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## AHAT 422.01: Assessment of the Thorax and Medical Conditions in the Athlete Laboratory

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## AHAT 422 – Assessment of the Thorax and Medical Conditions in the Athlete Laboratory

**INSTRUCTOR:** Dr. Cara Fritz, MD  
**CAMPUS:** The University of Montana-Missoula  
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**EMAIL:** carla.fritz@umontana.edu

**SEMESTER:** Fall 2013  
**OFFICE:** CHC  
**CREDIT HRS:** 1

**CLASS MEETS:** Tuesday 6 -8 pm

**REQUIRED TEXT:** Cuppett M., & Walsh, KM. *General Medical Conditions in the Athlete 2<sup>nd</sup> ed. 2011.* Elsevier/Mosby.,

**SUPPLEMENTALTEXT:** Prentice,WE. *Arnheim's Principles of Athletic Training: A Competency-Based Approach.* 15 ed.: McGraw Hill.

**ONLINE RESOURCES:** <https://moodle.umt.edu>

**PREREQUISITE:**       **COREQUISITE**

**COURSE DESCRIPTION:** Offered autumn. Coreq., AHAT 421. Laboratory sessions to develop recognition and assessment techniques of thorax, abdomen and general medical conditions in sports.

**OBJECTIVES:** The student should be able to:

AC-31	Assist the patient in the use of a nebulizer treatment for an asthmatic attack.
AC-33	Instruct a patient in the use of a meter-dosed inhaler in the presence of asthma-related bronchospasm.
AC-35	Demonstrate the use of an auto-injectable epinephrine in the management of allergic anaphylaxis. Decide when auto-injectable epinephrine use is warranted based on a patient's condition.
CE-20g	respiratory assessments (auscultation, percussion, respirations, ... peak-flow)
CE-20h	circulatory assessments (pulse, blood pressure, auscultation)
CE-20i	abdominal assessments (percussion, palpation, auscultation)
CE-20j	other clinical assessments (otoscope, urinalysis, glucometer, ... temperature, ophthalmoscope)
CE-21i	Cardiovascular function (including differentiation between normal and abnormal heart sounds, blood pressure, and heart rate)
CE-21j	Pulmonary function (including differentiation between normal breath sounds, percussion sounds, number and characteristics of respirations, peak expiratory flow)
CE-21k	Gastrointestinal function (including differentiation between normal and abnormal bowel sounds)
CE-21l	Genitourinary function (urinalysis)
CE-21m	Ocular function (vision, ophthalmoscope)
CE-21n	Function of the ear, nose, and throat (including otoscopic evaluation)
CE-21o	Dermatological assessment
CE-21p	Other assessments (glucometer, temperature)
PHP-15	Use a glucometer to monitor blood glucose levels, determine participation status, and make referral decisions.

PHP-16	Use a peak-flow meter to monitor a patient's asthma symptoms, determine participation status, and make referral decisions.
PS-16	Formulate a referral for an individual with a suspected mental health or substance abuse problem.
TI-28	Properly assist and/or instruct the patient in the proper use, cleaning, and storage of drugs commonly delivered by metered dose inhalers, nebulizers, insulin pumps, or other parenteral routes as prescribed by the physician.

**EVALUATION OF STUDENT OUTCOMES:**

1. **EXAMS** – Students will complete 2 practical exams throughout the semester.
2. **QUIZZES**- In-class quizzes & assignments
3. **PARTICIPATION** – All students are expected to complete assignments before attending class. Active participation in class presentations/discussions is expected.

**GRADING SYSTEM:**

**Scale:** (percentage of total points)

A = 93.50 – 100.00	A- = 90.00 – 93.49	
B+ = 87.50 – 89.99	B = 83.50 – 87.49	B- = 80.00 – 83.49
C+ = 77.50 – 79.99	C = 73.50 – 77.49	C- = 70.00 – 73.49
D = 65.00 – 69.99	F = < 65 %	

**POINT BREAKDOWN:**

2 PRACTICAL EXAMS	70% (35% each)
QUIZZES/ASSIGNMENTS	10%
CLASS PARTICIPATION	20%
<b>TOTAL</b>	<b>100%</b>

**Attendance:**

Attendance is **mandatory**. Prior arrangements should be made with the instructor for excused absences to make up work. Class work may not be made up unless prior arrangements have been made.

**American w/Disabilities Act (ADA):** *The University of Montana upholds the ADA by providing reasonable accommodations to individuals with disabilities. If any student requires reasonable accommodations to adequately perform the duties of the class, please see the instructor as soon as possible so that a plan can be made for specific modifications.*

**Student Conduct Code:** *All students must practice academic honesty. Academic misconduct is subject to an academic penalty by the course instructor and/or a disciplinary sanction by the University. All students need to be familiar with the Student Conduct Code. The Code is available for review online at <http://www.umt.edu/SA/VPSA/index.cfm/page/1321>*

## TENTATIVE SCHEDULE

Date	Topic	Book Chapter(s)
August 27	Intro- history and SOAP notes Roles of the Certified Athletic Trainer in General Physical Assessment, Diagnostic Imaging and Testing	1, 2, 3 Lecture
September 3	Intro- history and SOAP notes Roles of the Certified Athletic Trainer in General Physical Assessment, Diagnostic Imaging and Testing	1, 2, 3 Lab
September 10	Respiratory System, Cardiovascular System	7, 8 Lecture
September 17	Respiratory System, Cardiovascular System	7, 8 Lab
September 24	Gastrointestinal Systems, Genitourinary and Gynecological Systems	9, 10, Lecture
October 1	Gastrointestinal Systems, Genitourinary and Gynecological Systems	9, 10 Lab
October 8	HEENT (eye, ear, nose, throat, and mouth)	12 & 13 Lecture
October 15	HEENT (eye, ear, nose, throat, and mouth)	12 & 13 Lab
October 22	Systemic Diseases, Infectious Disorders and Dermatological Conditions	14, 15, 16 Lecture
October 29	Systemic Diseases, Infectious Disorders, Dermatological Conditions	14, 15, 16 Lab
November 5	Neurological System, Psychological Disorders	11, 18 Lecture
November 12	Neurological System, Psychological Disorders	11, 18 Lab
November 19	Pharmacology, Therapeutic Drug Categories	4 & 5 Lecture
November 26	Pharmacology, Therapeutic Drug Categories	4 & 5 Lab
December 3	Common Procedures in AT Clinic & Special Populations	6 & 19
December 10	Common Procedures in AT Clinic, Suturing, IVs; <b>Final Exam</b>	6 & 19 Lab