattended for about an hour, no suspects have been identified. Wash all you want perp, those clothes are staying dirty.



FEB. 16: MAMA TRIED

A second response to a University Villages residence noise complaint prompted UMPD to issue a student conduct referral. "We try to give chances when we can," UMPD Sgt. Brad Giffin said.

FEB. 20: TELL ME A LIE

According to Giffin, two people fell into a trap laid by callers impersonating UMPD and asking for personal information. Despite warnings frequently issued by the University, those forked-tongued frauds still managed to

woo those who "don't have the life experience," said Giffin.

FEB. 22: IT'S ONLY MAKE BELIEVE

UMPD rushed to the scene after a resident at University Villages reported hearing a woman and children screaming. They discovered the noise came from a TV cranked too high while a couple cleaned their apartment. It may be advisable to clean to something a bit more mellow.

FEB. 23: ARE THE GOOD TIMES REALLY OVER?

A University Villages resident tempted fate after receiving a warning from UMPD for a noise complaint by continuing to make noise. On the officer's return visit, he issued a stu-

dent conduct referral.

FEB. 25: TAKE THESE CHAINS FROM MY HEART

UMPD responded to a silver Trek bike stolen from the bike rack outside Aber Hall. Although a report was taken, there is no security footage, and the bike was not registered with the University. Sgt. Giffin recommends all students register their bikes and take several photos to help ensure officers can return their stolen property.

FEB. 26: THERE'S NOTHING SOFT ABOUT HARD TIMES

Officers responded to a man whom a patron at the UC described as suspicious. After explaining he only meant to get some time out of the cold, he moved on without incident.

What's that thing in front of Clapp?

PAUL HAMBY

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Construction crews worked in the snow to erect a 40-foot-tall wooden tower in front of the Clapp Building in late January, just before the Foresters' Ball. Since then, it's stayed standing despite a late winter storm and winds exceeding 30 miles per hour.

Hunter Schmidt, a 25-year-old junior, walked past the structure every day and took it for a new piece of artwork.

"It looks kind of weird, but art's supposed to be weird," he said.

The tower, made of cross laminated timber (CLT), represents the inspiration for a new College of Forestry building. Organizers intend to construct the building using only CLT beams, creating the University's first energy-neutral facility. Graphics posted at the base of the kiosk describe the benefits of CLT and how its composition makes it an ecologically-viable alternative to steel and concrete.

Tom DeLuca, forestry dean, said the "CL-Tree" signifies the future of the program, which has been at UM for over a century. It embraces what he sees as one of the core values of the college: practical use of natural resources. DeLuca became dean in 2017 and made planning for a new building a priority.

After the Franke family made a \$24 million donation to the College of Forestry in 2016, one stipulation they made was the construction of a new building for the program's students, staff and faculty.

"We're busting at the seams right now. The college is spread out across seven buildings. We want to centralize the college," DeLuca said. "And we want it to have the highest green standard."

Utilized in Europe for over 15 years, several companies in the U.S. have recently offered CLT to building planners. The layered sections of wood provide strength and durability rivaling other construction materials. It's also shown to be resilient to fire damage and earthquakes.

According to a report published by Earth



The 40-foot-tall wooden sculpture in front of the Charles H. Clapp building, on March 1. KADEN HARRISON | MONTANA KAIMIN

System Science Data, a science journal, the use of concrete in construction accounted for 6 percent of carbon emissions in 2016. While buildings constructed with CLT don't remain completely free of concrete and steel, they drastically reduce the use and come from a renewable resource. The timber also continues to absorb carbon dioxide from the air.

Construction crews in London completed a 155,000 square foot apartment complex in 2012, a project that holds the record as the largest building made from CLT. A comparison published at the 2016 World Conference on Timber showed that CLT cost up to \$14 less per square foot than steel or concrete in similar construction projects.

Smartlam, founded in 2011 and based in Columbia Falls, provided the kiosk in front of Clapp. According to project manager Nick Desimone, hopes are high that the Forestry Building will be the first University building the company has constructed. Smartlam has distributed CLT beams to construction sites across North America, including a motel wing in Bozeman and a five-story hotel at Fort Lewis-McCord in Washington.

Despite the efforts of conservation and sustainability groups on campus, the University received a bronze rating in 2017 from the Sustainability Tracking, Assessment & Rating System (STARS), an organization that grades campuses across the country. Students on campus provided data for the

survey and compiled information for three years before submitting their findings to STARS.

Planning for the building remains in its infancy and, according to DeLuca, early cost estimates range from \$45 to \$60 million. The priority now will be generating interest and raising funds, all of which will need to come from private donations.

The cost of the CLTree itself came from the private donation of an alumnus of the College of Forestry.

Although DeLuca planned on an official unveiling for the CLTree to coincide with the Foresters' Ball, an upcoming event on April 18 will highlight the kiosk for those curious.

Get too competitive on the rock wall or the cribbage board

Wednesday 6

Want to get a little tipsy on campus? You might need to get help. Or you might need to hit the University's wine bar and restaurant, the Iron Griz. This week's Wednesday night wine tasting features a range of Merlots. 5-7 p.m. 21+.

Missoula Rises hosts Rising Voices at Imagine Nation Brewery. "Resisters" can hang out and learn how to write letters, email, or tweet at Montana's congressional representatives. 6 p.m.

The Roxy shows "Frida," presented by the local nonprofit Women's Opportunity & Resource Development, Inc., or WORD. It's the first of four women-directed and women-starring films to be shown for the Roxy's Women's March series. 7 p.m. \$8.

August: Osage County — In the mood for some sharp-tongued comic drama? The Pulitzer Prize and Tony Award-winning "August: Osage County" is your best bet. Follow three generations of the Weston clan of Oklahoma as they duke it out following its patriarch's disappearance. Montana Theatre. 7:30 p.m.

For trivia buffs, hit up either Brains on Broadway at the Still Room at 7:30 p.m. or Trivial Beersuit at the Press Box at 8:30 p.m.

Thursday 7

Get overly competitive at Western Cider's first cribbage tournament. Winner gets a Western Cider prize bag. Free entry. 6 p.m.

Get down your fiddle and get down your bow. Open mic night at Green Alternative Dispensary. 314 N. 1st W, near Northside Kettlehouse. 7 p.m.

Party Volcano — Thursday nights are the new Friday nights, or at least, you might think so while dancing your ass off to DJ's Kris

Moon's and T-Rex's selection of grooves. Make sure to get home early enough to make that first Friday morning class, though. The Badlander. 208 Ryman Street. 9 p.m.

Missoula's very own Homegrown Open Mic Comedy at the Union Club. First Thursday of every month. Prepare to laugh with, laugh at, or, if you're really brave, be laughed at. 9:30 p.m. 21+.

Friday 8

WORD to the Woman is an International Women's Day fundraiser benefiting local women's empowerment nonprofit WORD at Free Cycles. Featuring an open mic and music by Westfork Music, Junior, Arrowleaf and Oh Rose. \$5 Suggested donation. 6 p.m.

Public planetarium shows in the basement of the Payne Family Native American Center take place every Friday night during the spring semester. Shows often sell out, so get your tickets in advance on UM's website. \$8. 6 p.m. and 7:30 p.m. shows.

I Love the '90s Dance Party at The Badlander, this time around it's sports jersey themed. The Dead Hipster hosts recommend some throwback Mighty Ducks or Michael Jordan jerseys. 9 p.m. 21+. \$3.

Saturday 9

Free Tax-Preparation — IRS-certified volunteers are here to ease your troubled mind. Maybe you'll even get some sweet refund cash. Gallagher Business Building, room 209. 9 a.m. to 4 p.m.

Lakebottom Sound presents Led to Sea, a chamber-pop ensemble led by Seattle-based violist, violinist, composer and singer Alex Guy at the Roxy. The group's music fuses classical, pop and experimental stylings, recalling St. Vincent

and Andrew Bird. Missoula's own Keys and Arrows open. \$10 for students. 7 p.m. All ages.

Need some party-bro hip hop? You do you, I guess. Mike Stud comes through Missoula with a show at the Top Hat on his "final tour." \$20 in advance. 9 p.m. All ages.

Sunday 10

The University of Montana's Rock the Rec climbing competition at Campus Recreation's Fitness & Recreation Center climbing wall has options for beginner, intermediate and advanced climbers. The cost to climb is \$25 for Campus Recreation members or \$33 for non members. Participants can register online. 11 a.m. - 3 p.m.

The River City Players bring a little bit of

the Big Easy to the Big Sky for the KFGM Ballroom Sessions at the Union Club Theatre. This high-energy band specializes in traditional New Orleans Jazz. \$8. All ages. 4 p.m.

Monday 11

Darlingside's four-part-harmony-driven hipster folk-rock melds Fleet Foxes and Simon and Garfunkel with just a touch more synth. Top Hat. \$18. 7:30 p.m. All ages.

Tuesday 12

Warm up your soggy brain for Trivia Tuesdays at the VFW each week. 8-10 p.m. Drink specials on domestic tallboys, well drinks and Fireball. 21+.

Start Smart Salary Negotiation Workshop

Saturday, March 9th 11:00 AM to 1:00 PM
Social Sciences room 254

Free to registered participants,
lunch served
Register by March 8th at
aauw-mt.aauw.net
UM students, staff, faculty, and
alumni welcome

Sponsored by AAUW Missoula, AAUW-MT, and the Montana Women's Foundation

Gender Pay Gap by State

Women's median annual earnings compared with men's median annual earnings for full-time workers in 2015

AAUW

LOOK WHAT WE ACCOMPLISHED IN 2017!

<p>17,000 people learned to negotiate their salary through AAUW workshops</p>	<p>270,000 messages were sent to lawmakers by AAUW members and supporters</p>
<p>\$3.7 MILLION was awarded to women and community projects</p>	<p>35 STATES host AAUW 2019 programs</p>

Cartoons for the college-addled soul

RAVEN MCMURRY

raven.mcmurry@umontana.edu

College brings three big time-erasers to every student's life. We have stress, binge-watching Netflix and eating a bit more comfort food than we should. The Netflix binge is real, and it's especially strong when you don't want to work on that 16-page ethics paper. What if you don't want to focus on a documentary informing you of exactly how close you live to the alt-right in your state? Watch cartoons.

Netflix has been rebooting and remaking old fan-favorites from when we were kids. Not checking it out would be a disservice to your 5-year-old self. We've combed the Netflix desert to find stress-free cartoons.

CARMEN SANDIEGO

Take a journey across the world with "Carmen Sandiego." She's the same spunky agent from the 1985 video game but with a whole new upgrade. Carmen travels the world in search of what her evil alma mater — V.I.L.E. — has stolen from upstanding citizens. The show is full of bright colors, and the storyline

is easy to follow even if you fall asleep midway through.

BARBIE: LIFE IN THE DREAMHOUSE

Barbie, Skipper, Chelsea and Stacy all live in a Malibu mansion. Barbie and friends race each other and run through some common doll problems like a glitter shortage that takes over Malibu. And Ken has no idea how to fix any of this, but isn't watching someone else struggle enough to make your own worries seem trivial?

BIG MOUTH

Middle school was awkward for all of us, right? Well, embrace the cringe and let your adult-ish chest hairs remember their roots with "Big Mouth." Nick and Andrew deal with everything from the possibilities of being gay to having crushes verging on obsession. This show will make you remember the days you dreaded, but damn you will laugh hard.

CASTLEVANIA

Trevor Belmont is the sole survivor in his family of vampire hunters. When Dracula raises a demonic army, a reluctant Belmont



COURTESY PHOTO | NETFLIX

teams up with a vampire to bring peace back to the country. An anime with more gore than your American history class, you'll learn about a whole new side of Dracula.

DISENCHANTMENT

Princess Bean is depressed and wants a

better life. When an elf and a demon walk into the castle, a new booze-filled journey awaits. From Matt Groening, the creator of such classics as "Futurama" and "The Simpsons," this show will make you laugh and ponder what it would be like to have your very own personal demon.

Dude deserved to lose his dick tho

JOHN HOOKS

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Men losing their dicks has been a favorite topic of philosophers, novelists and annoying dudes for all of human history. Greek poets wrote epic plays about heroes who lose their dicks and go on to do great things; Freud thought a lot about how much he loved his own dick and didn't want to lose it; Hemingway even wrote a whole novel about an extremely close allegory of himself as dickless and unable to fuck and sad about it.

For how obsessively forced dicklessness has

remained in the zeitgeist, it seems to occur in the real world of modern America with startling infrequency. For that reason, when Lorena Bobbitt grabbed an 8-inch kitchen knife and sliced off her husband's pecker in 1993, it became a national spectacle with a decades-long shelf life.

The slick true-crime docu-series investigating and relitigating famous tabloid cases from decades past is one of the most redundant trends across filmmaking. Eager to get in on the game, Amazon Prime commissioned its own documentary miniseries, "Lorena," on Lorena Bobbitt, her ex-husband John, and the sliced penis that captivated the nation.

"Lorena" is not strikingly different in its structure or aesthetic than any of the other

110,000 true-crime documentaries of the last three years. You get the old TV news clips, courtroom footage and highly color-graded B-roll that looks the same as all other streaming documentaries.

Where "Lorena" does stand out is in its wild inciting incident. It's nearly impossible for anyone to not want to learn more after you hear, "it's that documentary about the lady who cut her husband's dick off." The film rightfully places its story within the historical context of the early '90s, with the Anita Hill hearings, Nicole Brown-Simpson killing and the Violence Against Women Act, reminding the audience of how little has changed since that time.

All-in-all, it is definitely worth a watch.

Though it doesn't do enough to shake up the format, the miniseries manages to access a level of broad sociological analysis, placing the fertile psychoanalytic issue of (literal) emasculation within the context of the cultural he-said-she-said dynamic we're all far too familiar with.

The film shows this divide most clearly with an early scene where two medical workers who were on call the night John Bobbitt had his penis taken away. In the first shot, a male doctor expresses his extreme discomfort at having his own dick cut off. Then we cut to a female nurse who says, "My first thought was, what had he done to deserve it?" John Bobbitt definitely deserved it, but you should watch the series to find out why.



Mental Health and Murder

LINDSEY SEWELL | MONTANA KAIMIN

A stranger nearly sent me antidepressants

Maybe you're like me and you listen to loads of murder podcasts. And maybe you're like me and listen to one of the most popular podcasts, "My Favorite Murder." If you don't, you may not know that fans of the show call themselves "murderinos." And maybe you don't know that there is a very niche Facebook subgroup called "Bipolarinos" that is for people with bipolar disorder (and other mood disorders; we aren't a picky group). According to National Alliance on Mental Illness, one in five Americans deal with mental illness in any given year. That's a lot of people, so you're bound to fit in with someone.

I was a little nervous joining a group of people I didn't know on the internet. I mean, they're all strangers, and I like to pretend I am really closed-off from other people. But this was a pretty specific group that I fit pretty well into: I love talking about horrific crimes and I'm bipolar. It's a done deal, y'all.

I joined the group.

For a few months, I sat on the sidelines. I'd comment on a few posts, offer my support to people who needed it, but I didn't post anything about my own needs. Not because I didn't need help, but because I didn't want any. I was admittedly a little worried that maybe my problems weren't as needing of support, that maybe they'd judge me for asking for help.

Over Christmas break, I ran out of my antidepressants. It was right over Christmas, and Curry Pharmacy was definitely closed. My psychiatrist was out of the office for her own Christmas vacation. And I was scared. Going off antidepressants with no weaning is a pretty horrible idea and can lead to extensive side effects that are all pretty damn uncomfortable. For people with bipolar disorder, it'd be really easy to slip into a major depressive episode and experience suicidal

ideation. It's not a fun time.

I needed help dealing with the possible side effects and tips on how to get through it all for the next week. So, I turned to my fellow Bipolarinos.

Almost immediately, words of support started pouring in for me. People offered advice on finding a new pharmacy, people to call to ask for a week's worth of my Zoloft. They told me about things I could do for self-care and support systems I could use during my time of need.

One person even offered to overnight me their leftover Zoloft from Canada. Illegal? Yes. Extremely nice and probably the coolest thing anyone has offered to do for me? Also yes. (For the record, they didn't mail me any medication.)

The pharmacist from Curry gave me a call a couple days after I ran out of meds and filled my prescription. But I had made it

through those couple days without my medication with the support of my new friends and their advice. I knew they believed in me, and I knew I'd be okay because they validated me.

I was never one for group therapy. In psychiatric facilities, they were required, and I tried a few when I was released. Talking to a group of strangers about my problems wasn't something I found to be beneficial. And finding a niche Facebook group that knows, at least to some extent, my experience isn't going to solve my problems or cure my depression. But it will give me a chance to talk about murder.

KAILYN MIDDLEMIST

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Yes, you are like other girls. And that's OK.

I'm not gonna lie, guys, this column is basically just a rant against a meme. Side note: Rant Against a Meme would be a solid name for a Rage Against the Machine cover band, but I digress. Anyway, I'm calling to abolish the memes for girls who don't think they're like other girls. You know the "other girls vs me" memes. "Normal girls: crushing on boy bands. Me: crushing on serial killers." "Normal girls: like shoes. Me: reading books." There is no in-between, everyone; it's shoes or books, take your pick.

There is nothing wrong with a woman who likes video games, beer, burgers or anything else that is universally beloved and yet widely considered to be exclusively masculine. There is, however, something wrong with thinking you're the only person of your gender who doesn't fit perfectly into the arbitrary box society has forced us into, since birth, according to our genitals. And, FYI, it's not an accident that society wants to pit women against each other. While putting down others (especially mainstream others) isn't a strictly female practice, it's been ingrained into our minds that masculinity is preferable to femininity since birth. Think of every romantic comedy you've ever seen. OK, maybe not every one, but let's take "The Kissing Booth" (2018), which, for the record, was the most-watched movie on Netflix the year of its release. Aside from the protagonist, every female character is vapid, nasty, and has the audacity to take pride in their appearance. Not Elle though. She's hot, but only in an accidental way, and her best friend is a guy. Girls are just too much drama, am I right? While "The Kissing Booth" isn't alone in exploiting the "not like other girls" protagonist, it's so recent



LILY JOHNSON | MONTANA KAIMIN

and was so popular that it provides a great example that as a culture, we still find ourselves pitting young women against each other.

When I'm feeling generous, I remember that a lot of people (ahem, including me) stress how weird they are as a defense mechanism that likely manifested in middle school. You know, back when being different was an actual issue for your social standing. As for flaunting your quirks, or as Monster High dolls would say, your "freaky flaws" (I know, I like Monster High dolls, isn't that so weird, yet vaguely charming? Pick

me!), I'm all for it. The best part about growing up is realizing that everything you were mocked for in middle school is what makes you awesome today. The key to not being a "pick-me" is remembering that everyone you know went through the same experience at some point in their lives. It's not a competition for who was or is the quirkiest.

I'm clearly painting with broad strokes here, but seriously guys, can we just stop pretending that the fact that other people with your same interests threaten you? Can we realize that meet-

ing like-minded individuals isn't a bad or threatening thing, but the reason we all came to college in the first place? To find people with the same interests as us, as in, you know, our majors? Next time you meet someone who likes the same stuff as you, instead of feeling threatened, invite them to coffee, and thank me later.

LILY SOPER

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The Waiting **G₂** **A₁** **M₃** **E₁**

NCAA's rules make collegiate athletics difficult to navigate

Story by Henry Chisholm & LJ Dawson Photos by Hunter Wiggins Design by Lindsey Sewell



Rorie and his cousin, David Crisp, led Clover Park High School in Tacoma, Washington, to its first state title as freshmen the year before. But prior to the 2012 tournament, Crisp broke his foot and the Warriors were missing his usual 20 points per game.

Rorie and his cousin, David Crisp, led Clover Park High School in Tacoma, Washington, to its first state title as freshmen the year before. But prior to the 2012 tournament, Crisp broke his foot and the Warriors were missing his usual 20 points per game.

About 40 percent of men's basketball players who join a Division I basketball program out of high school leave the school by the end of their sophomore year.

Clover Park fell in the quarterfinals.

Rorie had already committed to the University of California, where Travis DeCuire was an assistant coach. DeCuire sat in the stands when Rorie's team lost. Rorie was upset his team blew its chance for a repeat win the first day of the tournament.

After the game, DeCuire told Rorie that he would learn a lot about the young point guard during the consolation game.

"A guy that gets up the next day through adversity and performs and finds a way to win defines a winner. A guy that tucks his tail and comes out and gives a lackluster effort needs to learn how to win," DeCuire said.

Rorie scored 48 points the next day.

DeCuire began recruiting both Crisp and Rorie for Cal after their freshman seasons. Since they played the same position, DeCuire had to pick one or the other. He eventually decided Rorie was the right fit.

Rorie's relationship with DeCuire evolved during high school. He began calling DeCuire more often. When Cal lost games, Rorie would text DeCuire, "I got your back,



Ahmaad Rorie, left, speaks with head coach Travis DeCuire during a team practice in Dahlberg Arena on March 1, 2019.

"I'll be there soon." They didn't just talk about basketball, either. Over time, their phone calls began to cover the growing pains of teenage years.

"They could talk the game together, but then they also talked about life," Rorie's mother, Rhonetta Thomas, said.

The future looked simple for Rorie his senior year at Lincoln High School in Tacoma. After graduation, he would meet up with DeCuire in Berkeley to play Pac-12 basketball.

But Cal's coaching staff had shaken up, and DeCuire took a head coaching job at his alma mater, the University of Montana. Rorie didn't want to move to California without DeCuire and scrambled to find a new college to commit to with two months left of high school.

"It was a very tough period," Thomas said.

DeCuire remembers it as a tougher period for him than it was for Rorie. All of a sudden, he was mentoring Rorie about where to go instead of preparing for his arrival to his own team.

"It's a lot easier to convince someone to come play for

you as opposed to help them sort through something that has nothing to do with you," Decuire said.

Rorie chose the Oregon Ducks. The change was a shock. He'd prepared himself to work with DeCuire at Cal, but now he was heading somewhere where he didn't know the coaching staff, school or other players.

Rorie had a breakout season as a freshman, starting 15 games, but he wanted to be back on the court with DeCuire. The coach had morphed into a mentor and a father figure for the young athlete.

He decided he was ready to move to Missoula and reconnect with DeCuire.

But Rorie and DeCuire wouldn't be able to share a game-day court for another 18 months.

Sitting out a year, even if you know it's coming, can be tough. Rorie said his redshirt year in Missoula was one of the toughest of his life, and it became even harder when the team started traveling to play for conference games. Every other weekend, he was left alone in a Montana winter.

In 2017, University of Central Florida kicker Donald De La Haye was told by the NCAA that he couldn't continue to make monetized YouTube videos "based on his athletics reputation, prestige or ability." He quit the team, lost his scholarship and continued creating videos.

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The National Collegiate Athletic Association (NCAA) requires student-athletes who transfer to a new school to sit out for one year. It's called an "Academic Year-in-Residence," and doesn't use up one of the student-athlete's four years of eligibility, unless he or she has previously redshirted.

Michelle Brutlag Hosick, the NCAA's associate director of public and media relations, said relegating transfer students to the bench will "help student-athletes adjust to their new school and ensure that their transfer was motivated by academics as well as athletics."

The rule applies to athletes in five sports: football, men's and women's basketball, baseball and men's hockey. Hosick said these sports were chosen because they are "historically academically underperforming." These are also the five sports that bring in the most total revenue per year.

For years, the NCAA has resisted calls to allow stu-

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A 2014 Drexel University study found that the fair market value for an average NCAA football player was \$178,000 per year and the average men's basketball player is worth \$375,000.

.....

dent-athletes to receive a salary from their school or, at the very least, sign sponsorship deals. The organization claims student-athletes should be treated like amateurs and a free education is a fair wage.

But when Zion Williamson — a forward on the Duke University basketball team and a near-lock for the first overall pick in this June's NBA Draft — sustained a knee injury in a nationally televised game in mid-February, he risked dropping in the draft and losing millions of dollars

in salary as a result.

Once again, the NCAA's amateurism policy found its way to the forefront of sports fans' minds. Over the next week, The New York Times, The Washington Post, Fortune and others weighed in with think pieces about the NCAA's policy.

So when the NCAA holds big-money sports to a different set of rules than other sports, some eyebrows raise.

In the summer of 2018, the NCAA relaxed some of its rules regarding student-athletes who transfer. The biggest change was the NCAA's pledge to build a transfer database, called the Transfer Portal. It allows all student-athletes who want to leave their current program, for any reason, to put their contact information online, so other coaches can recruit them. Prior to the Transfer Portal, college coaches were able to allow or disallow student-athletes' transfer requests.

During a student-athlete's senior year of high school, he or she signs a National Letter of Intent, declaring which school the student-athlete will attend. NLIs are legally-binding contracts, so student-athletes are not allowed to speak with representatives from other schools about scholarships after signing.

Since athletics programs had student-athletes under contract, it was common for coaches to bar students from transferring to schools within the same conference or state.

Now, schools aren't allowed to block student-athletes who want to transfer, but student-athletes in big-money sports are required to spend a year on the bench after transferring before they're allowed to compete.

.....

"The rule is to keep people from transferring and make them put thought into their first decision," DeCuire said. "So there's no impact on how I operate. For me it makes it easier because if you have guys who are fifth-year, you have a more mature basketball team."

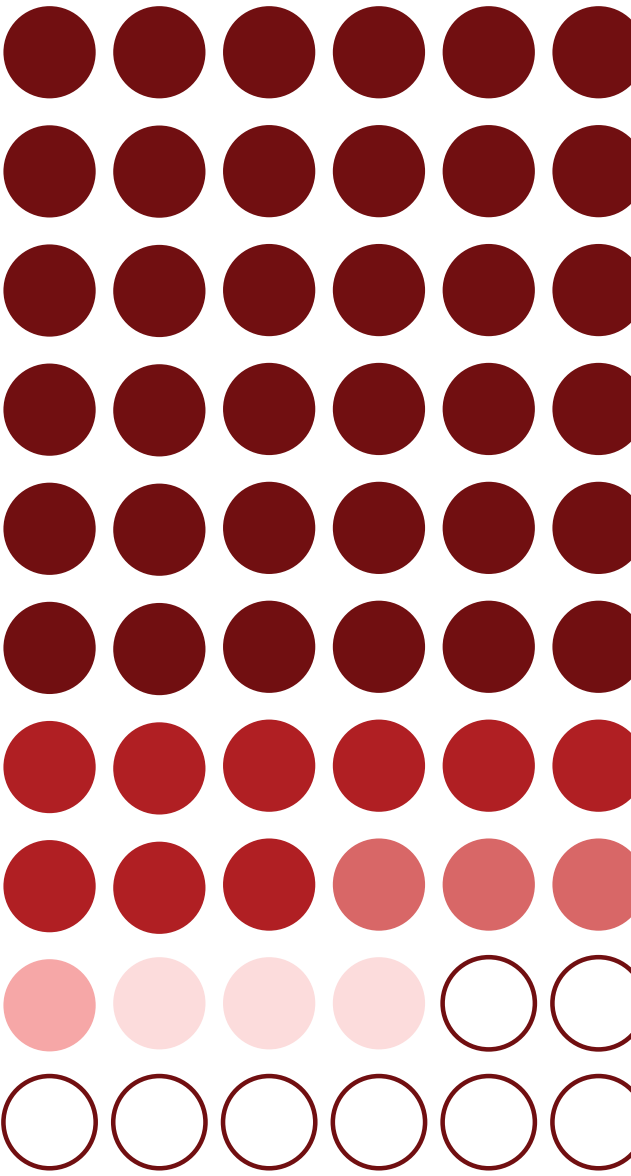
When players decide to transfer, DeCuire said it isn't a shock for them to sit out for a season.

DeCuire thinks any player can benefit from a redshirt year. It gives them the chance to focus on academics and improve their skills that may not be strengths yet, and they have a chance to mature before being thrust into the spotlight.

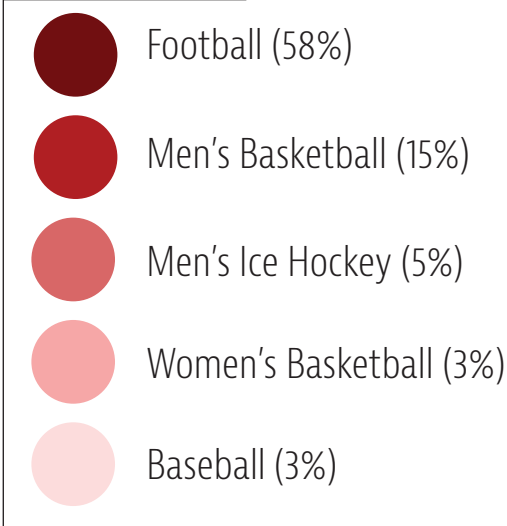
Rorie developed his guard skills, including communication and leading the team during his year out. When he first arrived at UM, Rorie dominated on the practice court as an individual player, but didn't talk enough. DeCuire told Rorie focusing on leadership would help him build a trust with his teammates when it was time to play together.

"It's hard to get a true evaluation of yourself if you haven't played a college game yet," DeCuire said. "So coming out of high school, sometimes kids don't use those redshirt years as well as someone like [Rorie, who] played at a high level prior to that."

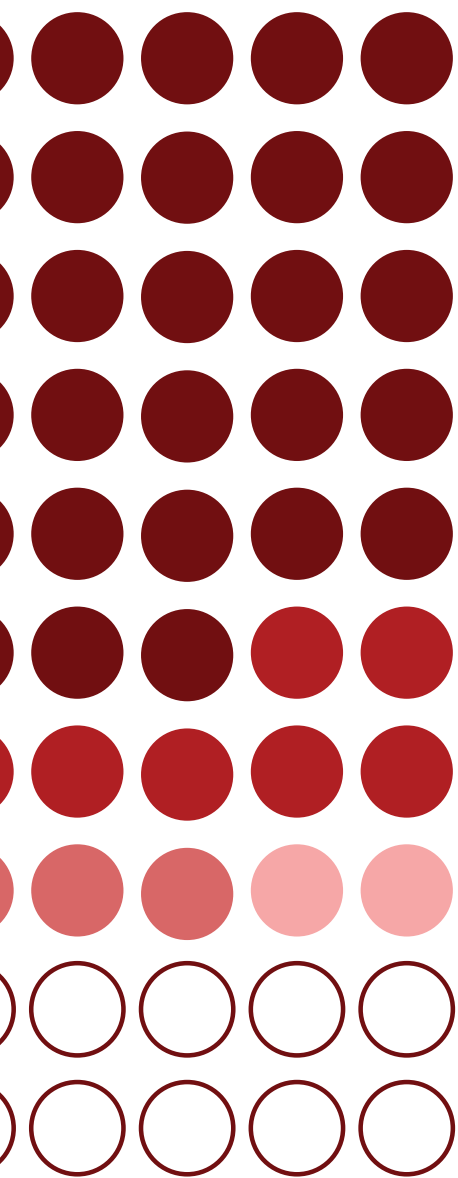
REVENUE COLLEGES GEN



Sports that require a year on the bench if the player transfers



NERATE BY SPORT



Other: Track and Field, Men's Lacrosse, Equestrian, Women's Ice Hockey, Rowing, Swimming and Diving, Women's Volleyball, Women's Soccer, Women's Lacrosse and Softball (16%)

After playing in the Pac-12 Championship Game and two NCAA tournament games, Rorie had grown accustomed to big stages. But in Missoula, fans couldn't watch what Rorie was capable of. Many didn't know who he was. People back home in Tacoma couldn't turn on the TV to watch game highlights. He felt forgotten.

Sammy Fatkin played her freshman season with the University of Arizona Wildcats.

She received scholarship offers from colleges across the western United States, including the University of Montana, in part because of her top-30 ranking among point guards in her high-school class.

Fatkin played in 28 of 30 games for the Wildcats and averaged about 12 minutes per contest. She carved out a role as a shooter, but that wasn't the role she was hoping for when she moved to Tucson from Snohomish, Washington.

It wasn't even clear that the role would still be there for Fatkin, since the Wildcats had recruited one of the best classes in the country and brought in a pair of transfers.

Fatkin decided to transfer. She wanted a chance to serve as a 6-foot point guard who could distribute the ball and defend three positions, not just take catch-and-shoot 3-pointers from the corner.

She chose Montana, which had made her shortlist the first time around, but she still had to complete her academic year in residence. She resigned herself to the bench and tried to make the most of her opportunity by spending more time in the weight room and helping her teammates in practice. It was her first season without basketball since grade school.

"Obviously, if I could play, I'd play," Fatkin said in November. "I don't think any kid wants to sit out a year."

But then Lady Griz lost two guards to season-ending injuries in the beginning of the 2018-19 season, and over the next two months, they would lose two more. Montana needed a player and they had a healthy option watching the games in street clothes.

Fatkin and head coach Shannon Schweyen decided to apply for a waiver.

Last April, a few months prior to the decision to implement the Transfer Portal, the NCAA made another rule change. This one went largely under the radar.

The NCAA changed the wording of its rules regarding players applying for waivers to the academic year in

residence policy. Before, the student-athlete's new school had to show that the previous school had done something wrong, whether it was because he or she was treated poorly by coaches, the team faced a postseason ban for a rule violation or something in between.

Now, student athletes are eligible if "the transfer is due to documented mitigating circumstances that are outside the student-athlete's control and directly impact the health, safety and well-being of the student-athlete," according to the NCAA. So something as simple as having trouble adjusting to a college could make a student-ath-

College athletes are not legally allowed to get paid or make royalties from any brand deals per NCAA rules, but coaches at colleges such as Duke, Kentucky and Ohio State make upward of \$7 million a year.

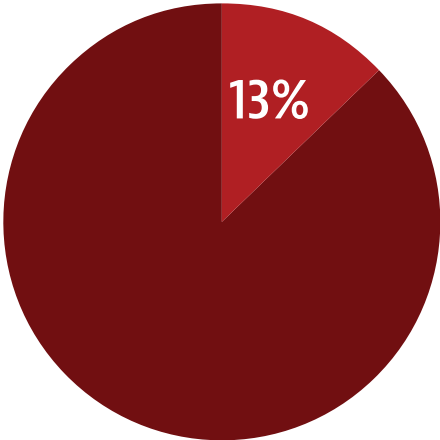
lete eligible for the waiver.

"When it comes to mental health and health of the student-athlete, most people aren't fighting it," Schweyen said. "It looks bad if you're not trying to encourage mental health."

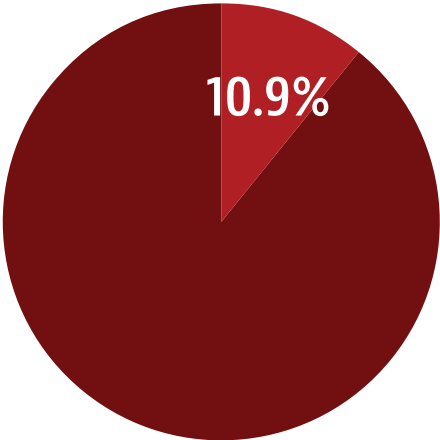
Since the rule was approved, NCAA data show 60 percent of men's basketball players' waiver requests have been approved, 77 percent of women's basketball players'

Student athletes must sign an Affirmation of Amateurism agreement, agreeing to the rules of "amateurism." If they are paid for any of their athletic skills, they will be stripped of the amateur status and won't be permitted to play in any NCAA sporting event. A University of New Mexico player was suspended from the NCAA after unknowingly receiving a discount on a ballroom he rented for his 21st birthday.

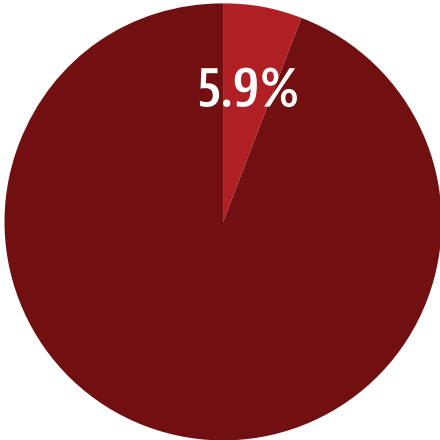
PLAYERS SITTING OUT



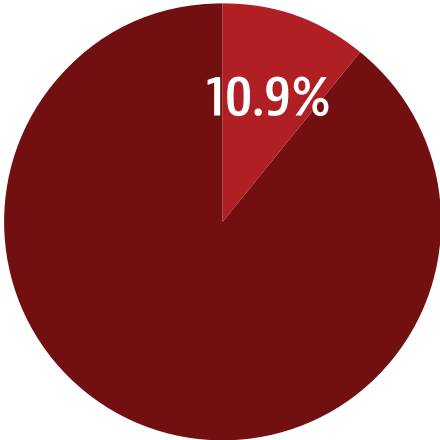
Men's Basketball




Women's Basketball



Men's Ice Hockey



Division I Football

 Percent of players sitting out per sport

2017 data from the NCAA, transferring from 4-year college to 4-year college, Division I

requests have been approved, and 79 percent of football players' requests have been approved. These include waivers for Griz basketball player Kendal Manuel, the Griz football coach's son, Robby Hauck, and Lady Griz Sammy Fatkin.

From start to finish, Fatkin's waiver process took about five weeks.

First, Montana needed to notify Northern Arizona that it intended to apply for a waiver. Then, Arizona had a chance to respond and the NCAA reviewed the papers.

Next, Montana had to put together a package illustrating Fatkin's reason for leaving Arizona and why Montana thought she should be allowed to play. Then the NCAA reviewed the documents and sent them to Arizona. The Wildcats then had a chance to appeal Montana's statements.

Previously, the negotiations between the two schools involved would often become contentious at this point, since the student-athlete's new school generally had to prove the former school misstepped. For example, if a student alleged emotional abuse, the college would likely fight back to defend its reputation. The rule change makes this aspect easier to navigate.

It took time to complete each step of the bureaucracy, but Fatkin made her Lady Griz debut in late December, 2018.

March Madness, NCAA's annual Division I men's basketball tournament, brings in over \$1 billion in ad revenue, more than the Superbowl.

Rorie, released from his commitment to the University of California due to the coaching changes, didn't care about where he played in college. He wanted a coach who invested in him. DeCuire was already there, offering flexibility on the court and support off of it.

When Rorie first got to UM, he didn't really care about school. He was focused on basketball and trying to play professionally. He failed a few classes despite believing he's "pretty good at a lot of subjects."

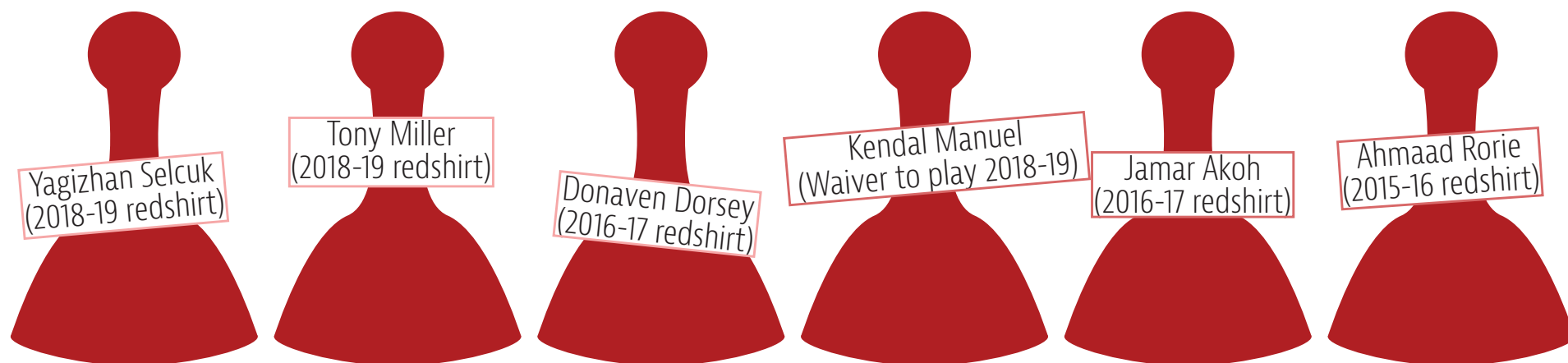
DeCuire explained to him that a degree would give him something to fall back on, if the NBA doesn't work out. "He just told me, if I can't get good grades, my teammates aren't going to trust me," Rorie said.

DeCuire's coaching style is unique; while most college coaches ask for military-like uniformity from their players, DeCuire wants his players to be individuals. He doesn't fit his athletes into his system, he builds game plans based on his athletes' abilities.

The product of DeCuire's strategy is the top team in the Big Sky Conference, a team so unique that it could have a chance to catch a basketball powerhouse off guard in the national tournament. The Grizzlies' defensive anchor in the paint has made 10 of his last 15 3-pointers, and their two-time player of the week post scorer is only 6-foot-5.

Three and a half years after Rorie transferred to UM to play with Decuire, the two are headed to Boise, Idaho, to attempt their second Big Sky championship title in a row.

GRIZ BASKETBALL TRANSFERS



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While the transfer process is becoming simpler and less painful for student-athletes, they still aren't afforded the same loyalty from colleges the NCAA demands them to show their teams.

Katie Mayhue was supposed to be a Beaver.

She earned a basketball scholarship from Oregon State during her sophomore year of high school. The Beavers had just finished the best season in program history with a Final Four appearance. They lost to the Breanna Stewart-led University of Connecticut Huskies in the national semifinal.

The offer was the first one Mayhue received from a major school, and as a sophomore, she verbally committed to play at Oregon State after graduating from high school. When her sophomore year ended, her family relocated from Casper, Wyoming, to Albany, Oregon, so she could be a quick 15-minute drive from campus for her last two seasons of high school ball.

For the next year, everything went well. Mayhue earned a spot on the Adidas USA Select Team for the summer of 2017, following her junior season. Four top-40 prospects were on the roster and all 10 girls on the team signed to play Division I basketball at colleges across the country.

But over the summer, she lost touch with the coaching staff at Oregon State. After talking on the phone a few times per week for most of her commitment, Mayhue didn't hear from her future coaches for three months.

In October, a month before signing day, Mayhue called to make sure everything was alright. She was told that the program no longer had a scholarship for her. The coaches had found another point guard, Destiny Slocum.

Slocum had decided she wanted to play closer to her

home in Idaho after spending her freshman season at the University of Maryland. She'd won the Women's Basketball Coaches Association National Freshman of the Year award and was an All-American in high school.

Oregon State offered Slocum the scholarship and, all of a sudden, Mayhue was without a plan.

"I was kind of at a loss with everything," Mayhue said.

Mayhue had committed to Oregon State so early that other schools didn't offer her a spot on their teams. With it being so close to signing day, most schools had already handed out all of their scholarships.

Luckily, Mayhue had played with Jordyn Schweyen, the daughter of Lady Griz head coach Shannon Schweyen, a couple of summers prior. Mayhue asked Jordyn for her mom's phone number and gave her a call. She asked if Montana had a scholarship for her and Shannon said she could make it work.

The next weekend, Mayhue visited the University of Montana campus. A week later, she sent a plaque with pictures from the visit and a note confirming her commitment.

"Life went on," Mayhue said.

Mayhue started eight games for the Lady Griz as a freshman but sustained a season-ending injury in early February of this year. She'll be back next season.

.....

DeCuire built a new culture for Griz basketball, and Rorie has studied how that's happened.

"[DeCuire's] leadership has been good. It's definitely rubbed off on me and me trying to be a leader on this team," Rorie said.

For Rorie, that means using his experience as a red-shirt transfer to talk his teammates through their time

watching from the sideline.

Tony Miller is in his first year with the Grizzlies after spending two seasons at Seattle Pacific University. He's a sharpshooting forward who could contribute to Montana's postseason run, if he wasn't redshirting this season.

"It's frustrating because you're working out daily and then come here and sit and watch games. It's so tough, but for right now, I'm just trying to be patient," Miller said. "My time is coming."

Miller credits Rorie, as well as redshirt senior guard Donaven Dorsey, with helping him get through the season. Rorie said the most important message he tries to convey is to keep working out and to stick with the team. The worst thing that can happen is to become isolated.

"It's hard," Rorie said. "I have been just telling them to stick to the script, stick to the plan."

The script worked for Rorie. He struggled with not playing during his redshirt year and battled the isolation that comes with being the one player not roadtripping with the rest of the team.

But now, as a fifth-year senior, Rorie is preparing for one final chance to make noise in the postseason. It's a chance he wouldn't have received if he'd burned a year of eligibility during his first year in Missoula.

He's also a month or two away from starting his push for the NBA. Maybe sitting out a year and learning from the sideline is why he made the leap from talented college point guard to NBA prospect, or maybe it just pushed his timeline back a year. But Rorie isn't worried about the what-ifs or what June's draft may have in store.

"All that stuff will come later on," Rorie said. "I just really want to be brought into this and just enjoy the rest of my senior year. I don't want to look back and have any regrets."

This week: Hardcore punk and comforting folk

NOELLE HUSER

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DEATHWISH

About 30 people moshed in a kitchen this summer as hardcore punk band Deathwish played in the living room. The small Missoula house could hardly contain the energy ripping through the speakers.

Lead singer and guitarist Riley Haynie's demeanor is calm, friendly and beaming. Hearing his scream into the microphone feels almost frightening after meeting him. But in an interview posted on Waste Division, a Montana blog for DIY art, Haynie said, "Angry aggressive music just feels more honest to me. If someone told me to write a happy song I don't think I could take it seriously."

The band started where all good Montana punk music does, in Billings, as Haynie's studio project in 2016. Deathwish's release of anger is enthralling. Its aggressive hardcore

sound has a palpitating passion that drives it rhythmically and gives it a seductive rock quality. The band's music is as honest as it is abrasive.

Deathwish plays Friday, March 8, at the VFW with Hibernator opening. Doors at 9 p.m. \$5 cover. This is a 21+ show.

MANDOLIN ORANGE

There is something effortlessly consoling about Man-

dolin Orange. The duo sings with sweet and tender harmonization, blending American roots, soft rock and coun-

try.

Andrew Marlin on mandolin, guitar, and banjo and Emily Frantz on violin and guitar, started their band in Chapel Hill, North Caroli-

na, in 2009 and have been touring the US and Europe since.

The group's latest album, "Tides of A Teardrop," finds solidarity in themes of good company, friendship, and finding joy despite darkness.

"Golden Embers" is delicate with poignant violin plucking and shiney mandolin. The lyrics cry for comfort, "Just like an old friend, reach out to me, bath me in light, understand me." "The Wolves" howls at the moon, rich in its intimate lonesomeness.

"Into the Sun" is dreamy and drifting, "Like You Used to" has a homey bluegrass comfort and "Mother Dear" fills the room with a springy sway.

Vocals are illuminated with mandolin, grounded guitar, and silky violin. Mandolin Orange will be sure to warm the audience's hearts on a cold Missoula winter night.

Mandolin Orange plays at the Wilma Tuesday, March 12, at 8 p.m., tickets are \$20 in advance and \$22 day of show, Mapache opens.



ALL EARS

KAIMIN COMIC



COOPER MALIN | MONTANA KAIMIN

Weezer reinforces their irrelevance with new album

KAILYN MIDDLEMIST

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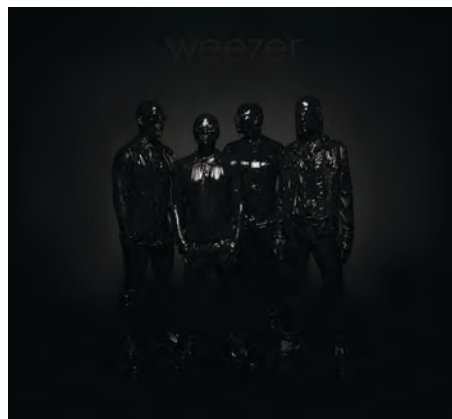
It became obvious in 2018 that Weezer was trying a bit too hard to stay relevant when the band released its cover of Toto's "Africa." Even more so when Weird Al Yankovic joined them on stage to perform with his accordion. Things got worse with the Weezer cover of TLC's "No Scrubs." But we've truly reached rock bottom with the release of its most recent album.

"Weezer (Black Album)" is the group's thirteenth studio album, released just a few months after "Weezer (Teal Album)." The album's tracklist starts with "Don't Knock The Hustle" and devolves from there. For a group of roughly-50-year-old men, it's a little weird hearing songs about getting "high as a kite" and about the much-anticipated death of a "zombie bastard."

Weezer's pop-punk sound has morphed through the years into something between Fallout Boy and Panic! at the Disco, but its lyrical reach has stayed about the same. Rivers Cuomo formed the band in 1992 when he was 22, and it's honestly weird to listen to him sing about the same things in his late forties.

There's nothing wrong with a band continuing to produce music for nearly three decades, and there's certainly nothing wrong with bands who aren't comprised of people in their twenties. But if that band has stayed static throughout almost its entire career, it becomes debatable if it's even worth listening to anymore. Why would you buy the new "Black Album" when you can listen to the original "Blue Album" from 1994 and get a similar sonic experience and maybe even superior lyrical experience?

While the lyrics have started to deteriorate, the sound has become indistinguishable from other pop-punk bands. There's nothing substantial setting Weezer apart from its competitors. The band's shallow engagement with meme culture, by covering "Africa" and "No Scrubs," and releasing an entire album of covers only a month



BAND: Weezer

GENRE: pop punk

SIMILAR ARTISTS: OK Go, Fallout Boy

before the original album dropped only further implicates it in a desperate plea for relevance.

The main themes of "Black Album" seem to be women, getting high and hating your boss. Which means, generally, the theme of this album is pandering. Rivers Cuomo doesn't have a boss! He also shouldn't be saying (rapping?) the lyrics "Don't step to me, bitch."

Songs like "Zombie Bastards" and "Byzantine" are lyrically convoluted to the point of being incomprehensible. In "Too Many Thoughts in My Head," the lyrics "Stay up reading Mary Poppins / Overwhelmed by too many Netflix options" sound like something a 24-year-old college student would tweet.

Despite what the opening track says, Weezer's hustle can, in fact, be knocked. The band's incessant pandering to a demographic of young pot-smokers who have left it behind for better music and the grasping at the straws of recognition takes away any credibility the members had as artists. This downward spiral has been a long time coming for Weezer, but "The Black Album" solidifies it.



Hozier's 'Wasteland, Baby.' doesn't stray too far from his first album

KAILYN MIDDLEMIST

kailynmiddlemist@gmail.com



BAND: Hozier

GENRE: Irish singer/songwriter

SIMILAR ARTISTS: Vance Joy, Florence and the Machine

On Sep. 22, 2017, singer/songwriter replied to a fan's tweet which had admonished him for talking so much about porridge and needing to release new music. Hozier replied, "Holly, my friend. First oats are made then music ok let's cool our jets here."

Well, porridge season seems to finally be over for Hozier. He released his first album in five years, "Wasteland, Baby!" on March 1, much to the delight of all the Tumblr witches out there.

But how does the singer's second studio album stack up next to the his original "Take Me To Church" fame?

About the same. The albums' vibes are almost identical, with no risks taken by Hozier to expand his sound or lyrical reach. Each song fits into one of four categories: Dirt, Bog bodies, Horny (for a person or the wilderness, we aren't

sure) or Religious overtones.

The album features less sad, broken hearted songs than its predecessor (there's nothing similar to "In a Week" on this album), but maintains the same hard-beat patterns as "Work Song" and "It Will Come Back" from "Hozier" in songs like "Nina Cried Power" and "Movement."

The lyrics on "Wasteland, Baby!" are a little more accessible than on "Hozier," and the songs are a little less haunting. But if you did a blind listening test, it's very possible that very few people could detect five years of difference between the first and second albums.

The Corner of Fifth and Orange

"The Corner of Fifth and Orange" is a weekly series aimed at exploring the identity of the beloved Orange Street Food Farm and the shopping habits of its customers. The location and atmosphere of the locally owned market attract a wide range of people, all with the same need but different ways of fulfilling it.



Matt Billings, 27. **In his cart:** Just spinach dip.

MONTANA KAIMIN: So you work here. What do you do?

MATT BILLINGS: I do the freight in the morning, pulling in all the pallets and stuff and the stocking shelves, and cashiering as well.

MK: HOW LONG HAVE YOU BEEN WORKING HERE FOR?

MB: A year and some change, and I've been shopping here for two years now. I didn't know about a job opening here but I had worked in a few grocery stores before and I just really liked the whole vibe of this place and so I decided to drop an

application.

I just got off work, so I just like to grab whatever I'm gonna need for the day when I get off work here.

MK: WHAT'S YOUR FAVORITE ORANGE STREET PURCHASE?

MB: Well this is a mainstay, the Spinach

Dip. My wife really likes this one. And we have a really good beer here called Delirium Tremens. It's imported from Belgium, it's a really strong Belgian ale. It's really really good — really expensive — but really really worth it. I'm even trying to get a case of it ordered, but the cases are like \$94. It's insane.

PHOTO AND INTERVIEW BY SARA DIGGINS

Alert: Mercury is in retrograde

Let's not sugar coat it, gang: this time of year sucks beyond the telling of it. Everything is cold, gray, and rife with traumatic events. Read here to get a heads up on what's in store for you this week. Spoilers: it's a lot.

Capricorn (December 22 - January 19):

You will work very hard on your latest makeup look, but it will not look good. This is because Mercury is in retrograde until the 28th. I am very sorry.

Aquarius (January 20 - February 18):

I see a lion in your future. Either you will make out with a Leo this weekend when you're out dancing, or you will see a lion walking around downtown after you get rejected while you're out dancing. Either way, you're going to have an experience with some sort of lion. Possibly in the street.

Pisces (February 19 - March 20):

It's still your season, but quit letting it go to your head. You're going to go on a date this weekend, probably somewhere nice, so you can't go in your skanky Pisces Season outfit.

Aries (March 21 - April 19):

Cabin fever is hitting you hard in this snowpocalypse, so it's time to get out of the house. And the state. And maybe the country? Start a new life in Tahiti, you know you want to.

Taurus (April 20 - May 20):

We can both agree that it's high-time you leave your infant child on a stranger's doorstep, don't you think? Don't feel too bad about it; Mercury is in retrograde, apparently.

Gemini (May 21 - June 20):

You're getting a lot of lip-kisses this week — look at you go! Remember to focus on the bottom lip and brush your teeth between partners. Also, try to avoid mono.

Cancer (June 21 - July 22):

Avoid lip-kissing Geminis anytime soon. They definitely have mono. Consider taking up a calming hobby to keep your zen. No offense, but we can all tell that you're losing your shit.

Leo (July 23 - August 22):

OK, we get it, you're hot and you know it. Embrace your humble side this week and consider giving back to the community (and no, that doesn't mean flirting with a 4). Pretty much everyone is miserable at this point in the year, so the bar for nice gestures

is low.

Virgo (August 23 - September 22):

An infant child will be left on your doorstep. It is yours now, so do the right thing and raise it with

tender care. You're the compassionate type, you got this.

Libra (September 23 - October 22):

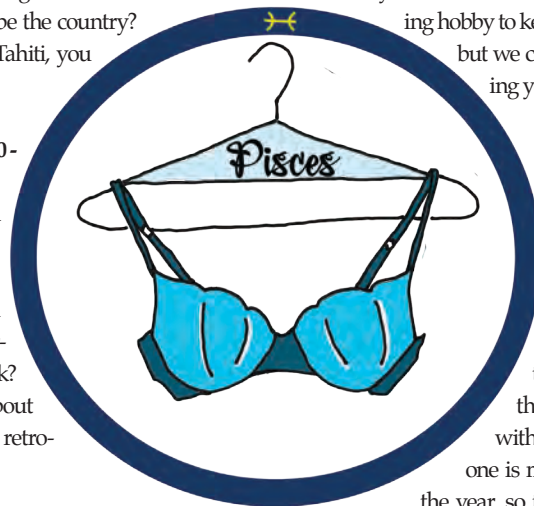
We all know that Libras don't believe in Astrology, so why are you even reading this? Ah well, here goes: you've been having a rough semester and there's only one thing that can fix it. Buy. A. Miniature. Pony. They can be potty-trained, you know.

Scorpio (October 23 - November 21):

We know that you are deadinside.jpg, but we really need you to liven up a bit. Your friendliness is about as present as the sun, which is to say, not at all. You are making your classrooms about ten degrees colder with your icy stares at everyone who walks into the room. Knock it off.

Sagittarius (November 22 - December 21):

I have wonderful news: someone is going to buy you a miniature pony. They can be potty-trained, you know. This won't fix the fact that your life is currently garbage, but it might ease the pain.



A brief history of one of my favorite formats

MATT NEUMAN

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One of my favorite meme formats is the “fantasy painting object labeling” format, and no I didn't make up that name or know that's what it was called before writing this. I found myself wondering out loud the other day about who the original artists are of these fantasy paintings. A friend said she didn't understand the format, so rather than mansplaining it to her right then and there, I decided to take up space in the newspaper to mansplain it to *everybody.*

Here's a little history of the meme format and the paintings thereof.

The original artist of the vast majority of these paintings is the Polish artist Jakub Rozalski, who you can follow on Instagram at @mr_werewolf if you want to make your own fantasy painting meme with the freshest art. The paintings are

part of his series of an alternate universe called “The World of 1920+”, inspired by the Polish-Bolshevik War of 1920 and the Industrial Revolution, in which “automachines,” giant clunky robots reminiscent of WWI tanks, go rogue. The paintings spawned the board game “Scythe” and the video game “Iron Harvest.”

As for the format, the automachine is often labeled as something powerful or unstoppable facing down a tiny human, often labeled as something about to be demolished, but usually valiantly. Occasionally, there is a third object to be labeled. It may be something being wielded by either of the two main characters that will be used to fight the other, or occasionally an offering from one to the other.

The first known use of the format popped up on Facebook, Reddit, Instagram and Tumblr all between late December 2017 and early January 2018. However, the memelord who took the for-



REDDIT U/ARG6531

mat to viral fame is Instagrammer @youngbot-tomtext. While the Instagrammer hasn't made one in a while, over the course of a few months, the page posted 10 or so original memes made in

the format. Many pages now use the format, and my favorites are pretty absurd. If you've got a meme you want analyzed in any way, email the Kaimin at editor@montanakaimin.com.

Undermining the winter blues: Missoula dance guide

EMMA SMITH

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During these cold and dreary winter months, our small mountain city offers an escape. Local bars, clubs and the Downtown Dance Collective have classes and shows every night of the week for when you need to let loose. Here's our expert guide to dancing in Missoula.

DOWNTOWN DANCE COLLECTIVE:

Located on West Main Street, the Downtown Dance Collective (DDC) offers classes in many styles of dance. Drop-in classes do not require registration and run every day of the week except Saturday. The DDC offers hip hop, ballet, yoga, jazz and dance church. Social Dance classes such as swing and tango are six-week sessions and can be taken for school credit. The only downside is these classes do cost \$50 to \$60.

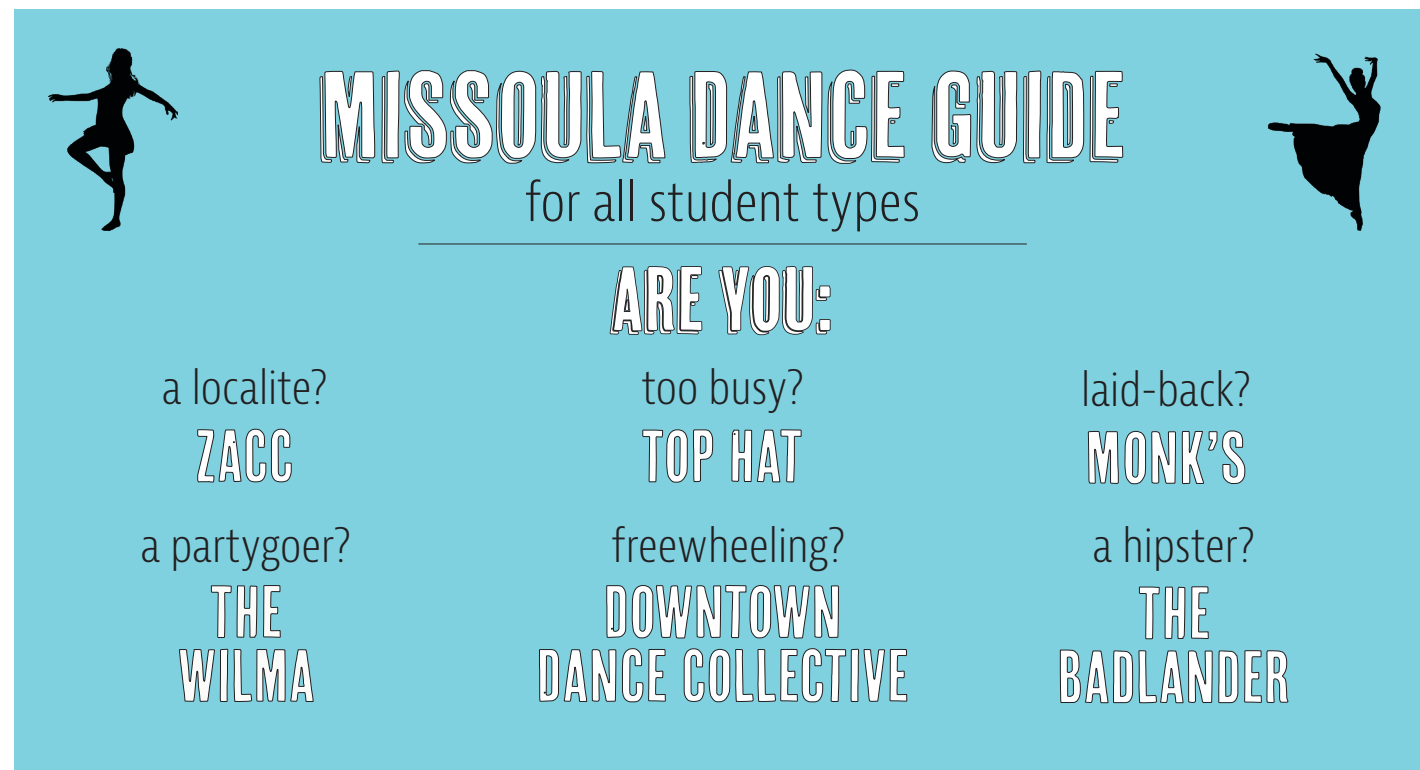
While the DCC is convenient, weekdays can quickly become busy for students. Luckily, there are several bars around town that provide just as much fun and are (mostly) open to people ages 18 and over.

TOP HAT:

The Top Hat on West Front Street has cute twinkly lights and an open atmosphere. There's always food and drinks available for those 21 and over, and on show nights it often opens up to everyone older than 18. Shows at the Top Hat are relaxed, intimate and benefited by plenty of space to dance. During some concerts, performers will walk into the crowd and order drinks.

THE WILMA:

The Wilma on South Higgins Avenue is a totally different experience. There is a mosh pit, a first level and a balcony with



MISSOULA DANCE GUIDE
for all student types

ARE YOU:

a localite? ZACC	too busy? TOP HAT	laid-back? MONK'S
a partygoer? THE WILMA	freewheeling? DOWNTOWN DANCE COLLECTIVE	a hipster? THE BADLANDER

LILY JOHNSON | MONTANA KAIMIN

seating. The mosh pit allows for an insane amount of energy, squeezing people in shoulder-to-shoulder. During intense shows such as Griz or Black Tiger Sex Machine, watch out if you're behind the first row. People can go so hard with the head-banging that they accidentally hit you. Artists crowd surfing is not out of the ordinary and always an unforgettable time. Careful: Water and drinks are overpriced, so take care of that stuff beforehand.

THE BADLANDER:

The only space in Missoula resembling a club, The Badlander sits on Ryman Street. This place has everything: the Dead Hipster dance party (everyone's favorite nightmare 21st birthday spot), an annual KBGA birthday bash, a stage that DJ's get pissy about you standing on and strobing lights! The Badlander doesn't really need stage access to count as a dance spot since the whole

bar is a dance floor. Again, be prepared to sweatily stand shoulder-to-shoulder.

MONKS:

Across the street from The Badlander, a set of stairs leads to Monks. This underground dreamworld includes a small area in front of the stage for gathering and dancing. The tables throughout the bar make Monks a dark horse dance spot contender, but the atmosphere nearly makes up for it. Also, no one goes here, so the service is fast!

THE UNION CLUB:

A few blocks away is a two-for-one dance opportunity at the Union. The Union Club Bar's main level has a large wood paneled dance floor. There is often an old school country band playing on stage and dads from Libby in town for parents' week-

end dancing on it. Upstairs, the Union Club Ballroom is a smaller, sweatier space. Don't let this faze you, this is a great place to hear new music from local bands, and you'll be jamming with the crowd in no time.

THE ZACC:

The Zootown Arts Community Center, commonly called "The ZACC," is on North First Street West (a bit of a walk). Local and regional traveling bands often play in the basement, and the atmosphere is reminiscent of a classic '80s hangout spot. Decked out with couches, lights and a great area in front of the stage to rock out, the ZACC is a hub for a supportive, fun community. Also, shows are often free!

Not only does Missoula offer plenty of opportunities for students to jam out for relatively cheap, but you're sure to meet some new friends while you're dancing.

PROJECT TELEPORTATION

BY MIELLE HUBBARD

Project Teleportation began as a secret. Sam got the idea during her shift at Hollywood Videos, “Big Hero Six” playing to an empty store. As Hiro and Baymax flew into the portal, dodging debris to rescue Callaghan’s daughter, Sam thought about the mechanics of teleportation. It couldn’t be that hard, she thought, not for someone like Sam. She’d been working on cars since she was strong enough to turn a wrench, the mechanics would be easy. As for the theoretical work, Sam always thought that if college wasn’t a scam, she would have gone, and she would have aced it. She just had to read the right books.

The work was slow at first. Sam did research and drew blueprints at the video store, snapping at customers who interrupted her important work to rent a video. Once she was satisfied, she got to work on the actual construction.

Sam kept the pile of gears and wires under a tarp in the corner of the garage, hidden from her roommate. It didn’t stop Lea from peeking, but it just looked like a pile of garbage and scrap. Lea had gotten in trouble in the past for recycling similar piles, so she put the tarp back, never asked about it and eventually forgot that it existed.

After eight months of working, Sam called Lea to the garage for a demonstration. She sat Lea in a folding chair and stood in front of a red curtain that Sam had hung up with twine.

“Lea,” Sam said, hands clasped under her chin. “You may have noticed that I’ve been spending a lot of time these past eight months here,” she gestured around her, “in the garage.”

Lea nodded.

“And you may have some questions about why.”

“I really don’t care,” Lea said.

Sam ignored her and continued her monologue, pacing in the small space between the door and Lea’s Escalade.

“Why would I choose to spend my time in this dark garage, when I could be doing countless other things? Everyone else is enjoying

summer, eating ice cream and basking in the sun. And here I am,” Sam stopped pacing and pressed the back of her hand to her forehead, “wasting away in this dusty, dirty, disgusting garage.”

outlet to plug them in so they shone a warm yellow light.

“Lea!” Sam said, after running back to the platform, “You are the first witness to this, my Project Teleportation!”

Lea, having gone through

fell from the second circle to the ground. Sam picked it up, brushed it off and took a self-satisfied bite.

Lea sat in shock.

“Animals, objects, everything, they all pass through complete.”

“But are they the same—”

“Trust me, my tests have been thorough. They’re the same animal coming out as when they went in.”

“Sam, how did you—”

“Please, Lea, save questions for the end. I have one more demonstration, a moment that I’ve anticipated, dreamed of, been impossibly frustrated by, had nightmares about,” Sam paused for effect. “I am now going to teleport.”

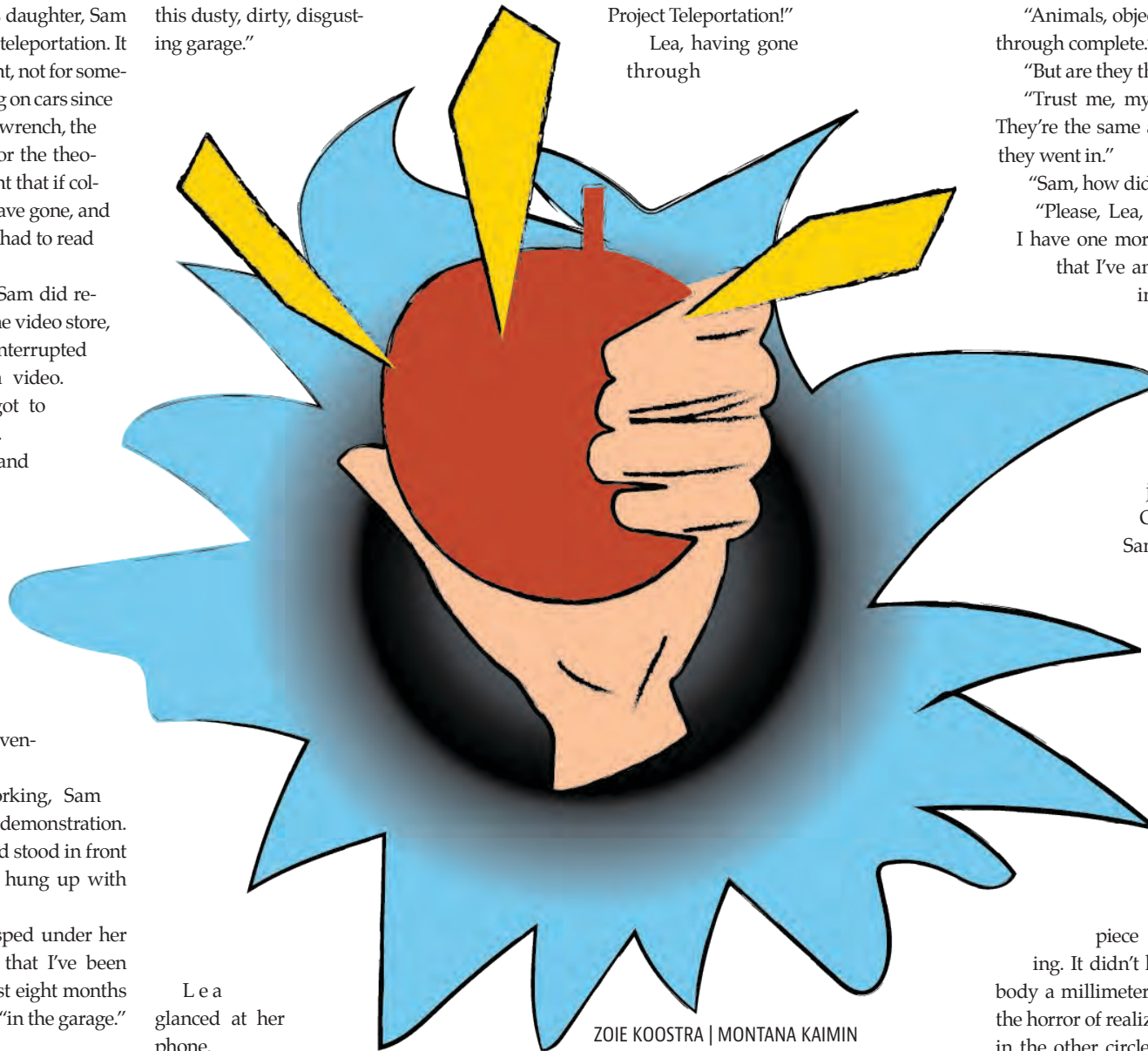
Sam stepped behind the platform and jumped into the circle.

Over the past eight months, Sam thought a lot about what teleportation might feel like. Maybe it was like blacking out and waking up suddenly. Or like falling through space a thousand times faster than a car could go.

But now Sam was in it, and it wasn’t like any of that. She hadn’t guessed that she would feel her body crumbling away piece by piece and disintegrate into nothing. It didn’t hurt, somehow, to lose your body a millimeter at a time, but it didn’t stop the horror of realizing that the body appearing in the other circle was definitely, definitely, not yours. Sam, as she fell into the portal, realized this was her last moment of consciousness and looked at Lea, whose eyes were wide and mouth hung open.

Sam, in nearly every way the same as before, fell from the ceiling, landed on her feet, and raised her arms in a gymnast’s satisfied finale. She bowed as Lea, genuine this time, clapped.

“I will now take questions.”



ZOIE KOOSTRA | MONTANA KAIMIN

Lea glanced at her phone.

“But!” Sam raised a finger in the air. “All of your questions will now be answered.”

Sam whipped the tarp away to reveal a small platform topped with a crudely constructed circle of metal. A similar circle was attached to the ceiling. Christmas lights lined the wall behind the two platforms for effect, and Sam ran to the

enough presentations to know what to do, clapped at the reveal. Sam pulled an apple from her pocket, walked to the platforms and turned them on. The circles glowed blue. She dropped the apple into the first circle.

It happened in an instant. The apple fell from Sam’s outstretched hand and, when it hit the center of the glowing circle, disappeared. It

Hellgate Roller Derby hosts first indigenous skate clinic



TOP: Clinic attendees and trainers skate together in a line as part of the final exercise — weaving in and out of moving people. The clinic was held in the Sovereign Hope Church gym, where the roller derby team usually practices.

BOTTOM: Peggy Castillo laughs after taking a spill while working on knee taps. Castillo fell often, but always got back up and kept going. "I'm definitely out of my element, but that's okay," she said. "I'm trying to find things to do for myself."

Hellgate Roller Derby and the Urban Indian Health Center hosted the first-ever Indigenous Skate Clinic on Saturday, March 2. Members of the Hellgate team helped the six participants learn to skate, showing them all the basics.

Zoe Holmes, Roller Derby trainer and her teammates wasted no time getting the newbies up and moving, first showing them how to sticky skate, moving forward without lifting your feet from the ground, and then moving to more advanced skating techniques, like single and double knee slides. Slides are safe ways to fall or stop moving if needed.

By the end, all six were weaving in and out of moving skaters.

The event was organized by Laura Bird, a Hellgate team member and eligibility specialist at the Urban Indian Health Center. The health center was able to sponsor the clinic with its Special Diabetes Program for Indians Grant.

Bird is Blackfeet, and has been skating since 2013. While introducing herself to the group, she opened up about how much Roller Derby has helped her find a community, maintain sobriety during recovery and find something for herself.

She said she wanted to bring two parts of her life together, the health center and derby, and the idea for the clinic was born.

Bird encouraged the clinic attendees to keep coming back, "Everyone at Derby is different, we all bring our own thing to the table."



PHOTOS BY SARA DIGGINS



Grammy's melt-in-your-mouth fudge

We all have that one comfort food from childhood we crave. For me, it's my grammy's fudge, a little piece of melt-in-your-mouth-heaven that we made together every time I went to visit. Whether you need to satiate your chocolate craving or want a fun baking activity for the afternoon, this recipe has everything you need. All it takes are some simple baking ingredients and patience.

Ingredients:

1/2 cup cocoa powder

2 1/2 cups sugar

1/4 teaspoon table salt

1 cup milk

2 1/2 tablespoon butter

1 teaspoon vanilla

Steps:

First, combine the cocoa powder, sugar, milk and salt in a medium pot. Stir ingredients and leave on medium heat until it boils. While you wait, prep the butter and vanilla and grease a shallow baking pan. Any size works, but the larger the pan, the thinner the fudge. (Pro tip No. 1: use a paper towel to

make smearing butter on your pan easier.)

Once you reach a rolling boil, start stirring and don't stop. To be sure it's thick enough, use the ball test: drizzle a little fudge in a clear glass of lukewarm water, if you can mold it into a ball, like putty, then it's ready. It took me about 20 minutes to get to this point, but it's different every time, so use your judgment.

Next, take the pot off the heat and immediately mix in the butter and vanilla. (Pro tip No. 2: my grammy always told me an extra splash of vanilla makes it sweeter.) Then start whipping it with a fork. The consistency at this point will start to get thick and sludge-y like honey, testing your arm strength. It's ready when the fudge around the edges of the pot starts to harden.

Next, pour your fudge into the greased pan. Use a rubber spatula to spread it evenly across the pan. Let it cool. (Pro Tip No. 3: start soaking your dishes right away, or the fudge will harden and never come off.)

Once it's ready, cut yourself a piece and enjoy the rich chocolatey goodness! Share with friends, or eat it all yourself, no judgement here.

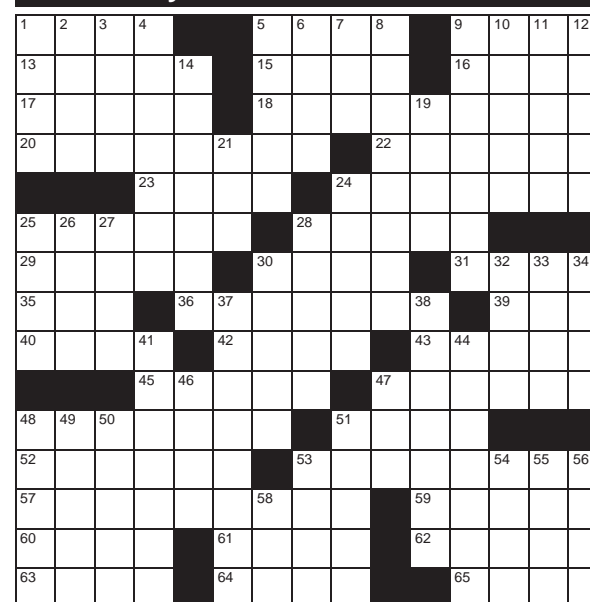
Contributed by Mazana Boerboom

Want us to feature your student-friendly recipe?

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The Weekly Crossword

by Margie E. Burke



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ACROSS

- 1 Ballroom move
- 5 Skirt feature, sometimes
- 9 M, to Einstein
- 13 Study aide
- 15 Garden walkway
- 16 Death notice, briefly
- 17 Addams Family's Fester, e.g.
- 18 Law firm newbie
- 20 Something huge
- 22 Seller of Alaska in 1867
- 23 UPC part
- 24 Foreshadow
- 25 In the direction of
- 28 Big bully
- 29 SNL segments
- 30 Refinery residue
- 31 Back of the neck
- 35 Biblical boat
- 36 Understanding
- 39 Greyhound, e.g.
- 40 Commuter line
- 42 Right on the map?
- 43 Seize illegally
- 45 Abstract style of the '60s
- 47 In a monotonous way
- 48 Merlot, for one
- 51 "___ here long?"
- 52 Embroidered hole
- 53 Success at others' expense
- 57 Anteater's kin
- 59 "The Audacity of Hope" author
- 60 Big cat
- 61 Palindromic term of address

- 62 Xbox enthusiast
 - 63 Repair clothing
 - 64 Nose out
 - 65 Tear apart
- ### DOWN
- 1 Concert memento
 - 2 It can be hard to carry, for some
 - 3 Cut into glass
 - 4 Skunk
 - 5 Sudden gush
 - 6 Whip's blow
 - 7 "___ a deal!"
 - 8 Leaving no stone unturned
 - 9 Wet
 - 10 Put down
 - 11 Peaceful protest
 - 12 Place of another
 - 14 Penitent's emotion
 - 19 Rudely terse
 - 21 Simon's couple
 - 24 Chris of "Jurassic World"
 - 25 Ivan the Terrible, e.g.
 - 26 Creole veggie

- 27 Online prefix with -pedia
- 28 Great time
- 30 Flat replacement
- 32 Go up against
- 33 Knitting stitch
- 34 Perceive
- 37 In the _____ (for now)
- 38 Holiday crackler
- 41 Area prone to flooding
- 44 Marine hazard
- 46 ___ Piper
- 47 Attorney's charge
- 48 Bailiwick
- 49 Eagle's home (var.)
- 50 Exorcist's target
- 51 Ecological community
- 53 Stars and Stripes, e.g.
- 54 British title
- 55 Word said before opening the eyes
- 56 Fabric quantity
- 58 Little fella

Answers to Last Week's Crossword:

B	E	E	C	H	S	W	A	T	A	C	I	D
E	N	V	O	I	P	O	S	H	B	O	D	E
A	N	E	N	T	L	O	S	E	H	A	L	E
R	U	N	T	C	E	D	E	T	O	T	E	R
D	I	S	A	B	L	E	S	P	U	R	T	
		G	O	I	N	G	S	O	N	A	R	K
A	C	T	I	O	N	R	O	T	A	T	I	O
T	A	R	O	C	H	I	R	P	E	L	S	E
O	P	E	N	S	H	O	P	L	E	S	S	E
P	E	A	T	E	L	E	C	A	S	T		
		S	T	O	R	Y	U	N	E	A	R	T
S	L	U	R	P	W	A	R	T	M	E	R	E
H	A	R	E	P	E	R	T	P	E	C	A	N
O	M	E	N	R	E	E	L	A	N	T	I	C
W	A	R	D	O	K	A	Y	S	T	O	L	E



Don't let an app deliver your empanadas

RAVEN MCMURRY

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WHY YOU'RE EATING

It's a snowy day, and I can get warm empanadas delivered to me through GrubHub. There is nothing to stop me from downing five of them all by myself. It's been a long time since an empanada has been on my mind and my plate.

WHERE YOU'RE EATING

It wasn't safe to drive even down the street so eating at home was the best option. The Empanada Joint is on East Main Street right by Smooch Cosmetics Boutique. It's a tiny place, but once you talk to the staff the room feels bigger. Brightly colored tile and the customer service makes it feel like a true Missoula joint.

WHAT YOU'RE EATING

Empanadas are like Spanish pasties. They are fried or baked little pockets with a filling, so basically a bread pocket. The empanada fillings I tried were pork sausage, spinach, chicken and corn. I also ordered the fruit empanada to taste if the sweetness came through the bread casing, and it did.

HOW IT TASTES

The pork sausage empanada was the best of

the bunch. It had a mix of peppers, garlic and onions inside boosting the flavor. The chicken one is classic, but nothing too crazy for the tastebuds. The vegetarian empanadas were okay but nothing special. I was worried about the fruit empanada, and it would have been delicious if the bread wasn't soggy. Sogginess was a problem with all of the empanadas, actually.

However, it's not the The Empanada Joint's fault. My order from GrubHub waited there for an hour because no driver was selected to pick my order up. But, in kind Missoula fashion, an employee closed up the shop and drove through the snow to deliver my order. After a laugh, and a hefty tip, I finally got my empanadas. By the time they had made it into my home, these pasties had lost their appeal, earning a solid "meh" from me.

ALL-IN-ALL

I'm ordering from The Empanada Joint again, but I'll learn from my mistakes. Recommendations: Make sure you walk into the restaurant yourself. After you get there, get a couple of the empanadas. They cost \$3.50, unless you get the gluten free one which adds two dollars. Overall, The Empanada Joint can be really good, if eaten right after baked and enjoyed in the company of a friend at the actual restaurant.



Time to get sleepy

KAILYN MIDDLEMIST

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WHAT WE'RE DRINKING

Good ol' Celestial Seasonings Sleepy Time Tea. The tea comes in a variety of flavors, all "handpicked" by what the box calls "a blend master." Prefer a lavender taste? They've got you covered. If honey is your thing, there's a box of that, too. Celestial Seasonings also provides options with EXTRA STRENGTH for the more insomnia-ridden of us.

WHERE WE'RE DRINKING

Our beds, probably. Or the couch. Anywhere relaxing, maybe with a throw blanket. For maximum results, turn your screens off and grab a book or a journal. This is a basic self-care exercise, and it's time to get sleepy.

WHY WE'RE DRINKING

The tea itself is tasty, but can be overpowering in its flavor. The teas are infused with valerian root to help you sleep and are blended masterfully to give off that, "Wow, you should be sleepy now" steam. It's all-around very comfortable to drink. We all have nights where we lie awake for hours haunted by embarrassing memories. Sleepy Time tea is here for you on those nights.



FINAL THOUGHTS

Celestial Seasonings Sleepy Time tea won't cure your insomnia — even the extra strength edition. But there's a good chance it'll get you relaxed and ready for bed. It's a great, albeit slightly less effective, alternative to melatonin supplements and is 100 percent tastier. The romanticization of staying up all night in college is harmful and lame, so grab some Sleepy Time tea and read a book in the comfort of your own bed.

SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

	6					5	
		7	9		2	4	8
2			8				
	4			6		3	
	2		1		7		
		6		4			
	5			8			
			7				5
6	1	3				2	

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HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answers to Last Week's Sudoku:

8	2	9	7	5	3	6	4	1
3	7	5	1	4	6	8	2	9
4	1	6	2	8	9	7	3	5
5	8	1	3	9	2	4	6	7
9	3	7	6	1	4	5	8	2
6	4	2	5	7	8	1	9	3
1	6	8	9	3	5	2	7	4
2	5	3	4	6	7	9	1	8
7	9	4	8	2	1	3	5	6

Off the court: talking style with Sophia Stiles

EMMA SMITH

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When 20-year-old Sophia Stiles isn't playing for the Lady Griz, she can be spotted on the bench in fun, flashy outfits. The sophomore from Malta, Montana, studies psychology but has a passion for fashion. We decided to talk with her about some of her off-court moves.

MONTANA KAIMIN: WHAT WOULD YOU SAY INSPIRES YOUR STYLE?

Sophia Stiles: I'm pretty fashion forward. I like to try and find items that I think are cute that aren't necessarily super trendy.

MK: HOW WOULD YOU DESCRIBE YOUR STYLE?

SS: If you see me on campus, it consists of sweatpants and sweatshirts. But, if you see me on a day that I don't have morning practice and I felt like, you know, getting dressed, I would say I decide what vibe I'm feeling the day. Lately, I feel like I've been getting Spice Girl vibes.

MK: WHERE ARE YOUR FAVORITE PLACES TO SHOP?

SS: Forever 21 is definitely my favorite store. I do a lot of online shopping in Malta. We have one clothing store in the entire town.

MK: WHAT DO YOU STUDY? IS IT FASHION-RELATED?

SS: I'm actually a psychology major. But, I was just telling my roommate, "I just need to learn how to start sewing and tailoring my own clothes, so I can just buy things from the Goodwill and turn them into whatever I want." That would be pretty chill. I love Project Runway.

MK: HOW DOES YOUR PASSION FOR BASKETBALL COMBINE WITH YOUR PASSION FOR FASHION?



PHOTO | DANIEL DUENSING

SS: You got to look good to feel good to play good.

MK: WHERE DO YOU THINK YOUR PASSION FOR CLOTHES COMES FROM?

SS: You can express yourself. It makes you feel good.

MK: DO YOU HAVE ANY FINAL WORDS ABOUT STYLE OR CLOTHES?

SS: I just saw this sign in Goodwill. I almost bought it, I really liked what it said. "Fashion changes but style is forever." That's totally true.



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Redshirt senior forward Jace Henderson walks away from the hoop after a layup during the loss of the Griz-Cat rivalry game in Dahlberg Arena on Feb. 23. HUNTER WIGGINS | MONTANA KAIMIN

Henderson's next step may be playing the sideline

HENRY CHISHOLM

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In an early morning practice, a few hours before the Lady Griz loaded up on a plane to try to end a 2-7 slide at Southern Utah, head coach Shannon Schweyen was upset. Her defense wasn't communicating, and it was getting burned because of it.

"I don't know why I can only hear Jace every time," she said. "I need to hear you. SWITCH!"

Jace Henderson is Montana's lone senior, and she doesn't have trouble speaking. While most seniors need to learn how to be more vocal leaders, sometimes Henderson has to work to tone it down so her teammates have a chance to learn how to lead the team.

"In a couple of months I'm not going to be there anymore, and I hope they still have that

piece," Henderson said.

But even after she graduates with a communications major in May, Henderson may stick around — possibly as a graduate assistant — if Schweyen has her way.

"We're going to work hard to try to create a position here at Montana because I'd love to have her here," Schweyen said. "She'd be a great asset for our program, so we're going to work hard to try to make that happen."

Henderson was the two-time reigning Montana Volleyball Player of the Year at Billings Senior High School before spending her first year at Montana on the volleyball team. But after her freshman season, she switched to basketball.

"I loved the legacy that came with Montana basketball," Henderson said. "It was so cool to see the success that had come from the program. I wanted to learn how to coach, and who better to learn from than Robin Selvig?"

She only spent one year with Selvig — the former Lady Griz coach who ranks 10th in all-time NCAA women's basketball wins with 865 over 38 seasons — but when he retired, Schweyen took over.

"(Henderson's) a multi-sport athlete who's been around a lot of different coaches and programs," Schweyen said. "I think she's a kid who takes pride in soaking in all the knowledge around her, and the different viewpoints and different teaching styles of people."

One of those coaches Henderson has been keeping around is her father, Brian Henderson, who was the head women's basketball coach at Rocky Mountain College in Billings from 2001-14. She believes he changed the way she plays the game.

"It's called the 'Henderson Curse,'" she said.

Her dad was a point guard, and her sister, who played at Rocky, was also a passer. Moving the ball runs in the family.

That makes it less surprising that, with two weekends left in the season, Henderson is tied for the team-lead in assists as a 6-foot-tall forward.

Her ability to distribute the ball from down low or in the high post gives her game an old-school feel. She isn't a shooter, but her footwork and touch in the paint make her dominant at times. With another half-rebound per game, she'd be the only player in the Big Sky Confer-

ence averaging a double-double in league play.

Her shorts tucked into her compression shorts — she doesn't like the feeling when they bounce against her knees — add to the old-school aesthetic.

Her dad offers more than just another pair of refined eyes for film study and the curse of innate passing senses. After 13 years in the college coaching ranks, he has connections that could lead to a coaching opportunity for his daughter.

"Hopefully I'll get an in someday," she said. "Then hopefully I can go from there."

Whatever happens, Henderson said she'll remain part of the Lady Griz family, which drew her away from volleyball four years ago.

"This community, it's just special," she said.

During the Lady Griz' Valentine's Day win over Weber State at Dahlberg Arena, an elementary school girl sat in the first row behind the courtside seats, across the court from the Montana bench.

She'd pasted multi-colored construction paper letters onto a white poster board, spelling out, "Jace! #24 will you be my Valentine?" A black-and-white printer paper cutout of Henderson's head was stuck to the top-left corner.

"I'm definitely going to go say 'yes,'" Henderson said after the game. "It's just so special. Those little girls coming to our games that look up to us, shows just how important our role is."

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HENRY CHISHOLM AND LJ DAWSON

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GRIZ

The Griz started this season with expectations to repeat a Big Sky Championship. It seemed a million years away, but two quick games stand between the players and the tournament.

Senior forward Jamar Akoh is out indefinitely due to a knee injury after recovering from a wrist injury early this season. He has been on the sidelines at practices this week.

Without Akoh in the tournament, the Griz would likely run a spread-out, guard-heavy offense. This often forces other teams' post players to come out of the paint to guard the perimeter.

When the team falls into a rhythm, its offensive is hard to shut down with consistent shooting from the starters and a deep bench to pull from.

Junior Sayeed Pridgett, who won Big Sky Player of the Week two times in a row in February, continues to elevate to his game. He has been making up for much of Akoh's absence in the paint, setting his own tone with patient ball fakes and easy jumpers. His post play could tank or elevate the Griz.

For Montana, falling into an offensive rhythm often depends on the defensive effort the team invests early in games. The defense has landed the team in trouble this year when key players find themselves in foul trouble.

The Griz would be helped by improving free throw percentages and consistently netting free points.

Michael Oguine and Ahmaad Rorie will play in the final games of their college career during the tournament, unless a repeat championship gives the Griz an NCAA tournament berth. Both guards often rise to new levels when the stakes are high.

Timmy Falls and Mack Anderson will



Spectators in Dahlberg Arena watch as The Griz dominate the first half of their 100-59 victory over the University of Idaho on Feb. 7.

SARA DIGGINS | MONTANA KAIMIN

likely play during the tournament. Anderson, forced to play due to injuries to other Griz big men, has become steadier on his feet, but the freshman gets pushed around under the basket.

Falls can spark the team out of slumps and make flashy passes, but he'll need to be a steady hand at backup point guard for the bench unit to find success.

Senior forward Donaven Dorsey has been stepping up in huge ways the past month. His 3-point shooting could push the team's offense.

Head coach Travis DeCuire wants to see the team focus on offensive patience before the tournament and sustain its defense.

"We are just going to play the best basketball we can play and try to keep in rhythm," DeCuire said.

LADY GRIZ

It's been an up-and-down season for the Lady Griz, but none of that will matter once the Big Sky Tournament starts next week.

"We can play with anybody. I believe that wholeheartedly," senior forward Jace Henderson said. "Our conference is great throughout, so it's just a matter of bringing your game every single day."

Montana's signature win was an 82-79 nail-biter over University of Idaho, which currently sits first in the Big Sky standings. But since the mid-January win, the Lady Griz have only won three of 10 games.

Montana lost four guards to season-ending injuries, forcing its starters to play long minutes night after night. Players and coaches bring up "tired mistakes" often.

This could become a problem come tournament time, since the team will finish the season with games on Thursday and Saturday, before opening the tournament on Monday. The team will play again as long as it keeps winning on Wednesday, Thursday and Friday. If the team make the championship game, it will be its sixth game in eight days.

Even though Montana can't earn a first-round bye, head coach Shannon Schweyen

said she's more interested in building momentum with a pair of wins in the team's final two games than resting her players for the tournament. She noted that the bench is so thin, there aren't many options to put younger girls on the court anyway.

"We certainly would be looking at getting some of those other freshmen a little more time, but we're still going to go into those games and try to win them," Schweyen said.

For the women to make a run at a conference title, they'll need to pick up their deep shooting numbers. The team ranks second-to-last in the conference in 3-point shooting percentage. Sophomores Gabi Harrington and Sammy Fatkin are both shooting 35 percent from behind the arc, the best on the team.

Montana has won eight of 12 games at home, but only three of 13 on the road. How the team will adjust to the unfamiliar environment of CenturyLink Arena in Boise, Idaho, is still in question.

The Big Sky Conference Tournament begins March 11.

Senior night performances give Griz the win over Southern Utah



TOP LEFT: Senior guard Michael Oguine drives for a layup past Thunderbirds defense early in the second half.
TOP RIGHT: Senior guard Donaven Dorsey grabs the ball out of the air during the first half.
BOTTOM LEFT: Senior guard Ahmaad Rorie wipes his face during a timeout.

The University of Montana Griz basketball team defeated the Southern Utah Thunderbirds 70-54 in Dahlberg Arena on March 2, 2019. The evening was Senior Night, in celebration of several team members who are graduating.

The first half of the game was tense. Thunderbirds sophomore guard Dre Marin danced with Griz red-shirt senior guard Ahmaad Rorie, showcasing impressive dribbling and handling skills. The two teams traded field goals and threes. Referees called several fouls on the Griz that made fans and the bench angry, leading to several free-throw attempts for the Thunderbirds. The Griz led the Thunderbirds by a single point (29-28) when the teams went into the locker room after the first half.

Right into the second half, the Griz wasted no time in scoring a handful of points with aggressive offensive strategies. The team outscored the Thunderbirds drastically, scoring 41 points to the Thunderbirds' 26.

Before the game, the University of Montana honored four seniors who will finish their final season this year: guard Ahmaad Rorie, forward Jamar Akoh, guard Michael Oguine, and guard Bobby Moorehead.

The Griz have a half-game lead over the Northern Colorado Bears, placing them at the top of the conference with three games left to play.

PHOTOS BY HUNTER WIGGINS