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Because We Are Not Separate

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Because We Are Not Separate

Morning. Here on the calm bed waking smoothly, almost as if there were no difference between the center and the outer edges, those thin fringes most of us race around in and can't get out of, trapped like cars on the expressways, with the hot breath of exhaust on our necks, frantic as scuttling crabs, with the sea drawn back from its margins retreating, leaving its brittle frill on the beach no wonder there's no faith we can feel, not permanently,

except behind the eyelids drifting.

Idle as dust motes, quiet now, here in the dark of the self where everyone lives, hidden in the blessed secular smoothness every once in awhile of no crime, no criminal,

first to return is the skin, exquisite
as a hummingbird, the swift kick of its tiny feathers flickering

almost too fast but slow down, here are the legs, I can feel them!

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In the empty rain barrel what has hardened

over the years squeezed dry, tossed in a waterless corner is blossoming now, unfurling itself like a sponge,

as white sheets slip along the calves like a cool breeze, iridescent

the foot like a leaf flexes and then relaxes, such lightness

I can hardly believe it, floating in my bones

with nothing to weigh me down, connected to the hairbrush on the floor, to the humming telephone lines

outside my window there is sunlight, there is water and a thousand bittersweet cries,

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for in spite of the harsh traffic, the bleeding houses, the smoke

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or because of it, who knows because we are not separate,

by accident sometimes it really is possible to join our own edges:

with luck and a long sigh moving

soft, wild, familiar as a wet flower, gardenia pearled in its leaves,

the self that is no self contracts and then expands, the boat that is no boat takes over

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as the ship that contains nothing disappears far back in the head, it sinks below the horizon to a sea full of tiny strangers

who are not strangers, deep as the world is small among gray land masses, vague memories moving like lazy swimmers, here in the shy dark of our own pillows, pieces of all we have ever met or not met, easy as feathers come sailing into each exquisite pore of the skin

entire oceans going out and then returning, meeting themselves coming back in.