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Spring 2-1-2018

### PSYX 100S.04: Introduction to Psychology

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## **PSYX 100S-04: Introduction to Psychology**

**Spring 2018**

### **Course Location and Time**

Education Building 312

Tuesdays 5:30-8:20pm

### **Instructor Information**

Instructor: Morgan Bowlen

Email: Morgan.Bowlen@umontana.edu

Office: Skaggs Building 053

Office Hours: Mondays 9:30-11:30am, Wednesdays 11:30-12:30pm, and by appointment

### **Course Description**

Psychology is the science of human and animal behavior and mental processes. You will learn to understand the nature, structure, and historical development of human organizations and/or relationships in multiple ways. In this course, you will be taught the role of historical events in shaping human organizations, including how these events shaped our own field. From multiple angles (behavioral, physiological, social, cognitive), you will be taught how the human mind – the basic building block of all human organizations and relationships – functions. And you will be taught this through the eyes of multiple psychological theories, ranging from behavioral, physiological, social, and cognitive approaches. Further, by being exposed to actual research results throughout the term, and discussing the meaning of those results, I want you to learn how to interpret and think about these data.

As a survey course, Introduction to Psychology provides an overview of the methods, terms, theories, and findings in the field. By understanding principles of psychology, you will learn more about yourself, others, non-human animals, and relationships. The course primarily employs a lecture format, although your comments, questions, and discussions are strongly encouraged. Throughout the semester, visiting guest lecturers and/or films may be present in class as well.

### **Required Text**

Weiten's Psychology: Themes and Variations, 10<sup>th</sup> Ed.

### **Optional Material**

PsykJTrek CD-ROM and/or Themes and Variations Study Guide

## Course Guidelines and Policies

### Academic Misconduct

Academic misconduct is taken seriously and is unacceptable. Please review the UM [Student Conduct Code](http://www.umt.edu/vpsa/policies/student_conduct.php) ([http://www.umt.edu/vpsa/policies/student\\_conduct.php](http://www.umt.edu/vpsa/policies/student_conduct.php)). “The Student Conduct Code at the University of Montana embodies and promotes honesty, integrity, accountability, rights, and responsibilities associated with constructive citizenship in our academic community.” **This code and procedures apply to this course.** All work for this class must reflect your own work. As specified in the Student Conduct Code, academic misconduct includes, but is not limited to:

- *Plagiarism*: representing someone else’s work (words, ideas, data, materials) as your own.
- *Misconduct during an examination or academic exercise*: Copying from another student’s paper/exam, giving information to another student, consulting unauthorized materials.
- *Submitting false information*: Knowingly submitting false, altered, or invented information, data, quotations, citations, or documentation in connection with an

Academic misconduct will result in a zero for that exam or assignment and the incident will be reported to the Dean of Students and the Dean of the College of Humanities and Sciences to be dealt with in accordance with UM Student Conduct Code. *It is your responsibility to know the Student Conduct Code.*

### Incompletes

Departmental and university policies regarding incompletes do not allow changing “incomplete” grades after one year has passed since the “I” was granted. Consistent with university policy, if you do not resolve your “incomplete” within one year, your grade will revert to one letter grade lower than what you would have received otherwise. **Be aware** that if you earn an “incomplete” in any course at UM, an “I” remains on your record permanently, even if you eventually complete the work.

### Disability Modifications

The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and [Disability Services for Students](#). If you think you have a disability adversely affecting your academic performance, and you have not already registered with Disability Services, please contact Disability Services in Lommasson Center 154 or call 406-243-2243. I will work with you and Disability Services to provide an appropriate modification.

**Announcements**

Students are responsible for any announcements made in class. These may include changes in policy, due dates, or assignment requirements.

**Email Communication**

I will be communicating with students using students' umontana email addresses. It is the students' responsibility to regularly check email at this address.

**"People First" Language**

Students are expected to use appropriate, "people first" language in class discussions and written work. People with disabilities are just that: people who happen to have physical, sensory, behavioral or intellectual disabilities. Please avoid phrases like "the handicapped," "autistic kids," "severely retarded," or other statements that highlight the disability rather than the individual. Instead, speak and write in a way that puts "people first." For example, "the student with a severe disability," or "the program for students with behavior disorders." This small change emphasizes the humanity and individuality of the person and clarifies that the disability is only one of many characteristics (and not necessarily the most important!) that people can possess.

**Attendance**

While attendance in lectures is not required, you are strongly encouraged to attend class. Discussions and activities that are conducted during lecture are a way to enhance your understanding of the material, and as such, topics and concepts related to these activities are eligible to be included in exams. *If you miss a lecture* you are responsible for obtaining missed notes and important announcements from another student.

**Course Grading**

Your final grade for the course will consist of a total of 10 in-class activities and your 3 (out of 4) best exam scores. You may take all 4 exams, but your grade will be calculated from your 3 best exam scores (allowing you to drop your lowest exam score). To receive full credit for in-class activities you will need to complete 10 in-class assignments that are valued at 2 points each.

So, of the 10 in-class activities offered, you must be present for, and complete, 10 to receive full in-class assignment credit. In-class assignments *are not* announced ahead of time and thus you benefit from attending class regularly. Please note that in order to receive credit and a grade for this course you must complete 8 research credits through SONA (see page 6 for details). Grades will be posted on the course Moodle webpage.

Exam 1: 50 points possible

Exam 2: 50 points possible

Exam 3: 50 points possible

Exam 4: 50 points possible

The highest three exam scores: 150 points possible

In-class assignments (10x2): 20 points possible

Research Credits (8): Required for a Grade

**Total Points: 170 points possible**

Your final grade is based on the percentage of the total possible points that you earn. Because we do not curve grades, every student has the opportunity to earn an A in this course.

Alternatively, every student can fail this course if they fail to meet criteria.

Final Grade	Percentage
A	90-100%
B	80-89%
C	70-79%
D	60-69%
F	<60%

### **Special Dispensation**

The scheduled assignments/exams and the grading system in this course apply to all students equally. Sometimes a student will ask for special dispensation (e.g., changing a due date or test date) or an additional opportunity to earn more points (e.g. re-take a test or do other extra credit assignments). My answer will always be “No” because I do not make concessions or provide opportunities for some students that are not also provided to all other students in the course.

### **Course Structure**

This course is designed to help you learn a large amount of material at a manageable pace. To achieve this goal, the semester is broken up into 4 chapter cycles. At the end of each cycle you will have an exam on those 3 to 4 chapters. The benefit of this system is that you will not have to take a cumulative midterm and a final at the end of the semester. Instead you will be able to focus just on the chapters of that cycle for each exam. I hope this will alleviate some stress for you as well as allow you to explore the material more.

In addition to exams, you will complete in-class activities that will comprise the rest of your grade. These activities will range from quizzes and group discussions to critical analyses of psychological theories. You will therefore need to bring paper to class for these assignments.

## Exams

You are required to take ALL 4 EXAMS. Exams 1-3 will be administered during your regular class time in your regular lecture room. Exam 4 will be on May 8<sup>th</sup> from 5:30pm-7:30pm in your regular class, Education Building 312.

For all exams you will need to bring a #2 pencil and an NCS Test Sheet 50/50, form No. 95142. You can purchase this BLUE Scantron form in the UC for 15 cents. Please note that no student will be allowed to start any of the exams once another student has completed that exam and left the room.

- Plan to be on time for exams.
- **Exam 4: Tuesday, May 8<sup>th</sup> (5:30pm-7:30pm; Education Building 312)**

### Since only 3 exams count towards my grade, can I just take 3 of the 4?

No. If you do not take all 4 exams you will not be eligible for the 3 best grade policy and will receive a 0 on an exam. **YOU MUST TAKE ALL 4 EXAMS.**

### What can I expect on the exams?

Lectures will follow the chapters in the book but may contain extra material. Exams will include material covered in lecture and in the text. In general, you can expect exams to come 75% from in-class material and 25% from the textbook. **Note: Please remember to turn in all exam copies after you complete an exam. If you fail to return your copy of the exams, you will forfeit the exam points, in addition to facing other penalties!**

### Make-Up Policy

To make up a missed exam, you must meet the following criteria:

1. Notify me **before** the time of the exam and bring proper documentation.
2. You must have legitimate documentation verifying the reason for your absence.

Examples of documented circumstances that may merit approval include the following:

- Illness or accident
- Death or family emergency
- University-sanctioned activity

Remember, prior notification and documentation are mandatory!

### Final Exam Hardship

Students may seek relief from writing more than two final examinations during the same day. Students scheduled for more than two final examinations on one day may contact the instructor to request/arrange for an alternate testing time during the final examination week. If satisfactory arrangements cannot be made, the student should seek the assistance of his or her dean.

## Research Experience

Psychology is a science built on systematic research of both human and non-human animals. A critical aspect of this course is becoming familiar with how that information is obtained. There are two ways to meet this course requirement and they may be combined in any manner to meet the 8-credit research experience requirement.

The research experience portion of this class is not graded, but it is required for a grade in the course. You may choose either or both of these options (e.g. 4 credits of research participation with 4 credits for reading about research for 8 total credits), but this requirement must be met by the end of the semester.

1. Participation in original research. In this option, you will sign up to participate in actual psychology experiments. Individual experiments may range from 1 to 8 credits. Typically, each credit takes about 30 minutes. Signing up for studies occurs via an online sign-up system. **To sign up, you will need to create an account online. When doing so, please be sure you enter the right course section number, or else you may not be properly credited.** Signing up and checking studies is easy: Department of Psychology's [SONA Research Participation](http://hs.umd.edu/psychology/undergraduates/sona.php) page. URL: <http://hs.umd.edu/psychology/undergraduates/sona.php>

Each experiment has a different name. Once you have participated in a specific experiment, you may not sign up for any other experiment with the same name. If you do, you will only receive credit for the first experiment. Some psychological research projects require participants who possess special characteristics. You may have the opportunity to participate in an in-class screening/testing day to be eligible for those experiments. The results of the assessments are confidential, and participation in the screening/testing day is optional.

Your credit will be tracked via the online system – you will be awarded credit for participation within 72 hours of participating by the researcher who was in charge of the study. If you check your credit and it has not been awarded in a timely fashion, **contact the experimenter listed as the contact on the study** to resolve this conflict.

At the end of the term, your instructor will automatically get your credits from the online system. Note that if you participate in screening day (described below), you will only need to get 6 credits via the SONA system (screening day credits are tracked separately).

2. Writing a reaction paper about original research. In this option, you will find, read, and briefly summarize an original 1-2 page article. Each summary is worth 2 research credits. A separate handout of instructions is available on the course Moodle. To get credit, you need to turn the assignment in to your instructor, who will review it and assign credit. (Note: This does not happen on the online system, which is only used for option 1).

### What happens if I don't finish the research experience requirement?

Students who do not complete their research experience credits will receive an **incomplete** for the class. Students with incompletes will be allowed to finish their research experience requirement only through the reading about research option (option 2). Consistent with university policy, if you do not resolve your incomplete within one year, your grade will revert to one letter grade lower than what you would have received otherwise. **Be aware** that if you earn an "incomplete" in any course at UM, an "I" remains on your record permanently, even if you eventually complete the work.

### Screening/Testing Day

Screening/Testing day is designated to provide you an opportunity to earn research credit (2 credits) and to provide researchers an opportunity to screen Psychology 100 students for other studies later in the semester or hand out short questionnaires. Screening/Testing day is in place of lecture for that day only and **is not always in your normal lecture room; therefore (if you wish to attend screening/testing day) you will need to attend class in order to hear the announcement about its exact location. You are NOT required to attend screening/testing day.** If you do not attend, you will not receive the 2 credit points, but no penalty will be assessed. If you do attend Screening/Testing Day you must go to the correct section and time to get your points. Screening day credits are awarded separately from the SONA system and will be incorporated by your instructor automatically if you attend.

### Course Schedule

Week	Date	Chapters Covered*	Notes
Week 1	Tuesday (T) – January 23	1/Syllabus	<i>Welcome!</i>
Week 2	T – January 30	2/3	
Week 3	T – February 6	<b>No Class (Screening Day)</b>	<i>Screening Day</i> – Education Building 312 @ 5:30pm
Week 4	T – February 13	3/Review	
Week 5	T – February 20	<b>EXAM</b>	<i>EXAM 1</i> – chapters 1, 2, 3 Bring Scantron & pencil
Week 6	T – February 27	4/5	
Week 7	T – March 6	6/Review	
Week 8	T – March 13	<b>EXAM</b>	<i>EXAM 2</i> – chapters 4, 5, 6 Bring Scantron & pencil
Week 9	T – March 20	7/9	
Week 10	T – March 27	<b>No Class</b>	<i>SPRING BREAK</i>
Week 11	T – April 3	10/11	
Week 12	T – April 10	12/Review	
Week 13	T – April 17	<b>EXAM</b>	<i>EXAM 3</i> – chapters 7, 9, 10, 11 Bring Scantron & pencil



Week	Date	Chapters Covered*	Notes
Week 14	T – April 24	13/14	
Week 15	T – May 1	15/Review	
FINAL	T – May 8	<b>FINAL EXAM DAY</b> <b>*5:30pm-7:30pm*</b>	<i>EXAM 4</i> – chapters 12, 13, 14, & 15 Bring Scantron & Pencil

\*Homework for this class includes the outside reading in the textbook that corresponds to the chapters we are covering in class (for example, if we are covering chapter 3 in class, you should also be reading chapter 3 outside of class).

**Disclaimer:**

Morgan Bowlen reserves the right to make changes in (a) the course schedule, (b) course requirements, (c) the course grading procedures, and/or any other aspects of the course at any time. Any alterations will be circumspect and will be made in the best interests of the students, the course, and the instructor.